

## THE RICHMOND PALLADIUM AND SUN-TELEGRAM

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### Think About This

Enthusiasm is the dynamics of your personality.—J. Ogden Armour.

#### Get the Facts

Secretary of Agriculture Houston, in a statement on the food situation in the United States issued today, admits that prices are high, but finds no justification for hysterical thinking or action.

The secretary believes in obtaining facts regarding production, distribution, storage and retailing of food products before corrective legislation is applied. We concur in his argument for a thorough survey and investigation of the problem.

Hundreds of elements enter into the High Cost of Living, and before these have been studied and their relation to each other is established, it is foolish to try to remedy the situation.

#### Says the secretary:

"The prices of foodstuffs are high. A full and satisfactory explanation of prevailing prices is not possible on the basis of existing knowledge. It is only recently that agencies have been created in the country to study food distribution, and we have not all the necessary facts to enable us to arrive at the truth. Where the food supply is located, who owns it, what may be the difficulties of securing it, whether the local market conditions are due to car shortage, whether there is artificial manipulation or control, no one can state with certainty.

"It is essential that we have the facts not only because of the light they might throw on present conditions but also because they are prerequisite for the working out of a permanent, just, and economical system of marketing. Therefore the investigation directed by the President ought to be made promptly, and Congress ought to give the Federal Trade Commission and the Department of Agriculture the necessary funds.

"Certainly such an investigation can not furnish im-

mediate relief, but it would be absurd to oppose it for this reason. It does not stand in the way of any other measures that may be wise. It does not prevent any constructive action on the part of any municipal or local agencies. We must have the facts and the sooner the investigation is undertaken the better. It is highly probable that as a result of it large permanent improvements may be made."

Secretary Houston's plea for food conservation in our homes is worthy of the attention of every housewife. Europeans for many years have accused us of being profligate with our resources.

The secretary rightly says: "As a nation we seem to have a disdain for economizing. In many homes there is a strong feeling that it is 'only decent' to provide more food than will be eaten and that it is demeaning to reckon closely."

Isn't his indictment true? Doesn't the average American believe in loading his table with food that will not be eaten and that ultimately finds its way into the garbage can?

Do we pride ourselves on trying to throw as little as we can into the garbage can, or do we recklessly throw away parts of vegetables, meats, fruits and breadstuffs that are edible?

You will find the answer in our garbage cans. Collectively we Americans throw away SEVEN HUNDRED MILLION DOLLARS worth of food every year.

That is simply pure waste. That represents money which we should have saved. That factor helps swell the increased price for food products.

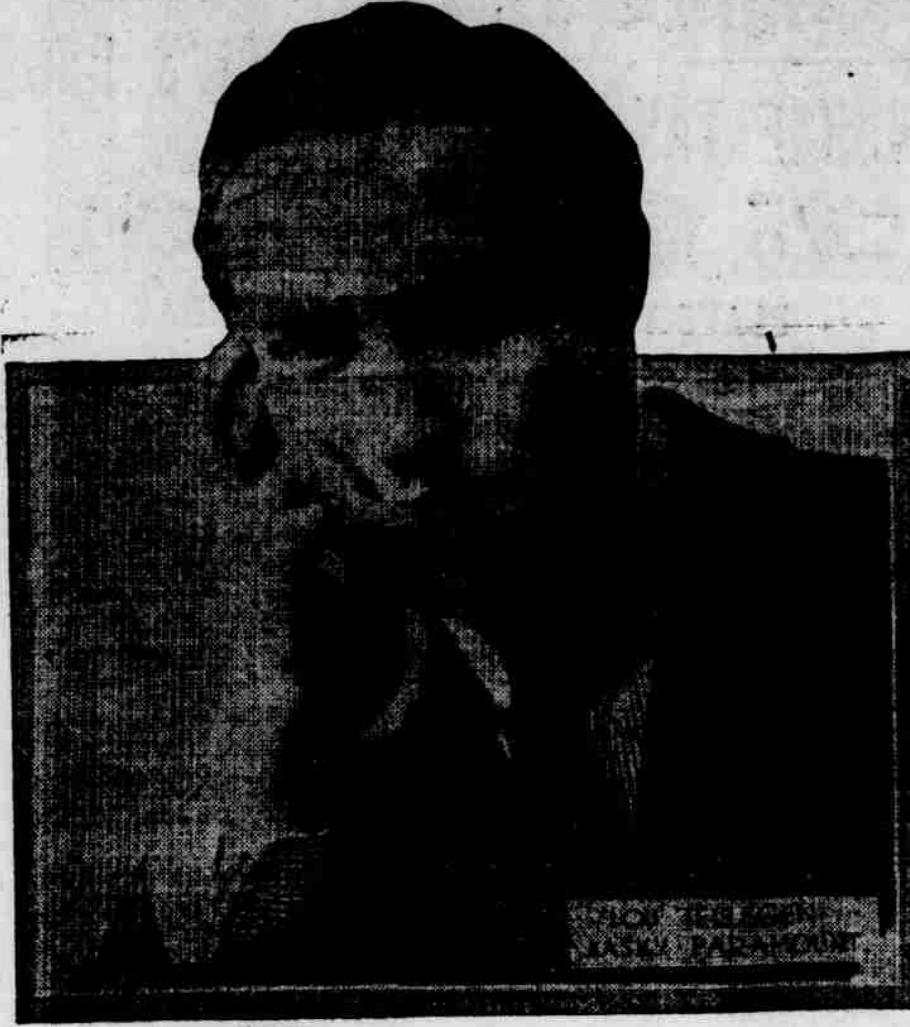
Experts of the department of agriculture estimate that we throw away twenty per cent of the edible portion of every potato that is served on our table.

Waste in carving, waste in preparing, waste in cooking, waste in serving, waste in throwing away meats, vegetables and fruits, all help to send the prices of commodities skyward.

Even if farmers plant greater acreages, the result will not be an increased supply that will meet the demand. We create a greater demand every year for a supply that remains practically the same, because we throw away instead of conserve the amounts we purchase.

One reason for the increased cost of living is to be found in our own kitchens and in the garbage cans at the alley gate.

## LOU TELLEGAN AT MURRETTE ON WEDNESDAY



### WRECKING TUGS WORK

(By Associated Press)  
NORFOLK, Va., March 3.—A wrecking tug and the coast guard cutter

Yamacraw were working today to float the American steamer A. A. Haven from New York for Matanzas aground at Bodie Island, N. C. Early today the vessel was still in the same position as when she grounded yesterday.

## The Forum

(All articles for this column must not exceed 300 words. Contributors must sign their names, although the name will be withheld by the management at the request of the writer. Articles having no name attached will be thrown in the waste basket.)

Editor Palladium:

The notice in last evening's paper stating that the bill covering the so-called hour more of daylight, is dying—and we now hope that it is dead—was received with great joy among Richmond laborers.

Please pardon me laborers for not mourning its early departure but upon remembering those years gone by of tossing, tumbling, rolling and kicking all through a sickly hot night, until the wee hours of the night and the approach of the early dawn brought forth the cooling zephyr only then did we catch that short nap in which to recuperate strength for the next day's toil, sadly remembering this we drop a tear of joy over the grave of the employer's fondest hopes that he might gain for himself that hour which the laborer needs the most.

I am a laborer, I work with them associate with them entirely, I know

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their thoughts and desires and I have yet to find one favoring any of the "Hour More of Daylight" schemes. The hour more of daylight, looks good from the employers side, but labor doesn't want it. Yours truly,  
**ONE WHO SEES LABOR'S SIDE**



**WHENEVER I see the word VILEPT in print I want to PULL SOMEBODY'S hair. I DON'T BELIEVE in using the DICTIONARY AS a STUMBLING BLOCK for the FOLKS AT home or elsewhere. I HEARD a woman say 'I USE a preparation. VILEPT HERPIDE.' HER HAIR was really beautiful BUT HER language MADE ME sick.**

**Yours for beautiful hair, Herpicide Mary**

#### Political Announcement

**DR. W. W. ZIMMERMAN**  
Candidate for  
**MAYOR**  
Subject to Republican Primary,  
March 6, 1917

**DR. S. G. SMELSER,**  
Candidate for  
**Mayor**  
On the Republican ticket, subject to primaries March 6th.

**BALTZ A. BESCHER**  
Candidate for  
**CITY CLERK**  
Subject to the Republican Primary Election, March 6, 1917

**HARVEY BROWN**  
Republican Candidate for  
**CITY CLERK**  
Subject to Primary Election, Tuesday, March 6, 1917  
No. 15 on the ballot.

**WATT P. O'NEAL**  
Candidate for  
**CITY CLERK**  
Republican Primary, Mar. 6, 1917

**William (Billy) Stevens**  
Republican Candidate for  
**CITY CLERK**  
Primary, March 6, 1917

**EDGAR NORRIS**  
Councilman, Third Ward  
Subject to Republican Primary

**W. P. RICHARDSON**  
Councilman  
Seventh Ward  
Subject to Republican Nomination.

**Robert S. Ashe**

Candidate for

**Councilman-at-Large**

on the  
**Republican Ticket**

Subject to Primaries

**March 6th**

**USE COOPER'S BLEND Coffee**  
COOPER'S GROCERY

## "The Forgotten Wedding"

A SERIAL IN FOUR PARTS By OLIVE WADSLEY Author of: "Beyond Youth's Paradise," "Life's Perfect Gift," "The Real Thing."

She rose and going to the book-case took out a large, heavy volume. It was the latest published on the brain, by Otto Steinus, the eminent German mental specialist.

Sister Henderson, who in all her spare moments read largely, quickly found the chapter she wanted.

A little, intent, puzzled frown appeared on her face as she read. Her absorption was so great that she started violently when the door opened.

A smart little woman, with beautifully dressed hair, rustled in, followed by the maid bearing tea. She was the eldest Miss Henderson and supplied the material needs of the home, while the sister attended solely to the nursing.

When the servant had gone the sister told her about Captain Fane.

"It was such a slight operation," she explained; "merely the replacement of a very small bone. That sort of operation is performed daily, and in two weeks the patient is well again. I have never, either here or in the hospital, known a case like this one."

Miss Henderson listened gravely. "Has Captain Fane forgotten about his marriage?" she asked.

"My dear Sarah, he cannot even remember his own name. At first, when I began to talk to him, I thought he was perhaps a little dazed, or that I had awakened him from a deep sleep; but when suddenly I discovered that he did not know me I felt agast. It is so dreadful to see that puzzled, vacant look in his nice, straightforward eyes when one asks him the simplest question on any subject which happened previously."

"When's his wife—what's her name—the actress—coming to see him?"

"She was to have come today, but when I found out this about Captain Fane, I rang her up and told her that as he was still a little feverish, I thought the visit had better be postponed."

### EAT LESS AND TAKE SALTS FOR KIDNEYS

Take a Glass of Salts if your Back Hurts or Bladder Bothers.

The American men and women must guard constantly against kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid which the kidneys strive to filter out; they weaken from overwork, become sluggish; the eliminative tissues clog and the result is kidney trouble, bladder weakness and a general decline in health.

When your kidneys feel like lumps of lead; your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer with sick headache or dizzy, nervous spells, acid stomach, or you have rheumatism when the weather is bad, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders.

Jad Salts is inexpensive; cannot injure, makes a delightful effervescent lithia-water beverage, and belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.—Adv.

poned. I shall have seen Sir Maline then and heard his view on the case."

"Such an odd-looking man," Miss Henderson interpolated.

"Sir Maline? He's a brilliant surgeon."

"He makes me feel nervous to look at him," Miss Henderson declared, rising.

"There's his car," she added, glancing out of the window.

Sir Maline came quickly into the little room. In his big fur coat he seemed almost to fill it.

Miss Henderson, after saying "Good afternoon," went quickly out.

"Won't you have a cup of tea, Sir Maline?" the sister asked.

"Thanks," he said. "I should like one; I have been working incessantly since ten o'clock this morning."

He absently watched the sister pouring the tea out of the little silver pot; his eyes wandered round the room. Suddenly the absentness vanished from their gaze as they rested on Professor Steinus's book lying open on the couch. He looked quickly at the sister.

"So you read Steinus, sister? he asked, with a smile.

"I try to read Professor Steinus," she answered; "but I find his phythe-

ses rather unintelligible, I am afraid."

"Have you been looking up Captain Fane's in this volume?" he laughed.

The sister blushed slightly. Sir Maline could not possibly know her reason for reading Steinus, but she felt a vague sense of disloyalty in having wished to glean surreptitious evidence, as it were, about his work.

"I find the lapse of memory very inexplicable," she confessed.

Sir Maline, thoughtfully studying his tea, did not reply for an instant, then he said in a very assured way:

"I feared it from the first."

He fixed his eyes piercingly on the sister as he spoke. It was as though he expected his remark to affect her. She looked, however, still and composed. He put down his cup.

"I will go up now," he said, "and perhaps you will follow me in a few minutes, sister?"

"Certainly, Sir Maline," she replied. The procedure was somewhat unusual. Almost always the sister entered the patient's room with the doctor. Possibly the recognition of this fact occurred to Sir Maline.

[To be continued]

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