

# FOUR GIRLS

Restored to Health by Lydia E. Pinkham's Vegetable Compound.



## FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, nervous prostration, and all other ailments.

Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

## Kemp's Balsam

Will stop any cough that can be stopped by any medicine and cure coughs that cannot be cured by any other medicine.

It is always the best cough cure. You cannot afford to take chances on any other kind.

KEMP'S BALSAM cures coughs, colds, bronchitis, grip, asthma and consumption in first stages.

It does not contain alcohol, opium, morphine, or any other narcotic, poisonous or harmful drug.

**45 to 50 Bushels of Wheat per Acre**

have been grown on Farm Lands in WESTERN CANADA

Much less would be satisfactory.

The general average is above 20 bushels. "All are low in their prices of the great crops and that wonderful country."

Extract from correspondence National Agricultural Association of America, 1908.

It is now possible to secure a Homestead of 160 acres for \$500 and 320 acres for \$1,000.

Hundreds have paid the cost of their farms (160 to 320 acres) and then the balance of from \$1,000 to \$2,000 per acre from one crop.

Wheat, Barley, Oats, Flax—also well. Mixed farming is a great success and dairying is highly profitable.

Excellent Climate, splendid Schools and Churches, Railways bring most every district within easy reach of market.

Railway and Land Companies have lands for sale at low prices and on easy terms.

"Last Best West" Pamphlets and maps sent free on request. Write to: W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or to: J. R. Rogers, Western Union Telegraph Building, Indianapolis, Ind., or to: H. M. Williams, 1000 Lake Building, Toledo, Ohio, Authorized Government Agents.

Please say where you saw this advertisement.

## Paxtine TOILET ANTISEPTIC

Keeps the breath, teeth, mouth and body antiseptically clean and free from unhealthy germ-life and disagreeable odors, which water, soap and tooth preparations alone cannot do.

Germicidal, disinfecting, deodorizing toilet requisite of exceptional excellence and economy. Invaluable for inflamed eyes, throat and nasal cavities, for uterine catarrh, at drug and toilet stores, 50 cents, or by mail postpaid.

Large Trial Sample

WITH "HEALTH AND BEAUTY" BOOK SENT FREE

THE PAXTINE TOILET CO., Boston, Mass.

## SMOKE A Pickwick 10¢ CIGAR AND BE HAPPY

**A LIVE REPRESENTATIVE WANTED**

Send your name to the nearest Pickwick agent or to the Pickwick Sales Office, 1000 Lake Building, Toledo, Ohio, for a full description of the Pickwick Cigar and the Pickwick Sales Office, 1000 Lake Building, Toledo, Ohio, for a full description of the Pickwick Cigar and the Pickwick Sales Office, 1000 Lake Building, Toledo, Ohio, for a full description of the Pickwick Cigar.

**Proof Positive.**

Tom—Skinner is an old hypocrite.

Jack—Why do you think so?

Tom—The other day he told me that a young man should never pass up an opportunity to embrace a good thing.

Jack—Well?

Tom—When he caught me embracing his daughter last night he kicked me down the front steps.

**Peculiar Note.**

Chronic Litterer—That suit of mine is still pending, isn't it?

The Lawyer—No, it's depending on your coughing up that retaining fee.

## BOY KEPT SCRATCHING.

Eczema Lasted 7 Years—Face Was All Raw—Skin Specialists Failed, but Castoria Erupted Cure.

"When my little boy was six weeks old an eruption broke out on his face. I took him to a doctor, but his face kept on getting worse until it got so bad that no one could look at him. His whole face was one crust and must have been very painful. He scratched day and night until his face was raw. Then I took him to all the best specialists in skin diseases, but they could not do much for him. The eczema got on his arms and legs and we could not get a night's sleep in months. I got a set of Cuticura Remedies and he felt relieved the first time I used them. I gave the Cuticura Remedies a good trial and gradually the eczema healed all up. He is now seven years old and I think the trouble will never return. Mrs. John G. Klump, 50 Niagara St., Newark, N. J., Oct. 17 and 22, 1907."

## EXCELLENT WEATHER AND MAGNIFICENT CROPS.

Reports from Western Canada Are Very Encouraging.

A correspondent writes the Winnipeg (Man.) Free Press:

"The wheat crop in (Southern) Alberta, the original home of fall wheat, where it has been grown without failure, dry seasons and wet, for about 25 years, is exceeding itself this year. The yield and quality are both phenomenal, as has been the weather for its harvesting. Forty bushels is a common yield, and many fields go up to 50, 60 and over, and most of it No. 1 Northern. Even last year, which was less favorable, similar yields were in some cases obtained, but owing to the season the quality was not so good. It is probably safe to say that the average yield from the Old Man's River to the boundary will be 47 or 48 bushels per acre, and mostly No. 1 Northern. One man has just made a net profit from his crop of \$19.50 per acre, or little less than the selling price of land. Land here is too cheap at present, when a crop or two will pay for it, and a failure almost unknown. Nor is the district dependent on wheat, as other crops do well, also stock and dairying, and there is a large market at the doors in the main towns in the West. Coal is near and cheap. Jim Hill has an eye on its advantages, and has invested here, and is bringing the Great Northern Railroad south, when other lines will follow."

The wheat, oats and barley crop in other parts of Western Canada show splendid yields and will make the farmers of that country (and many of them are Americans) rich. The Canadian Government Agent for this district advises us that he will be pleased to give information to all who desire it about the new land regulations by which a settler may now secure 160 acres in addition to his 160 homestead acres, at \$3.00 an acre, and also how to reach these lands into which railways are being extended. It might be interesting to read what is said of that country by the editor of the Marshall (Minn.) News-Messenger, who made a trip through portions of it in July, 1908.

"Passing through more than three thousand miles of Western Canada's agricultural lands, touring the northern and southern farming belts of the Provinces of Manitoba, Saskatchewan and Alberta, with numerous drives through the great grain fields, we were made to realize not only the magnitude of the crops, but the magnitude, in measures, of the very territory opening, and to be opened, to farming immigration. There are hundreds of thousands of farmers there, and millions of acres under cultivation, but there is room for millions more, and other millions of acres available. We could see in Western Canada in soil, product, topography or climate, little that is different from Minnesota, and with meeting at every point many business men and farmers who went there from this state, it was difficult to realize one was beyond the boundary of the country."

Fishing.

Riding across the country one day, Dr. Blank noticed an old negro who had been for quite a while perched motionless upon a little bridge, fishing silently from the stream beneath. For some time he watched him from a distance, but finally, overcome by the old fellow's unmoved patience, he rode up and accosted him.

"Hello, Wash! What are you doing up there?"

"Fishing, sah," came the reply.

"Not getting many, are you?"

"No, sah."

"Well, it seems to me you'd get tired fishing so long without a bite."

"I don't want no bite, cap'n."

"Well, that's funny. Why don't you want a bite, Wash?"

"Hills this way, cap'n; when I gets a lots of bites, hit takes all meh time to get the fish off meh line, an' I doesn't have no time for fishin'."—Success Magazine.

Up-to-Date.

The smooth-tongued book agent was selling the old farmer a huge dictionary.

"That book here, young man," protested the farmer, "doesn't seem to be any appendix in this dictionary. All the dictionaries I ever saw had an appendix."

The wily book agent thought a minute and then said:

"Oh, my dear sir, this is the latest dictionary. Every late dictionary has the appendix removed."

And the old farmer was satisfied and bought the big book at once.

"Clear, white clothes are a sign that the housekeeper uses Red Cross Ball Blue. Large box, 50 cents; small box, 25 cents."

**The Baby Beetle's Cradle.**

If, at almost any time of the year, we walk through the woods where the red, scarlet, black or pin oaks are growing—that is, where we find those that ripen their acorns in two seasons and therefore belong in the pin oak group says St. Nicholas, we shall probably find on the ground fallen branches that vary in size from that of a lead-pencil to that of one's thumb or even larger. These at the broken end appear as if cut away within the wood, so that only a thin portion is left under the bark. Within the rather uneven cut, generally near the center of the growth, is a small hole tightly plugged by the "powder pest" through which the beetle larva, when a grub, or even a larva, had been seen, and the little, white, soft, hard-jawed larva that made it will be found or perhaps the inactive pupa.

Stale.

Stub—That old Senator is always telling ancient jokes and boasting of his family tree.

Penn—H'm. I think his family tree must have been a chestnut.

# FARM AND GARDEN

It is impossible to keep the milk utensils too clean.

Cream that is ripe for churning possesses a smooth, satiny appearance when stirred.

The well-worn hoe is a good testiment for the farmer. The rusty hoe tells another tale.

When mustard is a serious pest the fields are sprayed with a solution that kills the weed, but does not harm the crop.

The best lice killer we ever tried is plenty of fine ashes in the chicken house. The birds stir up a mighty dust and no louse can live in it.

In Holland they rotate the fertilizers as well as the crops. Each crop has its particular cause. Perhaps that is why they farm successfully on land worth \$1,000 per acre.

Over five million bushels of potatoes were grown on Long Island last year, but on account of the loose marketing methods of the growers very small profits were realized from the work.

Stir a quart of fine slaked lime into a barrel with a cover, stir up a big dust and drop the gappy chickens into it. Pull them out after you have counted fifteen and they will sneeze the worms into the hereafter.

A slick swindler is swindling southern farmers by offering big premiums with purchases of soap. He collects the money in advance and then forgets to send the premiums or the soap. Postoffice detectives are on his trail.

Cream that has been allowed to stand too long will break or become watery and will not make the best flavored butter. The secret of good butter making is knowing just when the cream has reached the right stage of acidity.

Farmers of New Jersey are asking for a law to abolish all spring shooting of game birds and to stop the shooting of woodcocks in July. The woodcock shooters tramp over the meadows before the grass is cut and cause great loss.

Do you know how to ground your fence wires to prevent lightning doing damage to stock? Simply thrust a length of heavy wire several feet into the ground down the side of occasional posts, and staple to the fence wires where they cross.

The board soil can be given a cement lining by clearing with lath and applying the cement. Slates thus lined should be thoroughly cleaned each year and then washed with thin cement to fill the cracks which have formed in the thin lining.

In Sullivan County, New Hampshire, last year only sixty-eight sheep were raised. Just before the war the sheep industry was the principal one in this and adjoining counties, but the general depression of farming and the ravages of dogs and wild animals destroyed the industry.

For the farmer who still uses blinders on his horses and a tight collar, a humane stock raiser suggests the experiment of tying his head back as far as possible and then putting a black piece of cloth one inch in front of his eyes. He wouldn't like it, to be sure. Neither does the horse.

Dirty eggs are usually hard to clean. Vinegar is used by some and some use brick dust as a scouring material. Soap and water seldom give satisfaction. The use of alkali on the egg removes the mucilaginous substance and this reduces the power of the egg to keep. This mucilaginous material fills the pores and so keeps out the air.

California oranges are now washed, brushed, dried and ice cooled before being placed in refrigerator cars for shipment to the east. These new methods are proving big money savers to the growers. Some of the big packing houses in the fruit belt turn out from ten to fifteen carloads in a day and they arrive in Chicago and New York in fine condition.

The horse with a long-established case of worms should be given a purgative before any tonic treatment is begun. Administer four drams of aloes before breakfast or on an empty stomach. Also give a warm enema of four quarts of strong soap suds. Follow this with a course of tonics. Sulphate of iron, two drachms; gentian, four drams, and colombo, two drams; twice daily, for a week or two. Give at the same time sound, nourishing diet and gentle regular exercise.

Carrots are good feed for dairy cows, as well as other stock. When not fed in too large quantities they provide the best winter food for the milk cows. The carrot is always greedily eaten by stock, as it has in it a considerable quantity of sugar and no element of bitterness. Carrots are also supposed to help color the milk in the direction desired, but it would take a good many carrots to accomplish much in this regard. The effect of feeding carrots is very good on the digestive system.

Sick Poultry.

Colds among chickens result from many causes, usually exposure during damp weather, and may be indicated in different ways, such as by coughing or sneezing, by swollen faces, watery eyes and nostrils, and sometimes by a swelling in the mouth. In such cases there may be roup. A simple cold can be easily managed and cured in a few days by keeping the fowls warm and dry. Castor oil, in small doses of one teaspoonful, is particularly good when poured down the throat. In cases of cankers, which is the worst form of cold or roup, more care is necessary. The sick fowls must be immediately removed from the healthy ones, and pure water provided for them in clean dishes. In which a few drops of a solution of copperas may be added occasionally. Feed no more hard grain, mix the dough with hot milk, feeding it sparingly.

# Pattern Department

UP-TO-DATE DESIGNS FOR THE HOME DRESSMAKER

Directorate Cont.

Many variations of the Directorate coat have appeared, but none that is better or more generally becoming than this one. It includes all the essential features, it is smart, yet simple withal, and it is equally well adapted to the costume and to the separate coat. In the illustration broadcloth is finished.

Origin of Fruits.

The strawberry, says a European authority, comes from a cross between the native strawberry of Virginia and that of Chili. The raspberry is native in temperate Europe and in Asia. The apricot originated in China. The peach was originally a Chinese fruit. The cherry originated round the Caspian Sea. The plum comes from the Caucasus and Turkey. The pear is native in temperate Europe and Western Asia. The quince comes from Southern Europe, the Caucasus and the Caspian region. The apple is native all over Europe. In the Caucasus, round the Black Sea and in Persia. The almond comes from trans-Caucasia, Mesopotamia, Persia, Turkestan and Algeria. The fig seems to have originated round the Mediterranean, particularly in Syria. The grape is native in Southern Europe, Algeria, Morocco and Western Asia. The red currant grows wild all over Europe, in the Caucasus, the Himalayas, Manchuria, Japan and Arctic America. The walnut comes from the Caucasus, Persia and Northern India. The sweet orange originated in Southern China and Ceylon. The citron is of Indian origin.

Shedding Wool.

There are many things which may cause sheep to shed their wool in winter or spring without their being afflicted by scab. If they have short pastures in the fall and come to the barn in the fall, and are then fed well they are apt to shed in winter. In winter, while it sheds wool is poor or scanty and spring pasturage good, shedding is likely to begin before shearing time. Keep them in a good, thrifty condition at all seasons, even if it is necessary to feed grain to do so. Another cause may be overcrowding in the shed, keeping them too warm at night. Allow at least ten square feet of shed room to each sheep of small breeds, and from twelve to fifteen for the larger breeds. Even more frequent feeding may be the cause when they are fermenting and heating as it is liable to do if it is allowed to get wet. It is best to be clean and to shed late in the fall, again at midwinter, and early in the spring, and between these times keep plenty of clean, dry bedding under them. This will increase the value of the manure even more than it does the bulk as the liquid manure is rich and needs an absorbent.—American Cultivator.

Robbing the Soil.

Bulletin No. 125 of the Urbana, Ill. Station, recently from the press, contains some of the most remarkable proofs ever shown in this country that "robbing the land" is ruin by the swift, sure, and that wise conservatism and replenishment of plant food will pay princely dividends. The contents of that bulletin should be learned by every farmer, especially by every farmer who intends to stay in the business and make it pay a decent return on the capital invested. "Malnutrition" is as vital in farming as it is in railroading, perhaps more imperative.

The theory that the soil contains plant food ample for an indefinite succession of profitable crops, assuming only enough rain and some sort of arbitrary rotation was completely disproved by the "farm bookkeeping" of Prof. Davenport and the chemical analyses of Doctor Hopkins.

The bulletin shows that the happy-go-lucky style of farming once in vogue has resulted in reducing the average yield of corn on one field from seventy bushels per acre average in 1870 to twenty-seven bushels per acre average in 1907. By way of contrast scientific farming during the same thirty-year period has increased the average yield from seventy to ninety-six bushels. These results, striking as they are on their face, become vastly more significant when it is added that in one case the soil has undergone steady impoverishment and progressive reduction of earning capacity; whereas in the other case, notwithstanding steadily increasing yields, the soil actually contains more available plant food now than it did at the beginning of the test, and is in all ways a better productive investment than it was thirty years ago.

A Great Wheat Crop.

By the edge of a sun-baked Indian wheat field two men are squatting over rice and cornmeal, apparently supping bits of bread as they discuss the weather, the prospects of the crop and the homely affairs of current interest. When they have finished one of them rises and walks along the field examining the heads of wheat and pulling a stalk here and there, then bids adieu to his host and reporter, and the information he gains in his day's visits will be flashed under seas by cable and will be posted to-morrow morning on the Chicago Board of Trade and reproduced in newspapers throughout the grain belt of the United States.

Similarly, if one could drop into a village of the Caucasus he would find a bearded man, in peasant garb, chatting with the farmers as to the probable yield of their fields, shelling out the kernels of wheat and running them through his fingers, visiting scores of villages and hundreds of farms in his quest. Far away on the other side of the world other men are riding from one lonely station to another in the great Australian interior, from ranch to ranch across the Argentine plains, and in dust-covered buggies along Dakota roads.

All these and hundreds of others like them who are making thorough study of all the great wheat fields of the globe are part of the vast mechanism employed in the yearly handling of the world's cereal crops. They are the sowers and sirsalmers whose task is the important one of determining the size of the crop and its condition. From the time when the seed goes into the ground they are at work observing and reporting every factor that influences the yield or the quality of the world's great staple. In this way they are playing an important part in the great work of handling the year's crop, for volume and quantity, regulating price, determining the flow marketward, both as to the speed and as to the direction from which the supply must be drawn.—Appleton's Magazine.

# Physicians Recommend Castoria

CASTORIA has met with pronounced favor on the part of physicians, pharmaceutical societies and medical authorities. It is used by physicians with results most gratifying. The extended use of Castoria is unquestionably the result of three facts: First—The indisputable evidence that it is harmless! Second—That it not only allays stomach pains and quiets the nerves, but assimilates the food! Third—It is an agreeable and perfect substitute for Castor Oil. It is absolutely safe. It does not contain any Opium, Morphine, or other narcotic and does not stupefy. It is unlike Soothing Syrups, Bateman's Drops, Godfrey's Cordial, etc. This is a good deal for a Medical Journal to say. Our duty, however, is to expose danger and record the means of advancing health. The day for poisoning innocent children through greed or ignorance ought to end. To our knowledge, Castoria is a remedy which produces composure and health, by regulating the system—not by stupefying it—and our readers are entitled to the information.—Hall's Journal of Health.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. B. Halstead Scott, of Chicago, Ill., says: "I have prescribed your Castoria often for infants during my practice, and find it very satisfactory."

Dr. William Belmont, of Cleveland, Ohio, says: "Your Castoria stands first in its class. In my thirty years of practice I can say I never have found anything that so filled the place."

Dr. J. H. Taft, of Brooklyn, N. Y., says: "I have used your Castoria and found it an excellent remedy in my household and private practice for many years. The formula is excellent."

Dr. R. J. Hamlen, of Detroit, Mich., says: "I prescribe your Castoria extensively, as I have never found anything to equal it for children's troubles. I am aware that there are imitations in the field, but I always see that my patients get Fletcher's."

Dr. Wm. J. McCann, of Omaha, Neb., says: "As the father of thirteen children I certainly know something about your great medicine, and aside from my own family experience I have in my years of practice found Castoria a popular and efficient remedy in almost every home."

Dr. J. R. Clausen, of Philadelphia, Pa., says: "The name that your Castoria has made for itself in the tens of thousands of homes blessed by the presence of children, scarcely needs to be supplemented by the endorsement of the medical profession, but I, for one, most heartily endorse it and believe it an excellent remedy."

Dr. R. M. Ward, of Kansas City, Mo., says: "Physicians generally do not prescribe proprietary preparations, but in the case of Castoria my experience, like that of many other physicians, has taught me to make an exception. I prescribe your Castoria in my practice because I have found it to be a thoroughly reliable remedy for children's complaints. Any physician who has raised a family, as I have, will join me in heartiest recommendation of Castoria."

**GENUINE CASTORIA ALWAYS**

Bears the Signature of

Chas. H. Fletcher.

The Kind You Have Always Bought

In Use For Over 30 Years.

THE CASTORIA COMPANY, 119 N. BROAD ST., NEW YORK CITY.

Exact Copy of Wrapper.

900 DROPS

CASTORIA

ALCOHOL 3 PER CENT.

Vegetable Preparation for Assuaging the Pains and Regulating the Stomach and Bowels of INFANTS & CHILDREN

Promotes Digestion, Relieves Nausea and Restlessness, soothes the Opium, Morphine and Mineral NOT NARCOTIC.

Relieves of COLIC, DYSENTERY, PINKISH, SCALD, Diarrhea, Dropsy, Worms, Indigestion, and all other ailments of the Stomach and Bowels.

Perfect Remedy for Constipation, Sour Stomach, Diarrhea, Worms, Indigestion, and all other ailments of the Stomach and Bowels.

Facsimile Signature of Chas. H. Fletcher, NEW YORK.

At 6 months old 35 DROPS—35 CENTS

Guaranteed under the Food and Drug Act.

Order Coupon.

No. 6123.

NAME

ADDRESS

Sheath Petticoat.

Petticoats made with separate adjustable flounces are among the latest fashions of the hour and they serve many practical ends. This one is made with a five-gored upper portion and allows a choice of flounces of two widths. In the illustration batiste and embroidery.

PATTERN NO. 6106.

ed flouncing are the materials used but one of the great advantages of the separate flounce is the ability to use several with one foundation, and also to use a somewhat more sturdy material for the lower portion of the skirt, while the upper part is of something thinner and close-fitting.

The above pattern will be mailed to your address on receipt of 10 cents. Send all orders to the Pattern Department of this paper.

Order Coupon.

No. 6105.

NAME

ADDRESS

LITTLE ABOUT EVERYTHING.

Florida produces the finest lead pencil cedar in the world.

The atmosphere is free of microbes at an elevation of 2,000 feet.

The Dominion of Canada contains nearly 3,746,000 square miles.

The number of sugar factories in operation last year in Russia was 278.

Perhaps the most curious of polishing wheels is that made of corn husks for finishing shell or bone combs.

The use of muslin instead of glass in duty windows is said to lessen the danger from tuberculosis germs.

Not every one is aware that Mizar, the second star in the big dipper, is a double star. To observe this double star on a clear night requires good vision. Colorado holds the record among the states of having 407 mountain peaks exceeding 10,000 feet; thirty-three of these are 14,000 feet and over.

After working on his theory for ten years, Gen. Gouraud, a member of the Institution of Naval Architects, has announced that he can render ships both unsinkable and unseizable.

Using extremely delicate instruments the French Academy of Science is experimenting with an unknown force supposed to be electrical in nature, given off by the human body.

By curling or waving human hair with a hot iron, a Russian scientist claims to prevent it becoming gray. His theory is that grayness is caused by microbes, which the heat kills.

# The "Straight-Away" Route To Portland

from Chicago. Daily through service. Pullman Drawing Room Sleeping Cars, Pullman Tourist Sleeping Cars, Free Reclining Chair Cars, Coaches and Dining Cars.

Electric Block Signal Protection—the safe road to travel

Union Pacific

Ask about the Alaska-Yukon-Pacific Exposition at Seattle, Wash., 1909.

Side trip, during season, to Yellowstone Park, at low rate on all through tickets. Write for Booklet

E. L. Lomax, General Passenger Agent, Omaha, Neb.

Logical Deduction.

Hyker—My father was drowned when I was a boy.

Pyker—Then you should avoid water.

Hyker—How did your father die?

Pyker—In bed.

Hyker—Then you should sit up all the rest of your life.

One Woman's Wisdom.

Bride-Elect—Mamma insists on our having a stylish church wedding.

Groom-Elect—I wonder why?

Bride-Elect—She says it will probably be the last time I'll ever have a chance to show off in good clothes.

Makes One Exception.

"You're always kicking about our having too many laws. I suppose you would repeal the law of gravitation if you could."

"No; that's always rigidly enforced. It's only the dead letter laws I'm after."

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions, and financially able to carry out any obligations made by him.

WALDO, KINMAN & MARVIN, Wholesale Druggists, Toledo, O.