

## GROWING OLD.

BY MRS. W. H. BURLEIGH.

Are we really older than we were twenty years ago? No doubt the world thinks so; and our looking-glasses, it may be, would tell the same story. But the world knows almost nothing about us, and what a mere surface affair is the verdict of a looking-glass. I maintain that I am younger than I was then. I find my life more enjoyable, the world more beautiful, men more noble, women more lovable, and little children incomparably more attractive. I am not conscious of having undergone that fossilization of the heart which is the essence of old age. I have not learned to be suspicious, or miserly, or ashamed of enthusiasm.

In this world of care and friction and material needs, there is great danger of becoming indolent to the very bone, or of being converted into some sort of a machine—a business machine, or a house-keeping machine, or a shopping and visiting machine. It is only to get off one's self, yield to the pressure, and the thing is done. We have got into a rut, and may trundle on day after day, growing more and more mechanical, and less and less human, while time writes the obituary of our youth on the parchment of our faces, and our own consciousness denies the verdict of our looking-glasses—"growing old."

But here is the remedy: Make the pressure from without with a stronger force from within. The fountain of youth dwells in every human heart, and it is our own fault if we allow it to be choked or dried up. To be young is to be plastic, impressionable, alive to all beauty, responsive to all demand for sympathy, capable of growth in all directions, and of faith that is ready to undertake and achieve the apparently impossible.

And this plasticity, this outflow of joyous life, this faith that believes, and attempts, and performs all these, must come from a child-like trust in God, and a settled conviction that any circumstances are of His providing, and the best that His infinite love can devise. He is immortal youth; and, as our life is preternaturally derived from Him, why should we not share that youth and be glad in it? Let us accept what is given, doing our best now, and here bearing all burdens of the past, and all anxieties of the future to His disposal.

Give us, dear Lord, the trusting, child-like spirit. That makes us thankful to be old; The joy in giving, let our souls inherit, Our infinite mercy thus infinity.

**SPREADING CROSS**—You gain nothing by a harsh word. What if that boy broke a pitcher, or put his elbow through the glass; do you intend either by applying harsh epithets to him? Does it make him more careful in the future? Does he love you better? Hark, he is murmuring. What says the boy? "I am glad of it. I don't care how much I break." He talks thus to be even with his master. It is very wrong in him, we know, but it is human nature, and the example has been set before him by you. Say to the careless boy, "I am sorry; you must be more careful in the future," and what will be his reply? "It was an accident, and I will be more careful." He will never break another pitcher or glass if he can help it, and he will respect and love you a thousand times more than when you flew into a rage and swore vengeance on his head. Remember this, ye who get angry and rave at a trifle.

**A LADY'S CLUB**—There being a wretched club just now for clubs in Paris, the wags are declaring that a number of the lady-leaders of the gay world, having determined to avenge themselves on the gentlemen for their exclusion from the favorite "circles" of the day, have held various meetings with a view to the formation of a Female Club from which all males should be rigidly excluded; but that, owing to the preliminary adoption of a resolution declaring that the office of president should be held by the oldest member, and that of secretary by the youngest, the project has at last been abandoned, it having been found impossible to find a president, and every one of the members claiming the right to be secretary.

**A Remedy for Colic in Horses.** Two tablespoons of salsolatus dissolved in water with one ounce sweet spirits of nitre, administered with a bottle. If the horse seems constipated, give half a pint of raw linseed oil, or an injection of tobacco tea.

A lady informs the editor, that having a good constitution, she can bear a great deal of happiness; her idea of perfect bliss is a fast horse in a sleigh, plenty of buffaloes, and a neat fitting overcoat—with a man in it. She adds—

"If this is not happiness, I'm open to conviction to what is!"

"Well, Bridget, if I engage you I shall want you to stay at home whenever I wish to go out."

"Well, ma'am, I have no objections provided you do the same when I wish to go out."

An editor at a dinner table being asked if he would take some pudding, replied in a fit of abstraction: "Owing to a crowd of other matter we are unable to find room for it."

A dying miner and mountaineer has disclosed the fact that, somewhere in Montana territory, there are 50 yards of water course and three rods of land that are not covered by charter. The news has created an immense excitement.

A worthy man, when told that he was about to die, said he was glad of it; he was tired of putting his shoes and stockings on and off. And this is about what life gets reduced to at 70.

A learned young lady, the other evening, astonished the company by asking for the loan of diminutive argenteous, truncated cone, convex on its summit, and semi-perforated with symmetrical indentations. She wanted a thumb.

## HELM BOLD T

## FLUID EXTRACT

OR

## BUCHU.

AT THE CAPE OF GOOD HOPE

## THE HOTTENTOTS

Have long used

## BUCHU

## FOR A VARIETY OF DISEASES.

was so raved from those rude practitioners by the

## ENGLISH AND DUTCH PHYSICIANS.

On whose recommendation it was employed in Europe and has now come into general use.

## IT IS GIVEN CHIEFLY IN

Gravel, Chronic Catarrh of the Bladder.

## MORBID IRRITATION

OF THE BLADDER AND URETHRA.

FOR

## FEMALE WEAKNESS and Debility,

## For Prolapsus and Bearing

Down, or, Prolapsus Uteri,

## DISEASES OF THE

PROSTRATE GLAND,

## RETENTION, OR INCONTINENCE OF URINE,

IT IS ALSO RECOMMENDED IN CASES OF

## DYSPÉPSIA,

## CHRONIC RHEUMATISM,

## CUTANEOUS AFFECTIONS, DROPSY.

To cure these diseases we must bring into action the muscles which are engaged in their various functions. To neglect them, however slight may be the attack, is sure to affect the bodily and mental powers.

## UR FLESH AND BLOOD

are supported from these sources

## PERSONS AT EVERY PERIOD OF LIFE

## From Infancy to Old Age.

are in every state of health, are able to be subjects of these diseases.

The cause in many instances are unknown.

The patient has, however, an admirable remedy in

## HELM BOLD'S

## Fluid Extract of Buchu.

Philadelphia Evening Bulletin's Editorial.

Sep. 15, 1864.

## HELM BOLD'S

## Genuine Preparations.

His Solid and Fluid Extracts embody the full strength of the ingredients of which they are made. They are left to the inspection of all. A ready and conclusive test of their properties will be a comparison of those set forth in the United States Dispensatory. These remedies are prepared by H. T. Helmold, a druggist of sixteen years' experience in this city, and we believe them to be reliable, in fact we have never known an article lacking merit to meet with a permanent success, and Mr. Helmold's success is certainly prima facie evidence, His Drug and Chemical Warehouse, in the City of New York, is not exceeded, if equalled, by any in the country, and we would advise our readers, when visiting that city, to give him a call, and judge for themselves.

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