

## Another Nurse Praises Tanlac

"As a nurse I have seen many marvelous results from Tanlac. For anæmia, nervousness, stomach trouble and building up the system after operations I consider Tanlac great!"  
Mrs. K. M. Lowe, Walnut Park, Cal.

NURSE Lowe's statement merely backs up what over one hundred thousand grateful Tanlac users have said about this great natural tonic and builder. Our files are packed with such testimony. If your system is run down, if you can't seem to eat or sleep, have lost weight or suffer from trying pain, why not let Tanlac start to bring you back to vigorous strength and health.

No long, wretched wait to get results! Tanlac starts right in to build you up. It cleans the blood, revitalizes digestive organs, fixes up the liver and makes you feel like a new person.

For Constipation  
Take Tanlac Vegetable Pills  
**TANLAC**  
FOR YOUR HEALTH

## For Frost Bites



DON'T FORGET

For Rheumatism, Insect Stings, Sore Throat, Frost Bites, Piles and Burns

A Pain-Relieving Healing Oil

At Drug Stores or by Parcel Post, 35¢  
M. R. ZAEGL & CO.  
630 Eighth St. Sheboygan, Wis.

## CROUP?

Relief in 15 Minutes  
A well known physician's prescription that gives relief in fifteen minutes without vomiting—in millions of homes for thirty-five years for Croup, Coughs, Colds and Whooping Cough.  
DR. DRAKE'S GLESSCO  
50 cents the bottle

## OLD SORES, PILES AND ECZEMA VANISH

Good, Old, Reliable Peterson's Ointment a Favorite Remedy.

"Had 51 ulcers on my legs. Doctors wanted to cut off leg. Peterson's Ointment cured me."—Wm. J. Nichols, 40 Wilder Street, Rochester, N. Y.  
Get a large box for 35 cents at any drugstore, says Peterson, of Buffalo, N. Y., and money back if it isn't the best you ever used. Always keep Peterson's Ointment in the house. Fine for burns, scalds, bruises, sunburn, and the surest remedy for itching eczema and piles the world has ever known.

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**PATENTS**  
MUNN & COMPANY  
444 Tower Bldg., Chicago  
677 Woolworth Bldg., New York City  
830 Scientific American Bldg., Washington, D. C.  
1020 Hobart Bldg., San Francisco, Cal.  
242 Van Ness Bldg., Los Angeles

**PARKER'S HAIR BALM**  
Removes Dandruff Stops Hair Falling  
Restores Color and Beauty to Gray and Faded Hair  
60¢ and \$1.00 at Drugists. Hixson Chemical Works, Pathecoque, N. Y.

**HINDERCOINS** Removes Corns, Calluses, etc., stops all pain, ensures comfort to the feet, makes walking easy. Use by mail or at Drugists. Hixson Chemical Works, Pathecoque, N. Y.

**The Vain Things!**  
Complexion creams are being increasingly used by men, mostly middle-aged or elderly. Skillfully applied, they make a man both look and feel younger.—Answers.

**Great Power Possibility**  
Colorado has a river on which 19 power dams, yielding 28,000 horsepower 90 per cent of each year, could be constructed.

**Genuine BAYER ASPIRIN**

SAY "BAYER ASPIRIN" and INSIST! Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians 24 years for

Colds Headache Neuralgia Lumbago  
Pain Toothache Neuritis Rheumatism

**Safe**  
Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Drugists.  
Aspirin is the trade mark of Bayer Manufacture of Monacochheim, Germany

## Notable Faculty for Holy Land University

The new University of Jerusalem will have a notable faculty, says the Portland Oregonian. The group of scientists whose support is assured includes Albert Einstein, known wherever science is mentioned for his theory of relativity, who will become dean of the department of pure science; Chaim Weismann, discoverer of TNT, who will head the department of chemistry, and Dr. Jordan Manges, a noted American scholar, who will direct the college of Semitic literature. One of the lecturers in English literature will be Rabindranath Tagore, who has won one of the Nobel prizes in literature and is an admitted world leader of thought.

The Zionist movement recognizes at the outset that broad culture is indispensable to durable results. It takes hostage of the future by insisting that the imponderables shall not be ignored. The political and economic problems of Zionism are necessarily complex, but the probability of their solution is enhanced by that foresight of the founders in this regard. Concealed solely as a vocational venture, the enterprise would be far less likely to succeed.

## Finally Balked at Passage in Bible

At a small chapel in a remote corner of one of the English Yorkshire villages, the appointed minister had failed to make his appearance at the time for beginning the usual service.

One of the waiting congregation, a local farmer rich in grace but meager of education—was eventually persuaded to officiate as substitute for the absent cleric. The lesson was the chapter from the Book of Daniel which contains the oft-recurring passage: "At what time shall ye hear the sound of the cornet, flute, harp, sackbut, psalter and dulcimer, and all kinds of music."

Three times the farmer, with evident trepidation, waded through the comprehensive catalogue of ancient Babylonian instruments. When, however, he again came to "At what time ye shall hear," he paused for a moment, wiped the perspiration from his brow, and then continued: "It's 'same band again, friends. Ah needn't read 'em out."

## New Kitchen Utensils

In England a patent has been granted for a process by which cardboard pressed into the shape of kitchen utensils, such as kettles and saucepans, can be made waterproof and acid resisting. The cardboard utensils are dipped in a solution of one part asphalt, two parts resin, three parts shellac in five parts of spirit, and allowed to dry slowly in the air.

## Hall's Catarrh Medicine

will do what we claim for it—rid your system of Catarrh or Deafness caused by Catarrh.

Sold by druggists for over 40 years  
F. J. CHENEY & CO., Toledo, Ohio

## RESINOL

Soothing and Healing For Baby's Tender Skin

**LEONARD EAR OIL**  
for DEAFNESS and HEAD NOISES  
Price \$1.00  
At All Druggists  
A. O. LEONARD, INC., TOLEDO, N. Y.

**Mammoth Electric Sign**  
To announce the recent Presidential election returns to Cincinnati, four large electric sign monograms, each made up of the letters "C" and "D," were mounted on the tower of the Union Central Life Insurance Company building, 33 floors above the ground. Each of these letters was 12 feet high by 10 feet wide and contained 60 25-watt electric lamps.

## HOW TO KEEP WELL

DR. FREDERICK R. GREEN  
Editor of "HEALTH"  
(©, 1920, Western Newspaper Union.)

## THE EFFECT OF HIGH TEMPERATURE

FAT men endure high temperature and humidity better than thin men. This has been proved by the American Society of Heating and Ventilating Engineers, in co-operation with the United States bureau of mines and Carnegie Institute of Technology, at Pittsburgh. In experiments to determine the relative effect of various temperatures and humidities on the human body, the scientists also found that sweat is the chief factor, causing sore eyes, when a person becomes heated.

Another common belief was blasted during the experiments when it was found that the drinking of ice water failed to develop cramps in men after they had been subjected to an hour's exposure to high temperature.

The object of the research work was to establish, by scientific study, the degree of temperature, and of humidity, or "comfort lines," a person should be subjected to in a room. The first experiments were to study the physiological effects of various temperatures and humidities on human subjects at rest in still air, and for these, a staff of physicians and employees of the society have subjected themselves to great hardships.

One of the important results of the experiments was the discovery of the great variations of external temperature which the human being can endure, and at the same time retain his physiological efficiency. Another fact discovered was that increasing pulse rate was more the cause of discomfort than is body temperature, when in a heated room.

In a report of the experiments are these assertions: While irrelevant to the present study, an attempt was made to determine the cause of the inflammation of the eyes, and also to find out whether or not the drinking of ice water produces cramps, as so frequently complained of by workers in the industries. On a day when the eyes were normal a small quantity of sweat which had been collected during an experiment was dropped in the eye. The conjunctiva almost immediately became inflamed and the eye felt sore. The sweat collected from the chest or arms. Sweatbands were then applied to the forehead during the experiments, thus preventing the sweat from falling into the eyes and also preventing the inflammation. This proves that the sweat is the chief factor in producing the conjunctivitis which accompanies exposure to heat.

It has frequently been stated that workers exposed to high temperatures developed severe cramps after drinking ice water. A few of the subjects of these experiments volunteered to drink ice water after an hour's exposure to high temperature, and two of them, in one experiment, drank a quart of ice water in less than fifteen minutes without ill effects.

## PREVENTING MENTAL ILLS

MANY people have much the same ideas about feeble-mindedness that they have about germs. They think that all feeble-minded persons are dangerous and that all germs are harmful. This is not true in either case. Only about one germ out of forty produces disease, and only a small number of feeble-minded persons are vicious. Out of 3,500 school children found mentally below normal, less than 7 per cent showed any vicious tendencies. Many feeble-minded persons who have been given careful training and special education during childhood have become useful members of the community, capable of earning their own living.

The child which is below normal can be educated, not to the extent of a normal child, but enough to make it nearer normal than it would otherwise be. Without special care and training, however, the feeble-minded child is apt to grow worse. Too often, it is regarded as wilfully stupid or vicious. It is blamed and punished at home. It is teased and picked on by other children. It is either not sent to school at all or it is neglected and punished by the teacher, who does not understand the reason for its stupidity.

If it is recognized early and given suitable training by an understanding teacher, it may develop into a self-supporting adult.

We are just beginning to learn that the feeble-minded child needs special care and treatment just as do persons who are suffering from tuberculosis, typhoid fever or pneumonia. Letting them alone or shutting them up in institutions will not help them, or anyone else.

Many of our states are now endeavoring, by early examinations, especially on entering the public schools, to sort out defective children from normal ones and to give them such special training as they need.

It is estimated that the feeble-minded persons in the United States form 1 per cent of the population. This means that there are probably 200,000 children who need special training. To allow these children to grow up in state institutions and to live at the expense of the taxpayers, is impossible. So prevention is not only the best and the most humane method, but by far the cheapest.

## Instructions

At a political convention one recalcitrant delegate kept saying: "I have my instructions."

"But," it was pointed out repeatedly, "your crowd isn't operating under the unit rule."

"I have my instructions and intend to abide by them."

Finally a party chief took him in hand.

"See here, friend, who gave you those instructions?"

"My wife."—Louisville Courier-Journal.

## IMPROVED UNIFORM INTERNATIONAL

## Sunday School Lesson

(By REV. P. R. FITZWATER, D.D., Dean of the Evening School, Moody Bible Institute of Chicago.)  
(©, 1925, Western Newspaper Union.)

## Lesson for January 25

## JESUS COMFORTS HIS DISCIPLES

LESSON TEXT—John 14:1-31.  
GOLDEN TEXT—"I am the way, the truth, and the life; no man cometh unto the Father, but by me."—John 14:6.

PRIMARY TOPIC—The Heavenly Home.  
JUNIOR TOPIC—Walking in Christ's Way.  
INTERMEDIATE AND SENIOR TOPIC—How Jesus Comforts His Disciples.  
YOUNG PEOPLE AND ADULT TOPIC—Sources of the Christian's Comfort.

The hopes of the disciples were utterly shattered when Jesus told them about the cross. Jesus had told them that He was going away, and that they could not follow Him. Their hearts were flooded with grief. He consoled them by

## 1. Pointing to the Reunion in the Father's House (vv. 1-3).

1. He Asks Them to Trust in Him Even as God (v. 1). Faith in the God-man, Christ Jesus, will steady the heart, no matter how intense the grief or how great the sorrow.

2. He Informed Them That He Was Going to the Father's House in Heaven to Prepare a Home for Them (v. 2). He assured them that there was abundant room for all. Heaven is an eternal dwelling place.

3. He Assured Them That He Would Come Again and Escort Them to Heaven (v. 3). Jesus will not wait for His own to come to Him, but will come and call forth from the graves living believers, and take them all to be with Himself in the heavenly home forevermore (I Thess. 4:16-17).

## II. Revealing the Way to the Father's House (vv. 4-11).

Jesus informed the disciples that they knew the place to which He was going and the way. To this Thomas interposed a doubt, in answer to which Christ asserts that He is

## 1. The Way to God (v. 6). He is something more than a mere guide or teacher. He is the way itself. He is the door of the sheep-fold.

2. The Truth (v. 6). He is not merely the teacher, but the truth incarnate. In His incarnation the spiritual and material worlds were united, therefore every line of truth whether spiritual or material converges in Him. No one who does not have Christ can ever have the real truth about anything. In Him we have the truth about man, what he is, what he ought to be, and what he shall be in eternity. In Him especially we have the truth about God.

3. The Life (v. 6). Christ is not merely the giver of life, but He is the essence of life. Only those who receive Christ have life in the true sense. Since He is God incarnate, to know Him is to know God.

## III. Assuring Them That His Work Was to Continue (vv. 12-14).

Jesus' going away was not to end the work which He had begun. This no doubt meant that through the ministry of the Spirit-filled disciples, the work which Christ began would assume larger proportions. There would be a much greater number of conversions than under His ministry. After the Day of Pentecost the gospel did take a much wider range. During His ministry the message was confined to the Jews, while under the ministry of the disciples it was only limited by the world itself. The disciples' ministry was ushered in by the conversion of three thousand in one day.

## IV. Promises Another Comforter (vv. 15-17).

The word comforter means literally one called to the side of another to give help, protection and deliverance. This comforter was the Holy Spirit. Jesus was the Comforter while here in the body. The Holy Spirit was to be "another comforter."

V. Assuring Them of His Return to Them (vv. 18-24).

Although Christ went away He did not leave His disciples as orphans. The Father and the Son make their abode with the disciples who love and obey Jesus Christ.

VI. Assuring Them That the Holy Spirit Would Aid Them in Remembering and Understanding His Words (vv. 25-28).

This the Holy Spirit does by illuminating the minds of the disciples.

## VII. Giving the Legacy of His Peace (vv. 23-31).

By His peace is meant the serenity of soul which one enjoys who is reconciled to God, who knows that his sins are forgiven.

## Reality of Divine Joy

Joy is not a fancy, or breath of conceit; but is rational, and ariseth from the feeling of some good, viz., the sense of God's love and favor. Joy is so real a thing, that it makes a sudden change in a person; it turns mourning into melody. As in the springtime, when the sun comes to our horizon, it makes a sudden alteration in the face of the universe—the birds sing, the flowers appear, the fig tree puts forth her green leaves; everything seems to rejoice and put off its mourning; as being revived with the sweet influence of the sun, so when the Sun of Righteousness ariseth on the soul, it makes an alteration, and the soul is infinitely rejoiced with the golden beams of God's love.—Watson.

## Heart Is Deceitful

The heart is deceitful above all things and desperately wicked. May we have a vision of it, that we may mourn our sin, and in broken-heartedness whilst lying trembling at the foot of the cross receive some token of forgiveness through the blood of the lamb.—Joseph Parker.

## Doing Better

It is not a question of how much we are to do, but of how it is to be done. It is not a question of doing more, but of doing better.—John Ruskin.

## Green's August Flower

The remedy with a record of fifty-eight years of surpassing excellence. All who suffer with nervous dyspepsia, sour stomach, constipation, indigestion, torpid liver, dizziness, headache, coming-up of food, wind on stomach, palpitation and other indications of digestive disorder, will find GREEN'S AUGUST FLOWER an effective and efficient remedy. For fifty-eight years this medicine has been successfully used in millions of households all over the civilized world. Because of its merit and popularity GREEN'S AUGUST FLOWER is found today wherever medicines are sold. 30 and 90 cent bottles.—Adv.

## Bees Work by Whistle

In Texas, says the Detroit News, a colony of bees has taken up their abode in a baggage car between the roof and the ceiling, and they do not seem to be the least disturbed by the fact that the car is making daily trips from one end of a little branch line. The baggage-man is authority for the statement that the bees go and come by the whistle. When the whistle blows before starting the bees come in from all directions, and when the car reaches the end of the line they file out and scout for the honey.

## DEMAND "BAYER" ASPIRIN

Take Tablets Without Fear If You See the Safety "Bayer Cross."

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 23 years.

Say "Bayer" when you buy Aspirin. Imitations may prove dangerous.—Adv.

## New Bird Sanctuary

A bird sanctuary comprising 29 acres has been bequeathed to the Rhode Island Audubon society. It is in the southwestern part of the state, about eight miles from Westerly. Trees, shrubs and berry bushes will be planted and the whole tract converted into an ideal refuge where students may enjoy exceptional opportunity for observance of wild bird life. The income from a trust fund of \$15,000 will be used to maintain the sanctuary.

Cole's Carbolic Acid Quickly Relieves and heals burning, itching and torturing skin diseases. It instantly stops the pain of burns. Heals without scars, 30c and 60c. Ask your druggist, or send 3c to The J. W. Cole Co., Rockford, Ill., for a package.—Advertisement.

## Finally Squashed Her

The druggist was becoming wearied. He had been explaining and pricing dozens of articles to the shopper, who didn't really want to buy anything at all. Finally she picked up a bottle. "Is this pest exterminator reliable?" she asked. "How is it applied?" "You take a tablespoonful every half hour, ma'am," the druggist replied, with flinching emphasis.

No more questions were asked. Children are the tomorrow of society.—Whately.

## Naturally

Magistrate—And what did you do when you heard the accused using such language?

Policeman—I told him he wasn't fit to be among decent people, and brought him here.

## Noisy

"Do you think this suit is too loud?" "Yes; it looks like thunder on you."—Boston Transcript.

Ceremonies are different in every country, but true politeness is everywhere the same.

## "Every Picture Tells a Story"



## Feel Stiff and Achy After Every Cold? Do You Have Constant Backache? Feel Old and Lame and Suffer Sharp, Rheumatic Pains? Then Look to Your Kidneys!

DOES every cold, chill or attack of grip leave you worn-out and utterly miserable? Do you feel old and lame, stiff and rheumatic? Does your back ache with a dull, unceasing throb, until it seems you just can't stand it any longer?

Then look to your kidneys! Grip, colds and chills are mighty hard on the kidneys. They fill the blood with poisons and impurities that the kidneys must filter off. The kidneys weaken under this rush of new work; become congested and inflamed.

## "Use Doan's," Say These Good Folks:

MRS. A. BATES, 506 W. 1st St., Dixon, Ill., says: "Bearing down pains in the small of my back bothered me when I first got up in the morning. I just felt lame and stiff all over. Catches across my kidneys felt like the edge of a knife sticking me and made me feel all out of sorts. The kidney secretions were scanty. After using Doan's Pills I was soon rid of the trouble."

C. H. HENSCHER, 309 E. Fellows St., Dixon, Ill., says: "I had dull pains through my back which bothered me a good bit of the time. Sharp catches across my kidneys took the life out of me and I felt tired and worn out. Occasionally dizzy spells came over me and specks appeared before my eyes. I had to get up many times at night to pass the kidney secretions. I used Doan's Pills and they rid me of the trouble."

## Doan's Pills

Stimulant Diuretic to the Kidneys  
At All Dealers, 60c a Box. Foster-Milburn Co., Mfg. Chemists, Buffalo, N. Y.