

Household News

by Lynn Chambers



LET'S MAKE A DATE FOR LUNCH
(See Recipes Below)

FALL LUNCHEON

As the leaves begin to crackle and fall's favorite flower, the chrysanthemum, stirs in the sweet smelling earth, and fruit hangs heavy and ripe on the trees—do your thoughts turn to luncheons and bridge?

If they do, prepare to have one now, using as your theme the leaves, fruits or flowers that fall has offered as a welcome change from summer luncheons you may have had. If you are having a luncheon bridge, try carrying out

the fall theme on the bridge tables with small vases of fall flowers, in candies, and decorations. Favors can be had using the autumn theme and prizes may be wrapped in the burnished fall shades or tied with ribbons of that color.

Whatever you do, have your tables and especially the centerpiece, stunning enough to stimulate interest and conversation. It'll make luncheon and bridge afterwards a real success, and star you as a smart hostess.

Play up the oranges and yellow in food for luncheon, picking it up here and there in this dish and that with a touch of green to heighten interest. Do something unusual in the main dish by having frozen or cooked fish fillet lightly creamed and well garnished. Simple to fix, a dream to behold, yet delicate to taste, here's your main dish:

*Creamed Fillet of Flounder With Mushrooms.

2 packages quick frozen fillet of flounder, cooked
or
2½ c. cooked fish
2½ c. fish liquor or light cream
2½ cups sliced mushrooms
6 tablespoons flour
4 tablespoons butter
Salt and pepper
Watercress

If using frozen flounder, cook in a saucepan, adding 1 cup boiling water and ½ teaspoon salt, and cook until tender. If using cooked fish, be sure it is well drained. Flake fish. Cook mushrooms in butter, until well browned, add flour. Add fish liquor and cream, gradually stirring constantly and cook until thick. Add fish and seasoning. Serve on hot buttered toast or in patty shells. Sprinkle with paprika. Garnish with watercress.

When serving the vegetables, pretty the platter by serving both the green beans, cut in long, lengthwise strips, and the carrots cut lengthwise, side by side. Or have a mound of carrots or beans in the center, and then have alternating mounds of green bean and carrot strips coming out toward the rim of the plate.

If you were to take a poll among your luncheon guests, you would probably be surprised how many

LYNN SAYS:

Sit up and take notice of fall's possibilities for table decoration. Cornucopias and centerpieces of fruits and vegetables interlaced with burnished leaves and brightly colored flowers certainly have a way with them and will do very nicely for your luncheon table.

Take a tip from the outdoors and make the most of the humble squash, apple, pear, or a spray of bittersweet. Let your fruit glisten and shine by rubbing with oil and then polishing to a high luster. For more permanent effects, have the fruit lacquered. Arrange pears, apples and grapes on doilies of autumn leaves and set on a mirror for the centerpiece, or have the fruit arranged from the opening of a squash. Dusky red or bright chrysanthemums look effective if arranged in a small squash. Any of these will give your table a smart note and also a piece of grand conversation for luncheon guests.

Speaking of nice touches, put a leaf of deep rich red, brown, or yellow, or a bit of bittersweet to the side of a placecard. This will be just fine to carry out the autumn theme of the centerpiece.

THIS WEEK'S MENU

*Creamed Fillet of Flounder
With Mushrooms
Green Beans Corn on Cob
*Orange Honey Bread
Green Salad
Peach Sundae Crisp Cookies
Coffee
*Recipe Given

women confess to an extraordinary interest in rolls, bread and muffins. Here's a bread which highlights a luncheon perfectly and whose orange flavor gives just the right touch of piquancy to the meal:

*Orange Honey Bread.

(Makes 1 loaf)
3 tablespoons shortening
1 cup honey
1 egg, well beaten
1½ tablespoons grated orange rind
2½ cups flour
2½ teaspoons baking powder
½ teaspoon soda
½ cup orange juice
½ cup chopped walnuts

Cream the shortening until light, then add honey gradually, and continue beating until well blended.

Stir in the egg and the grated orange rind. Sift the dry ingredients together several times, then add them alternately with the orange juice. Stir in the walnuts.

Pour the batter into a well-greased loaf pan and let stand 20 minutes before putting into oven.

Bake in a slow (325-degree) oven for 1 hour or until well done when a toothpick comes out clean.

If desired, ½ cup of candied orange peel may be added to the batter to give additional flavor, or may be substituted for the nuts.

I shall pass lightly over the subject of salads. Ours today follow nearly the same pattern as recipes printed in old cookbooks. But I would like to give you a recipe for a dressing. Used on a salad of hard-cooked eggs, lettuce, chopped onions and sliced radishes it's tops.

Rub the yolks of two hard-cooked eggs together with 1 tablespoon of cold water until smooth. To this add 2 tablespoons of salad oil and 1 teaspoon each of salt, powdered sugar and prepared mustard, and blend well. Finally, add 2 tablespoons each of plain and tarragon vinegar.

And last, but not least, here's a recipe for ice cream. Serve this with sliced fresh peaches topped with whipped cream.

Uncooked Custard Ice Cream.

½ cup sugar
2 eggs
1½ cups top milk
2 tablespoons sugar
Pinch of salt
½ pint whipping cream
1 teaspoon vanilla extract

Dissolve the ½ cup of sugar and the salt in the cold milk. Beat the egg white until stiff, add 2 tablespoons sugar and then beat in the egg yolks, one at a time. Combine with the milk and fold in the whipped cream and vanilla. Pour into freezing trays and stir every 15 or 20 minutes until firm. This may also be made in a crank freezer, but the amount should be doubled for the ordinary size of freezer.

If you desire to vary this recipe, here are suggestions:

Maple Ice Cream—Add maple flavoring to taste in place of the vanilla; about 6 drops will be needed.

Butterscotch—Substitute brown sugar for the ½ cup of white sugar.

Chocolate—Melt two squares cake chocolate and add to custard mixture. Four additional tablespoons sugar must be added as well.

Peppermint—Peppermint flavoring, oil of peppermint and enough pink coloring to give the desired color are added.

The dressier blacks are enhanced with lace trims or with jet embroidery. However be the styling dressy or conservatively practical, the big news is that black remains steadfastly in the new autumn style picture.

(Released by Western Newspaper Union.)

Handsome Wools Are New Style For Town, Travel and School

By CHERIE NICHOLAS



A "HONEY" of a jacket suit in deep honey-colored wool is pictured at right above. The round yoke of the dress ties in a bow under the chin. The all-over embroidered or braided effect is important news for fall. This jacket subscribes to the new technique in an all-over embroidery in matching honey-colored yarn. Brass buttons artfully blend to the color scheme. The modish off-face tailored brown felt hat has a corded brim.

Perfect for fall travels is the simple slim black wool dress topped by a plaid jacket in red, black and white as pictured to the right. We have never seen such gorgeous plaids as those out this season. The fashion edict is "plaids for everything," skirts, blouses, jackets, suits. Dresses also have plaid accessories with monotone costumes. Interesting clips fasten it, in line with the sentiment that prevails for spectacular buttons and gadget-clips of all sorts. The dashing up-swept hat of black felt has a colorful pheasant feather.

Soft two-toned wool makes the good-looking dress to the left. Here it is a model to delight any career girl. It is destined to be a campus favorite too. It flaunts several outstanding fashion trends that college girls adore. Huge patch pockets seen, register in the list. Then there are the simple straight sleeves. The belt is studded with simple nailheads and there are more nailheads being used this season than you can count. Watch nailheads! Silver buttons fasten it and the big emphasis is on buttons for fall. Note the pheasant feather on the hat! Hats are being be-fathered as they have not been for years and years past.

Speaking in general, there is lots of jersey being used for everything, from jerkins to hats, daytime dresses and formal evening modes.

Designers are trimming silks and

plaids with velvet also a vast amount of fringe is being used in versatile ways. Buttons are spectacular and

look like handsome jewels. Leather trims abound on sports and travel togs.

Take a look at 1941 autumn fashion showings and you will find a new high in costume design. The play made on colors this season is simply fascinating and the big news is rich quality-kind materials, especially the new wool weaves that glorify the entire fashion picture. Most of all, there is that indescribable something about the new coats, suits and dresses, that is surpassingly good-looking and assuring to women who dress with discriminating taste.

Seeing a preview of fashions as recently staged by The Style Creators of Chicago, one is especially impressed with the exquisite finesse and workmanship. And the lavish yet subtle use of intriguing surface decoration that marked the styling of the hundred or more coats, dresses and ensembles presented at this gala occasion, by exhibiting members of this noteworthy organization.

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