

## CATARRH IN HEAD.

Peru-na-Peru-na



MR. WM. A. PRESSER, 1722

Third Ave., Moline, Ill., writes: "I have been suffering from catarrh in the head for the past two months and tried innumerable, so-called remedies without avail. No one knows how I have suffered, not only from the disease itself, but from mortification when in company of friends or strangers."

"I have used two bottles of your medicine for a short time only, and it effected a complete medical cure, and what is better yet, the disease has not returned."

"I can most emphatically recommend, Peruna to all sufferers from this disease."

### Read This Experience.

Mr. A. Thompson, Box 65, R. R. 1, Martel, Ohio, writes: "When I began your treatment my eyes were inflamed, nose was stopped up half of the time, and was sore and scabby. I could not rest for a night or a moment, of continual hacking and spitting."

"I had tried several remedies and was about to give up, but thought I would try Peruna."

"After I had taken about one-third of a bottle I noticed a difference. I am now completely cured, after suffering with catarrh for eighteen years."

"I think if those who are afflicted with catarrh would try Peruna they would never regret it."

Peruna is manufactured by the Peruna Drug Mfg. Co., Columbus, Ohio.

Ask your Druggist for a Free Peruna Almanac for 1909.

### A 25c. Bottle of

## Kemp's Balsam

Contains

40 DOSES,

And each dose is more effective than four times the same quantity of any other cough remedy, however well advertised and how strongly recommended that remedy may be.

Remember always that Kemp's Balsam is the

### Best Cough Cure.

It has saved thousands from consumption.

It has saved thousands of lives.

At all druggists', 25c., 50c. and \$1.

Don't accept anything else.

**Paxtine**  
TOILET ANTISEPTIC

Keeps the breath, teeth, mouth and body antiseptically clean and free from unhealthy germ-life and disagreeable odors, which water, soap and tooth preparations alone cannot do. A germicidal, disinfecting & deodorizing toilet requisite of exceptional excellence and economy. Invaluable for inflamed eyes, throat and nasal and uterine catarrh. At drug & toilet stores, 50 cents, or by mail postpaid.

Large Trial Sample

WITH "HEALTH AND BEAUTY" BOOK SENT FREE

THE PAXTINE TOILET CO., Boston, Mass.

## SICK HEADACHE

CARTER'S

LITTLE LIVER PILLS.

regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S

LITTLE LIVER PILLS.

Genuine Must Bear

Fac-Simile Signature

Brentwood

REFUSE SUBSTITUTES.

Salts and Castor Oil

bad stuff never cure,

only makes bowels move be-

cause it irritates and sweats them,

like poking finger in your eye. The best

Bowel Medicine is Cascarets.

Every Salts and Castor Oil user should

get a box of CASCARETS and try

them just once. You'll see.

Cascarets—10c box—week's treatment.

All druggists. Biggest seller in the world—million boxes a month.

afflicted with

For Eyes, use THOMPSON'S EYE WATER

## FARMS AND FARMERS

## THE HOUSEHOLD

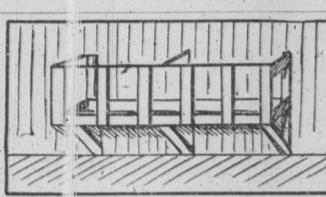
we want to buy a herd-header of pronounced excellence of breeding.

### Keeping Soil in Good Shape.

Sheep need little shelter except to keep off rain and snow. I have always allowed them to stay out in the coldest weather, if it was not stormy. However, I never, under any circumstances, allow them to take rains and snows in winter, writes a correspondent of Farm and Home.

At this season I give good clover, and in addition a little silage or corn fodder about three times a week, feed twice a day in the yard on the ground. It is frozen, but when the ground is not frozen I feed in racks in the sheep barn. I feed a little entire grain, mostly oats to the breeding ewes.

My troughs are made of three boards, feet long, the bottom one 10 inches wide and the sides 6 inches, as shown in sketch. I scatter the oats thin in these troughs and the sheep cannot get large mouthfuls. Thus better masturbation of the grain is secured than in narrow troughs. I have fed threshed oats to my sheep for a good many years and have not as yet experienced any bad results from their use. I feed oats until after lambing time, then I



WALL SHEEP TROUGH.

add about one ear of shelled corn to one pint of oats per day.

I know from my own experience that it pays to keep sheep, provided they are kept well, and those who do not do this are very likely to condemn the ewes which they may happen to have, or the breeding stock which they have purchased for the improvement of their flock when the fault is really their own.

### Wind Colic in Horses.

The treatment for wind colic differs very materially from that of cramp colic. Absorbents are of some service, and charcoal may be given in any quantity. Relaxants are also beneficial in this form of colic. Chloral hydrate not only possesses this quality, but it also is a pain reliever. It is particularly well adapted to the treatment of wind colic, and should be given in 1-ounce doses in a pint of water. Diluted alcohol or whisky may be given, or aromatic spirits of ammonia in 1-ounce doses at short intervals. A physic should always be given in flatulent colic as early as possible, the best being 1-ounce doses of Baradous aloes. Injections, per rectum, of turpentine, 1 to 2 ounces; linseed oil, 8 ounces, may be given frequently to stimulate the peristaltic motion of the bowels and favor the escape of wind. Blankets wrung out of hot water do much to afford relief; they should be renewed every five or ten minutes and covered with a dry, woolen blanket. This form of colic is much more fatal than cramp colic, and requires prompt and persistent treatment. It is entirely unsafe to predict the result, some apparently mild attacks going on to speedy death, while others that appear at the onset the next week give a noon feed of just a little. The third week give all they want at noon. Next week add a little hay; perhaps half a pint of tallow to fifteen birds. Give a little grit from time to time.

If growing broilers give them a large percentage of bran six weeks, then make the bulk of the feed cornmeal for four weeks. Milk and buckwheat, or milk and oats tend to whiten skin. If anything is not contented, it won't put on flesh.

### Feeding Horses.

It is generally believed that horses must not be fed clover hay for fear of the heaves. This is a mistake. If the horse is given the proper quantity of clover, and not overfed there is no danger of the heaves. A horse should never be fed more than he will eat up clean, either grain or hay. Without a doubt oats is the best general food for a horse, and goes well with turnips.

A good change is to open or twice a week give a feed of corn and clover with bran mash. When a horse does not clean up his feed it is best to try a change. Feeding and watering should be done at regular intervals, the watering always before the eating. Above all things, do not give a horse water immediately after eating. It should never be given before at least an hour after he has finished his meal.

### Fertilizing in Winter.

Silage is recommended by some successful peach growers. The soil is worked during the time the trees are growing, and a clover crop is sown for fall and winter which is plowed under early in the spring. Clover should not be left until they have taken up most moisture from the soil at a time when it is needed by the trees.

### Points in Dairy Breeding.

You may train a man to be a good dairyman and improve his methods and practices, but to make a real, successful breeder of dairy cattle he must have a natural love for his cattle and be able to see many of the changes that are not visible to the average person. The natural stock breeders are ones to whom we must look for the fuller development of our herds. It is to these men that we look when

### Salt for Sheep.

Experiments recently made for the purpose of ascertaining the nutritive value of salt for sheep show that those which have been fed salt gained in weight four and one-half pounds more than those which received no salt. Moreover, the sheep which received salt produced one and one-third pounds more wool and of a better quality than those which received no salt.

### TOLD TO USE CUTICURA

After Specialist Failed to Cure Her Intense Itching Eczema—Had Been Tortured and Disfigured but Soon Cured of Dreadful Humor.

"I contracted eczema and suffered intensely for about ten months. At times I thought I would scratch myself to pieces. My face and arms were covered with large red patches, so that I was ashamed to go out. I was advised to go to a doctor who was a specialist in skin diseases, but I received very little relief. I tried every known remedy, with the same results. I thought I would never get better until a friend of mine told me to try the Cuticura Remedies. So I tried them, and after four or five applications of Cuticura Ointment I was relieved of my unbearable itching. I used two sets of the Cuticura Remedies, and I am completely cured. Miss Barbara Kral, Highlandtown, Md., Jan. 9, 1908."

Potter Drug & Chem. Corp., Sole Props. of Cuticura Remedies, Boston.

### WESTERN CANADA'S 1908 CROP

Will Give to the Farmers of West a Splendid Return.

The following interesting bit of information appeared in a Montreal paper:

"Last December, in reviewing the year 1907, we had to record a wheat harvest considerably smaller in volume than in the previous year. Against ninety millions in 1906 the wheat crop of the West in 1907 only totalled some seventy-one million bushels and much of this of inferior quality. But the price averaged high and the total result to the farmers was not unprofitable. This year we have to record by far the largest wheat crop in the country's history. Estimates vary as to the exact figure, but it is certainly not less than one hundred million bushels and in all probability it reaches one hundred and ten million bushels. The quality, moreover, is good, and the price obtained very high, so that in all respects the Western harvest of 1908 has been a memorable one. The result upon the commerce and finance of the country is already apparent. The railways are again reporting increases in traffic, the general trade of the community has become active after twelve months' quiet, and the banks are loosening their purse-strings to meet the demand for money. The prospects for 1909 are excellent. The credit of the country never stood so high. The immigrants of 1907 and 1908 have now been absorbed into the industrial and agricultural community, and wise regulations are in force to prevent too great an influx next year. Large tracts of new country will be opened up by the Grand Trunk Pacific both in East and West. The seasons are favorable the Western wheat crop should reach one hundred and twenty million bushels. The prospects for next year seem very fair."

Mrs. S. A. WILLIAMS, R. F. D. No. 14, Box 39, Gardiner, Me.

Because your case is a difficult one, doctors having done you no good, do not continue to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial. It surely has cured many cases of female ills, such as inflammation, ulceration, displacements, fibroid tumors, irregularities, peridontitis, backache, that bearing-down feelings, indigestion, dizziness, and nervous prostration. It costs but a trifling sum to try it, and the result is worth millions to many suffering women.

## MORE PINKHAM CURES

Added to the Long List due to This Famous Remedy.

Camden, N.J.—"It is with pleasure that I add my testimonial to your already long list—hoping that it may induce others to avail themselves of this valuable medicine."

Lydia E. Pinkham's Vegetable Compound suffered from terrible headaches, pain in my back and right side, was tired and nervous, and so weak I could hardly stand a step. Lydia E. Pinkham's Vegetable Compound restored me to health,

and made me feel like a new person, and it shall always have my praise."

—Mrs. W. P. VALENTINE, 902 Lincoln Avenue, Camden, N.J.

Gardiner, Me.—"I was a great sufferer from a female disease. The doctor said I would have to go to the hospital for an operation, but Lydia E. Pinkham's Vegetable Compound completely cured me in three months."

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