

**LEWIS BUTLER HURT**

Thrown From Seat While Driving Wagon.

Lewis Butler, 115 South Second street, driver for the A. Harsch Coal company, was the victim of a very peculiar accident Saturday morning. Butler was unloading coal at the court house when as he drove over a fairly large stone he was thrown from his seat to the ground. His back was painfully wrenched. A physician was called and Butler was removed to his home.

**REAL ESTATE TRANSFERS**

Dickinson Trust Co., Tr., to Miller Kemper Co., Mar. 29, 1912. \$1. Lot 32-31, pt. 30, 23, C. Ft. Wayne Rr. Co. add. & 2 P. & L. add. Richmond.

Jas. E. Fry et al, to Fry Bros. Mfg. Co., Mar. 11, 1912. \$28,000. Pt. Lots 9-10. Poe & Hittle add. Richmond.

Abner B. Hahn to Maria L. Kimbrough, Mar. 23, 1912. \$6,000. Pt. S. W. 1/4 sec. 11-14-1.

Amos L. Wolf to Flora M. Beal, Mar. 22, 1912. \$700. Lot 1. M. C. Ross add. Richmond.

Dickinson Trust Co., Tr., to Mary T. R. Foulke, Mar. 28, 1912. \$1,470. Lot 55, 56. Reeves Place.

Jno. F. Fender to Abraham R. Smith, Mar. 28, 1912. \$1,600. Pt. Lot 4, Kirkmans add. Richmond.

Alonzo E. Cloud to Anna H. Austin, Feb. 19, 1912. \$350. Pt. frac. sec. 1-13-2.

Robert P. Noble to Jno. A. Dunbar et al, Mar. 18, 1912. \$550. Pt. N. E. 1/4 sec. 29-16-12.

Jacob B. Clem to Wm. F. Flossie M. Kloppe, Mar. 26, 1912. \$850. Lot 2, J. H. & L. Rosa add. Richmond.

Roscoe E. Kirkman to Eugene Fender, Mar. 30, 1912. \$600. Lots 51, 52, 53, Kirkman's add. Richmond.

**A POOR TYPE OF CITIZEN.**

The Good Man Who Lives by and Exclusively For Himself.

I know a certain type of man who poses as a good citizen, says Bert Walker. He breaks no laws, lives morally, pays his honest debts and is never tangled up in lawsuits. But he lives of himself, by himself and for himself only.

When a call is issued for volunteers to take hold of the car of progress and give a lift he never answers. When calamity has befallen people in a certain locality and charitable humanity flies to their rescue he is never one of their number. When money is needed to gild the spire of public enterprise his name is never on the list. When he sees some neighbor stuck in the mud he goes around to avoid him. In fact, were he standing on the shore and should observe the ship of state fast sinking in the surf, never a life line would he throw. He didn't bore the hole in the side of the vessel that lets in the water, so it is none of his concern what happens.

But were all mankind made of this kind of clay have you ever thought what would happen? There would be no churches, no hospitals for the sick, no institutions for the unfortunate nor rest rooms for the weary. Civilization would roam in jungles and the strongest would rule. He is not a good citizen, but gets mad if you say so.—Kansas City Journal.

**Wagers in an Old Betting Book.**  
Many events of human life figure in the old betting book of Brooks. The frequency of bets on births is illustrated by Lord Mountford's answer when he was asked whether his daughter was going to present him with a grandchild: "Upon my word, I do not know. I have no bet upon it." Eight bets running in Sheridan's name range from the question whether the French had occupied Amsterdam to the question whether the shortest way from one house to another was by Saville street or Bond street. There are fifty guineas on the double event that Lord Ilchester gives his first vote in opposition and hits eight out of his first ten pheasants, and "Lord Clermont has given Mr. Crawford ten guineas upon the condition of receiving \$500 from him whenever Mr. Charles Fox shall be worth \$100,000 clear of debts."—London Chronicle.

**A Surprised Ventriloquist.**  
"The biggest surprise I ever got in my business," said a ventriloquist, "was in England when playing at a little theater in the outskirts of London."

"When I came on the stage I threw my voice up in the rafters and inquired 'What are you doing up there?' To my surprise a small voice answered, 'I came here to see the people and hear the music.' 'Very well,' said I; 'stay there and don't let any one see you.' Then I bowed to the audience amid thunderous applause.—Columbus Dispatch.

**He Would Indeed.**  
"What's this word, pa?" asked Willie, pointing it out in his book. "Phenomenon," replied pa. "Well, what is that?" "That, my son, is exactly what you would be if you never disturbed your father with questions."—Catholic Standard and Times.

**Of Course.**  
Tom—I told her father that I expected to inherit several pieces of fine property. Dick—What did he say? Tom—He said that deeds speak louder than words.—Philadelphia Telegraph.

**Artistic.**  
"Did you find the play to be as artistic as it had been reported to be?" "Yes. It was about the dullest three hours I ever lived through."—Chicago Record-Herald.

Every man has his chance; nay, every man has his certainty. If he does well, he will be honored and aided.—John Ruskin.

**She Likes American Women**

NEW YORK, March 30.—Miss Italia Garibaldi, daughter of the famous Italian Liberator, arrived here today, for the purpose of attending the Methodist Conference, which will be held in Minneapolis in May. Miss Garibaldi expressed a great admiration for the American women and declares she intends to study the woman suffrage movement before she returns to Italy.

**TILLMAN'S HEALTH EXERCISE RECEIPT; HOW SOUTHERN SOLON CURED HIMSELF**

BY SIDNEY ESPEY.

WASHINGTON, April 1.—Two or three years ago, Senator Benjamin R. Tillman, the "Pitchfork" senator from South Carolina, suffered a physical and nervous breakdown which caused his friends to believe that he would never recover his health. He was obliged to remain away from the Senate for nearly a year, and it was predicted that he would never be able to return to the activities of public life but that he would retire to die at the end of his present term.

Today the South Carolina senator is a well man, as robust and healthy as the average man of his years, and he is steadily gaining in vigor. He not only intends to return to the senate, but expects to continue in active public service for many years. The story of the manner in which he recovered his health is interesting as told by himself in Tillman's style. It is a story of physical culture and deep breathing as practiced by himself and governed by certain rules which he has written out and given to some of his close associates and friends.

Here are the original Tillman health exercise lessons:

First Before getting up in the morning take the head off the pillow and stretch out, exhaling all the air from the lungs; then draw in all the air possible and hold it between movements. Kick the buttock briskly, first with one foot and then the other, ten to fifteen minutes.

Second Draw up the knees with heels on the bed. Throw the knees far apart and swing together vigorously so as to strain muscles of thighs.

Third Throw one foot, then the other toward head of bed; kick headboard if possible. Still lying on back, kick upwards and drop heels to the buttock at least fifteen times.

Fourth Kick upwards with both feet and throw feet apart vigorously. If properly done, this will bring into play muscles ordinarily little used.

Fifth Stretch hands out toward buttock so as to give leverage; put them behind spine, then throw both feet toward headboard, also using additional muscles to pull up lower extremities; repeat up and down so as to strengthen such muscles, five or six times, or as much as can be done with one breath. This reduces the paunch and changes fat into muscle and hardens abdominal muscles.

Sixth Grasp head of bed and throw up feet, pulling up body so as to stand as near on the head as possible. Throw feet up and down five or six times. This develops chest and shoulder muscles.

Seventh Fasten feet to foot of bed (I use a cot which has a cross piece), and pull trunk of body up to a sitting posture, dropping back and repeating four or five times.

Eighth Throw back the head and draw up the feet and lift the body clear of the bed so that the shoulders do not touch. Two or three times is enough for this movement. This completes the exercise in bed.

Ninth Get out of bed, take a cold bath and rub down briskly. Put on an undershirt and get a light pair of dumb-bells—mine are three and one-half pounds. I only use them to give momentum to the movements which are necessary to exercise the muscles of the arms and upper parts of the body. Standing flat-footed and grasping the dumb-bells, throw the arms down to the thighs backward and return, swinging backward and forward as far as possible. I do this fifteen times and, then, continuing the same motion, I bend the trunk forward and let the dumb-bells swing down by the feet on each side, going as near the floor as I can, five or six times, at least.

Tenth Keep the knees straightened, try to punch each great toe with each hand, straightening up between each effort and coming back at it as though you meant business. This stretched the muscles of the calf, and also the muscles of the back.

Eleventh Throw the head back and bend the neck as far as possible, looking at the ceiling. Then stoop forward, and touch the floor in front of you if you can. This movement is to loosen the muscles of the spine like working a rusty hinge.

Twelfth Using the dumb-bells, swing them backwards and forward, to the right and to the left, one arm going by the belly while the other extends upward, above the head as far as possible. As one goes down, elevate the other. This will lubricate and loosen the joints of the shoulders.

Thirteenth Extend the arms in front with the dumb-bells clasped tightly, throw both hands behind the back so as to bring them as near together as possible, still holding the dumb-bells. Do this ten times.

Fourteenth Throw one hand to the rear and the other to the front. Twist the spine, first looking over one shoulder and then the other. Do this to loosen the spinal column and make the vertebrae twist, each on the other. This movement can be practiced sitting in a chair with the face toward the back, but I think it is better to do it standing, because the dumb-bells assist in making the twist more effective.

Fifteenth Grasp the dumb-bells tightly and swing the arms with the sides, making a circle with the hands, swing forward first six times, then backward six times, with each arm.

Sixteenth Discard the dumb-bells, straighten up and elevate the hands, above the head; then drop the arm and bend the body until you can touch the floor with the knees still, straighten up and going down a little lower each time. The first time I tried this, I got my head down as far as my knees, but now I can go to the floor without much trouble. Take hold of the bed or chair and squat as low as you can; then straighten up and squat again six or eight times. This will strengthen the calves. It has enabled me to ride horseback and to mount the horse from the ground. These exercises Senator Tillman practices each morning before breakfast and at night before going to bed.

**A HAT SHOP FIRE**

A fire at Eleventh and Main this morning started a panic among pedestrians, the wagons dashing up Main street on a "ten blow" call, causing all to follow them. It was a small blaze in a hatter's shop.

**A SMALL BLAZE**

A small fire at the home of Henry Myers, at 214 North Fifth, street caused small damage early today.

**COROT SAVED THE TILE.**

He Turned a High Hat Tragedy Into a Work of Art.

An interesting relic of Corot is to be seen in the gallery of a picture dealer in the Champs Elysees. It takes the form of a wooden frame inclosing a gray high hat of a style "now forgotten quite." A card explains that "this landscape in the crown of the hat is guaranteed to be a genuine work of Corot."

One sees in the hat a rapid study of the artist. The artist has utilized the blue silk lining of the hat to improvise a beautiful sky of summer reflected in the peaceful water below. Upon the bank are three trees and a picturesque Saracene tower, while white clouds among the blue complete the scene.

Readers must not jump to the conclusion that this hat landscape is an example of the eccentricity of genius. It is the result of what appeared to be the tragedy of a "white" hat which belonged to a friend of the master. The friend, calling on Corot, happened to place his brand new hat near the easel. In extending the hand Corot's brush fell into the hat, leaving an indelible mark.

A cry of despair followed, not exactly that which a high authority has told us is uttered when husbands or lap dogs breathe their last, but nevertheless it was a despairing cry. "My hat is spoiled!"

"Not at all," said Corot, bursting into a hearty laugh. "I will soon put that all right." The painter brushed away the daub caused by the accident, and in a few minutes the picture was complete, and the owner of the hat left the studio with a much more valuable chapeau than that with which he entered.—London Globe.

**A MAD DOG JUMPED INTO RIVER SUNDAY**

A small pet dog belonging to Arthur McGrew, of South Twelfth street, went mad Sunday morning while its master was exercising the animal. The dog was muzzled. Near the Starr Piano factory the dog had a fit, and frothing at the mouth, started down the bank toward the river. It jumped into the river, swam around in a circle awhile, and then went to the west bank. Later it jumped into the river again and then swam back to the west bank where it had another fit which caused its death. It was undoubtedly afflicted with rabies.

**Slicing Bread.**

When cutting bread turn the loaf upside down, and you will find that you can cut thinner and more even slices.

**IMPROVEMENTS AT GLEN MILLER PARK**

Improvements at the Glen are now under way and the arch which has been discussed for so long a time will soon be a reality. The board of works this morning adopted a resolution, ordering Supt. Hollarn to go ahead with arrangements for making the arch at the Main street entrance, hauling stone, and other materials to the place. The plans, made by city engineer Charles, call for a four column arch with separate side entrances for pedestrians.

The gulch east of the Main street entrance which is a roaring torrent after heavy rains, will be curbed by a bowlder wall on each side, the bowlders to be set in the cement basin. The entire work will cost about \$1,500 which is to be taken from the Chautauqua fund. A motion authorizing Hollarn to put up the new greenhouse as soon as the weather permits was also passed. It was decided that no more deer will be purchased for the Glen this year. Only one is now left.

**STOCK LOSS \$1,000**

Saturday night at about 8:30 a fire broke out in the shop of Robert Thomas on C Street between Eighth and Ninth streets. A stock of paper goods, which was in the shop at the time, was badly damaged. The owner claims to have lost about \$1,000 in the fire.

**DIRECTORS MEETING**

The board of directors of the Commercial Club will hold their regular meeting this evening. As far as known nothing of any general importance will come up for discussion.

**Garden and Lawn Seed****Now Is the Time to Sow Lawn Seed**

The Prettiest Lawns in Richmond Last Year Used Our Very Best Lawn Seed. It is absolutely clean—all Pure Seed, no chaff, no dirt, no dust, no weeds. One pound will go further than 2 pounds common.

**We will Tell You How to Take Care of Your Lawns**

So that your lawns will be talked about.

BUY YOUR GARDEN AND FIELD VEGETABLE SEEDS NOW.— We have the celebrated Southern Seed Co. Brands.

**There Is Money In Your Back Yard**

Raise your own Vegetables—it's easy. If you are a lover of Flowers, also we can furnish you with the best varieties of choice, Hardy Flower Seeds.

Lawn Fertilizers, Lawn Rollers, Lawn Seeders.

**JONES HARDWARE CO.****They Who Go Elsewhere**

TO BUY DRY GOODS, MEN'S AND LADIES'

FURNISHINGS, CLOAKS, SUITS, SKIRTS AND SHOES

**Are the Ones Who Lose**

For not coming to us to buy at the

**Bankrupt Sale**

OF THE

**Wilson & Co.'s Entire Stock**

of new, this season's goods bought from the U. S. Bankruptcy Court, and we are selling this stock at The Standard Store, 820 Main street, at or about

**50 Cents on the Dollar**

Bear in mind that \$1.00 will buy \$2.00 worth of goods at our store. What is the use of paying more money for just the article you want when you can get it from us at one-half the price. \$1.00 saved is a dollar made. Come to our BANKRUPT SALE and you will surely go away pleased with the bargains you will get. Remember, SEEING IS BELIEVING, and we want you to come and see how cheap we are selling the Willson & Co's entire stock together with our stock purchased for this season.

New Goods at Half Prices, at

**THE STANDARD**

820 MAIN STREET

Look for the BANKRUPT SALE Sign

**Do You Want to Buy a Modern Home?**

That Suits You Exactly from \$2200 to \$2950

If you have about \$500 to start with, the balance will be easy. Location is the finest, and in a few years will be worth much more.

You Can Pay a Little Each Month

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