



The Love of Eating.
IS THE AMERICAN BECOMING A GOURMAND?

In our largest centers of population, such as New York and Chicago, there is more attention given to the inner man.

Cafes and lunch-rooms are filled with men and women who seem to give all their time and attention to thoughts of properly or improperly feeding their stomachs. "It is of course best to eat slowly, but not too much," says Dr. Pierce, chief consulting physician to the Invalids' Hotel and Surgical Institute of Buffalo, N. Y. In this 20th century people devote so much time to head work that the brain is fatigued and there isn't sufficient blood left to properly take care of the other organs of the body. The stomach must be assisted in its hard work—the liver started into action—by the use of a good stomach tonic, which should be entirely of vegetable ingredients and without alcohol. After years of experience in an active practice, Dr. Pierce discovered a remedy that suited these conditions in a blood-maker and tissue-builder. He called it Dr. Pierce's Golden Medical Discovery—an alterative extract that assists in the digestion and assimilation of the food in the stomach—so that the blood gets what it needs for food and oxidation, the liver is at the same time started into activity and there is perfect circulation of the matter. When the blood is pure and rich, all the organs work without effort, and the body is like a perfect machine.

FREE! Dr. Pierce's Common Sense Medical Adviser is sent free on receipt of stamps to pay expense of mailing only. Send 21 one-cent stamps for the book in paper covers, or 31 stamps for the cloth-bound volume. Address Dr. R. V. Pierce, Buffalo, N. Y.

THE FUTURE OF DEMOCRACY

OUTLINED BY THE CINCINNATI ENQUIRER.

DROP THE MONEY QUESTION

And Talk About Philippines and Live Issues.

(Cincinnati Enquirer Nov. 9.)

The country has decided to keep the present administration in power for another four years. It is useless to speculate as to the causes which have led to this result. One reason which may be assigned is, that while by no means satisfied with existing conditions, the average man has preferred to have things go on as they are at a time when there is a large degree of prosperity, rather than take any chances of making any change; and another is, that the Democratic party, after a long period of wide internal dissensions and differences, got together too late to thoroughly consolidate its strength and make it effective in the campaign.

Put we are concerned now with the past. We have no reason to be cast down or discouraged. The thing to be done is to go into training at once for the next contest. Until it comes, our principal role must be that of an active, vigilant, intelligent opposition. If it is denied to us to govern the country, we can command ourselves to its conservatism and good judgment, while losing no opportunity to inculcate our principles by holding the party in power in check. A government opposition should not be fictitious, or unresponsible, should resist and expose the excesses which the party in power is prone to commit, and should be so well organized and wisely directed as to secure for itself the full benefit of the mistakes which its opponent is sure to make. It is essential to the country under our system to have such an opposition, and to make use of it well is no less patriotic and useful than to govern. Not only so, but to do it judiciously and within conservative and reasonable limits, is the best possible training for the acquisition and use of power and the best way to gain the confidence of the country.

Party government is at its best, but a clumsy expedient, by means of which results are reached, approximate only to the best. The ideal method would be for each Representative to be chosen for the purpose of effecting the legislation most desired by his constituents, and most beneficial to the country at large, letting each measure stand or fall on its merits, and leaving every one free to vote according to his own judgment untrammeled by party affiliations and without the coercion of a caucus. Take such a question as the currency, will either party benefit itself by opposing a sound and wise measure, merely because it is introduced under the auspices of the other? Then, too, when conferences of the great Powers are being held for the purpose of preventing war, whenever possible, and to mitigate its severities, should not some effort be made to soften the asperities of party strife, and while standing firmly for real principles, to banish personalities and bitterness, unite whenever practicable on measures clearly desirable, and conduct all discussions on a high plane of courtesy and genuine debate. Has not the time come when an advance can be made in these directions, and when mere factious opposition for its own sake would better cease. The party which first takes and maintains such an attitude will command itself to the good sense and enlightened judgment of the country and be the most likely to win its suffrages.

The Democratic party stands for sound theories of government tested and approved by experience. Let it maintain them firmly and boldly, resisting everything tending to subvert them, but without acrimony and without considering it needful to oppose every measure the other side may champion, merely for the sake of opposition. In other words, as far as possible, without sacrificing principle, adopt business methods in legislation.

There are some issues to which the Democratic party should give decent and permanent burial. The

ALFORD DRUG CO.

GREAT OFFER

Many Richmond people being cured by VITONA, the wonderful Blood and Stomach remedy, Alford Drug Co. will refund the money to any one not satisfied after using VITONA.

M..... has purchased from..... this day bottles of VITONA, for which paid..... \$..... To be taken for

If purchaser tells us VITONA has failed to benefit him we hereby agree to refund the money paid us.

Signed.....

Alford Drug Co. will explain the merits of VITONA to anyone who comes to their store. VITONA has cured more people than any other similar remedy. Try it today. You take no chance whatever. Ask for booklet. For sale by

ALFORD DRUG CO.

money question is dead beyond revival. Cover it up and turn to live questions.

There has never been a moment's question that the American people is a whole meant to hold onto the Philippines. No Anglo-Saxon race nor any other that we know of, has ever relinquished territory that cost blood and treasure. The country has now twice voted emphatically against abandoning the islands, and it can only be harmful to the Filipinos themselves and check any advance they can make in prosperity to keep up an agitation here which must extend there. Then the independence question. If independence ought to come it will come in good time, but it requires no great amount of intelligence to see that a country made up of a large number of discordant tribes, many of them savages, who have never had any experience whatever in government and nine tenths of whom are shown by the census to be illiterate, are unfit and unsuited for many years, for self government. Let us stop talking about it, and turn our attention to making the islands prosperous and progressive, and getting something out of them in the way of commerce in return for all we have put in. A small Mugwump contingent who are of no particular account to either party, who are righteous over much and beyond all example self-complacent and self-conceited, and whose judgment on any practical question is an entirely worthless, as it has been and is likely to be completely disregarded, have been so noisy and persistent on this question as to mislead many people into thinking it was an issue. It never has been.

One affirmative position we are perfectly safe in assuming at the outset, and in insisting on constantly, with every confidence in its final adoption, and that is, wider free trade relations with all the world. The Republican stand-pat policy is as assailable as it is clearly wrong in principle; it is unreasonable as a logical proposition, and harmful in practice.

It may be said finally that this is no time for the encouragement of new and untried isms. We have gone back as a party to our old principles. Let us adhere steadily to them, and with renewed and unswerving assurance of their correctness and justice, give ourselves unitedly to the task which lies before us. So doing, we may be certain of a complete and commendable triumph four years hence.

Catarrh and Hay Fever.

Liquid Cream Balm is becoming quite as popular in many localities as Ely's Cream Balm. It is prepared for use in atomizers, and is highly prized by those who have been accustomed to call upon physicians for such treatment. Many physicians are using and prescribing it. All the medicinal properties of the celebrated Cream Balm are contained in the liquid form, which is 75 cents, including a spraying tube. All druggists, or by mail, Ely Brothers, 56 Warren street, New York.

HOT LUNCH FREE AND AN \$8.00 SILVER TEA SET WITH EVERY PENINSULAR RANGE SOLD THIS WEEK AT JONES HARDWARE CO.

11-2t.

OLD LINEUP OR NO LINEUP

SUCH IS ULTIMATUM HANDED DOWN BY PRESIDENT

EXPECT WORD BY SATURDAY

From Four Players Not Under Contract—Mr. Henley Talks.

Next Monday night if George Bone, George Cunningham Sr., George Cunningham Jr., and Barney Doherty are under contract, the Richmond polo team, champions of the Western League for the season of 1903-04, will open the season of 1904-05 at Anderson. If they are not under contract the season, so far as Richmond is concerned will not be opened.

Yesterday President Henley of the local team made the following emphatic statement. "We expect to hear from the four players who are not under contract tomorrow or next day. If they refuse to come to play within that time we will take it for granted that they will not play polo this season.

"What will be the lineup if they do not play? There will be no lineup at all. It is the opinion of the stockholders in the Richmond Athletic Association that rather than furnish the patrons of the game with poor polo it would be preferable to cut out polo for one year and get into an Ohio league next year. This is no bluff. We either play with our last year lineup or not at all. It has been announced that the polo plat will be opened Monday at the Coliseum. It will be safe for anyone so desiring to purchase their tickets as in case the players do not agree to play all money will be refunded to the purchasers."

LAST MEETING

Wayne County Historical Society's

Closing Session, Nov. 19.

The closing meeting of the Wayne County Historical Society will be held in the court house Saturday, November 19. The following is the program:

Prominent Educators of Wayne County—Prof. Lee Ault, Supt. Cambridge Schools.

The Wayne County Argonauts of '46 and '50—Prof. Hodgin, Earlham College.

Annual report of officers.

Annual election of officers.

The Best Liniment.

"Chamberlain's Pain Balm is considered the best liniment on the market," write Post & Bliss, of Georgia, Vt. No other liniment will heal a cut or bruise so promptly. No other affords such quick relief from rheumatic pains. No other is so valuable for deep seated pains like lame back and pains in the chest. Give this liniment a trial and become acquainted with its remarkable qualities and you will never wish to be without it. For sale by A. G. Lukens & Co. and W. H. Sadhoff, Fifth and Main streets.

ALFORD SELLS DRUGS FOR LESS

Story of the Honey Comb Candy.

Come to your city. You will always know me after you once taste me. I am all the rage in the East and West, where I have been for some time. Just eat me, and you will then understand why I am pronounced "simply delicious," and will not wonder why you want more of me. I am the purest and most wholesome piece of candy on the market. There is only one firm in this country that can make me. Every other firm who have tried to make me have given it up.

I am for sale in your city at the

Bee Hive Grocery Co.



Mrs. Elizabeth H. Thompson, of Lillydale, N. Y., Grand Worthy Wise Templar, and Member of W. C. T. U., tells how she recovered from a serious illness by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I am one of the many of your grateful friends who have been cured through the use of Lydia E. Pinkham's Vegetable Compound, and who can to-day thank you for the fine health I enjoy. When I was thirty-five years old, I suffered severe backache and frequent bearing-down pains; in fact, I had womb trouble. I was very anxious to get well, and reading of the cures your Compound had made, I decided to try it. I took only six bottles, but it built me up and cured me entirely of all my troubles. My family and relatives were naturally as gratified as I was. My niece had heart trouble and nervous prostration, and was considered incurable. She took your Vegetable Compound and it cured her in a short time, and she became well and strong, and her home to her great joy and her husband's delight was blessed with a baby. I know of a number of others who have been cured of different kinds of female trouble, and am satisfied that your Compound is the best medicine for sick women."—MRS. ELIZABETH H. THOMPSON, Box 103, Lillydale, N. Y.

Thousands upon thousands of women throughout this country are not only expressing such sentiments as the above to their friends, but are continually writing letters of gratitude to Mrs. Pinkham, until she has hundreds of thousands of letters from women in all classes of society who have been restored to health by her advice and medicine after all other means had failed.

Here is another letter which proves conclusively that there is no other medicine to equal Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I suffered with poor health for over seven years, not sick enough to stay in bed, and not well enough to enjoy life and attend to my daily duties properly. I was growing thin, my complexion was sallow, and I was easily upset and irritable.

"One of my neighbors advised me to try Lydia E. Pinkham's Vegetable Compound, and I procured a bottle. A great change for the better took place within a week, and I decided to keep up the treatment.

"Within two months I was like a changed woman, my health good, my step light, my eyes bright, my complexion vastly improved, and I felt once more like a young girl. I wonder now how I ever endured the misery. I would not spend another year like it for a fortune.

"I appreciate my good health, and give all the praise to Lydia E. Pinkham's Vegetable Compound."—MRS. M. TILLA, 407 Haberstein St., Savannah, Ga.

Mrs. Pinkham has on file thousands of such letters.

\$5000 FORFEIT above testimonial, which will prove their absolute genuineness.

Lydia E. Pinkham Med. Co., Lynn, Mass.

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