

# Aches

## Hood's Sarsaparilla

And pains of rheumatism can be cured by removing the cause, lactic acid in the blood. Hood's Sarsaparilla cures rheumatism by neutralizing this acid. Thousands of people tell of perfect cures by it.

**Trust in Truth.**  
It is curious to notice that, with all the reverence so generally expressed for truth in the abstract, there is so little actual trust placed in it when we come to its details.

We do not allude to wilful and deliberate falsehood or intentional perversion for a distinct and selfish purpose. Of course persons who are thus guilty cannot be expected to put any trust in truth; they probably dread it as an enemy that will expose their real characters, and which it is therefore politic to keep at as great a distance as possible.

But those who had no such cause to fear it, who are mainly sincere and straightforward in their characters, desiring no concealment and intending no deception—even these, or at least many of them, do, in one way or other, betray a want of that perfect confidence in truth which it would seem natural for them to entertain.

The San Francisco Examiner says there is one curious fact respecting the animal creation with which one will never become acquainted if he depends on his text books for information. It is this: No living representative of the animal kingdom has more than five toes, digits or claws to each foot, hand or limb. The horse is the type of one-toed creation, the camel of the two-toed, the rhinoceros of the three-toed, and the hippopotamus of the four-toed animal life. The elephant and hundreds of other animals belonging to different orders belong to the great five-toed tribe.

## TELL-TALE FACES.

**PINCHED AND CAREWORN,**  
As Worn by Many American Women.

[SPECIAL TO OUR LADY READERS.]  
The "tell-tale face" is worn by many American women, and is a symptom of symptoms, a signal of distress.

While women do all in their power to hide their condition, the practised eye soon detects the trouble. When pains and aches are felt in every part of the body, when faintness, dizziness, and that "bearing-down" feeling prevail, when loss of sleep and appetite are reducing flesh daily, when the society of friends is irksome, and the hopeless "blues" predominate, then the face is pinched, haggard, and careworn, and prompt relief is necessary, or a beautiful life will be sacrificed.

An American woman, Lydia E. Pinkham, a student of women and their diseases, twenty years ago succeeded in producing an absolute cure for all diseases of women. Lydia E. Pinkham's Vegetable Compound stands to-day as it did then, pre-eminent.

Mrs. H. Wampler, of Baraboo, Wis., whose letter we were permitted to publish last year, writes that she hopes Mrs. Pinkham will continue to use her name, as the publication in newspapers of her own wonderful cure and relief from years of misery has been the means of influencing many suffering women to try Lydia E. Pinkham's Vegetable Compound, and become well like herself. Mrs. Wampler feels, and rightly, too, that in this way she is doing a great good.

**The Greatest Medical Discovery of the Age.**

## KENNEDY'S MEDICAL DISCOVERY.

**DONALD KENNEDY, OF ROXBURY, MASS.,**  
Has discovered in one of our common pasture weeds a remedy that cures every kind of Humor, from the worst Scrofula down to a common Pimple.

He has tried it in over eleven hundred cases, and never failed except in two cases (both thunders and humors). He has now in his possession over two hundred certificates of its value, all within twenty miles of Boston. Send postal card for book.

A benefit is always experienced from the first bottle, and a perfect cure is warranted when the right quantity is taken. When the lungs are affected it causes shooting pains, like needles passing through them; the same with the Liver or Bowels. This is caused by the ducts being stopped, and always disappears in a week after taking it. Read the label.

If the stomach is foul or bilious it will cause queasiness feelings at first. No change of diet ever necessary. Eat the best you can get, and enough of it. Dose, one tablespoonful in water at bedtime. Sold by all Druggists.

**PISD'S CURE FOR CURDS WHILE ALL ELSE FAILS.**  
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

# WOMAN AT HOME

**T**HERE are people in this world who take special enjoyment in the trouble anyone else has, and these people, we are sorry to say, are generally of the feminine persuasion. In fact, there is a certain set of women apparently created for nothing else but to gloat over others' misery, though they would spurn the notion that they were doing aught but "sympathizing" with an unhappy fellow-being. There are human natures that somehow seem to be directly trouble-looms up ahead of them, and directly trouble-looms up in which they can figure as the friendly counselor and confidante who, nine times out of ten, rushes off directly from the home of the afflicted to retail elsewhere every detail in the graphic fashion which makes a gossip of this sort so popular in the circle that thinks a bit of scandal the perfection of earthly bliss.

Haven't you seen her, when misfortune has set its seal in the household, rustling in, well dressed and artificially pained in manner? The hand press that she gives you is a sort of chuckle and the subdued look of sorrow an optical cross-examination. "Poor dear! how my heart bleeds for you," she purrs, and then goes on in the slickest manner to drag out each circumstance that you are trying your best to hide, until at last, when she has departed, you feel that you have told too much, and that, such as it is, will be magnified in the telling until, if you have lost a friend by death, the report will go forth that it was suicide, and if financial troubles have overtaken you, that your father or husband has been guilty of embezzling.

Sympathy of the real sort, the stick-to-you-through-thick-and-thin kind, is above rubies, but the two-faced sentiment that is proffered so often in place of the true metal is despicable. Look out for the yuletides if there is any likelihood of trouble ahead, and even though your heart may be bursting keep your sorrows to yourself unless you are certain that the ones to whom you retail them are sufficiently staunch not to make light of what to you is more than a solemn. — Philadelphia Times.

**The Toilet Table.**  
The pincushion no longer reigns supreme on the fashionable woman's toilet table. In these days it occupies its subordinate position. It is small, also, to make room for the innumerable little odd boxes which are there in all the glory of dainty Dresden china, gleaming gold and enamel or silver. In fact, the latest pincushions are nothing more than a little-stuffed small square of satin, edged with a narrow border of jeweled galloon. The top of the cushion is covered with a square of sheer linen, finished with a band of Honiton lace insertion. This cover is made to fit within the jeweled trimming of the cushion, and when soiled it is easily laundered. If the other appointments of the toilet table are in flowered Dresden china, then a pretty idea is to have the pincushion cover of linen embroidered in a small floral design matching the china.

**How She Amuses Her Boys.**  
A charming mother who believes that her boys should be amused has invented the following for her three restless little ones: She had a carpenter make of hard wood five dozen sticks half an inch square and a foot long. Then she had him cut as many cubes of various sizes. She had the long sticks painted, one-third red, another third blue and the remainder white. The blocks were painted any color and some not at all. Her boys amuse themselves by the hour building rail fences, sheds, barns and houses, dividing up according to color and buying and selling to each other. They have carved for themselves a little engine, and one has really developed a good deal of architectural talent. They have a box to put the blocks away in and are made to attend to that themselves.

**Ships Coaled by Women.**  
At Nagasaki, the great coaling port in Japan, the ships are coaled entirely by little women in pale blue cotton dresses and big mushroom hats, for all the world like the baskets full of coal which they pass from hand to hand through a yawning port especially made in the ship's side for the operation. The baskets, even when loaded, are comparatively light, but it is astonishing how quickly the swarm of assiduous little women can coal a great 3,000-ton steamer. It is a matter of a few hours only.

**Labors for Her Sex.**  
Mrs. Sarah Doan Le Freta is of the famous Virginia Curtis family. She is a prominent member of the National Council of Women and has been a leader in the Women's Christian Temperance Union in the District of Columbia since its inception there. The work of her union is far-reaching in its influence. It has one home under its patronage, "Hope and Help Mission," for poor, unfortunate women, inebriates, opium eaters and incapable of all conditions. Mrs. Le Freta is a sincere woman suffragist.

**The Petticoat for the Street.**  
No woman wears light, lacy petticoats on the street any more if she has any self-respect. The light silk skirt is as bad form as is the soiled white skirt, and from all such horrors may the litany deliver us. But for evening and house wear, most dainty women like the delicately shaded petticoat better than the lace and muslin, which fashion decrees. I saw a corn-colored silk recently which would be very

soft and fronton under the soft folds of a matinee house gown. It was of brocade satin, the design small chrysanthemums, and the deep floss was of plain satin and a draping of chiffon was arranged around the skirt in deep scallops. Another pretty skirt to wear with a white gown was of white silk, with a ruffle of plain white lace headed with pink satin roses.

**Ones of Prevention.**  
The woman who travels nowadays carries with her what formerly would have been regarded as a tolerable outfit for a surgeon. She has a neat linen or leather medicine case, where bottles may be placed beneath elastic bands and kept from breaking. A tunk flask containing brandy, another full of alcohol, and some lavender water form a very good liquid outfit for the traveler and one which provides her with all the liquid necessities of life except water. Besides these a tiny envelope of court plaster, a pair of scissors, a threaded needle, some twine and a soft linen cloth should be carried. Fate cannot harm her who goes thus provided for emergencies. She is ready alike for ripped gowns and railroad wrecks.

**Hair Pomade.**  
Only a very little grease should ever be used on the hair. But if it must be used to keep the scalp from getting too dry, a little of very fine quality is advised. One who has to use pomade would be wise to make her own, in order to be sure of using only pure stuff. The best thing for this purpose is the pure beef suet. Melt about two ounces of suet over a hot fire. This will become about a gill of liquid fat. Let this cool and after it has become hard and white, whip it as you would an egg or white potatoes, until it is light and creamy.

**She Will Teach Indians Music.**  
Miss Minta Morgan, a well-known music teacher of Port Townsend, Wash., has been appointed by the chief of the Indian bureau of the Interior Department as teacher of music in the Indian service, with instructions to report for duty to the superintendent of the Chemawa Indian School, of Chemawa, Ore. The position is a desirable one. The school is located within a few miles of Salem, and ranks as one of the best Indian schools in the country.

**To Clean Black Clothes.**  
A cake of bar soap and a small piece of black cloth should always be on hand to take spots out of dark clothing. It is perfectly harmless, and will remove ordinary stains as well as benzine, which is both dangerous and disagreeable. Dip the cloth in warm water, rub it well with the soap, and in turn rub the spots with it. Sponge off the lather and you will probably see no traces of dirt.

**Leap-Year in 1896.**  
Girls, we wish to call your attention to the fact that 1896 is a leap year, and this leap year has a peculiar feature, in that it will be the last until 1904, eight years. This is a condition which has not occurred since 1896, and will not happen again until 2096. It happens once in 200 years. So you had better hurry up, for the boys will have good grounds to refuse you in 2096—you'll be too old.

**A Cow Doctor.**  
Miss Edith Oakley graduated from the Veterinary College of Toronto, Canada, being the first woman to win a diploma. She has hung out her shingle at Sandoval, Ohio, in the center of a rich grazing country. Diseases of milch cows have been Miss Oakley's special study. She has done well and employs three male assistants, who relieve her of much of the manual labor.

**What Becomes of the Women.**  
Twenty per cent. of all women who arrive at a marriageable age do not marry and 40 per cent. of college women are found to shun the bonds of matrimony.

Among the list of college graduates for the last twenty-five years there are only a few names of women who have become famous. Fame seems to select the struggling and obscure for her gifts. There are about 8,000 women graduates from the various colleges and academies of this country and about 3,000 of this number are unmarried. These latter are engaged in almost every pursuit, the most popular being teaching.

Strange to say, the American college has given us no noted woman writer. Every woman who has made a name by her pen will be found to be a woman who never went through college. One or two essayists have been produced, but that is the extent.

The last census shows that there are in the United States 1,235 women preachers, 208 lawyers, 4,555 physicians and surgeons; but in these numbers only a few are college women. The law, ministry and journalism show especially few college graduates.

**Reproduction in Insects.**  
The power of reproduction in insects is one of the most wonderful parts of their economy. On beholding a slug, a new head, with all its complex appendages, will grow again; so will the claws of a lobster. The ear of a worm split produces two perfect heads and, if cut into three pieces, the middle produces a perfect head and tail.

**Coals Gone from Newcastle.**  
Twenty-two coal-laden ships sailing from Newcastle, New South Wales, have been reported as missing at sea since 1888.

# Royal Baking Powder

## ABSOLUTELY PURE

**OUR RAILWAYS.**  
How They Appear in Comparison with Those of Europe.

An interesting comparison of American and European railways is derived from the seventh annual report of the Interstate Commerce Commission just issued.

The miles of railway in the United States in operation for the year ending in June were 178,708; capital stock and debts are given at \$11,555,000,000; earnings from passenger traffic were \$276,031,751, from freight \$700,477,400, and from all other sources, \$9,134,533. The British Board of Trade returns for the railways in England, Scotland, Wales and Ireland, give mileage at 20,908; capital stock and debt \$4,926,936,000 and the total traffic revenue at \$399,372,714.

Operating expenses in this country amounted to \$757,705,739, and net earnings were \$308,887,774, while in Great Britain the revenues aggregated \$236,041,565, and net earnings \$163,231,265. The passengers carried in the United States numbered 583,248,007, and in Great Britain 911,412,926, of which latter 1,181,861 were holders of season tickets.

The great difference in area and density of population accounts in large measure for the better exhibit of British roads, where the hauls are short. While the cost of road and equipment per mile in this country is \$55,641, in Great Britain it is \$25,648. This tells the commercial story that American railroads are building up trade by opening new territory, and covering long stretches of country but thinly inhabited, while in Great Britain the limit of development has been reached.

Conditions in both countries are, however, so different as to render a comparison more interesting than instructive. Railways this way are still in a transition state.—Philadelphia Times.

**Confinement and Hard Work.**  
Indoors, particularly in the sitting posture, are far more prejudicial to health than excessive exertion in the open air. Hard sedentary workers are far too weary after office hours to take much needful exercise in the open air. They often need a tonic. Where can they seek invigorating more certainly and thoroughly than from Hostetter's Stomach Bitters, a potent and adapted remedy to recover the exhausted force of nature. Use also for dyspepsia, kidney, liver and rheumatic ailments.

**Shrimp Fishing in Puget Sound.**  
A new resource has been discovered and a new industry started in the Puget Sound region. While the catching and marketing of shrimps has been a considerable industry in the waters about San Francisco for nearly a score of years, it was always thought that shrimps did not exist in Puget Sound. Lately, however, they have been found there in large numbers, and a company has been formed to catch them and ship them to Eastern markets. The sound shrimps are said to be finer than any yet found on the Pacific coast.

**A Famous Paper.**  
The Youth's Companion has become famous because there is hardly a freeman man or woman in Great Britain or the United States who does not contribute to the paper each year. The writers engaged for 1896 promise to make the paper more attractive than ever before. To those who subscribe at once, sending \$1.75, the publishers make an extraordinary offer—to send free a handsome four-page calendar, 7x10 inches, illustrated in nine bright colors, retail price of which is 50 cents. The Companion free every week to Jan. 1, 1896, the Thanksgiving, Christmas and New Year's Double Numbers free, and The Companion a full year, fifty-two weeks, to Jan. 1, 1897. Address The Youth's Companion, 199 Columbus avenue, Boston.

"Old Dog Tray" was in its time one of Foster's most popular songs, 120,000 copies being sold in eighteen months. It was written in the back room of a combined grocery and grog shop in New York city and was immediately sold by the author to a firm of publishers that made a fortune from its sale.

**Deafness Cannot Be Cured**  
by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure Deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube gets inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever. Nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free. F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c.

A curious case of the record-breaking mania is that of a Newark, N. J., woman who has developed an ambition to be the first prisoner locked up in every police station built in the town.

Croup is quickly relieved, and whooping cough greatly helped, and its duration shortened by Dr. D. Jayne's Expectorant, the old family stand-by for Coughs and Colds, and all Lung or Throat affections.

Lead deposits of almost illimitable extent are found in Missouri and Kansas.

Jack Frost irritates sensitive skins. Glenn's Sulphur Soap overcomes the irritation. "Hill's Hair and Whisker Dye," Black or Brown, 50c.

Every base occupation makes one sharp in its practice, and dull in every other.—Sir P. Sidney.

Brown's Bronchial Troches relieve throat irritations caused by cold or use of the voice. The genuine sold only in boxes.

**Enough to Provoke a Saint.**  
A young man in an outing shirt and straw hat was wheeling a baby carriage back and forth along the pavement in front of a certain flat. The hot afternoon sun poured pitilessly down upon him, and he was as angry as any man in the city.

"My dear," came a voice from the upper window of the house.  
"You go to thunder!" he shrieked back. "Let me alone, can't you?" and he went on wheeling and moping his face.

An hour later the same voice came from the window in earnest, pleading tones:  
"George, dear!"  
"Well, what in the deuce do you want?" he shouted. "Have the water-pipes burst?"

"No, George dear," wailed the voice; "the water pipes are all right, but you've been wheeling Lottie's doll all the afternoon. Hadn't you better let baby have a turn now?"  
This was last week, but George is still in the hospital pending an examination as to his sanity.

**The Modern Mother**  
Has found that her little ones are improved more by the pleasant laxative, Syrup of Figs, when in need of the laxative effect of a gentle remedy than by any other, and that it is more acceptable to them. Children enjoy it and it benefits them. The true remedy, Syrup of Figs, is manufactured by the California Fig Syrup Co. only.

A San Francisco clothing firm prints a picture of Svengali and Trilby in its advertisement, with the legend beneath: "We don't want to put you in a trance—we are content to give you a fit."

If you desire a luxurious growth of healthy hair of a natural color, nature's crowning ornament of both sexes, use only Hall's Vegetable Sicilian Hair Renewer.

If some people would think twice before they speak, they would keep still most of the time.

Piso's Remedy for Catarrh is the best medicine for that disease I have ever used.—L. C. Johnston, Iola, Texas, June 24th, 1891.

It ain't often that a man's reputation outlasts his money.

Duty and to-day are ours.—Greeley.

**FITS.**—All Fits stopped free by Dr. Kline's Great Nerve Restorer. No fits after first day's use. Marvellous cures. Treatise and \$100 trial bottle free to all sufferers. Send to Dr. Kline, 201 Arch St., Philadelphia.

**Mrs. Winslow's SOOTHING SYRUP** for Children Cuts out the colic, soothes the inflammation, always cures wind colic. 25 cents a bottle.

**"No Foolin'."**  
ST. JACOBS OIL DOES NOT "FOOL 'ROUND"; IT GOES STRAIGHT TO WORK ON PAIN AND DRIVES IT OUT AND "SHUTS IT OFF" FROM RETURNING. THAT'S BUSINESS.

**Bear in Mind that "The Gods Help Those Who Help Themselves." Self Help Should Teach You to Use**

# SAPOLIO

**Let the men wash,**  
if they won't get you Pearline. Let them try it for themselves, and see if they don't say that washing with soap is too hard for any woman.  
This hard work that Pearline saves isn't the whole matter; it saves money, too—money that's thrown away in clothes needlessly worn out and rubbed to pieces when you wash by main strength in the old way. That appeals—where is the man who wouldn't want to have the washing made easier—when he can save money by it?

**Beware**  
Peddlers and some unscrupulous grocers will tell you, "This is as good as" or "the same as Pearline." IT'S FALSE—Pearline is never peddled; if your grocer sends you an imitation, be honest—send it back.

**Picked Up In Church**

Moral: **USE SANTA CLAUS SOAP.** Sold Everywhere. MADE ONLY BY THE N. K. FAIRBANK COMPANY, Chicago.

**BEST IN THE WORLD.**  
**RISE SUN**  
STOVE POLISH  
For durability and for cheapness this preparation is truly unrivalled.

**THE RISING SUN**  
STOVE POLISH  
The Rising Sun Stove Polish is the best for general blacking of a stove.  
THE SUN PASTE POLISH for a quick after-dinner shine, applied and polished with a cloth.

**RIPANS TABULES**  
Mrs. Serenah Creng, of No. 1728 McGee street, Kansas City, Mo., under date of June 19, 1895, states: "I have been ill with dyspepsia and indigestion for about seven years without permanent relief until I finally tried Ripans Tablets. After using a box of them I can eat anything without any unpleasant effect and am gaining strength and think I am permanently cured, and think it my duty to give this testimony, hoping that some one suffering from the same cause may be benefited by using them."

Ripans Tablets are sold by druggists or by mail if the price, 50 cents a box, is sent to The Ripans Chemical Company, No. 10 Spruce Street, New York. Sample vial, 10 cents.

**THE AEROMOTOR CO.** does half the world's windmill business, because it has reduced the cost of wind power to 1/10 what it was. It has many branch houses, and supplies its goods and repairs at your door. It can and does furnish a better article for less money than others. It makes Pumping and Grinding, on application it will furnish you of these articles that it will furnish until January 1st at 1/3 the usual price. It also makes Tanks and Pumps of all kinds. Send for catalogue. Factory: 12th, Rockwell and Fillmore Streets, Chicago.

**DROPSY TREATED FREE.**  
Positively Cured with Vegetable Remedies. Have cured nearly thousands cases of Dropsy. From first onset symptoms rapidly disappear. In ten days at least two-thirds of all symptoms are removed. 100% of testimonials of numerous cures sent FREE. Ten Days Treatment Furnished Free by Mail. DR. H. GREEN & SONS, SPECIALISTS, ATLANTA, GEORGIA.

**Cutler's Carbolic Acid of Iodine Inhalant and Pocket Inhaler.**  
Will positively cure CATARRH, BRONCHITIS and ASTHMA. Give it trial. Price, 50c. by mail, \$1.00. All Druggists. W. H. SMITH & CO., Proprietors, 402 Michigan St., Buffalo, New York.

**\$10 PAYS FOR A 5-LINE**  
Insert 100 high-grade papers in 100,000 circulation. Guaranteed circulation 100,000—or, we can insert 10 times in 1,450 country papers for \$10.00. Send for CATALOGUE.

**Chicago Newspaper Union,**  
301 South Jefferson Street, Chicago, Ill.  
C. N. U. No. 49-95

**WHEN WRITING TO ADVERTISERS**  
Please say you saw the advertisement in this paper.