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AND SUN-TELEGRAM

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ond and Class Mail Matter.

Disease Prevention

Steadily and surely the public is being educated to fight disease by preventing its appearance. Disease prevention is not a fad, but an actuality whose worth has been proved in Panama and other centers where the government has stamped out malignant diseases and keeps them distant by preventive methods.

An enormous increase in the number of persons seeking anti-typhoid vaccination is reported by the United States Public Health Service. Not alone is this increase manifested among the beneficiaries of that organization and government employees, but the general public is also awakening to the value of the inoculation. Reports from physicians throughout the country indicate that many are receiving the preventive treatment and laboratory establishments have had a greatly increased demand for the vaccine. So great is the call among employees of the government that it has been necessary to issue a second edition of the Secretary of the Treasury's circular stating

the localities where the treatment may be received. It is estimated that during 1914 over 100,000 persons throughout the country were immunized and it is believed that in 1915, the number will exceed 300,000. In four counties of North Carolina, where campaigns are now being conducted, it is estimated that 20,000 people will be immunized.

The public is seldom slow to accept an innovation of worth. The reduction of the case rate in the Army from 536 per 100,000, before the discovery of anti-typhoid vaccine, to 3, since inoculation was made compulsory, has not passed unnoticed. During four months of 1898 there were over 2,000 cases of typhoid among 10,000 soldiers encamped in Florida; in 1911, among 20,000 men similarly encamped, there were but 2 cases. If such a degree of immunity can be harmlessly conferred upon a body of men living under adverse conditions and whose age renders them susceptible, the conclusion is that protection can just as easily be afforded ordinary citizens.

Anti-typhoid vaccination is quite as simple as that for smallpox and even children do not complain. There are no local effects other than a slight reddening at the site of the injection, and sore arms are entirely lacking. In a small percentage of cases a mild systemic reaction, accompanied by headache and a slight rise in temperature occurs, but if the treatment is given at night the person's rest is undisturbed and he is entirely unaware of these symptoms. In the majority of instances, however, there is not the slightest inconvenience. The immunity probably lasts for several years, although its duration is less than that of smallpox, which frequently persists for a lifetime.

REBEL OFFICERS
ASKED TO CAMP
WITH VETERANS

Amicable Relations Exist Be-
tween Confederate Sold-
iers and G. A. R. Members,
Who Exchanged Shells.

WASHINGTON, D. C., Aug. 30.—As a courtesy to the men who wore the gray during the Civil war, the citizens' committee of Washington has decided to extend an invitation to the staff officers of the Confederate Veterans' Union to attend the forty-ninth annual encampment of the Grand Army of the Republic, which is to be held in Washington, September 27 to October 3. This action has been taken with the full accord and approval of the officials of the Grand Army.

The meeting of the blue and the gray on the Gettysburg battlefield two years ago testified to the amicable relationship existing between the two organizations, and the invitation to the Confederates at this time is in keeping with the spirit exhibited at Gettysburg.

In addition, invitations are being extended to the governors of all states and the members of their staffs, as well as to a large number of other distinguished officials of the United States, including, of course, the president, members of his cabinet and members of the senate and house of representatives.

Select General Miles.

General Nelson A. Miles has been selected as the grand marshal of the marching pageant, which is to be held in commemoration of the grand review of fifty years ago. Secretary Garrison of the war department, and Secretary Daniels of the navy department, have designated officers to act as military and naval aides to General Miles upon this occasion.

The U. S. Grant post, of Brooklyn, has been selected as the special escort for David J. Palmer, commander-in-chief of the Grand Army, during the parade.

An unusual and interesting feature of the encampment will be the "dog watch" of the Naval Veterans, who are members of the Grand Army. The "dog watch" to the navy men is what the campfire is to the army men, but heretofore because of their much smaller numbers, the old sailors have not been conspicuous in Grand Army reunions. At the forthcoming encampment, however, they are to be given special attention.

MACHINE LEAVES ROAD

Lewis Leinbach and A. E. Harp had a narrow escape from a serious automobile accident Saturday when the machine in which they were coming to Richmond from New Paris left the road at the fork of the road just outside of New Paris. Mr. Leinbach lost control of the car which started backward. It would have turned over and rolled down an embankment had it not been caught by a telephone pole. It was pulled back into the road and continued on its way under its own power.

GERMAN LANGUAGE
CRIME IN RUSSIA

COPENHAGEN, Aug. 30.—A Danish merchant who just returned from Russia, writes to the National Tribune:

"The hatred of the Russians against Germany knows no bounds. Throughout the empire the use of the German language has been made a crime punishable with three years' imprisonment of a fine of 3,000 roubles, or both. During my sojourn in Moscow I was arrested because I spoke Danish with an old friend. The policeman who dragged me to jail believed that I had talked German, and I had a hard job to disprove the charge."

During the first three centuries of the English parliament all who served in it were paid. In the fifteenth century the amount was 2 shillings a day.

EVERYBODY'S COOK BOOK
TO
ROAST
FRIEND

BY DOROTHY DIX.

A dish that is the standby in practically every home is Roast Friend, and it is equally palatable whether served up piping hot or as a cold cut left over from the previous meal, where it has been the place de resistance.

Practically all women are experts in preparing this staple article of family diet, and spend many pleasurable hours each day in cooking up that delectable morsel, which is at its best when served at a five o'clock tea, though most husbands relish a little of it along with their dinners.

Each housewife has her own particular recipe for roasting friends and her favorite way of doing it. All of these methods are good, and it is merely a matter of taste and expediency which rule you follow.

To roast a friend, first select a friend with care. An absent friend is usually chosen, though occasionally a woman picks out a friend who is present, but this is always unsatisfactory, as you can never do a present friend to such a brown turn as you can an absent one.

Many women always select their husband's friends to roast, holding that these have a far more gamy flavor than the domestic species, while other women never roast a male friend, but devote all of their skill to roasting their female friends. This, however, is entirely a matter of individual preference, as any old friend will do to roast.

Having selected your friend—and care should be taken to pick out one with as many idiosyncrasies as possible—next pluck it carefully, so that not a shred of character remains. Be very careful to pull out all the little pin feathers that may be sprouting in its angel wings and remove any little downy kindnesses and generalities that are visible.

Then sear your friend over the hot fire of gossip, turning it round and round over the flame. Next, with a sharp tongue, cut gashes through your friend's reputation and lard it thoroughly with nice fat slices of scandal.

Before they roast it some conniving women always pickle a friend. To do this, after your friend is plucked and larded, you immerse it in a decoction made of the vinegar of malice, and jealousy, and let it remain until it is thoroughly soured. Undoubtedly this adds a highly piquant flavor to the dish, and Roast Friend prepared this way is especially suitable for serving at ladies' luncheons. Female friends are generally chosen for this purpose.

The length of time a friend should be roasted is a matter that must be left to the cook's individual judgment and patience. It also depends largely upon what other amusements a woman has, and how much heart she puts into her job. Some housewives never weary of roasting their friends, and particularly their husband's friends, while other women, of an easy-going, shiftless nature, merely warm their friends up. It is observable that the fewer other diversions and resources a woman has the better and more thoroughly she roasts a friend.

While you are roasting a friend care must be taken to continually baste it with a sauce made as follows:

Take all the confidences that your friend has given you, and all the intimate knowledge of your friend's affairs, and stir into them all the publicity that you can give them; throw in a handful of your own spite and envy and disloyalty; season with a dash of the tabasco of temper, and flavor it as highly as possible with the spice of lies and rumors.

You can always tell when a friend is thoroughly roasted by the way its reputation begins to fall to pieces. Serve Roast Friend garnished with its heart secrets and sorrows and peculiarities. If you are ingenious you can make a display border of these that will be very amusing and entertaining to the company.

Roast Friend is an exceedingly economical dish. Indeed, it is probably the cheapest and most common article of daily consumption, but it is highly indigestible to people who have not strong stomachs.



CLOWDY DAYS PREVAIL

LARGE ORGAN AT
GERMAN WAR FRONT

With remarkable consistency, the weather man continues to spoil the late August days with clouds. Although only .11 inches of rain fell last week, the official report shows that there was not a day when the skies were absolutely clear. The maximum temperature for the week was 78 degrees, while the minimum was 47 degrees. The report of the co-operative observer follows:

Sunday 76 59
Monday 78 53
Tuesday 75 59
Wednesday 68 50
Thursday 78 47
Friday 70 54
Saturday 73 52

COLUMBUS, Ind., Aug. 30.—John Stingle, of Indianapolis, came here to confer with his estranged wife on means of paying a small fine assessed against their son. Before they got through a reconciliation had been effected and they decided to live together again.

Early City
History

Contributions on the Early Days of Richmond Will Appear in This Column Daily.

Some time ago the Indianapolis News, in a department which is presented each day some interesting facts concerning the early days of Indiana, made reference to what was perhaps the first dramatic society in the state. Vincennes was given credit for this organization, it being called the Thespian Society of Vincennes, and it numbered many of the prominent men and women of that historic town. The reading of this historic article by Mrs. Sarah Wrigley, of South Fourteenth street, instantly called to mind the fact that Richmond, in the early thirties, also had a Thespian Society, possibly ante-dating the Vincennes society. What is more interesting, Mrs. Wrigley has a distinct recollection of attending one of the dramatic performances of this society and to a representative of the Palladium two days ago, Mrs. Wrigley talked entertainingly of the society, of one or two persons whom she recollects had been members, and of the location of the hall in which the productions were given. Since that recital by Mrs. Wrigley the Palladium has been endeavoring to ascertain more of this society, with the idea of presenting a complete history of it as possible. It has been unable, however, to gather any further facts, though doubtless there are some of the older Richmond citizens who have the desired information if they could be reached. Mrs. Wrigley's statement of the ancient Thespian Society of Richmond is as follows:

"Will some one please tell us all they know or have heard, about a Thespian club which was organized at Richmond in 1836 or 1837. The club used a barn-like frame building situated on the west side of Pearl (now Fifth street) near the first alley south of Main street. Of the citizens interested in this project, I can only mention three, John Finley, Col. Flemming and Ben Davis. Other citizens likely to have been interested were Dr. Jas. Mendenhall, Wm. Lynde, Irving Reed, William Connack. The younger men who might have taken part in the play were Ben Davis, D. B. Holloway and R. O. Dorman. I have a clear recollection of seeing Col. Flemming dressed for his part in a play in which he was to be stabbed in the breast and fall dead on the stage, during the last act. To make the part more realistic a bladder was filled with blood and concealed under his vest.

As a child of seven years, I was very anxious to attend the play and after promising not to be frightened, my father took me with him, but when Uncle Flemming came on the stage my nerve forsook me and I began to cry. I suppose I had to be taken from the room for I cannot recall the stabbing. The door of the building opened on the pavement, the north side of the room was occupied by the stage, the south side contained elevated seats for the audience. In this connection I recall the market house in the middle of Pearl street opposite the building used by the club. It was a long, narrow building which obstructed traffic for many years before the present market house was built on South A street.

MRS. SPRECKLES WEDS
AFTER GETTING DECREE

True Secret of Keeping
Youthful Looking

(The Beauty Seer.)

"The real secret of keeping young-looking and beautiful," says a well-known hygienist, "is to keep the liver and bowels perfectly active. Without these products remaining in the system, polluting the blood and lodging in various organs, tissues, muscles, mentally and physically dullness, listlessness, and sallow of face will set in." But to get liver and bowels working properly, without any evil after-effects, has been the problem. Fortunately, there is a prescription of unquestioned merit, which may now be had. This is due largely to an ingredient derived from the humble May apple, or root, which has been used as a vegetable, carminative, because of its effects on the bowels—though, of course, it is not to be classed with the real calomel or mercurial origin. "But to get liver and bowels working properly, without any evil after-effects, has been the problem. Fortunately, there is a prescription of unquestioned merit, which may now be had. 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