

Heart of Home Problems

by MRS. ELIZABETH THOMPSON

Dear Mrs. Thompson: I work in a store with several other girls. They are older than I am by two or three years. I am nearly eighteen. Whenever a salesman or traveling man comes in they make dates with the other girls, and they call me dear, etc., but they never take me out. One girl has wonderful black eyes and the other girl beautiful clothes. I am not rich, as I have to support my little sister and brother, so I cannot dress as well, but I always try to appear neat and clean. I have nice gray eyes, but someone told me that my eyes were too innocent. What did she mean?

I try not to notice anything, but it does hurt me a little to see me always ignored when the others have a good time. Please tell me what I can do so that I can also enjoy myself occasionally.

THANKFUL YOURS.

One of the most dangerous things a girl can do is to go out with salesmen and traveling men who come to the store. Do not imagine yourself in the class of people who go with such men. If you feel above that class you will command respect and will be happier eventually than the girls who are having their good times now.

It is only natural that a respectable girl of eighteen should have innocent eyes. Take my advice, little girl, and refuse to accept invitations from older men. Have your fun by going to parties with younger girls and boys in your own set.

Dear Mrs. Thompson: I have a little girl who is in the first grade in school. The school she goes to is very rough and I am afraid she will be contaminated by the bad influences.

Household Hints

by MRS. MORTON

RECIPES FOR SOME OF THE WAR DISHES SERVED AT THE ST. LOUIS STORE

Indian Pudding

4 cups milk

1/2 cup cornmeal

1/2 cup molasses

1/2 teaspoon salt

1/2 teaspoon ginger

Cook the milk and the meal in a double boiler for 20 minutes, add molasses, salt and ginger. Pour into oiled pudding dish and bake two hours in a slow oven. Serve with top milk or fruit syrup. This amount will serve six persons.

Corn Bread

1 pint cornmeal

2 teaspoons baking powder

1 teaspoon salt

1 pint milk

1 tablespoon cooking oil

2 eggs

Sift baking powder and salt with cornmeal, mix milk, oil and beaten eggs together, stir into the meal and beat hard for 2 minutes, pour into a greased pan, bake about 30 minutes in a hot oven.

Boston Brown Bread

1 1/2 cups cornmeal

1 1/2 cups rye meal

1 1/2 teaspoons soda

1 teaspoon salt

2 cups sour milk

1/2 cup molasses

Mix and sift dry ingredients. Combine the molasses and milk and add to the dry ingredients. Beat thoroughly and steam 3 1/2 hours in well oiled covered molds. Remove the covers and bake the bread long enough to dry the tops. One half cup of raisins may be added.

Cornmeal Griddle Cakes

1 cup cornmeal

1 cup boiling milk

1/2 teaspoon salt

1 tablespoon cooking oil

1 tablespoon molasses

1 teaspoon baking powder

2 eggs

Put cornmeal in bowl, cover with boiling milk. Add the salt, oil and molasses, and when cold the baking powder and eggs which have been beaten until light. Mix all well together and bake on a hot griddle.

Peanut Loaf

Grind 1 1/2 pounds of toasted peanuts and mix with six very ripe bananas. Pack in a mold and steam 2 hours. Serve cold sliced like meat loaf.

New Brown Betty

2 cups cooked oatmeal

4 apples cut up small

1/2 cup raisins

1/2 cup corn syrup

1/2 teaspoon cinnamon

Mix and bake for one-half hour. Serve hot or cold. Any dried or fresh fruits, dates, or ground peanuts may be used instead of apples. This recipe will serve five persons.

Brown Sauce for Cod

2 tablespoons cooking oil

1/2 slice onion

LYNN, IND.

Mrs. John Jessup and son of Spartburg visited Saturday with Newton Reed and family....The funeral of Mrs. Will Johnson was held Sunday morning at 10:30 o'clock at the Friends' church. Rev. C. F. Miller and Rev. Henry Pickett conducted the services. Burial at Quaker Lynn cemetery....Mr. and Mrs. Hobart Alexander of Richmond spent Sunday with their parents, Mr. and Mrs. El Shook....Mr. and Mrs. William Mervin were Sunday guests of Mr. and Mrs. Charles Lytle.

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world's markets, are making it exceedingly difficult for the Commission of Relief in Belgium to keep clothed and shod the unfortunate people of those occupied territories. In addition to new material, we need gifts of used and surplus clothing, shoes, blankets, flannel, cloth and similar articles, in large quantities from the people of the United States.

"From your repeated cordial offers of co-operation of the American Red Cross, in any of the charitable work of our commission, I have no doubt of the answer that you will make to our present request."

In response to the appeal from the commissioner Mr. Davidson at once promised the co-operation of the Red Cross, and set aside the week of March 18 to 25, for a special campaign for the purpose of obtaining clothing and other needed articles for the people of Belgium and France.

A shipment of eleven boxes, containing the week's work of the chapter, was sent to Indianapolis Saturday from the Wayne county workshop. The shipment included 415 hospital garments, 202 knitted articles and 551 articles from the surgical dressings department.

Itemized, the shipment was as follows:

Hospital Garments and Supplies
115 hospital shirts.
130 pairs bed shoes.
20 pairs pajamas.
Knitting:

54 sweaters.
64 pairs of socks.
1 scarf.
19 helmets.
Surgical Dressings
100 gauze compresses.
18 pads.
16 pneumonia jackets.
316 bandages.

The American Red Cross is expanding rapidly in its fight in France against the ravishes of tuberculosis.

Four hospitals are maintained solely by American resources—the Edward L. Trudeau Sanatorium, the Ste. Eugenie Hospital, the hospital at Bligny, and the project at Yerres. The Red Cross tuberculosis campaign in France has been placed in charge of Dr. William C. White, formerly of the medical staff of the University of Pittsburgh. The fight against the disease is an integral part of the great program of social service planned by the Red Cross for France.

A gift of \$50,000 by Jeremiah Milbank, to be used in establishing in New York a school for crippled and disabled men, has been announced by the American Red Cross.

The activities of the proposed institute includes an employment bureau for cripples, industrial and commercial training classes for disabled men, and departments of scientific research and popular education. Members of the staff have been engaged for six months in studying the experience of

NERVOUS PROSTRATION

May be Overcome by Lydia E. Pinkham's Vegetable Compound—This Letter Proves It.

West Philadelphia, Pa.—"During the thirty years I have been married, I have been in bad health and had several attacks of nervous prostration until it seemed as if the organs in my whole body were worn out. I was finally persuaded to try Lydia E. Pinkham's Vegetable Compound and it made a well woman of me. I can now do all my housework and advise all ailing women to try Lydia E. Pinkham's Vegetable Compound and I will guarantee they will derive great benefit from it."—Mrs. FRANK FITZGERALD, 25 N. 41st Street, West Philadelphia, Pa.

There are thousands of women everywhere in Mrs. Fitzgerald's condition, suffering from nervousness, backache, headache, and other symptoms of a functional derangement. It was a grateful spirit for health restored which led her to write this letter so that other women may benefit from her done. For suggestion in regard to your condition write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of their 40 years experience is at your service. The Comfort Powder Co., Boston, Mass.

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For 25 years physicians and nurses have never found anything equal to

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Buy at the Vinet and other drug stores.

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Trusler's Rheumatic Tablets

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For Rheumatism, Lumbago and kindred diseases use TRUSLER'S RHEUMATIC TABLETS.

I had rheumatism eight years.
I am now well.
I took Trusler's Rheumatic Tablets.
I never felt better.

Twelve Western College Women are Honored

OXFORD, O., March 18.—Twelve young women today figured in the distribution of honors at the Western College for Women, being admitted to membership in the Honor Society of the institution. They are:

Seniors—Miss Mabel L. Hughes, of Gurnee, Illa.; Miss Mary Louise Smith, of Kokomo, Ind.; Mrs. Ruth Wenzlick Abbott, of St. Louis, Mo.; Miss Edna Pepper, of Hamilton; Miss Flora T. Mercer, of Lima; Miss Margaret Sears, of Woodsfield; Miss Kathryn D. Kessler, of Seymour, Ind.; Miss Siena Sutherland, of St. Louis, Mo.; and Miss Margaret Hinitt, of Washington, Pa.

Juniors—Miss Amy C. Crane, of Fayette; Miss Dorothy Wilkinson, of Mansfield, and Miss Dorothy S. Duerr, of New Martinsville, W. Va.

the European countries in reconstructing their disabled soldiers. The institute is housed by the College of Physicians and Surgeons in New York.

Work was returned to the Richmond workshop Saturday by the following units: Economy, three suits of pajamas, and six shirts; Greensfork, thirteen suits of pajamas and ten pairs of socks; Boston, nine sweaters.

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