

HOT WEATHER TIPS COMPILED BY LOCAL PHYSICIAN FRIDAY

Are you hot? Do you want to keep cool? Can you imagine two more foolish questions than those above? If you haven't been disgusted by them the hot weather hints given by a local physician may help you.

But first, let's see what it makes us hot. Now here's a stinger. Most of us do just the things that we should not do. That's tough, isn't it? That makes it necessary to start off with a few don'ts but we'll end up with the helpful stuff.

First, don't expose yourself to the hot rays of the sun if you have been used to working in an office and are as soft as a racehorse that has been on pasture for two years. That is, don't expose yourself too suddenly. If you want to go in for outdoor sports or exercises stay out only a short time the first trip out and increase the length of the time that you are out as you become accustomed to the heat and the exercise. If you play a hard game of ball, go on a long fishing trip or perform other exercise be sure that you do not overestimate your strength.

Avoid Iced Drinks

Second, do not drink too much ice water. Be careful of iced drinks.

Third, do not overheat.

Fourth, eat nothing but plain food.

Fifth, be sure that the fruits that you eat are thoroughly well ripened or cooked.

Sixth, eat little or no meats and potatoes.

When you have fulfilled these six commandments, you will be feeling pretty good. All that is necessary then to secure real comfort will be to start on the things to do.

First, drink plenty of water. Naturally you want the water cool. The best stunt is to put the water in a bottle and place it in a refrigerator to keep it cool, instead of dissolving the ice in the water. In that way you avoid the sudden chill of the iced water.

Second, get plenty of sleep.

Third, dress cool.

Fourth, drink milk.

Fifth, bathe frequently in warm water, following bath with cold sponge.

BRICK WORK FINISHED ON WEST SIDE HIGH

The David Worth Dennis junior high school will be ready for occupancy by Feb. 1, 1922, according to the superintendent in charge of the work. Laying of the cornerstone of the school was celebrated Friday, May 27.

Practically all of the brick work in the construction has been completed, and with one exception the building is now at the height planned. This exception is the academic section which is to be two stories. But one of the stories has been completed.

Roofing of the gymnasium and adjoining rooms has been started. All is ready for putting on the roof to the auditorium, the north wing of the school. The superintendent in charge said Friday that he expected the second story of the academic division to be finished by about Sept. 1, this year.

An idea of how the finished product will look can be gained now. Even though only the first story of the academic section has been erected, several columns at the entrance have been placed. It is also apparent that the windows in the auditorium section will be artistically set. Work in all parts of the building is progressing rapidly and steadily.

**COLUMBUS "SWIMMIN' HOLE"
BECOMES BATHING BEACH**
COLUMBUS, July 8.—Through the efforts of citizens "the old swimmin' hole" near Columbus has been converted into a modern bathing beach. Dressing rooms have been built and many other improvements made.

The Benefit Stores
THIS FRIDAY and SATURDAY
ONLY
BENEFIT BRAND
PEANUT BUTTER
Guaranteed Absolutely Fresh—
Pure and UNADULTERATED
17c lb.
In special strong-made container
Known for Its Most
Incomparable Quality

Fresh, Crispy
CORN FLAKES, pkg., .9c
Extract of
ROOT BEER, 2 bottles, .25c
1 bottle makes 5 gallons
Fancy Norwegian
SARDINES, per can, .13c
Small and tender fish in
olive oil
Fresh, Guaranteed Pure
SOUPS, 2 cans, .15c
All varieties
We have many very attractive
priced specials. Come in
and look them over.

Butter Lovers Appreciate
"SWEET NUT," 25c
The Margarine Supreme

Hankow Tea Co.
806 Main Street
"Everything Guaranteed"

Postage Prepaid on \$1.00
Mail Orders

AMERICAN DUCHESS AT POLO MATCH



This picture of Lord and Lady Decies was taken during the recent international polo match in England, won by the American team. Lady Decies will be remembered as the former Vivian Gould of New York.

ANSWER THIS PUZZLE

Win Ford Sedan or \$800

The operator of the movie machine in this theater decided to do a joke on his audience, so he threw these rearranged "Movie" players' names on the screen.

To solve the Movie Puzzle all you are required to do is rearrange the letters so that they will give the correct actor's or actress' name. No. 1 is

Actor. If you can guess all ten you can win a Ford Sedan or \$800.

Probably you know the names of most of the famous players. But just to refresh your memory we mention here the names of a few of the most popular "movie" players:

Clark Gable, Bobbie Farnum, Norma Talmadge, Mary Pickford, Thomas Meighan, Dustin Farnum, Tom Mix, Douglas Fairbanks, Blanche Sweet, Mabel Normand, Pearl White, Fatty Arbuckle, Wallace Reid, Bebe Buoye, William S. Hart, Clara Kimball Young, Lillian Gish.

ONLY 185 "POINTS" WINS AUTO

For each name that you arrange correctly you will receive 10 "Points" and you can gain 60 more "Points" by "Qualifying" your answer. That is by proving to us that you have a copy of our paper, The Rural Weekly, to five people. The final 25 "Points" will be given to the three judges on the neatness, style, handwriting and spelling of your answer.

The answer giving 185 "Points" (which is the maximum) will win the FORD SEDAN or \$800. Second highest will be a \$100 diamond ring, and so on down the list of 25 big prizes. Prizes of all kinds, both winners will receive samples will be sent FREE, to assist you in qualifying.

Send your answer TODAY. As soon as your answer is received, samples will be sent FREE, to assist you in qualifying.

Costs Nothing to Try—You Can Win

You will not be asked to subscribe to The Rural Weekly, nor spend one cent in order to win. We have given away over 100 autos. You may be the next lucky winner. Write your answer to the puzzle on one side of the paper, name and address in upper right hand corner. You can win—Answer the puzzle now.

Puzzle Man, THE RURAL WEEKLY, ST. PAUL, MINN.

**The Store That's
DIFFERENT** **The WHEN Store** **Open a
Charge Account**

Reductions in Price

All Summer Clothing for men and women reduced in price. Reductions start immediately and last until the stock is cleared.

Come in and see what remarkable bargains are offered—and how much money you can save by buying here.

Have you all the clothes you want for your vacation? Don't you need something else to finish out the Summer?

NOW is the time to get it, so you may save all this extra money.

HERE is the place to get it, because you may have the convenience of using our

DIVIDED PAYMENT CHARGE ACCOUNT

—and pay as you receive your income. You can even arrange to begin payments when you return from your vacation if you so desire. Doesn't it sound interesting to you? Just come in and investigate further. Yes, you can open an account here at these LOW PRICES.

Everything Confidential—No Embarrassment

The When Stores Co.
QUALITY-STYLE-SERVICE
712 Main Street

Classified Advertising Always Pays

Texas Insurgents Refused Seats in Lodge Meeting

(By Associated Press)
NEW YORK, July 8.—A meeting of the so-called insurgent forces of the Woodmen of the World from Texas and Missouri, who yesterday were refused seats in the convention, was held today, and it was expected that definite action on the part of the unseated delegates would be decided upon.

The fight developed through the action of the 1919 convention in Chicago in raising insurance rates. Texas delegates declared this move had caused a loss of sixty thousand members of the order in that state.

Rockefeller, 82 Today Celebrates With Golf

(By Associated Press)
TARRYTOWN, N. Y., July 8.—John D. Rockefeller today celebrated his eighty-second birthday anniversary by playing golf during the morning hours, and a ride was on the program for the afternoon. His son and family were invited to dinner tonight to formally celebrate the event.

Despite the heat, Mr. Rockefeller is on the golf links almost daily, and his health appears to be excellent.

NEW EMPLOYMENT SERVICE DIRECTOR

Francis R. Jones
Francis R. Jones is the new director general of the U. S. Employment Service, succeeding John B. Densmore.

PAINT \$2.38

per Gallon
This is what
OLD RELIABLE
STOCK PAINT
costs you when thinned with
Pure Linseed Oil
All colors and white.
Any and everything in the Paint
Line

**Old
Reliable
Paint Co.**
10 and 12 South 7th St.

Indiana Fruit Crop Falls to 10 Per Cent of Normal

SOUTH BEND, Ind., July 8.—"Don't ask us about fruit prospects; we have none" is the substance of replies received by H. H. Swaim, secretary of the Indiana Horticultural Society, from orchardists throughout Indiana.

Mr. Swaim said that Indiana raisers of apples and other tree fruits may regard themselves as fortunate if they have a 10 per cent yield. Similar conditions prevail in Ohio, Illinois and Missouri, but that in Michigan prospects indicate a 25 per cent crop. New England states will yield still better, possibly 50 per cent.



If you once come into our store, you will be sure to come again. We treat our patrons with courtesy and take a real delight in showing you our clothing and furnishing goods. We never urge a man to buy.

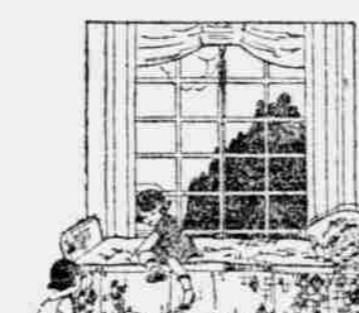
Our good goods and our reasonable prices do this for us. We invite you to come in.

Wear our good, "nifty" clothes.

LOEHR & KLUTE
725 Main Street,
Richmond, Ind.
The Richmond Home of Hart, Schaffner & Marx Clothes.

Romey's Big July Sale Is On In Full Blast

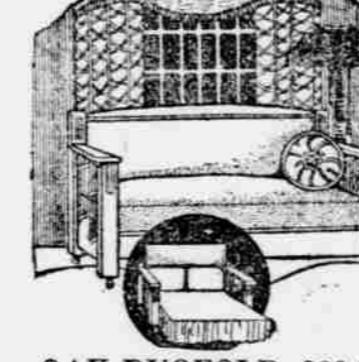
No furniture sale to equal this has ever been held in Richmond. High-grade Furniture and Housefurnishings to be sold at a fraction of their value.



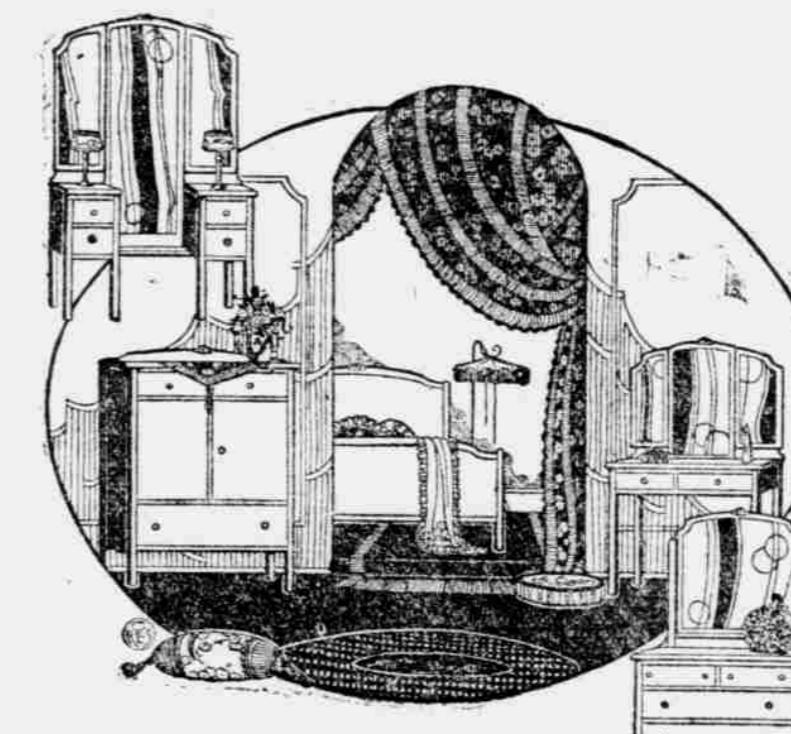
THIS DA-BED—\$49.00
This Da-Bed comes complete with spring and mattress. Will come in very handy when you are in need of an extra bedroom upon unexpected occasions. It is full length, well made, and has a cretonne covering.



RUGS! RUGS! RUGS!
Never was it possible for you to buy such quality Rugs at the prices which we are now quoting. We have a big selection for you to choose from in domestic and imported weavings. They are priced from \$19.50, \$24.00, \$39.00 upward.



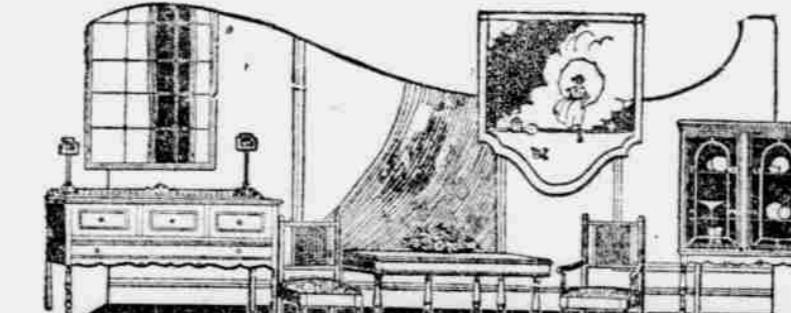
OAK DUOFOLD, \$39.75
A full-sized Duofold in either fumed or golden oak, covered with a good grade leatherette, for only \$39.75. Do not judge quality by the price; this is an unusual value.



THESE FIVE PIECES—

Only..... \$239

A Suite of five pieces for your bedroom which you will be proud to have. It is very well made, great care given to the small details. All pieces are large and roomy. Finished in mahogany, walnut or old ivory, as you desire. This Suite will fill your fondest expectations. Allow us to show it to you.

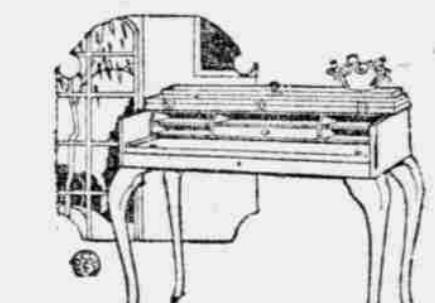


**FOR SERVICE and QUALITY—
THIS DINING ROOM SUITE..... \$189**

Because furniture is a thing that is not bought every day, you must be doubly sure that when you do buy THAT furniture must be good. Here is a Suite of a dining room set which we recommend highly. It consists of ten pieces and is finished in walnut.



**TAPESTRY DAVENPORT
\$79.00**
The biggest value in a tapestry Davenport awaits your inspection. Seats and back are of the best spring construction, and covered in an unusually fine grade of figured tapestry. Be sure to see this one.



SPINET DESK, \$39.00
The Spinet Desk is the most popular of all the writing desks. You will like this one. We have them in the oak and mahogany finishes.



**WHITE ENAMEL CRIB
\$11.00**
This is just the Crib for baby. It has the drop sides and patented catch. Comes with the spring and mattress. Unusual is the price we quote—only \$11.

**\$1.00 Will Deliver
You a New
ROMNEY CEDAR
CHEST**