

# BEAUTY CHATS

by EDNA KENT FORBES

As a general thing, I do not believe it is a good idea to leave salt water in the hair. But I do not believe, either, that salt water "rots" the hair, as some people say. Too much water is bad for the scalp and the hair simply because it dries out all the natural oils which feed the roots and which produce new growth and lustre and color.

But salt is an excellent tonic both internally and externally, and few people seem to recognize this. For one thing, salt is antiseptic. A daily gargle with hot salt water will strengthen the throat, and will cure the early stages of a cold, and often prevent colds and sore throat.

Last week I talked about the value of hot and cold water baths and of salt water as a complexion treatment—for tightening loose skin, smoothing lines, clearing and refreshing the complexion. And now I want to suggest an occasional salt tonic for the hair.

Salt water is drying—but there are times when the scalp needs something drying and astringent. If the scalp is too oily, you can stand a wash with hot salt water by itself. But if the scalp is normal, or dry—or if it is full of dandruff—the best thing is to combine oil with the hot salt tonic.

I would suggest, for instance, rubbing the scalp full of oil the night before the salt shampoo—vaseline, olive oil, crude oil or sulphur ointment. Then wash with clear water and soap, then wash again with clear hot salt water, rubbing dry powdered table salt over the scalp. Rinse in hot salt water, then cold salt water—and let it dry. Next day, rinse out the salt water with clear hot and then clear cold water.

Marie H.—I should not advise massaging the busts at all, as you may bruise them without realizing it. If you use very warm cocoa butter on them every night, they will find nourishment by absorbing this oil. It is bought in a cake at any drug store and can be used directly from the cake, as the heating is very simple—you merely hold the cake an instant before the electric lamp or any other light. You are a brunette. Your weight should be 125 pounds.

Z. Z.—A good pimple paste can be made by taking flour of sulphur and plain wheat flour and mixing the two together, then making a paste with clear water. Apply to the pimples on going to bed and let it remain on the face overnight. The ingredients may be in equal parts, though more or less either way, will not spoil the effect. The sulphur purifies and the wheat flour acts as a paste, which holds the sulphur together. Often pimples become chronic, because of a microbe that has been transmitted through former pimples and is now lodged in the skin. Such pimples will be cured through this sulphur treatment. After applying the paste, cover the part with

## Heart Problems

Dear Mrs. Thompson: I am a young woman twenty-three years of age and have been married. I have one little boy. My husband and I have not lived together for three years and I have not heard from him in that time.

I have been going with a young man twenty years old, whom I love very much and he does me. He tells me he does and he used to write to me every day, but now it is not quite so often as he is at work. He wants me to get a divorce and says we will get married. He says he is lonesome without me and wants me to come to his home and stay on a visit until I get my divorce paid for. Then we will get married.

Do you think he loves me or not? What should I do? He has turned down all of his people two or three times for me.

THANK YOU.

The boy may love you, but I do not believe it will be a lasting love. At the age of twenty a young man does not know his own mind and he is most apt to have the fire of his love burn out or turn in another direction.

You are very young and have much happiness ahead of you if you do the right thing and do not make another unwise choice. It seems to me that it would be a great mistake to marry a young man of twenty, not only because his love may not be constant, but because he is too young to assume the responsibilities of marriage and to earn a living wage.

Love the young man, and let him love you if he wants to, but insist upon waiting a year or two until both of you are more sure that marriage is the right course.

of Bradford, Ohio, is visiting his brother and family this week.... The clothing store of Robert Dill caught fire Tuesday morning about 10:30 from explosion of gasoline, causing quite a little damage, but which was quickly extinguished by the fire department.

CHESTER, Ind.—The Booster class of the M. E. church, will meet Tuesday at Mrs. Clara Kutter's, a special program has been prepared. All are urged to come and bring a friend.... Several from here went to Richmond last week to hear Senator Walton.... Mrs. Berry Moore called on Mrs. Neil Chandee, Friday evening.... Preaching at the M. E. church Sunday morning; all are invited.... From here attended the home coming at Middleboro Sunday. It was said to be the largest ever held there.... Miss Ruth Ulmer attended a party given in honor of the freshmen, at the high school building, Friday afternoon.... Mrs. Lee Fulgum called on Mrs. Silas Williamson Friday afternoon.... Mrs. H. Hill, who has been spending several days with Mr. and Mrs. T. S. Martin and Mr. and Mrs. James Webster and daughter, has returned to her home in Indianapolis.... The Woman's Foreign Missionary society of the M. E. church, met with Mrs. W. E. Berry Thursday afternoon, with eight members and one visitor present. After the program, the following officers were elected for the year: Mrs. T. S. Martin, president; Mrs. Oliver Boerner, vice president; Mrs. W. E. Berry, secretary; Mrs. Frank Pickett, corresponding secretary; Mrs. Ada Morrow, treasurer. The next meeting will

be held with Mrs. Charles Woodruff. Mr. and Mrs. John Rothermel of Centerville, visited the latter's parents Mr. and Mrs. Frank McDonald, Saturday.... Rev. and Mrs. E. Davenport and Mrs. Frank Burg visited Chessie Davenport, of Webster, Sunday.... Several from here attended the basket ball game at Whitewater, Friday.... Mrs. L. F. Ulmer is confined to her home on account of sickness.... Mrs. M. Steele and son William spent the week end with relatives in Cullersville.... Everett McMahan of Richmond was a guest of Ralph Buroker, Friday night.... Quite a number from here attended the quarterly meeting at Whitewater Tuesday.... W. E. Berry and family visited relatives in Marion Sunday.... Mr. and Mrs. T. S. Martin who have been visiting relatives and friends in Greenfield, Indianapolis, and Bloomington, have returned to their home.... Shelia Shafer of Richmond, visited friends here Saturday and Sunday.... Rev. and Mrs. Ulmer were supper guests of Mr. and Mrs. Jesse Glunt Thursday.... Mrs. Mary Smith called on Mrs. Ulmer Monday evening.... Mrs. Will Duke and son Paul are visiting with relatives, Mr. and Mrs. Caleb Duke.... Mr. and Mrs. John Sullivan of Richmond, Mr. and Mrs. John Coppich and daughter, Mildred, of Whitewater, and Mr. and Mrs. Joe Jenkins and family of Jacksons-

burg were Sunday dinner guests of Mr. and Mrs. John Meyers.... A surprise party was given Wednesday for Mrs. Harry Meek. Refreshments were served. All present reported an enjoyable time.... Mr. and Mrs. John Budall, Mr. and Mrs. Sam Reedy, and Nellie Devall, all of Eaton, Ohio, were callers Sunday afternoon on Miss Ruth Ulmer Sunday.

One per cent of the atmosphere is argon.

## Labor Calendar

Thursday, Oct. 14.—Brotherhood of R. R. Carmen, Red Men's Hall, Hod Carrers, 7:30 p. m. K. of P. Hall, Ft. Wayne Ave. Central Labor Council, Eagle's Hall.

## Old Folks' Coughs

will be relieved promptly by Piso's Stone Medicine; relieve irritation. The remedy tested by more than fifty years of use is

Ruth Ulmer Sunday.

PISO'S



## Suburban

Forbes in care of the "Beauty Chats" department will be answered in these columns in their turn. This requires a great number of replies. So, if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question.

The Editor.

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