

GOVERNOR COX OPENS COLORADO CAMPAIGN BY LEAGUE SPEECHES

(By Associated Press)

ENID, Okla., Oct. 1.—Governor Cox of Ohio, opened his presidential campaign in Oklahoma here today with an early morning speech in the tabernacle, where he again made the league of nations the paramount issue. He also discussed other questions.

The governor was met here by a delegation of Oklahoma Democrats, who accompanied him during his tour of the state which included eight speeches, the last to be delivered at Tulsa, at eight o'clock tonight. His itinerary after the Enid address, carried him to El Reno and Oklahoma City, the state capital, where he was to speak at noon in the auditorium. Afternoon speeches included Chandler, Bristol, Sapulpa and Tulsa.

The Oklahoma campaign will end early Saturday morning with a rear platform speech at Miami, before re-entering Missouri, where the western tour will end tomorrow night at Kansas City.

CHARLESTON, West Va., Oct. 1.—Franklin D. Roosevelt, Democratic vice presidential nominee, left here early today on a two-day campaign tour in Kentucky. He speaks at Lexington this afternoon and in Louisville this evening.

"After a three days' trip through the northern part of West Virginia, during which I made more than 20 speeches and had the opportunity of meeting many people at dozens of railway stations," Roosevelt said, "I am leaving with the firm conviction that the state will be found in the Democratic column after the November election. Scores of persons who ordinarily vote the Republican or independent tickets, told me they were going to vote this year for Governor Cox, and I believe that sentiment is quite general throughout the state."

Teachers' Federation

Appoints Committees

The Teachers' Federation held the first regular meeting of the year at the high school Thursday afternoon when committees were appointed and a report given by Miss Martha Whitacre on the pension committee appointed by Governor Goodrich.

There was also a general discussion as to whether the federation should take part in other organizations in the city and an affirmative decision was the result. The new president gave a prepared address on the problems of the profession at large, legislation, and tenure of office. Mr. H. E. Ross was elected treasurer to fill the vacancy left by Mr. Mays.

Committees appointed were: Social—Miss Florence Williams, Miss Bertha Larsh, Miss Emily Walker, Miss Grace Shera, Miss Caroline Heitbrink, E. E. Kenner, and Floyd McGranahan.

Press—Miss Elizabeth Foulke, Mrs.

Ruth G. Nice, Miss Ada Woodward, H. F. Ross, and Warren Beck.

Judiciary—N. C. Helronimus, A. T. Tschuen, Miss Anna Lupton, Miss Martha Whitacre, and Miss Caroline Salter.

Visiting—Miss Kinker, Miss Grace Simpson, Miss Minnie Hale, Mrs. Agnes Stillinger, and Miss Lola Parry.

Civics—Mrs. Clara B. Graves, Miss Edna Marlatt, Miss Alvina Sten, W. G. Bate, G. A. Steele, and Miss Mary Lemon.

MORE LIBERAL COAL SHIPMENTS EXPECTED

Cessation of coal shipments to the Great Lakes, expected soon, will provide more liberal shipments for this district, Richmond dealers said today. Owners of several large coal yards here said they could not accept orders at present, and that coal on hand practically had been contracted for some weeks ago.

An official of the Hackman-Kieft company predicted improvement just as soon as the 4,000 carloads of coal, sent to the lakes for the northwest are stopped. This will release coal for this district.

Restricts Sales. Only one ton of coal to each buyer is being sold by the Bullerick Coal company. A member of the company said Friday, that, in his estimation, fully 30 per cent of the citizens of Indiana had their winter supply purchased. Nearly all of the coal of his yard is under contract according to his statements.

Mathers Brothers have not been able to meet all demands of the last few days, an official said, but, they are advised by companies from whom they buy, that plenty of coal will be on hand, before arrival of severe weather. They have been allowing only one ton of coal to each person.

About 600 to 800 tons of coal were reported to be in the yards of the J. H. Menke company. Mr. Menke said he had bought in the open market some time ago.

Uncertainty as to the future was expressed by practically all dealers. One firm reported that September shipments were below August shipments.

Britons to Study Cotton Industry of Brazil

WASHINGTON, Oct. 1.—A British mission will leave shortly for Brazil to study the districts where cotton is grown with a view to recommending the formation of British companies to stimulate the development of Brazil's cotton industry, according to advices to the department of commerce today from London. Transportation facilities also will be investigated.

Japanese capitalists are becoming interested in the possibility of founding new industries in Brazil, according to a report to the department from Assistant Trade Commissioner Connell at Rio Janeiro.

Doctor Tells How to Strengthen Eyesight

By the simple use of Bon-Opto, says Dr. Lewis, I have seen eyesight strengthened 50% in a week's time in many instances, and quick relief brought to inflamed, aching, itching, burning, work-strained, watery eyes. Read the doctor's full statement soon to appear in this paper. Bon-Opto is sold and recommended everywhere by Druggists.



Bon-Opto Strengthens Eyesight

Our 13th Anniversary Sale

Started today. Don't fail to come if you want big bargains.

WE UNDERSELL

Weiss Furniture Store
505-13 Main St.

The Growing Child

[A series of articles prepared especially for The Palladium, by the United States Public Health Service, Washington, D. C.]

MALNUTRITION SHOULD BE TREATED

Unless the condition is recognized early and measures are taken to correct it, the effects of malnutrition in childhood may last to adult life. It may show itself as prolonged ill health and feeble resistance to disease; the individual may grow up undersized and underweight instead of not a strong, healthy well developed man or woman.

In order to recognize malnutrition before serious consequences have followed, the most important thing is, watch the child's weight. In the case of older children this can best be done in school and in child health centers where monthly weights of all children should be taken and recorded and special attention should be given to those who do not make a normal gain by the parents, teacher, or school nurse or doctor if there is one. It is essential that every child of the school age should receive a full medical examination once a year.

See Physician.

A child who is suffering from malnutrition—that is, one who is much below normal weight or one who is steadily losing weight or one who is not making a normal gain—should at once be taken to a physician and examined to see if any disease is developing. In the case of children residing in areas in which malaria or hookworm prevail the physician should search for the presence of the parasites of these and similar diseases. The child's whole daily life should be carefully gone into to see which of the rules of health he is violating and whether this pertains to his food, his habits of eating, his hours of play, of home and school work, or of sleep.

Malnutrition is cured by correcting injurious habits or removing causes already mentioned upon which it depends. Often it is a matter of enforcing discipline in the home.

Is your child suffering from malnutrition? Compare his weight with the standard which was published in the preceding article.

Some Hints on Feeding Children.

In dealing with malnutrition the following suggestions regarding the children's diet may be helpful:

During infancy the diet should consist wholly of milk, and since no

FOREMAN CLAIMS GREAT BENEFITS

Anderson man had severe pains in back over kidneys, muscles sore, slept poorly and constipated. Took Dreco, the herbal medicine and states he feels better than in past twenty five years.

"It's a fact I'm feeling better than in many a year and I don't mind telling you how it came about," said Mr. Amos Holloway, of 1125 East 28th Street, Anderson, Ind.

"After I saw how much good my son got out of Dreco I bought some for my backache, muscles were sore and joints stiff. I could hardly bend over some days from the pains in my back. I was constipated all the time, had headaches and suffered from indigestion and dyspepsia. My nerves were on edge, tongue coated and appetite gone.

"Three bottles of Dreco certainly have done me a world of good. My bowels act regular, the pains in my back, joints and muscles are gone. I sleep sound, have a big appetite and my tongue has cleared off. I feel good and go about my work full of energy. Dreco is all right."

No medicine introduced here has sprung into such favor as Dreco. Hardly a day passes but what some person drops in and tells of the excellent results Dreco has produced for them. It cleanses the system of impurities, increases the appetite and sends new energy bounding through every nerve; it restores the kidneys to healthy action and makes the sluggish liver waken; relieves indigestion, gastritis and constipation; quiets the nerves and promotes sound, refreshing sleep. It acts on the blood and banishes catarrh and rheumatism from the system.

All druggists now sell Dreco and it is being especially introduced in Richmond by Clem Thistlethwaite's seven drug stores.—Advertisement.

perfect substitute for mother's milk is known, mothers should always nurse their babies at the breast, unless otherwise advised by a competent physician.

At six months the baby begins to be able to digest starch; therefore at this time small amounts of barley or oatmeal water may be given with the milk. It is also well to give a teaspoonful of orange juice twice a day.

When the teeth begin to appear, a cracker or a piece of zwieback may be allowed. In addition to this a little cereal jelly without sugar may be given once a day, preferable in the morning.

At about the fifteenth or sixteenth month small amounts of baked potato, apple sauce, and the pulp of thoroughly cooked prunes may be added to baby's diet.

When the child is 2½ or 3 years of age the mother may begin to give one or two teaspoonfuls of scraped meat, or an egg. In general, meat should be given very sparingly to small children during the hot weather, and an egg should not be given oftener than once or twice a week to a child 3 to 6 years old.

Sugar Not Necessary.

Sugar, other than that obtained naturally in foods, is not necessary for a young child's diet. Simple desserts, such as custards, apple sauce and prune pulp may be given as early as the twentieth month and in amounts suited to the age.

As the child grows older it may gradually partake of the same meals as the parents, care being taken to see that the diet is mixed and varied, and that it supplies all the elements necessary to ensure growth. Milk should be given at each meal.

Infants should be given cool, (not cold) boiled water several times during the day and older children should be encouraged to drink a glass of water on rising and an abundance of water throughout the day. School children should not be allowed to go to school without breakfast.

A number of children, because of capricious appetite, refuse to partake of food best suited to their growth and development. This may be overcome, not by insisting on the child par-

taking of a dish after he has once repitites by feeding on candy between meals.

Questions relating to Child Health and to related problems will be answered by experts of Public Health Service, Health Editor, U. S. Public Health Service, Washington, D. C. (Mention this newspaper.)

Finally, a child should be taught always to wash his hands before sitting at the table or touching food. Children should not be allowed to drink either tea or coffee.

It is most important to establish regular hours of feeding, and not to permit the children to spoil their ap-

BURNED FINGER DIDN'T BLISTER

Picked Up Kettle With Hot Handle But Trinaline Killed the Pain

"Yesterday morning I picked up a kettle with a red hot handle," writes a TRINALINE user, "and you all know what happened."

"I had turned out the fire beneath it a few moments before and then I forgot it was hot. Oh, you have all done it, not often of course, but you know how it hurts."

"As soon as it happened I ran for the medicine cabinet and the jar of Trinaline I always keep there. I applied it to the burn and almost instantly the burning pain was gone and there are no blisters on my fingers."

Trinaline, the wonderful New First Aid, does relieve pain and aches whether it be a cut, burn, sore throat or rheumatism, and all this week there will be an expert from the laboratories at Quigley's Drug Store, 806 Main St., giving actual demonstrations of Trinaline and presenting those who call with a free trial sample.—Advertisement.

NR TO-NIGHT
Tomorrow Alright
Get a 25¢ Box

Clem Thistlethwaite's, Richmond, Ind.



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725 Main Street, Richmond, Ind.

Out to-day New Victor Records for October

There is something for you among these new October offerings. There is always new entertainment whether the desire may be for the great music by the greatest artists, the latest popular songs of the day, or new and lively dance tunes. Any Victor dealer will welcome the opportunity to play any music you would like to hear.

			Number	Size	Price
Rigoletto—Paraphrase de Concert	Piano	Alfred Cortot	74636	12	\$1.75
En Calesa (The Carriage is Waiting, My Dainty Marquise)		Emilio De Gogorza	64898	10	1.25
Faust—Die possente (Even the Bravest Heart)		Giuseppe De Luca	74633	12	1.75
Au Printemps (To Spring)		Geraldine Farrar	87313	10	1.25
Allegro Moderato a la Polka (From Quartet in E Minor)		Flonzalety Quartet	74634	12	1.75
When You're Away (From "The Only Girl")		Mabel Garrison	64899	10	1.25
Valse (From Serenade for String Orchestra)	Violin	Jascha Heifetz	74635	12	1.75
Stabat Mater—Quis est Homo (Who Shall Shameless Stand Before Thee?)		Mme. Homer and Miss Louise Homer	89158	12	2.00
Honour and Love (From "Monsieur Beaucaire")		John McCormack	64901	10	1.25
Largo from "New World" Symphony		Philadelphia Orchestra	74631	12	1.75
Africana—Adamastor, re dell' onde profonde (Adamastor, Ruler of Ocean)		Titta Ruffo	88622	12	1.75
Gypsy Love Song		Reinold Werrenrath	64897	10	1.25
Virginian Judge—First Session (Part 1)		Walter C. Kelly	45180	10	1.00
Virginian Judge—First Session (Part 2)		Walter C. Kelly	45180	10	1.00
The Three Little Pigs	Recitation	Sally Hamlin	18685	10	.85
The Duel	Recitation	Sally Hamlin	18685	10	.85
I'm in Heaven When I'm in My Mother's Arms		William Robyn	18686	10	.85
Down the Trail to Home, Sweet Home		William Robyn	18686	10	.85
Tell Me, Little Gypsy		John Steel	18687	10	.85
The Girls of My Dreams		John Steel	18687	10	.85
Dardanella Blues		Billy Murray—Ed Smalle	18688	10	.85
Swanee		Peerless Quartet	18688	10	.85
Beautiful Hawaii—Waltz		Frank Ferera—Anthony Franchini	18689	10	.85
Hawaiian Twilight—Fox Trot		Hawaiian Trio	18689	10	.85
Ziegfeld Follies of 1920—Medley Fox Trot		Joseph C. Smith's Orchestra	35698	12	1.35
Cuban Moon—Fox Trot		Joseph C. Smith's Orchestra	35698	12	1.35

Hear these new Victor Records today at any Victor dealer's. He will gladly give you an illustrated booklet describing them. New Victor Records on sale at all dealers on the 1st of each month. Victrolas in great variety from \$25 to \$1500.



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