

DEVOTED TO THE INTERESTS OF WOMEN

Clubs

The Ladies' Bible class of the Lowell Heights M. E. church entertained at the church Thursday night. The hostesses were Mrs. Harry Sease, Mrs. W. M. Hubler, Mrs. Walter Huff and Mrs. Wood. Thirty members were in attendance. After the business meeting a program was given. Master Culp gave a recitation, and Miss Gertrude McCarter gave a reading. A piano selection was given by Miss Mildred Herzog. Mrs. C. C. Jordan explained the purpose of the Missionary Bell. The next meeting will be held on Thursday, Sept. 18.

The Woman's Home Missionary society of the Grace M. E. church held a meeting in the church parlors Thursday afternoon. The devotionals were led by Mrs. Doris Kinney. A paper entitled "Our Hospitality" was read by Mrs. Homer Taggart, in connection with which a leaflet was read by Mrs. George Gail. Piano solos were rendered by Miss Ruth Kusa and Miss Alice Marian Rudduck. Refreshments were served. Sept. 8 was the date announced for the next meeting.

A meeting of the Woman's Civic league was held at the Chamber of Commerce Thursday afternoon. Mrs. George Phillips gave a report of the garden work at Kaley school. A time display from the gardens was on exhibit, and prizes were awarded Mrs. Thomas Erdmore, 2003 Kenwood av., Mrs. Wagoner, Rogers st., and Miss Pesky, Rogers st. Honorable mention was given Mrs. Brenner. Mr. Andrews, 82 years old, was the oldest exhibitor. Miss Elsie Clay Rogers of The News-Times introduced the "Do-With-A-Little-Bit Less" plan that is being inaugurated by the Woman's Press club of Indiana in order to reduce the high cost of living. A discussion followed regarding places to buy the best food cheapest, after which the league pledged to assist in the saving campaign. The next meeting will be held on Sept. 18, at which time Mrs. E. G. Kettinger will have charge of the program, the subject of which will be "Health."

Mrs. A. M. Harris and Mrs. J. A. Holen entertained Wednesday afternoon at the home of Mrs. Harris, 1205 Lincoln way E., in honor of their house guest, Mrs. H. M. Tebay of Indianapolis. Ten guests were present.

The Mount Pleasant Home Economics met at the home of Mrs. Ora Miller, Lincoln way, W., Thursday afternoon. There were 16 members present. After the business meeting Mrs. P. R. Nielson gave a talk on the "Value of the Warm School Lunch," and Mrs. Arthur Cissne gave an address on "Health Measures for the Child." The next meeting will be held Sept. 18, at the home of Mrs. Elmer McDonald, 1310 Lincoln way, W.

An all-day social meeting of the Ideal Embroidery club was held Thursday at the home of Mrs. John Inwood, 511 S. Main st. At noon a picnic dinner was served. Thursday, Aug. 28 the club will hold another all-day meeting at the home of Mrs. Inwood.

Mrs. Ben Berger, 1719 Lincoln way, W., entertained 10 members of the Eureka club at her home, Thursday. After business session a social hour, during which refreshments were served, was enjoyed by the guests. Sept. 4, Mrs. J. Shirk, 618 Pennsylvania av., will be hostess.

Personals

Dr. and Mrs. F. D. Hager and daughter, Miss Francis Hager, 902 E. Washington st., have returned from a three weeks' trip through Canada and a boat trip up the St. Lawrence river. They returned by way of Niagara Falls, Buffalo, Cleveland and Toledo, accompanied by C. H. Livingston of Hamilton, Ontario, a nephew of Dr. Hager, who will remain here two weeks.

Mrs. Carl Robinson, 318 Marietta st., has returned from a two weeks' visit in Lafayette, Ind., where she was the guest of Mrs. Robert L. Houck.

Mr. and Mrs. Maurice Brooks, 625 S. Clinton st., have as their guests, Mr. and Mrs. Joseph Goldman and son, Irvin Leonard, of New York. Miss Freda Riner of Indianapolis, and Mrs. Mildred Kort of Louisville, Ky. Mrs. Goldman and Miss Riner are sisters of Mrs. Brooks.

B. F. Dunn and Miss Blanche Dunn, 203 S. Lafayette st., have gone on a ten days' trip to Boston, Mass., from where they will go to Lake Minnewaska, N. Y., for a few weeks.

Col. C. A. Carlisle, 131 S. Taylor st., has gone to Mackinac Island, Mich., where he will remain for ten days.

Mrs. Mary B. Warner and Miss Evelyn Grigsby of Los Angeles, Calif., who have been visiting relatives in the city have returned home.

Mrs. A. L. Willaman of North Canton, Ohio, is spending a few weeks with her sister, Mrs. L. W. Acker, 1113 E. Donald st. Mrs. Willaman and Miss Bertha Lesh are now spending a few days in Syracuse, Ind.

SALE NEW FALL SUITS AT BRANDON'S.
Wonderful opportunity to buy a handsome new fall suit away under price, \$40.00 to \$60.00 suits divided into lots at \$29.75 and \$39.75.
8132-22—Adv.

Special meeting of the Central Trades and Labor council at 8 p. m., Friday, Aug. 22. All delegates are required to attend. 7277-22.

Circles



MRS. ROSE E. STUART

Satisfied that her husband and a woman whom she alleged, she found in a bachelor apartment "had not gone there to say their matrimonial vows," Mrs. Rose E. Stuart filed action for divorce in the supreme court, Brooklyn, against Harry P. Stuart, of Stuart, Milliken & Co., wholesalers of pottery and underware in New York city. Following their marriage June 9, 1918, the couple went to live at Manhattan Beach, New York. Mrs. Stuart named as correspondent one of her neighbors, Mrs. Dorothy Hallock, whose husband, Lieut. Arthur Elmore Hallock, is in France with the American expeditionary forces.

News of Interest on the West Side

SOCIAL EVENTS.

The fancy work class of the Polish Women's Alliance of America will meet Saturday afternoon at the St. Hedwige's school rooms. Mrs. Mary Nieszkowska is in charge of the class.

Mr. and Mrs. Andrew Dyskowski, Adams st., entertained relatives at a dinner Thursday in observance of their 10th wedding anniversary.

Mr. and Mrs. Anthony Adamkiewicz, Harris st., entertained a party of eight relatives at a 7 o'clock dinner Thursday evening in honor of their son, John's, 20th birthday anniversary.

Mr. and Mrs. John Benkiewicz, Jackson st., entertained at a farewell party Thursday evening in honor of the latter's sister, Miss Isabel Graczyk, who will leave Saturday for her home in Buffalo, N. Y. Luncheon was served to the 12 guests present. During the evening music was enjoyed.

Invitations have been issued by Mr. and Mrs. Nick Budnik, 303 S. Chapin st., for the wedding of their daughter, Miss Mary Budnik, to Frank Kopinski, son of Mr. and Mrs. Michael Kopinski, 1301 S. Dunham st., to take place Tuesday morning at 9 o'clock at the St. Hedwige's church. After the wedding a reception will be held at the Budnik's home.

PERSONALS.

Mrs. A. S. Rzepecka, 1162 Indiana av., has returned from a brief visit with relatives in Michigan City.

Mrs. Joseph Maliszewska and children have returned to Detroit, Mich., after a two weeks' visit with Mr. and Mrs. L. A. Striebel, 1438 Grace st.

John Karpanty, W. Division st., made a business trip to Gary, Ind., Thursday.

Mrs. Apolonia Nalepinski and Miss Mary Krawicka left Thursday for Alpena, Mich., to attend the funeral services of the former's aunt, Michael Ruzak and Adalbert Westbolski have returned from an automobile trip to Detroit, Mich.

Stephan Cutanski, 807 S. Carlisle st., has returned from a weeks' visit with relatives and friends at Lansing, Mich.

Miss Bernice Bilinski, daughter of Mr. and Mrs. Anthony Bilinski, 323 S. Chapin st., arrived here from Denver, Colo., for a few days' visit with relatives and friends. She is enroute to Detroit, Mich.

Miss Angela Torzevska, 1461 W. Fisher st., left Friday morning for a two weeks' visit at Michigan City.

Mrs. Mary Belska and her niece, Miss Josephine Wondt, have returned from Rochester, Ind., where they have been visiting with the former's sister.

Miss Helen Kisielewska of Chicago is visiting relatives here.

Felix Ostrenski returned Thursday morning for his home in East Chicago after a brief visit with friends here.

The condition of Miss Eva Peterson, who recently underwent an operation at St. Joseph's hospital, is reported as being improved.

Casimir Gdowski, 587 S. Jackson st., left for Chicago to spend a few days with friends.

Mr. and Mrs. Frank Lukasynski of Baltimore, Md., are guests for two weeks at the home of Mr. and Mrs. Walter Korzeniewski, 1011 Webster st.

C. L. Kobierski, W. Ford st., left for Chicago on a week's business trip in Chicago.

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SOCIETY

Suffrage

Philanthropy

Adele Garrison's New

Revelations of a Wife

"Their Second Honeymoon"

WHAT MADGE DID TO SAFEGUARD THE PRECIOUS DOCUMENT.

I turned the key in my bedroom door, a precaution I never neglect since Cousin Agatha entered our home, and I tried the door-knob to make sure the door was locked securely, and laid the key upon my dresser.

Then with hurried fingers I unstrapped the trunk which from my wrist, opened the back, and took from it the day roll of oiled paper which I knew contained the highly important message my father had consigned to my care for delivery to Allen Weeks when my father's command or when undisturbed news of his death should come to me.

The sight of the small pencil lines in the pseudo peddler's basket had given me an idea which I proposed to put in action. Unswerving the top of one of them I slipped into the aperture the roll of oiled paper, and noted with satisfaction that it fitted in perfectly. Secretly on the top again I balanced the small thing in my hand, wondering as I did so where I could hide it most securely.

It must be in a place which would never be disturbed, a place also beyond the possibility of search should the people upon the track of the secret papers Lillian and I were guarding take it into their heads to search my room.

Boxes and trunks were, of course, out of the question. The thought of leaving it inside the lining of a chair or a couch came to me, but was banished immediately. I did not underestimate the cunning of the people hunting for the paper. They would make a most thorough search of the room, and probably one of the first things they would do would be to rip up the coverings of the furniture.

Like An Altar.

As I debated the question I saw to it that the trick wrist watch in which I had carried the paper since Lillian entrusted it to me was safely tucked away in a locked box and put into the bottom of my trunk. Then with an emotional little feeling of thankfulness I strapped upon my wrist again the original watch Dicky had given me, and which I prize immeasurably.

Its faithful hands warned me that I had but 10 minutes until Dicky's return. His train must be even now nearing the station. And then, as if desperation had shrouded my wits, my eyes fell upon a long, slender Chinese vase which had stood

upon my dressing table wherever I had had a room since my little mother went away from me forever.

It was a queerly shaped thing of wonderful blue coloring. Its base was bulbous, from which rose a long slender stem that spread out at the top in a pitcher-like lip. It had been given to my mother when she was a little girl, and of all her household treasures it was to her the dearest. It would hold but a single flower, and for years before her death I had kept it constantly supplied with a blossom.

"Don't—let—my—vase—get—lonesome," she had whispered painfully on one of those sacred last days with me.

"I never will, Mother darling," I had faltered, trying my best to keep back the sobs which were always choking me during that awful time of farewell.

She had smiled faintly with that look of relief which comes to children and the old when desired, trivial appearing to others but of vital interest to them, are granted.

"That's my own girl," she had said, and her hand stroked my cheek gently.

The vase had been like a shrine to me ever since. It was always in my room, and it had never been without its fresh blossom. When we moved from the apartment to the old Brennan house, and from that house to the home we had purchased and in which I now sat, it was the last thing to be taken.

I had always carried it myself. I liked the fancy which sometimes came to me that the vase with its perennially fresh blossom was like an altar in which the fire was never extinguished.

A Hiding Place.
Dicky, Mother Graham, Katie, even Cousin Agatha herself, respected my feeling concerning the vase. No one ever touched it except myself. I always arranged and dusted the dresser on which it stood, and saw to the replenishing of the flower the vase held. If I went away from home for longer than the time one flower would last I took the vase with me.

It seemed like a profanation to employ the vase for anything save its original purpose. And yet, in many ways it would be a perfect hiding place. I took it from its place, carefully removed the flower from it, emptied the water it held into a basin and inspected it carefully to see how best I could employ it with the least chance of detection.

FOR THE HOME NURSE

(Copyright, 1919).

Questions of general interest pertaining to Home Nursing will be answered in this column, space permitting. Address: Isabella Griffith, care The News-Times.

—BY ISABELLA GRIFFITH, R. N.

SUBSTITUTING ORDINARY TABLE FOOD FOR INFANT FOOD.

Great recklessness is shown at times in substituting ordinary table food for infant food. Small children are frequently given practically anything on the table simply because they cried for it or because proper food had not been prepared for them. I have heard mothers smilingly remark that "baby could eat anything." A small child is no more capable of digesting adult food than it is doing the work of an adult. In fact, most of the bowel troubles in children come from giving improper food or too much food.

A child should depend mainly on milk until it is two years old. Not until it is three years old should it be fed ordinary table food and even then the food must be selected with great care. The average child between the age of one and two-and-a-half years may have the following foods: Stale bread alone or in milk with a little butter on it; crackers; rice with milk; beef tea or chicken broth; orange juice; baked apple; small quantity of baked potato; and a chicken bone without meat may be soaked. The latter is beneficial to the teeth and gums and also promotes the flow of saliva. If the child is inclined to be constipated the juice and the soft pulp of prunes may be given, and when it has from 16 to 18 teeth a small amount of easily digested meat may be taken.

After the child is two-and-a-half years old the following foods should be added to the diet: Soft boiled eggs; any of the usual breakfast foods; baked potato; bread and butter; jelly; ice cream; custard; prunes and a small amount of tender meat. Young children should not be given tea, coffee, pork, sausage, cabbage, cheese, pastries, fried food, greasy food or highly seasoned foods. A small child may have some plain sugar candy, but no child should be allowed to be constantly minding between meals. As the child grows it should be fed according to its bodily needs receiving every day at least one food from each of the following groups: 1. Milk and dishes from milk, meat, fish, poultry, eggs and meat substitute. 2. Bread, and other cereal foods. 3. Fats, as butter and so forth. 4. Vegetables. 5. Fruits. 6. Simple sweets. Meals should be given regularly and all excitement, worry or haste should be avoided.

QUESTIONS AND ANSWERS.
R. T. writes: A friend of mine came in the other day when I was

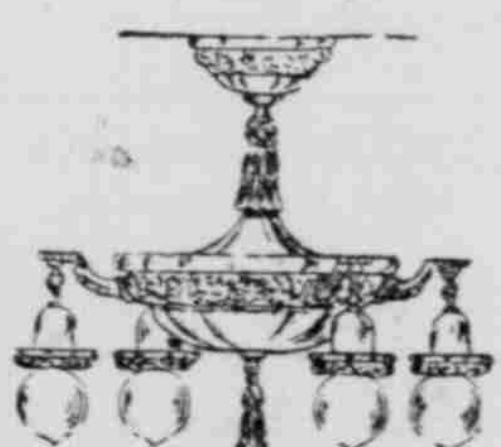
exercising my baby a little by trotting him up and down on my knees. She said that I should not do it, that it was very bad for him. Is this so?
Answer: Trotting the baby on the knee is certainly a bad form of exercise. The best way to exercise a child, even a small baby, is to lay it on the floor on a blanket away from draughts and let it stretch and kick as it desires. Most babies if they are not tied up with clothing will take all the exercise they need without encouragement. In fact some babies have to be discouraged from standing on their feet too early, or "bow legs" will be the result.

R. T. writes: Why are rectal feedings given, and what foods are usually given in that way?
Answer: Rectal feedings are often given in cases of persistent vomiting or for a number of other conditions where the patient is unable to take food by mouth. The doctor will usually tell the nurse what liquid to give and if she is uncertain, just how to give it. Milk, eggs, beef juice and other liquids are frequently used. The food is given lukewarm. Very slowly and usually only about four ounces are likely to be retained.

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The Horoscope

SATURDAY, AUG. 23.

The planetary positions for this day while distinctly conflicting in their import, point to lively and interesting situations which may be turned to advantage by clever manipulation and sufficient executive ability. There is danger from rash and impetuous actions, with snap judgments and ill-considered words. There is hazard also in the careless or extravagant handling of funds, and money should not be risked either in investment or speculation. New undertakings may well be deferred despite opportunities, for these may be presented. Avoid quarrels and litigation. Offsetting these menacing positions are some benefic influences bringing favorable conditions with promise of advantages for those in employment, with certain obstacles removed, and also a powerful influence for domestic and affectional happiness.

Those whose birthday it is while promised an active year, must be wise and prudent in their dealings. A child born on this day, although affectionate and lovable, will be hasty and unsettled.

Kitchen Economies

SIX DELICIOUS WAYS TO MAKE "COLD DISHES UNUSUALLY ATTRACTIVE."

Both for luncheon table or the Sunday night supper, cold meats are the most easily served of all dishes. Cold sliced beef, veal or chicken are always acceptable to guests and the family, but it is also a good plan occasionally to prepare at home some other meats that can be used cold, such as corned beef, tongue or meat loaf. These may be served with a salad or simply sliced, garnished with parsley or lemon and accompanied by a piquant sauce.

Chicken Salad.
Chop the flesh of the fowl into cubes. Marinate with French dressing, using only enough to moisten. Then add three-quarters as much celery, cut into small pieces, and mix generously with mayonnaise dressing. Serve on nests of lettuce leaves, and add a "cover" of mayonnaise.

Corn Beef Salad.
Chop in small pieces, left-over beef. Add two slices of a medium-sized onion, chopped, a tablespoonful of India relish, and marinate with French dressing. Make a nest of lettuce leaves, then place a ring of cooked peas or carrots, or a ring of each, then the meat in the center. Pour over a little more French dressing and serve.

Meat-Potato Salad.
1-2 cupfuls of cooked meat, cut fine.
1-2 cupfuls of cooked potato, cut fine.
1-2 cupful of celery, cut fine.
1-2 teaspoonful of salt.
2 tablespoonfuls of finely chopped pickle.
Salad dressing.

Mix in the order given. Cover with dressing and garnish with sliced pickles and celery tops. White cabbage may be used in place of the celery if desired.

Purulent Meat Dressing.
1 egg.
1 small can of devilled ham.
1-2 cupful of vinegar.
1-4 cupful of water.
1-4 teaspoonful of salt.
1-8 teaspoonful of pepper.
1-4 teaspoonful of mustard.
1-4 teaspoonful of cornstarch.
Beat the egg, add the ham, vinegar and water. Mix the salt, pepper, mustard and cornstarch. Add to ham mixture and cook over hot water for about 10 minutes. This can be served with cold, plain, boiled beef.

Mint Sauce.
1-4 cupful of chopped mint leaves, (dried mint leaves may be substituted).
1 tablespoonful of powdered sugar.
1-2 cupful of vinegar.
1-2 teaspoonful of salt.
Mix the above ingredients together and allow to stand in a warm place for half an hour. With cold lamb this makes an attractive sauce.

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