

Sore Muscles



Omega Oil

The correct treatment of sore muscles or tendons is very simple. First take a good warm bath before going to bed, and then wipe yourself dry. This opens up the pores. Then rub Omega Oil into the pores, keeping up a brisk rubbing for several minutes. If you have time when you get up in the morning, rub in some more of the Oil. This cures sore muscles caused by hard work or by severe exercise of any kind. Omega Oil is the favorite rub-down of nearly all prominent athletes in America. It keeps the muscles in fine shape.

HIS SUIT BALKED.

A Motherly Old Sherlock Holmes but Cause of It.

"I am afraid that it is all off," sighed the young man. "Just as the prospects looked the brightest too. When all the world to me left to visit an aunt who lives in the central part of the state, it happened that I had business that took me the same way, and I chanced to take the same train that she did, and naturally I took a seat at her side. She was very much surprised to see me and acted very distant at first, evidently not believing my story about important business taking me the same way she was going. I was just succeeding in breaking the ice when the train stopped at a station, and a motherly old fool, wearing corkscrew curls and smelling of peppermint, who sat just back of us, took advantage of the hull to lean over the back of our seat and, with a beaming face that was meant for friendly interest, said:

"Jes' married, ain't ye?"

The suddenness of the question left me incapable of answering.

"Of course you be!" she cackled again, like a pullet with her first egg. "I suppose ye think it is fashionable to set apart like old married folks when ye are jes' dyin' to lovey dovey each other! The land sakes, when me an' Josiah got married we held each other's hands an' said 'lovey' an' 'ducky' all we wanted to! Now, young man, you jes' set up close an' put your arm around her! We won't mind, will we?" she said, turning to the passengers, who were roaring.

"Then the train started and gave us a respite, during which the girl turned to me with burning face and whispered fiercely that if I didn't get off at the next stop she would never speak to me again.

"I am too good a soldier not to obey orders, so I dropped off at the next stop. It turned out to be nothing but a flag station, and I spent the rest of the day watching the through trains go past. I managed at last to bribe a freight conductor to take me away.

"Up to date no sort of explanation goes with the girl. She says that if I hadn't been there it wouldn't have happened."—Detroit Free Press.

A Little Dubious.

"Do you really think it paid to give Josh all this education?" asked Farmer Corntossel.

"Course I do," answered the fond mother. "It's with money to know better to say 'crops are bad' instead of 'crops is bad'."

"Well, if you say so I reckon it's all right, but I can't say as I see how it kin make any difference in the crops."—Washington Star.

From a Feminine Point of View.

"But you used to say such a hat was hideous," he urged.

"True," she admitted, "but that was before it became the fashion. When we fail to appreciate what is fashionable, we merely show that we are not educated up to the high modern standard. It devolves upon me as a woman of taste to consider it beautiful now."—Chicago Post.

Encouragement.

"Do you candidly think that my voice will ever be of any use to me?" asked the ambitious vocalist after singing a few samples.

"Certainly I do."

"I am so glad to hear you say that." "I mean it too. Auctioneers with voices like yours are always in demand."—Detroit Free Press.

Young Hunter Maimed.

Warren, Ind., Nov. 22.—William, 14 years old, son of William West, a farmer, shot off his right hand while attempting to kill a quail.

COLON IS QUIET

Liberals Set About Refusing Government In Orderly Fashion.

PANIC IS Averted.

Unseemly Conduct on the Part of the Victors Was Not Permitted and Order Is Preserved.

The Reins of Municipal Control Were Quietly Assumed By the New Hands.

Colon, Colombia, Nov. 22.—The following provisional appointments have been made by the Liberals, who are now in possession of Colon by force of arms: Señor Esprella, to be prefect; Dr. Valverde, to be mayor; Dr. France, to be postmaster, and Señor Silva to be captain of the port. Other minor appointments have also been filled. The treasury safe was opened yesterday afternoon in the presence of witnesses. It was found to contain 1,080 Colombian dollars, equivalent to \$450 gold. The former postmaster also handed over to the Liberals the cash and the postage stamps in his possession. The municipal officers in charge of Liberals were opened today. Several prisoners, who were captured by the Liberals, have since been released. The Liberals claim to be in possession of all the railroad stations between Colon and Las Cascadas, which is nearer to Panama than to Colon. Both sides used Remingtons and Mausers. No immediate attack on Panama is contemplated. Foreigners are being respected and protected, and transit across the isthmus is uninterrupted.

Colon Barrera, commander of the Liberal forces, asserts that he has notified the district representative of the department of the interior and other former officials of the government that he has appointed a commission to take over their offices, formally.

The feeling of the community cannot be regarded as antagonistic to Liberalism. The existing conditions have created no panic, but it is recognized that the fact that the Liberals hold Colon while the Conservatives are in possession of Panama, creates a state of affairs which cannot possibly continue.

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