

# Sore Muscles



## Omega Oil

The correct treatment of sore muscles or tendons is very simple. First take a good warm bath before going to bed, and then wipe yourself dry. This opens up the pores. Then rub Omega Oil into the pores, keeping up a brisk rubbing for several minutes. If you have time when you get up in the morning, rub in some more of the Oil. This cures sore muscles caused by hard work or by severe exercise of any kind. Omega Oil is the favorite rub-down of nearly all prominent athletes in America. It keeps the muscles in fine shape.

### HIS SUIT BALKED.

A Motherly Old Sherlock Holmes the Cause of It.

"I am afraid that it is all off," sighed the young man. "Just as the prospects looked the brightest too. When all the world to me left to visit an aunt who lives in the central part of the state, it happened that I had business that took me the same way, and I chanced to take the same train that she did, and naturally I took a seat at her side. She was very much surprised to see me and acted very distant at first, evidently not believing my story about important business taking me the same way she was going. I was just succeeding in breaking the ice when the train stopped at a station, and a motherly old folk, wearing cork-screw curls and smelling of peppermint, who sat just back of us, took advantage of the lull to lean over the back of our seat and, with a beaming face that was meant for friendly interest, said:

"Jes' married, ain't ye?" "The suddenness of the question left me incapable of answering." "Of course you be!" she cackled again, like a pullet with her first egg. "I suppose ye think it is fashionable to set apart like old married folks when ye are jes' dyin' to lovey dovey each other! The land sakes, when me an' Josiah got married we held each other's hands an' said 'lovey' an' 'dovey' all we wanted to! Now, young man, you jes' set up close an' put your arm around her! We won't mind, will we?" she said, turning to the passengers, who were roaring.

"Then the train started and gave us a respite, during which the girl turned to me with burning face and whispered fiercely that if I didn't get off at the next stop she would never speak to me again.

"I am too good a soldier not to obey orders, so I dropped off at the next stop. It turned out to be nothing but a flag station, and I spent the rest of the day watching the through trains go past. I managed at last to bribe a freight conductor to take me away.

"Up to date no sort of explanation goes with the girl. She says that if I hadn't been there it wouldn't have happened."—Detroit Free Press.

### A Little Dubious.

"Do you really think it paid to give Josh all this education?" asked Farmer Cornfossel.

"Course I do," answered the fond mother. "It's with money to know better'n to say 'crops are bad' instid of 'crops is bad'."

"Well, if you say so I reckon it's all right, but I can't say as I see how it kin make any difference in the crops."—Washington Star.

### From a Feminine Point of View.

"But you used to say such a hat was hideous," he urged.

"True," she admitted, "but that was before it became the fashion. When we fail to appreciate what is fashionable, we merely show that we are not educated up to the high modern standard. It develops upon me as a woman of taste to consider it beautiful now."—Chicago Post.

### Encouragement.

"Do you candidly think that my voice will ever be of any use to me?" asked the ambitious vocalist after singing a few samples.

"Certainly I do."

"I am so glad to hear you say that."

"I mean it too. Auctioneers with voices like yours are always in demand."—Detroit Free Press.

### Young Hunter Maimed.

Warren, Ind., Nov. 22.—William, 14 years old, son of William West, a farmer, shot off his right hand while attempting to kill a quail.

## COLON IS QUIET

Liberals Set About Reforming Government in Orderly Fashion.

### PANIC IS AVERTED

Unseemly Conduct on the Part of the Victorians Was Not Permitted and Order Is Preserved.

The Reins of Municipal Control Were Quietly Assumed By the New Hands.

Colon, Colombia, Nov. 22.—The following provisional appointments have been made by the Liberals, who are now in possession of Colon by force of arms: Senor Esprella, to be prefect; Dr. Valverde, to be mayor; Dr. Franco, to be postmaster, and Senor Silva to be captain of the port. Other minor appointments have also been filled. The treasury safe was opened yesterday afternoon in the presence of witnesses. It was found to contain 1,080 Colombian dollars, equivalent to \$430 gold. The former postmaster also handed over to the Liberals the cash and the postage stamps in his possession. The municipal officers in charge of Liberals were opened today. Several prisoners, who were captured by the Liberals, have since been released. The Liberals claim to be in possession of all the railroad stations between Colon and Las Cascades, which is nearer to Panama than to Colon. Both sides used Remingtons and Mausers. No immediate attack on Panama is contemplated. There has been no unseemly behavior. Foreigners are being respected and protected, and transit across the isthmus is uninterrupted.

Colonel Barrera, commander of the Liberal forces, asserts that he has notified the district representative of the department of the interior and other former officials of the government, that he has appointed a commission to take over their offices, formally. The feeling of the community cannot be regarded as antagonistic to Liberalism. The existing conditions have created no panic, but it is recognized that the fact that the Liberals hold Colon while the Conservatives are in possession of Panama, creates a state of affairs which cannot possibly continue. Colonel Barrera admits that the government troops here numbered a little less than 120 men. It was at first reported that 12 or more men had been killed, and about 30 wounded, but the bodies of more dead men have since been discovered.

### WASHINGTON INTERESTED

The Isthmian Row Has More Than a Local Bearing.

Washington, Nov. 22.—Save for two reassuring dispatches from Consul General Gudgeon at Panama and Captain Perry of the battleship Iowa, lying off that port, neither the state nor the navy departments has received any advice concerning the situation on the isthmus. Great interest is felt in official circles here as to the outcome of the Chorrera expedition, for it is realized that the result of the engagement at that point will be decisive in giving either the Conservative or Liberal element control of the isthmus.

Secretary Long has not sent any additional instructions to the commanders of the Iowa and Machias, believing that too full directions at this time would hamper instead of facilitate such a situation as now exists on the isthmus, and preferring to trust to the officers' own judgment in suiting their actions to the prime purposes of keeping traffic free and American interests fully protected. In a few days the gunboat Concord will have reached Panama to relieve the Iowa, and the Marietta on the Atlantic side will be at Colon to take the place of the Machias. However, if the present situation continues all four of these vessels will be held on the isthmus pending further developments.

### Military Holds Tientsin.

Pekin, Nov. 22.—The military government and board over the native city of Tientsin continues in effect, the military commanders refusing to yield the collection of taxes to the Chinese. They also decline to submit the question of their control of the native city to the ministers of the foreign powers here, holding that a continuance of the military government there is vital to the maintenance of communication between Pekin and Taku.

### Date for Trial Fixed.

San Juan, Porto Rico, Nov. 22.—Santiago Iglesias, the agent of the American Federation of Labor who was arrested here about a fortnight ago on a charge of conspiracy, has been released in \$500 bail. The bail was furnished by Samuel Gompers, president of the American Federation of Labor. Iglesias will be tried December 2.

### Fatal Head-End Collision.

Birmingham, Ala., Nov. 22.—Four trainmen were killed and seven injured in a head-end collision yesterday between two Louisville and Nashville freight trains at Hughes siding seven miles from this city.

### In a Pullman Car.

Fat Man—My dear boy, do you know that one of the best of adages is, "There is always room above?" The Boy—It may be as you say, kind gentleman. But if you think you are going to work me for my lower berth you are very much mistaken.—Cleveland Plain Dealer.

### His View.

Mrs. Crimmonbeak—I see by the papers the women have taken to playing football. What do you think of that? Mr. Crimmonbeak—Well, if they dress the way they do when they go to the opera I think there'll be a good many full backs in evidence.—Yonkers Statesman.

### Unrighteous.



"Your husband is a good golf player, I've been told."

"Oh, no; he isn't. He swears something awful."—New York Journal.

### A Repeater.

Maisie—He kissed me, it made me angry, and I told him to tell no one. Daisy—What did he do? Maisie—Why, it wasn't a half minute before he repeated it.—Cincinnati Enquirer.

### Reason Enough.

"I saw the count kissing you just now in the conservatory. Why didn't you tell him to stop?"

"Why, Fred, I can't speak French."—Cincinnati Enquirer.

### Sleeping in Spectacles.

Some people wear their eyeglasses or spectacles to bed, for the simple reason that they cannot sleep without them on; at least that's what an optician says, and he ought to know, for confessions were recently made to him upon the point. A woman had repeatedly come to him with the bows of her spectacles so badly twisted that he asked her how under the sun she ever managed to get them in such a state. He says that he had visions of some childish hands having a part in the work, some little one that liked to play with mamma's glasses.

But the woman said that she had been wearing glasses so much of recent years that finally she had taken to wearing them to bed as the only way of getting to sleep. She said that it was only within the past few weeks that she had had any trouble from the custom, as she ordinarily managed to keep the front part of her face off the pillow; but lately she must have had bad sleep, with more or less nightmares.

Of his customers he has two who have been addicted to this habit of wearing glasses to bed, both for the same reasons. Imagine some people trying to wear glasses to bed and the conditions of things in the morning.—Boston Herald.

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