

## Heart and Beauty Problems

By Mrs. Elizabeth Thompson

Dear Mrs. Thompson: Just a word to dissatisfied wives who are in love with another man.

I am not going to scold you, for you have my heartfelt sympathy, but I only want to try to show you the attitude to take to make you less miserable and help you to do right.

First of all take an inventory of your own shortcomings and magnify every good quality your husband possesses. If you are mothers, cherish your children and live in and for them. Keep busy at some useful work all of the time or in reading helpful literature and doing something to make someone else happy. Attend church and take an active interest in everything around you. But don't sit down and indulge in self-pity.

Don't do anything purposely to tempt the other man or yourself. Treat him as nearly like any other acquaintance as it is possible for you to do. Stop thinking about divorces and then don't get the idea that you are committing a great sin. Love cannot be controlled or understood. It will

go where it will, no matter how hard the struggle to keep it where it should be. But all women can keep themselves pure and virtuous if they will to do so. Your plain duty is to give yourself to your husband and children. Yes, you owe the other man a duty too, but it is to help him to do his family and the world and you can do that best by going on bravely about your own affairs and allowing him to do the same.

Will you suffer? Yes, but it will be a better kind of suffering than you would have to endure if you were the means of breaking up two homes and causing numerous heartaches. Hide your own heartache in making happiness for others. If you are big enough to do this you can approach death, which comes to all, "like one who wraps the drapery of his couch about him and lies down to pleasant dreams."

COMPREHENSION.

Your letter is an inspiration and will help many.

## She Married an Average Man

BY ZOE BECKLEY

And so the miracle of miracles has come to me! I have always wondered as I saw other women approach and finally pass through this most unique of earthly experiences how they could take it so calmly.

"But motherhood is such a common thing," Athena Hast once told me. "Only to the woman herself is it a marvel and a miracle. When it comes to you your first impulse is to cry out to the world that you are to be the creator of a new life, the instrument through which, by some inexplicable wonder, the world is to be enriched."

"Then," went on Athena, with an unwonted softening of the voice, "then an old, shy reticence comes over you. Suddenly you realize that no one else will understand how you feel. No one will see it as you see it. You and your miracle are alone, as you will be alone when you bring it to fruition. And you will be alone when you go out of life."

"There are some things in which you must always be alone, dear," said Athena, "no matter how many kind hearts and capable hands are near. No one can help you really. No one can walk with you comprehendingly or assistingly through your time of preparation. No one can go with you into the Valley of Shadows. No one can take you into the great mystery when your call comes."

"A man must go at last through the gates of death just as a woman must—alone. But no man knows what that other thing is, or the feelings of a woman as she approaches it. Nor ever, ever can. Only we women know. And each one knows it in a different way perhaps—her own individual way."

"That, my dear, is why we take it so calmly, as you say. It isn't that we take it calmly, but that we keep it within ourselves. We who ourselves do not understand it, know others cannot."

I often recall these words of Athena's as I go about my house and garden working and dreaming. I wonder if that accounts for the strange reticence of most mothers to their daughters in matters of the deepest, sacred significance? Perhaps they can, after all, tell them very little. Each has to learn for herself. Each has to do for herself.

Yet I find myself wishing these days—some of which are so full of hope and joy and a strange exaltation, and some so haunted with dread—that my mother had told me more about it, tried to teach me a few of the mysteries, accustomed me more to think of it as a natural thing, a perfectly normal, common-place phenomenon. Not leaving me to meet it as something unthought of, totally unknown and strange.

One illuminating truth I have learned

### CORN FLOUR MILLS BURN.

AFAYETTE, Ind., Feb. 13.—The plant of the Lafayette Corn Flour Mills was destroyed by fire Thursday. The loss is estimated at \$150,000. Besides the milling plant a residence and barn were consumed by the flames and several other houses were in flames but were saved by the firemen.

It is the keeping and not the making of good resolutions which affects the brain.

### Dr. Burkhart

is determined to place his great medicine in 10,000,000 homes in 1920. You can get a 30 day treatment for 25¢ at your drug store or in order to get this remedy in every home he will send you a treatment—pay for when cured. When you find his remedy as advertised, you are to let your friends and neighbors know what the medicine has done for you. If you have Liver, Kidney, Stomach Trouble, Constipation, Catarrh—don't let another day pass—accept one or the other of the above offers. It is a great appetizer and system builder, an old reliable herb remedy, which has stood the test of thirty-one years in two continents. Address Dr. W. S. Burkhart, 621 Main Street, Cincinnati, O.—Advertisement.

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## DETECT DESCENDANT OF FAMILY THAT HELPED SETTLE NEW YORK AIDS PAGEANT



Mrs. James Carroll Frazer before window bearing Van Rennselaer coat-of-arms.

Mrs. James Carroll Frazer, vice president of the navy league, which planned the historic pageant and ball in New York for Lincoln's birthday, offered to take the part of Mrs. Van Rennselaer in depicting scenes from the settling of New York. Direct lineal descendants portrayed many famous characters in the nation's history. Mrs. Frazer has, in one of the windows of her home, the coat-of-arms of the Van Rennselaers.

F. S. ANDERSON, of the K. D. Cabinet Company—I believe the city should increase rates and set aside a proper depreciation fund.

Ten per cent is a fair amount for depreciation, and an additional unit should be purchased to afford proper protection. I am absolutely opposed to contracts for supplying current to consumers outside of Richmond, such as the Wayne Light and Power Co. seeks.

## How to Use Vick's VapoRub To Prevent Flu

Flu Germs Are Breathed In. Inflamed Air Passages Make Ideal Breeding Grounds For These Germs.

### KEEP AIR PASSAGES OPEN

Melt a Little Vick's VapoRub in a Spoon Night and Morning and Inhale Vapors—Also Apply Up the Nostrils Several Times a Day, Especially Just Before Being Exposed To Crowds.

Flu This Year is Milder While we know very little more about the flu now than we did last year—the germ itself has never been positively identified—still most authorities agree that the flu germs are breathed in. If the system is in good shape and the membrane or lining of the air passages is in healthy condition—these germs are thrown off.

A good plan is to melt a little Vick's VapoRub in a spoon night and morning, and inhale the vapors, also apply a little up the nostrils several times a day, especially just before being exposed to crowds.

Above all, keep free from colds, as colds irritate the lining of the air passages and make them real breeding grounds for germs. Prompt use of Vick's VapoRub aids in preventing colds. For head colds, sore throat or hoarseness, rub Vick's well over the throat and chest and cover with a warm flannel cloth. For deep chest colds, severe sore throat or bronchitis, hot wet towels should first be applied to the throat, chest and back between the shoulder blades to open the pores. Then Vick's should be rubbed in over the parts until the skin is red—spread on thickly and covered with two thicknesses of hot flannel cloths. Leave the clothing loose around the neck, so the vapors, released by the body heat, may be freely inhaled.

These vapors, inhaled with each breath, carry the medication directly to the lungs and air passages. At the same time Vick's is absorbed thru and stimulates the skin, thus aiding to relieve the congestion within.

### Use of External Treatment for Colds

Increasing Vick's VapoRub is the discovery of a North Carolina druggist who found how to combine in Salve form, the standard time tested remedies, Camphor—Menthol—Eucalyptus—Thyme, etc.—so that when the salve is applied to the body heat, these ingredients are liberated in the form of vapors.

Vick's is particularly recommended for children's croup or colds, since it is externally applied and therefore can be used freely and often without the slightest harmful effects. The best evidence of the value of Vick's is the steadily increasing number of people who have been converted to the use of this "outside" treatment. Beginning with the customers of a small retail drug store, the use of Vick's has grown—year by year—state by state—until now more than 17 million jars are used annually. And this in spite of the fact that Vick's is a new form of treatment to many folks in the North and West. Vick's can be had at all druggists in three sizes—30c, 60c & \$1.20.—Advertisement.

## INDICTMENT PAPERS IN PREBLE COUNTY ASSAULT TRIAL LOST

EATON, O., Feb. 14.—Lost, strayed or stolen are the original indictment papers in the case of Leroy Lyons, charged with assault and battery. And on this account, after the petit jury had assembled, Judge A. C. Risinger in common pleas court, Friday, called off the trial.

Previously the trial of Lyons had been postponed several times for one reason or another. It is said the May grand jury, the next to convene, will likely be requested to return a reindictment if in the meantime the original papers in the case are not brought to light.

Roddie Plummer III, Roddie J. Plummer, manager of the local offices of the Jantha Light and Fuel company, is a patient in Miami Valley hospital, Dayton. He was removed to the hospital Thursday night and it was expected he would undergo an operation Friday. He had been seriously ill at his home here several days.

Earman Administrator Named: Probate court has appointed J. W. Earman administrator of the estate of the late Arthur C. Earman and he has furnished \$6,000 bond. Will of the late Samuel I. Bunker has been probated and Robert E. Bunker has been appointed executor of the will, bond being fixed at \$12,000. Bunker also has been appointed executor of the will of the late Mary

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## Win a \$75 Doll

The Finest Doll in the World Beautifully Dressed Up

## Great Prize Contest For the Girls and Boys

### What to Do

ON Sunday, February 22 (remember the date, Washington's Birthday), The Sunday Herald and Examiner will print in colors, on its cut-out page, the beautiful twin dolls, Molly and Dolly, with a full wardrobe of colored costumes for each doll.

The picture shown here is Molly, without any coloring.

## Cut Out and Color Molly

Cut out this picture of Molly and color it as you think it will be when it appears on the cut-out page of The Herald and Examiner, February 22. Color the face and arms and hair and ribbons, and any part as you think it will appear, and send the picture to the Cut-Out Editor, The Herald and Examiner, Chicago.

To the girl or boy who sends in the best coloring of Molly, the one nearest her real color, as she will appear on February 22 in The Sunday Herald and Examiner, we will send free the wonderful doll, worth \$75.

Should there be a tie, we will give a \$75 doll to each contestant in the tie.

## Contest Closes February 20

Your picture of Molly must be in The Herald and Examiner office not later than Friday, February 20, so you must mail it not later than Wednesday morning, the 18th, to be sure of entering the contest. And then don't forget to order The Sunday Herald and Examiner for February 22 from your news-dealer, so you may see Molly and Dolly as they really are colored, and have the fun of cutting them out and fitting their costumes. And, remember, you have as good a chance as any one to win the \$75 doll.

To be sure of getting the paper, better order it as soon as you send your picture of Molly.

Mail Your Molly Picture to  
Cut-Out Contest Editor  
The Herald and Examiner  
CHICAGO



Molly

Any time of day  
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