



## HINTS ABOUT BATHING

Paris, November 11, 1920. The French physician most thoroughly disapproves of what he calls "the typical American bath." "The American woman," he says, "makes herself old long before her time by indulging in hot soapy baths that dry out the oils of the skin and bring on wrinkles before they are due. A bath should be invigorating," he said. "The trouble with the average American woman is that she thinks a bath is cleansing and that if it is that has fulfilled its sole duty. A bath should be only incidental cleansing. It would be better once a week, naturally she needs a cleansing bath, and in that case she would probably have to use a great deal of hot water and an enormous amount of strong soap in order to clear the pores of the skin. But I am not talking about that sort of woman," he added. "The only healthy way is to take one bath every day—either before dinner, when a woman is changing from her daytime clothes into her evening gown, or else at night just before she goes to bed."

"But," I protested, "think of the women who are too busy to change to an evening frock every night and who perhaps have so many duties that they cannot take the time for an afternoon bath!"

"The business woman," he said, "needs the refreshing, stimulating bath more than anyone else, for she comes to the quiet of her home from the strain of her work and the dust and dirt of the street. Even if she does not change her frock, she should undress and bathe."

He gave me a great many sugges-

tions for bathing, some of which I have already given, since this physician is the author of a book which I read a couple of years ago. But one of his suggestions seemed to me excellent for the woman who has a loose, flabby skin, and particularly for the woman who is reducing.

This is to take a normal bath, not too hot, using a mild skin soap. Then run off the water and run it again as you sit in the tub, having it quite a bit hotter than it was before. To this time add a few drops of tincture of benzoin, about two or three tablespoonsfuls to the tub a third full of water. Rinse the whole body with this, staying in the water as it cools. Then rub the skin briskly with a coarse towel. The benzoin makes the water sufficient astringent to tighten the skin, and at the same time it helps make it soft and white.

In a few days I will give directions for an entirely new sort of bath for the thin and anemic woman.

Heartbroken—I can quite sympathize with you, yet there is very little I can do to help you. It is impossible, you see, for one who is an utter stranger to tell you why you are not popular. I think the secret of popularity is to like other people and to be very nice and jolly and friendly to them. Why not ask the popular girls what they think the trouble is?

All inquiries addressed to Miss Forbes in care of the "Beauty Chats" department will be answered in these columns in the turn. This requires considerable time, however, owing to the great number received. So, if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question.

The Editor.

## A SWEETHEART AT THIRTY

The Story of a Woman's Transformation

BY MARION RUBINCAM

Chapter 52  
THE WEDDING

The conversation between the two sisters seemed to worry Violet for days. The day before the wedding she talked to me about it—it was late at night, and things at last were ready. And Violet and I were sitting in my room, and doing the little ceremonies with cold cream and hair brushes that seem to inspire women with a desire to talk confidentially.

"Do you think they'll be happy?" she asked, braiding back her lovely yellow-gold hair.

"Why—why I suppose so," I answered, busy with cold cream. "I hope so. She's wanted him a long time—we know that. You remember how miserable she was when he was paying attention to another girl."

"A woman may be jealous because she's in love, but she's not necessarily in love because she's jealous," observed Violet slowly.

I looked at her in surprise. Every once in a while she would come out with some statement that showed how she was maturing by leaps and bounds that seemed to inspire women with a desire to talk confidentially.

"I hope they'll be happy," she went on after a time. "But I don't believe it. I don't think Laura is in love at all. I don't think she is capable of falling in love."

"But certainly she's fond of Charlie, and I think he's very fond of her."

"That doesn't mean they'll be happy. She was fond of John Tracy, too. I used to run across them out on the porch, just spooning like a couple of—of sillies. Then Charlie came along and he lives near and he came around a lot—and well, that's all there is to it. I believe she would be crazy over most any man that seemed crazy over her. She wanted to get married. She thinks it's a disgrace for a woman to be unmarried when she's more than 22 or so, and she's that now. It's that—it isn't love."

"But are you sure?" I asked, beginning to use the hair tonic and the massage, but keenly interested in this

analytic discussion in spite of my frivolous occupation.

"I know it—I'll tell you why. If she were really in love, do you think she would wait and wait and put off the marriage week after week until she had every last sofa cushion and towel in place? Do you think she could be much in love—and then fight with Mr. Dwyer about giving them the house rent free? Do you think—well, do you think I'd hesitate about marrying Bud—if I wanted him?" The delicious color flooded up into her face as she turned the conversation into such personal channels—"for any reasons like that?"

"But it isn't right to marry without an income—she's quite—"

"She may be right," I interrupted. "But she's not in love. I wouldn't hesitate because of sofa cushions and towels and such things."

And there was the contrast between the two girls. One went cautiously and sane, unimaginatively, doing the common-sense thing, never rising to great heights, always avoiding great depths. The other was impetuous, ready to sacrifice anything for her love. The feeling was either great happiness or great despair, heights or depths—there was no dead level. Both were in danger of dis-

You'll never know how quickly bad cough can be conquered, until you try this famous old home-made remedy. Take a pint of common cold beer, add a pint of Pinex, then add plain granulated sugar syrup to make a full pint. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup. Either way, the full pint saves about two-thirds of the money usually spent for cough preparations, and gives you a perfectly effective remedy. It is pleasant—tastes pleasant—children like it.

You can feel this take hold instantly, soothing and healing the membranes all over. It coughs up all day and all night, will say that the immediate relief given is almost like magic. It takes but a moment to prepare, and really there is nothing better for coughs, than this.

Pinex is a most valuable concentrate compound of genuine Norway pine extract, the most reliable remedy for throat and chest ailments.

To those who cannot afford to ask you directions for 2½ ounces of Pinex, write directions, and don't accept anything else. Guaranteed to give absolute satisfaction or money refunded. The Pine Co., Ft. Wayne, Ind.

ester, but from utterly different reasons.

We were so tired that Esther allowed us an hour's extra sleep that day—the day of the wedding. There was no farm work but the most necessary routine, and the hired men did that and then went off on a holiday. Several neighbors came over to help, for there was to be a big dinner for the wedding the afternoon wedding.

Violet and I were the prettiest of the dresses I had made, and I was urged by Esther to lie down and rest and then to do my hair up very high and to "curl it a little."

"Mark's coming over," was her brief reason.

Violet with James who took little interest in the proceedings, and some girls from the village, went out in the morning and gathered as many flowers as they could find in the fields—enough this hot month. And the friends near by generously robbed their gardens until every jar in the house was full.

"It does look charming, I never saw our house look so well," I commented to Esther, gazing with pleasure at the flower-filled rooms.

"Awful mess to throw away tomorrow," she grumbled. "Well, thank heaven, it's happening today and it will be over soon. My, I feel like an old woman already, now one of my children's marrying."

She came back presently, dressed for the ceremony in a dress much too light for her. We went together to help Laura. I tried to find some of the romance of the occasion—but it was impossible.

Laura had a white silk dress made, with many lace ruffles and a cheap lace wedding veil. The full skirt emphasized her large hips. The excitement of the occasion made her face hot and warm, so it began to shine with a high gloss, and her nose grew red too. In vain I lavished my own precious powder on her. One slipper

was tight, and its pinching was doing things to her temper.

But on the whole she was pleased to be the centre of the excitement, and very pleased at the presents that arrived that day—we of the family had clubbed together, at her request, and bought her a very shiny "parlor suite."

And finally it was over, and the bride and groom—Charlie red with embarrassment and sunburn—drove off together with Laura's trunks in the wagon—towards the back road and the new home.

And Violet, slim and delicate and glowing like a rose from the excitement and the work and the many guests stood at the gate. Her blue eyes were wet and wistful—and I knew what she was thinking.

Tomorrow—James

The newest vault protection device for banks and such institutions has an automatic door closer, which will trap thieves who might gain access to these storage places.

Baby Coughs  
require treatment with a remedy that contains no opiates. Piso's is mild but effective to please to take. Ask your druggist for

**PISO'S**

"Gifts that Last"

**Emblem**

Rings  
Charms  
Buttons  
Knives  
Belt Buckles  
La Vallieres  
and  
Pins

Open Every Evening Until  
Christmas

**Jay**  
THE JEWELLER  
OUT OF THE  
HIGH RENTS  
12 NIGHT ST.

Specials in Ladies' and  
Men's High Shoes

home at Gary, is believed to have been the cause of Mrs. Hattie Ervin, 35 years old, attempting suicide by swallowing poison at her home here. Physicians believe she will recover.

**ANDERSON**—Mayor W. J. Black of Anderson, announced in police court that he was going to break up the liquor traffic in this city if he had to place a policeman in front of every house. He has ordered that bonds of \$1,000 be imposed on all persons arrested for violation of the liquor law increased to \$1,000 in the future.

**LOGANSFORT**—A human skeleton believed to have been that of an Indian who roamed this part of the country two centuries ago, has been unearthed by Joe Burley and Clyde Giff.

**BUILDING BRICK**  
We have a complete line of face  
brick and common brick.  
**HACKMAN-KLEHFOTH & CO.**  
North Tenth and F Streets  
Also South G between 6th and 7th  
Phones 2015-2016

## Comfy Slippers

The Gift Supreme

A gift that will afford great comfort and pleasure to each and every one that is fortunate to receive one of these gifts.

LADIES' COMFY .... \$1.50 and \$2.00 BOYS' COMFY ..... \$2.15  
CHILD'S COMFY .... \$1.50 and \$1.65 MEN'S COMFY ..... \$1.65 and \$2.50

Specials in Ladies' and  
Men's High Shoes

Brown and Black Military Heel Boot

Black - - \$5.45  
Brown - - \$5.95

THIS WEEK ONLY

Tan Army Last Shoe  
welt sole—special... \$5.45

**BECKMAN & KREIMEIER**  
708 MAIN STREET

**Halal's Royal**

RICHMOND'S DAYLIGHT STORE

## 1000 New Christmas Blouses

In Four Phenomenal Underpriced Groups

In addition to many special purchases just made when in New York last week, hundreds of Waists and Blouses have been taken from our regular stocks and greatly reduced for this Christmas Blouse Sale.

**Xmas Waist  
Sale**



**Special Blouse  
Week**

Group  
No. 1

250 Voile Waists

**\$1.98**

Sheer Voile, daintily trimmed with lace, or new tucked effects, long Tuxedo collars, fancy cuffs; a most pleasing gift for one's Xmas.

Group  
No. 2

250 Georgette Waists

**\$4.98**

All Silk Georgette Waists and Blouses, trimmed with fillet lace, also new frill effects; all new Waists, just purchased when in N. Y.

Group  
No. 3

250 Tricotette Blouses

**\$10.98**

All Silk Tricotette Blouses and Over-blouses, chenille trimmed, also embroidered in contrasting colors to match.

Group  
No. 4

250 Pattern Blouses

**\$1.750**

Satin, Crepe Meteor and Georgette Pattern Blouses, many worth double our asking price. Just the Blouse for immediate or early spring wear.

## Christmas

Plants  
Flowers  
Greens

**Get it!**

Our Budget Plan  
will help you

COME in! Let us explain how the Budget Plan goes ahead with that New Edison for Xmas.

It breaks up the payments, scatters them through 1921, fits them to your pocketbook.

Besides, you're using an after-the-war dollar to buy a before-the-war value. The New Edison has gone up in price less than 15% since 1914. Mr. Edison has kept prices down by absorbing increased costs himself. You get the benefit.

**HARRISON'S  
EDISON SHOP**  
"IN THE WESTCOTT PHARMACY"

**The NEW EDISON** "The Phonograph with a Soul"

Holly, high quality, 50c per lb.

Holly Wreaths, 50c, \$1.00 and up

Lycopodium (Evergreen) Wreaths, 25c, 35c and 50c.

Japanese Frieze (Christmas Red Roping) 5c per yard

Auto Wreaths, 50c each.

Cemetery Wreaths, \$3.00 to \$10.

Poinsettia Plants

Cyclamen Plants

Roses, Carnations, etc.

All at Reasonable Prices

Order Early

**Lemon's  
Flower Shop**  
1015 Main Street Phone 1093