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Heart to Heart Talks.

By EDWIN A. NYE.

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FORCING THE CHILD'S MIND.

Once in a while a real educator tells us something about real education. President G. Stanley Hall says, "To-day children need retarding in their development more than they need pushing forward."

Butter startling. Many parents grieve because their children do not get on rapidly in school. In most cases of this kind they are wrong. The old idea of pushing children in their studies is giving way.

President Hall says: "Precocity is the great danger now. Our children rush ahead and become adults before they should. The best way to broaden is to retard, to delay, to allow children to linger in their paradise and get the full benefit of the rich and manifold benefits of heredity."

Read that over two or three times. There's a lot of sense in it.

It must be remembered, first of all, that EDUCATION IS A GROWTH. Growth requires time for perfection. Education is DEVELOPMENT. Development comes by slow processes.

Besides—It is little less than a crime to cheat a child out of its childhood. You can do that, you can push a child out of its natural paradise, by cramming its mind with stuff it cannot mentally digest, by trying to force a culture that should require years.

The very first thing in education is to MAKE THE CHILD A STRONG ANIMAL. You cannot get mental force unless physical power is behind it. Build up a strong body for the child. The strain of the years will test that body to the utmost.

And, remember—There is danger in forcing the child's brain beyond its normal processes. You may not only stunt the body; you may also blunt the faculties of the mind.

Between stunting the body and blunting the mind you may also lower THE MORAL STRENGTH of the child.

Melancholy instances of these effects are not lacking. After good health education consists in making A GOOD WORKING BRAIN. And a good brain, like a good body, must be slowly matured. BRAINS cannot be quickly grown; BRAINS will not develop gray brain tissue.

Education, the word itself, comes from the word "educare"—to draw out. To draw out of a child its natural and full expression by natural processes—that is education.

Therefore—Don't force your child's mind.

MISS BROWN'S ADVERTISEMENT. Margaret Brown, a Chicago stenographer, wanted a position.

There were other stenographers in Chicago who also wanted positions. Miss Brown's friends suggested advertising. She looked over the long columns of "Situations Wanted" printed in the newspapers. She read scores of advertisements modeled after the following:

Situation Wanted.—Young girl of twenty-three, five years' experience, desires position as stenographer; trustworthy; rapid; references exchanged. Box X Y Z.

Miss Brown shook her head. To go into the newspapers with that sort of an advertisement would be like going into a lottery. Doubtless many of those girls were as capable as she. How could she catch the eye and arrest the attention of the manager who was looking for help?

After wrinking her forehead many times Miss Brown finally worked out this unique ad.:

The result? A great bunch of letters came to the newspaper office in answer to X 673. From these the girl took her choice.

The next day shrewd Miss Brown sat at her desk taking dictation. She had found her job.

And the other girls were still advertising. The lesson of the incident is plain. This is an age of advertising. The quickest road to publicity is through the daily newspapers. The business world nowadays does not wait, Micawber-like, for "something to turn up." It turns something up—by advertising.

There is advertising and advertising. Originality counts. He or she who can devise a new method of publicity, a new style of advertising, other things being equal, will best succeed in reaching the public.

America's Greatest Achievement is Public School But Poor Sanitary Conditions Offset This Benefit

Dr. T. Henry Davis, President of State Board of Health, Delivers Splendid Address Before the Wayne County Medical Society on a Subject of the Most Vital Importance.

At the meeting held this week by the Wayne County Medical Society, Dr. T. Henry Davis of this city president of the State Board of Health, read the following paper which deals with sanitation and hygiene and their relation to the school house and the pupil:

The greatest achievement of America is the public school. Upon this foundation rests the future of the republic. In the light of education the shades of anarchy and discontent disappear. But education has its perils. I need not here enumerate them, but will allude to preventive features.

First as to the school building. Its environment is vital. The school character and moral tone of the neighborhood require consideration. It should be as far as possible removed from noise—this interferes with concentration. Sanitary surroundings of course are to be desired. Site should be elevated water bashed away from the building. Dry soil chosen to prevent dampness, ample sewerage, plumbing exposed. There should be an air space about the structure of at least 100 feet in all directions. Two stories is the limit in height, except where an elevator is provided. Height of square never to exceed 14 feet. Fifteen square feet of floor space should be allotted to each pupil. Never less than one-fifth the floor space should be devoted to window space. Lighted best from one side of the room, so as to avoid cross lights. Windows provided with shades, upper sash with prism glass, light to fall over the left shoulder.

Walls of neutral tint. Each pupil is entitled to 30 feet of fresh air per minute, which should be so introduced and distributed so as to prevent draft. No part of room to vary more than 2 degrees Fahrenheit. Forty is a proper limit in number of pupils. In a room of fifty pupils 28 cubic feet of air per second should be continually furnished, distributed and removed. Velocity of incoming air not exceeding two feet per second if coming in contact with pupils.

For country school houses where stoves are used, they should be jacketed and air taken from outside. Stairways never spiral, always with landings. All doors to open outward.

Miss Brown got the idea. Her advertising was different. And this story, retold, will have accomplished its purpose if it shall lead some girl or boy to thinking along these lines.

JOHN W. KERN IS TO BE THE WINNER IN MERE WALKAWAY

(Continued From Page One.)

Shively does not win then it will be Kern. He says the fight lies between these two candidates and that L. Ert Slack has no chance whatever.

Slack is Confident. On the other hand Slack is as confident as any man could be. His confidence is really refreshing. He says there are members of the legislature from many counties who are tied up with instructions to vote for Kern or for Lamb or for Shively or for some other candidate and that they will obey their instructions for a ballot or two and that they will then go to Slack. They want to vote for him, says Slack, even in the face of their instructions, and this, he says, makes the situation look good to him.

While every effort has been made on the part of all the candidates to keep the old Taggart-anti-Taggart fight from bobbing up in the race it has made its appearance, just the same, all through the activity of the breweries for certain candidates. The breweries are not united on any one candidate for senator. They are divided. Some favor Kern and others favor Shively. Crawford Fairbanks, of Terre Haute, for instance, is working for Shively as second choice after John E. Lamb, who, he knows, cannot be nominated. On the other hand, Joseph E. Bell, of this city, brewery attorney, is working tooth and toe nail for Kern, and so are some others. And Tom Taggart may talk all he pleases about not taking a part in the fight, but there is every reason to believe that he is out for Kern. If he was not, then why should there be twenty or more of the old time Taggart ward workers mingling in the crowd at the Denison hotel every day and night, all talking Kern. They are men who would not have a purpose of their own in doing this, and they are surely not doing this work for the love of their country and the preservation of the flag. Those who know them and who have watched them believe that they are under the direction of Taggart.

Brewers Not Concerned. So it looks like the brewers do not care much whether the next United States senator is Kern or Shively. The one that shows the best in the balloting and can hold his strength longest will be the choice of the brewers. The other one will have to step aside. Judge Shea said the fight was between Kern and Shively. The fight is between Kern and Shively as far as the support of the brewers is concerned, but after one of them has stepped aside then the main fight, the finish fight will still be between Slack and the one that remains in the race.

Of course, developments between now and Wednesday may knock this all in a cocked hat and upset everything that has been written about the race. Even a dark horse might step in and land the senatorship in case

outside; doors never locked during school hours. Blackboards never to be placed between windows. Water closets on each floor. Separate cloak rooms properly heated in winter. Ample yard room for play grounds. Seating pupils of the greatest importance. Always so arranged so that pupil's feet may rest on floor. Seat backs so curved as to hold one upright, especially supporting lower portion of the spine; also appropriate desks. Each class room should have two or three sizes of desks, and especially care exercised in seating pupils. Water supply from public source or deep wells; pressed metal cups for drinking without rolled rims should be used, or better yet the jet which is absolutely safe.

It goes without saying that children should be protected from all manner of infection and that vaccination be enforced. How many today at school sit in the shade of pestilence? The white plague, whose breath is blight, whose embrace is death? Last year 1,333 children died in Indiana between the ages of 7 and 15—the school age—and 32 per cent of these died of tuberculosis. From more than four hundred bereaved homes comes the reproachful demand for an abundance of pure air and better sanitation. How long shall the incubus of air starvation be imposed upon helpless children? The state of Indiana has authorized the state board of health to examine and if desirable to condemn unsanitary school buildings, and since the law went into effect, or during the last three years ninety-one school houses have been condemned and modern ones erected in place thereof and this work is still going on at the rate of two each month.

To be sure in Richmond and most cities of the state modern school houses are the rule, but even these are capable of improvement; but in town and country are many box like structures, relics of former years, remain a menace to the health and comfort of the pupil.

No interchange of pens or pencils as the mouth is the usual receptacle of these articles—from force of habit. This is a frequent source of infection.

Floors should before sweeping, be sprinkled with damp sawdust, or better still, with special preparations for

the purpose of preventing distribution of dust. Desks should be wiped with damp cloths.

Occasional disinfection of school rooms is a wise precaution. No teacher with tuberculosis should be employed.

So much for building, equipment and protection from infection. A word in regard to mental hygiene and the physical well being of the pupil. The true purpose of teaching is not to crowd the memory with facts—but to teach the pupil to think.

"The best teacher is not the one who imparts the most facts, but the one who fills the pupil with inspiration."

To think and think properly is the highest achievement of the human intellect. The mental atmosphere of the school should be cheery. The school should not only be a preparation for life, it should be life, "vibrating with vitality and enthusiasm." Discipline while in reserve, should as much as possible remain in hiding. Liberty and air are akin.

Ability to concentrate, memorize and comprehend varies with different pupils. Sympathy should seek the weakling. The inferior need encouragement more than discipline. The perverve must be won, not suppressed. An arbitrary requirement as to accomplishment is cruel and irrational. Nerve racking examinations require modification. As well pull up delicate plants and examine the roots to see how they are getting along; better be guided by the general evidence of thrift and development. To the teacher this achievement is as yet a sealed book.

In school life the problem is how to keep the brilliant pupil and the dullard in line. To fetter and handicap the former is unfair. Discouragement takes the place of ambition—mental apathy is the result. To drive the backward pupil beyond his mental pace is to exhaust the nervous energy and defeat the purpose of the effort. To separate these classes would be an injustice, as the slow require the natural stimulus of association. In Bavaria, N. Y., the plan has been adopted of providing a special teacher whose function is to become acquainted with the varying abilities of the pupils and during study hours to assist those

falling behind. This requires special tact and a broad sympathy as well as insight as to how individual pupils view things. This teacher does not hear lessons; only assists the pupil in the preparation. The result has been a surprise. One has called it a new phase of Christianity; school authorities have said it is not only a revelation, it is a revolution. The health of the pupils improved in one year 50 per cent, and twice as many remained to graduate as before the plan was adopted.

This weighing and measuring the mentality of the pupils is to me a promise of better things. Hours of study are agreed upon, yet to require a pupil to spend its evenings, sometimes till the hour of retiring over its books is a positive cruelty and inflicts physical damage.

One especial factor that makes school life a burden is defective vision. In New York city 79,000 school children were examined and 20 per cent. found with defective vision. In average cities the per cent. varies from 29 to 34 per cent. Vision has not only an important bearing on scholarship, but those of you who have heard read the papers of Drs. Stevenson and Allen will recall the innumerable reflex complaints due this cause. It would be one advanced movement if the eyes of all pupils were examined free of charge, that proper adjustment of vision might result. Adenoidal condition also promotes degeneracy. Physical examination is one of the urgent demands of school life. The hearing of pupils should be tested and seating should be with reference thereto. Too much importance can not be given this feature. School fatigue from any cause results in debility, insomnia, irritability, chorea, hysteria and allied affections. In many cities of Europe and America medical supervisors of schools are appointed who personally examine pupils and determine the question of attendance. Indianapolis has very recently appointed a corps of fifteen examiners, who confine their work to infectious and contagious disease. This matter of medical supervision is a delicate one, as the tendency is toward treatment of cases, thus trespassing on the rights of the general practitioner. It is very desirable that medical su-

per vision over the health of school children should prevail, but where to draw the line is difficult. If medical treatment followed examination it soon becomes a function of government, which savors of socialism, zeal here should be tinged with wisdom. I am aware medical supervision, owing to increased cost will be deferred as long as possible, but to economize at the expense of the public school is to vitiate the life blood of the nation, for in legislative halls, at the merchant's desk, on the railroad and farm, in the home and in every vocation will be fought the battles of the republic by the pupil of today.

Education is a vital asset of the nation and that it might promote future stability and prosperity demands that the youth of the land be hedged about by hygiene barriers, assisted by sanitary environment.

To think is natural and if not diverted into a cast iron mould, will involve a personality, not handicapped by a trade mark.

The demand of today is to individualize the pupil. Discover the mental trend and foster it. Intensify the results of education by focalization; broaden the horizon of teaching and adequately compensate therefor.

Do this and tomorrow will demonstrate the fallacy of the past and the wisdom of advancement.

Use it or not, as your doctor says
You could not please us better than to ask your doctor about Ayer's Cherry Pectoral for coughs, colds, croup, bronchitis. Thousands of families always keep it in the house. The approval of their physician and the experience of many years have given them great confidence in this cough medicine.

"LITTLE LESSONS IN PUBLICITY"—Lesson 1.

"Let Not Thine Eye Beguile Thee"

Better printing may please, huge color display attract, car signs interest, and catch schemes suggest cleverness, but when you spend money, you want results.

DAILY NEWSPAPERS reach a larger number of people, in a shorter time, at a lower cost, than any other medium. Why should your money not buy the best?

For a demonstration, ask any **DAILY NEWSPAPER**, any responsible Advertising Agent, or write The Six-Point League, Tribune Building, New York City.

WHY IS IT

That the deposits of the strongest banks are always the largest?

First. That the depositor has learned that the bank with the largest Capital, Surplus and Stockholders' Liability offers the greatest advantages to its customers.

Second. That the security of the depositor's money is the first consideration of the management of such a bank and that the depositor is protected under all circumstances.

The Capital, Surplus and Stockholders' Liability of

THE SECOND NATIONAL BANK

IS OVER

\$900,000.00

Don't let your bad breath make people cross the street to avoid you. Go to the nearest drug store and buy a box of Stuart's Charcoal Lozenges to-day and eat what you will. Two or three after the meal will sweeten your breath at once. If you want proof of this fact send us your name and address and we will send you a trial package by mail free. Address F. A. Stuart Co., 200 Stuart Bldg., Marshall, Mich.

Human Hair in Wedding Gowns. A fashionable dressmaker had been showing a friend a number of lovely wedding gowns, each ready for "sending home."

"In every one of those dresses, were you to take them apart," she said, "you would find a small lock of hair hidden—auburn hair, brown hair, gold on hair, even gray hair. Seamstresses believe that she who works on a wedding gown if she sews a lock of her own hair into it will be married herself within the year."—London Advertiser.

TAFT TO DECIDE IMPORTANT POINT

Will Determine as to Grade of Panama Canal.

New York, Jan. 9.—Robert H. Murray, a magazine writer, in from Panama aboard the Royal Mail steamer Tagus after a rough trip, said that the impression in the isthmian zone is that Mr. Taft's mission in visiting the Panama canal at the present time is to decide whether the thoroughfare shall be lock or sea level. Mr. Murray says that is the reason the engineering experts are accompanying Mr. Taft on the trip and that the question will be definitely settled on this trip.

Regarding the claim that the Gatun dam would be weak if there was an earthquake, Mr. Murray said that, no matter what sort of a canal would be built, owing to the topography of that country there would have to be a dam.

the caucus got tied in a knot, but as things appear now it is still a horse race between Kern and Slack.

In their support of Kern the brewers are not showing that they have any special interest in him or that he is their first choice—not by a long shot. But it only shows that they will be satisfied with either Shively or Kern, because, with the brewers, it is anything to beat Slack.

Mere Psychology. "Lady," said Plodding Pete as he finished the luncheon which had been provided, "I said I'd do me best to help out wid de woodchoppin'."

"That's what you said."

"An' I'm a man of me word."

"Then why don't you reach for the ax and go to work?"

"Lady, I merely took de contract. I didn't guarantee to do de work myself. I'm a telepathic woodchopper, an' if you don't disturb me while I'm concentratin' me thoughts I'll surprise you. Jes' remember if anybody walks up like he's half awake an' goes to work on dat wood dat I'm de grateful party who mesmerized him."—Washington Star.

The mere fact that

Scott's Emulsion

is universally recommended for Consumption is proof positive that it is the most energizing and strengthening preparation in the world.

It warms and nourishes, it enriches the blood, stops loss of flesh and builds up. Get Scott's.

Send this advertisement, together with name of paper in which it appears, your address and four cents to cover postage, and we will send you a "Complete Family Atlas of the World."

SCOTT & BOWNE, 409 Pearl Street, New York

IS AMERICAN GOLD

That Will Pay Panama's Debt To Columbus Following New Treaties.

LABOR COUNCIL

ELECTS OFFICERS
An Interesting Meeting Was Held Last Evening.

At a meeting of the Central Labor council last evening the following officers for the ensuing year were elected:

President, Louis Studt; vice-president, John Doudt; recording secretary, Henry Schroeder; financial secretary and treasurer, Jefferson Cox; sergeant at arms, James W. Turman; trustees, John Geyer, James W. Turman and Samuel Ford.

Foul Breath

Made Pure and Sweet by the Use of Stuart's Charcoal Lozenges.

Trial Package Sent Free.

Do not go among your friends with a breath so odious as to make your presence distasteful. Foul breath is capable of easy removal if you will take a little time to overcome it. Generally foul breath comes from one of two causes, impure gases or foul digestive fluids.

Charcoal is the strongest absorbent of foul gases known. It positively attracts poisons and neutralizes their evil effects.

A noted French physician swallowed strychnine enough to kill three men and with a teaspoonful of charcoal removed the bad effects of this terribly swift poison.

A little charcoal in a bed room or cellar will make foul air pure. Pure willow charcoal mixed with honey are the component parts of Stuart's Charcoal Lozenges and pure breath is the result of their use after meals. Simply dissolve two or three after meals and at bed time and foul breath flees at once. No matter how you cause these gases, whether by bad food, alcohol or abuse of the stomach Stuart's Charcoal Lozenges will stop gas making and sweeten the breath.

They are perfectly harmless and the eating of a box would cause you no inconvenience whatever.

Charcoal is hard to prepare for the stomach because it must be strong and pure and most people will not take it unless made palatable. Stuart's inimitable process presents charcoal to the taste and system in all the nicety desired.

Choice virgin willow is burnt into desirable charcoal; this is mixed with pure honey and the combination is compressed under tremendous power into a lozenge of great pleasantness and efficiency.

Don't let your bad breath make people cross the street to avoid you. Go to the nearest drug store and buy a box of Stuart's Charcoal Lozenges to-day and eat what you will. Two or three after the meal will sweeten your breath at once. If you want proof of this fact send us your name and address and we will send you a trial package by mail free. Address F. A. Stuart Co., 200 Stuart Bldg., Marshall, Mich.

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