

Mother. — Say, Willie, go the corner grocery and get a loaf of Shaker bread. If they have not got it, go to the next grocery, for I want the Shaker.

Willie: — No, mother; if they have not got it, I will go to Schroder's Bakery, 1129 Main St. There I'll surely get it. They have warm rolls every evening for supper, too.

DR. E. E. PIERCE

Dentist will meet patients at the office of Dr. E. E. Pierce, 21 South Tenth Street, every Wednesday, prepared to do all kinds of Dental Work.

Do You Want to Know

about the most delightful places in this country to spend Summer?

A region easy to get to, beautiful scenery, pure bracing cool air, plenty of attractive resorts, good hotels, good fishing, golf, something to do all the time—economical living, rest, health and comfort.

Then write today, (enclosing two-cent stamp to pay postage) mention this paper and we will send you our 1904 edition of

"Michigan in Summer,"

containing 64 pages 200 pictures, maps, hotel rates, etc., and interesting information about this famous resort region reached via the

Grand Rapids & Indiana Ry "The Fishin' Line."

PETOSKEY WEQUETONING
BAY VIEW MACKINAC I.D.
NORTHPORT WAILON LAKE
HARBOR PT. TRAVERSE CITY
CROOKED LAKE

A fine train service, fast time, excellent dining cars, etc., from St. Louis, Louisville, Indianapolis, Chicago.

C. L. LOCKWOOD,
GEN. PASSENGER & TICKET AGT
Grand Rapids, Mich.

"The Way To Go"

Special Rates via
The Dayton
and Western to
Franklin, O.

Account of 9th Annual
Session Miami Valley
Chautauqua

July 15 to August 1
Round \$1.40 Trip

Through tickets sold July 14 to
August 1. Good returning
till August 3d.

Call on agent for full information

\$2.00

To Lake Michigan

Special Excursion via
C. C. & L.

To Benton Harbor,
Mich., St. Joseph,
Mich., South
Bend, Ind.

Sunday, July 24, '04

More than 12 hours to enjoy the
numerous attractions and deli-
cious lake breezes.

Special train leaves Richmond
at 9:30 p. m. Saturday; returning,
leaves St. Joseph at 6:15 p. m.,
South Bend at 7:15 p. m.

C. A. Blair, P. and T. A.
W. B. Callaway, G. P. A.

FOR SALE—Old papers for sale at
the Palladium office, 15 cents a
hundred and some thrown in.

GET RICH QUICK OPERATOR CHARGED

WITH EMBEZZLING \$800,000—
WAS TAKEN AT BRIGHTON

He Saw One of His Horses Win, and
Waited Until Another Finished
First—His Operators.

New York, July 28.—John J. Ryan the race horse gambler and one time conductor of a "get rich quick" concern in St. Louis, was arrested at the Brighton Beach racetrack on new indictments from St. Louis, where he is charged with embezzling a total of \$800,000.

Ryan's arrest was spectacular, but did not seem to annoy him in the least. A central office detective, accompanied by an agent of the St. Louis circuit attorney, served the warrant, while a detective or two in reserve looked on.

Ryan informed the detectives that his horse Reliable had just won the first race and that he would be greatly obliged if the officers would wait until after the third race, in which he had placed "a few hundred" on his horse Monster. This request was granted, and Ryan had the pleasure of making his second winning of the day before going to the police station.

He gave his age as 39 years and his occupation horse racing. He was taken at once before Supreme Court Justice Amend, in chambers, and bonds were fixed at \$5,000. Congressman Timothy D. Sullivan of this city signed the bond.

A representative of the circuit attorney's office in St. Louis was indignant when he learned that the bonds had been fixed at \$5,000.

Ryan's most notable recent appearance in public was when he appeared as a witness against D. V. Miller of the postoffice department.

He charged that D. V. Miller of Terre Haute, then attorney in the post office department at Washington, solicited bribes from him through Joseph J. Johns of Rockville, Ind., for favorable orders from the postoffice department for the use of the mails in his get rich quick schemes. Miller and Johns were acquitted after two noted trials in Cincinnati in which Ryan was the prosecuting witness.

St. Louis, Mo., July 28.—New indictments have been found against John J. Ryan and Lumpkin O. Gill, manager of the Arnold company, by the grand jury, which has recently heard considerable additional evidence against the men in question.

There are seven of the new indictments. Four are against Ryan, three charging grand larceny and one charging embezzlement, and three against Gill, two charging grand larceny and one charging embezzlement.

In their operations it was claimed that people from all parts of the United States lost sums which in the aggregate amounted to over a million.

Gill is said to be in Paris. Efforts are being made to procure the necessary extradition papers to bring him to this country to be tried.

Ryan is well known in the racing world, and has had a varied career as a gambler, saloonkeeper, and follower of the races. He has operated saloons in several cities in the country, and notably in this city, in which men have been shot and killed in saloon fights.

He has been ruled off several race tracks for questionable methods, and at some of them has not been reinstated, although he has been allowed to return to the tracks controlled by the New York Jockey club. Up to the time he hit upon the get rich quick scheme he had operated poolrooms, made book on the races, and accumulated money in various other ways.

His get rich quick scheme was simple. He advertised that he had such a perfect system of racing information that he could place bets with the absolute certainty of winning. Then the money poured in. It was said that after his concern was closed he managed to get away with between \$500,000 and \$800,000.

When buying bread, why not buy the best, "Ideal" is in a class by itself.

Nothing but selected raw materials used in Ideal Bread. "Notice the flavor."

Deafness Cannot Be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound of imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give one hundred dollars for any case of deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free. F. J. CHENEY & CO., Toledo, Ohio.

Sold by all druggists, 75c. Take Hall's Family Pills for constipation.

For sale by A. G. Luken & Co. and W. H. Sudhoff, Fifth and Main Sts.

DELEGATES

To the Meeting of Western District of German Lutheran Church.

Mr. Fred Schirmeyer returned from Holland, Indiana, where he attended a meeting of the Western District of the German Lutheran church. Mr. Adolph Bickwedel also attended the meeting. These gentlemen will make a report to the congregation later on.

Cured of Chronic Diarrhoea After Ten Years of Suffering.

"I wish to say a few words in praise of Chamberlain's Colic, Cholera and Diarrhoea Remedy," says Mrs. Mattie Burge, of Martinsville, Va. "I suffered from chronic diarrhoea for ten years and during that time tried various medicines without obtaining any permanent relief. Last summer one of my children was taken with Cholera morbus, and I procured a bottle of this remedy. Only two doses were required to give her entire relief. I then decided to try the medicine myself, and did not use all of one bottle before I was well and I have never since been troubled with that complaint. One cannot say too much in favor of that wonderful medicine." This remedy is for sale by A. G. Luken & Co. and W. H. Sudhoff, Fifth and Main streets.

Saved From Terrible Death.

The family of Mrs. M. L. Bobbitt of Bargerton, Tenn., saw her dying and were powerless to save her. The most skillful physicians and every remedy used, failed, while consumption was slowly but surely taking her life. In this terrible hour Dr. King's New Discovery for Consumption turned despair into joy. The first bottle brought immediate relief and its continued use completely cured her. It's the most certain cure in the world for all throat and lung troubles. Guaranteed bottles 50c and \$1.00. Trial bottles free at A. G. Luken & Co.'s drug store.

A Very Close Call.

"I stuck to my engine, although every joint and every nerve was racked with pain," writes C. W. Bellamy, a locomotive fireman, of Burlington, Iowa. "I was weak and pale, without any appetite and all run down. As I was about to give up, I got a bottle of Electric Bitters, and after taking it, I felt as well as I ever did in my life." Weak, sickly, run down people always gain new life, strength and vigor from their use. Try them. Satisfaction guaranteed by A. G. Luken & Co., price 50 cents.

Do you know that the C. C. & L. is quoting a rate of \$14.05 to Mountain Lake Park, Maryland and return on account Mountain Chautauqua? Selling dates, August 1st to 29th inclusive.

One Dollar Round Trip to Muncie, Marion and Peru, Sunday, July 31. Train leaves Richmond over the C. C. & L. at 11:05 a. m. Returning arrive Richmond 8:05 p. m. For particulars call up

C. A. BLAIR,
P. and T. Agent.
Home Telephone 44.

Reduced Fares to Richmond, Va., via Pennsylvania Lines.

July 30th to August 1st, inclusive, excursion tickets to Richmond, Va., account convention, National Association of Stationary Engineers, will be sold from all ticket stations on Pennsylvania Lines. For full particulars, regarding fares, time of trains, etc., apply to Local Ticket Agent of those lines.

MEAT SUBSTITUTES

Beans and Peas Contain Just as Much Nutrient.

(New York Times.)

There are many cogent reasons for believing that the unanimalized proteids are safer foods than the animalized; that to pass the vegetable foods young, fresh, clean and without contamination, through the prolonged and no talways wholesome existence of any animal, is calculated to raise serious doubts in reflecting minds as to the wisdom of indiscriminate flesh eating. Further than this there is considerable valid testimony to the effect that the sedentary consumer of animal albuminoids is more liable to Bright's disease, rheumatism, deformed joints and all those ills which are classed under the term "uric-acid diathesis," than is the consumer of the proteid vegetable albuminoids.

The animal sources of proteids for human consumption are every variety of lean meat and all kinds of fish and eggs. It is customary to differentiate the flesh foods as red and white, beef mutton, veal and other quadruped varieties answering to red, the plumed biped family being the white; the distinction, however, is without marked difference, as Koenig shows.

The vegetable sources are as numerous as are the products of edible vegetable life. The animal source supplies proteids in concentrated form vegetables provided them diffused through a multitudinous investiture of soluble and insoluble cellulose, starch and woody fibre.

Thus, first class medium fat, lean beef contains, according to Koenig, a little over 21 per cent of proteid matter, all of which is really digested. The best wheat flour contains some 12 per cent of proteids surrounded by 88 per cent of starch and other substances, 12 per cent being water, while the bread made from it contains about 40 per cent of water; it will therefore be seen that a vast bulk of extraneous matter must be digested to secure from ordinary wheat flour bread the equivalent supporting proteids of beef. This burden would be beyond the digestive powers of an ox.

But bread, as the term is daily used be it good, bad or uncertain, is not as strong in proteids as are the leguminous foods—the bean, the pea, the cabbage, &c., all of which, when long cooked, are exceedingly valuable foods; when uncooked, or semi-cooked the two first named are positively dangerous. They are rich in proteid matter and require a heated stomach to the attention which they receive.

The ultimate method of loosening the grip of the beef combines and terminating the beef strike is to strengthen our diet by increasing our unanimalized vegetable proteids by lessening the everywhere-abounding starch. When we are able to extract the proteids from one barrel of flour and add them to the contents of another barrel, we shall have taken one step toward the creation of bread food equal or superior in nutritive value to beef, and probably safer than average animal foods is likely to be.

John H. Davlin, Houston—Was all run down; nothing done me any good until I got hold of Hollister's Rocky Mountain Tea. Now I am strong and well; gained forty pounds. 35 cents, Tea or Tablets.
A. G. Luken & Co.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Charles H. Fletcher.

The Kind You Have Always Bought

In Use For Over 30 Years.

THE CASTORIA COMPANY, 27 MURRAY STREET, NEW YORK CITY.

MAGAZINE NOTES.

"The Reader For August."

Every man, whether he plays cards or does not play cards, will enjoy "Evan Anderson's Poker Party" in The Reader Magazine for August, and every woman will rejoice in the amusing triumph of Mrs. Tom Porter. It is an unusually entertaining story. Francis Lynde devotes the fourth of his articles on railway accidents to "Fixing the Responsibility." This is an important series on a really vital topic, that deserves careful reading by railroad officials and traveling public alike. "The Literature of Business" shows the necessity and the value of having trained writers with literary style to prepare the advertising matter of modern commercial enterprises. Israel Zangwill tells of the recent visit of the Mosley Commission to this country to investigate our public schools, and makes some amusing observations on "Patriotism and Percentage." Meredith Nicholson's poem "Simplicity" with a beautifully illuminated border is one of the striking features of this midsummer number, as is also Clay's portrait in colors of Thomas Bailey Aldrich. There are five short stories, besides essays and poems and the illustrated editorial department of Writers and Readers in this exceptionally attractive number of The Reader Magazine.

Ideal is the pass word to the home of the hungry.

Every Woman

is interested and should know about the wonderful MARVEL Whirling Spray. The new Vaginal Spray. Impregnation and Suction. Best-Satisfaction Guaranteed. Cleanses Instantly. Ask your druggist for it. If he cannot supply the MARVEL, send no order, but send stamp for illustrated book—needed figures full particulars and directions invaluable to ladies. MARVEL CO., Times Bldg., New York.

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60 CENTS

Adjustable Window Screens

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