

## SERIOUS FACTS ABOUT BREAD

Which Housekeepers Should Earnestly Consider.

A serious danger menaces the health of the people of this country in the numerous alum baking powders that are now being urged upon the public.

There is no question as to the detrimental effects of these powders upon the system. Every Board of Health, every physician, will tell you of the unwholesome qualities they add to the food. Some countries have absolutely prohibited the sale of bread containing alum.

Even small doses of alum, given to children, have produced fatal results, while cases of heartburn, indigestion, griping constipation, dyspepsia, and various kindred gastric troubles from irritation of the mucous membrane, caused by the continuous use of food prepared with the alum or alum-phosphate powders, are familiar in the practice of every physician.

It is not possible that any prudent housewife, any loving mother, will knowingly use an article of food that will injure the health of her household, or perhaps cause the death of her children.

How shall the dangerous alum powders be distinguished? And how shall the danger to health from their use be avoided?

Generally, alum powders may be known from the price at which they are sold, or from the fact that they are accompanied by a gift, or are disposed of under some scheme. The alum powder costs but a few cents a pound to make, and is often sold at 20 or 25 cents a pound. If some present is given with it, the price may be 30, 40 or 50 cents a pound.

It is impossible to name all the alum powders in the market, but any baking powder sold at a low price, or advertised as costing only half as much as cream of tartar powders, or accompanied by a present, or disposed of under any scheme, is of this class, detrimental to health, and to be avoided.

But the easy, safe, and certain protection of our bread, biscuit and cake from all danger of unwholesomeness is in the use of the Royal Baking Powder only. This powder is mentioned because of the innumerable reports in its favor by high medical authorities, by the U. S. Government, and by the official chemists and Boards of Health, which leave no doubt as to its entire freedom from alum, lime and ammonia, its absolute purity and wholesomeness.

While its use is thus a safeguard against the poisonous alum powders it is satisfactory at the same time to know that it makes the whitest, lightest, sweetest and most delicious food, which will keep moist and fresh longer, and that can be eaten with immunity hot or cold, stale or fresh, and also that owing to its greater strength it is more economical than others.

These facts should incline consumers to turn a deaf ear to all opportunities to buy the inferior powders. If a grocer urges the sale of the cheap, impure, alum brands, it should be borne in mind that it is because he can make more profit on them. The wise housekeeper will decline in all cases to take them.

*Take no chances through using a doubtful article where so important a matter as the health or life of dear ones is at stake.*

**CREDITOR.**—"The consciences of those two bankrupts appear to be very elastic." As signee—"Well, don't you expect elasticity in suspenders?"—Clothiers' and Habdashers' Weekly.

MISS PERT says that others may have their love in a cottage, but love in a carriage is a better way to put it.—Boston Transcript.

It has been recently announced that the walrus was the creation of the African ostriches. This isn't the first time they have given us tips.

**For Needn't Live in a Swamp**  
To have malarial trouble. It is as wide spread as it is insidious. But you do need Hostetter's Stomach Bitters to get over it speedily and completely. Perfect use of this professionally compounded remedy and you will floor it, though you have tried other medicines in vain.

Tackled it at the outset. The same advice should be taken in cases of dyspepsia, debility, liver and kidney complaint, rheumatism and neuralgia.

"Don't wait for me," said the boots to the beaver hat. "Why not?" asked the hat. "Because it's your business to go on a head," replied the boots.

**THE WORLD'S MAMMOTH HOTEL** is the 1,100 room, fireproof, summer hotel, the "GREAT EASTERN," at St. Lawrence Ave. and 60th St., Chicago, two blocks from Midway Plaisance World's Fair entrance and overlooking famous Washington Park. World's Fair visitors can avoid annoyance and extortion of sharks by engaging rooms now at \$1.50 a day, each person (European) by addressing Copeland Townsend, Manager, (formerly mgr. Palmer House), 42 Rookery Building, Chicago, Ill.

The policeman likes to be in politics because under such circumstances he has a chance to make a hit.—Philadelphia Times.

JAGSON says it's always a paradox of drink that a man will get away with more than he can carry.—Elmira Gazette.

**Don't Neglect a Cough.** Take some Hale's Honey of Hornehead and Far instanter. Pike's Toothache Drops Cure in one minute.

"Wife," said a henepecked husband, "go to bed." "I won't!" "Sit up, then. I will be obeyed somehow."—Tid-Bits.

"I wish I could send my boy to the old school," said Hawkins. "These gentlemen of the old school seem to know everything."

WHEN a person considers himself as "one in a thousand," he naturally regards the others as ciphers.

**Just Dog**—Lofthus—"What sort of a dog is it that you have—a pointer?" Spory—"No; a spanieler."—Truth.

THEATRICAL managers may act as though they want the earth, but it is really the stars they are after.—Inter Ocean.

Some of the funny stories told about the fireside are enough to make even the roar.—Yonkers Statesman.

That bandmaster had a proper idea of the fitness of things who ordered that his musicians should wear tunics.—Boston Courier.

Mrs. Brown—"Who was best man at your wedding?" Mrs. White—"My husband, of course."—Harvard Lampoon.

It is better to say: "This one thing I do," than to say: "These forty things I dabble in."—Washington Gladden.

Dor (aged six, on conclusion of song by celebrated tenor)—Papa, did that man make all that noise purpose?—Tid-Bits.

"What made Carter try dialect writing?" "Because he never has been able to spell anything correctly."—Inter Ocean.

## A SHOWER OF BLACK RAIN.

Examination Proved It to Have a Field Smeal and a Bad Taste.

The meteorological records of the world chronicle several uncontested instances of black rainfalls, to say nothing of the more startling phenomena of "showers of blood, blue snows," etc. Prof. Barker in April, 1845, laid before the Royal Society of Dublin some observations on a shower of black rain which fell among Carlaw and Kilkenny, extending altogether over an area of about four hundred square miles.

During the course of his lecture Prof. Barker exhibited to the society a specimen of this uncanny shower which had been sent him by a friend. The specimen shown in the vial was of a uniform black color, much resembling common black writing fluid. Dr. Barker found, however, that, after allowing it to stand for a short period, the black coloring matter separated from the water with which it had mixed, rendering the color of the rainwater much lighter, but still dark enough to be called "black rain."

The shower which was in broad daylight, was preceded by a darkness so dense as to make it impossible for one to read without the aid of a candle. After this darkness had continued for some time, a hailstorm set in, attended with vivid lightning, but without the least semblance of thunder. When this hailstorm was over the black rain began to fall.

On examination of the rain immediately after the storm was over it was found to have an extremely fetid smell, as well as a very disagreeable taste. All light-colored animals and all articles of clothing exposed bore dark spots and stains, and cattle refused to drink the water or eat the grass until after a shower of "real rain" had washed off the black, poisoning matter.

### ON A COMET.

That Is Where a Scientist Believes Hades Will Be Located.

What do you think of the idea of hell, the future abode of the wicked, being situated in the nucleus of some gigantic comet? This opinion, says the St. Louis Republic, odd as it may seem to those who have given comets and the future state of the dead but little attention, has been entertained by many really eminent scientists and philosophers, among them the learned Dr. Whiston, the friend and sometimes adviser of the great Sir Isaac Newton.

In answer to the inquiries of a friend who wrote to ask the doctor for some tangible proof on the subject, the following unique theories were advanced: "According to my calculations and deductions, this theory, which you rightly say 'must belong to me and me alone,' does locate hell, the awful prison house of the damned, in the fiery nucleus of some (perhaps yet undiscovered) comet of unthinkable size."

"In this wide-circling chariot of fire, they will be whirled in the twinkling of an eye from the intolerable heat of the surface of the sun back into space hundreds and hundreds of millions of miles from the great torch-bearer of our system.

"Thus instantly the wretched tenants will be given two unbearable extremes, one of cold and the other of heat; to continue through the endless ages of eternity, while the Almighty is dispensing the severities of justice." Did mortal man ever harbor a more horrible idea than this?

### A Friendly Settlement.

Maj. Campion, in his book "On the Frontier," describes a deer hunt, in the course of which he found his dog astride the dead body of a deer, while an Indian stood a little way off, bow and arrow in hand. By signs he made the white man understand that he had wounded the deer and the dog pulled it down. Then he cut up the deer, tied the fore half of it up in the skin and placed it on one side. The other half he laid at Maj. Campion's feet, delivering himself of a speech in the Ute language. The white man understood his meaning, but not a word of his address. The Indian and the dog had killed the deer together, and the dog's owner was entitled to half the game. The major was equal to the emergency. He rose and delivered in full the classical declamation: "My name is Norval," with appropriate gestures, just as he had many times given it at school. Nothing could have been better. The Indian and the white man shook hands with effusion and each with his share of the venison rode away.

### THE MARKETS.

NEW YORK, March 22.

LIVE STOCK—Cattle..... \$4.50 @ 5 40

Sheep..... 4 25 @ 5 75

Hogs..... 2 55 @ 3 65

FLOUR—Fair to Fancy..... 2 25 @ 2 65

MINNESOTA Patents..... 4 25 @ 5 00

WHEAT—No 2 Red..... 74 @ 74 1/2

Ungraded Red..... 73 @ 84

CO. 2 Red..... 72 @ 83 1/2

Ungraded Mixed..... 52 @ 58 1/2

OATS—Mixed Western..... 30 @ 41

RYE—Western..... 6 @ 65

PORK—Meat New..... 19 50 @ 19 75

WATER—Western Steam..... 12 25 @ 12 30

BUTTER—Western..... 21 @ 27

CHICAGO.

BEEFES—Shipping Steers..... \$3.00 @ 6 15

Cows..... 2.00 @ 3.50

Stockers..... 2.50 @ 3.40

Feeders..... 3.50 @ 4.30

Calves Steers..... 3.00 @ 3.80

Bulls..... 2.50 @ 3.75

HOGS—Live..... 7.05 @ 7.95

SHEEP..... 3.50 @ 5.50

BUTTER—Creamery..... 24 @ 28 1/2

Good to Choice Dairy..... 19 @ 26

EGGS—Pork..... 14 1/2 @ 15

BROOM CORN—

Herl..... 4 @ 5 1/2

Self-working..... 4 @ 5 1/2

Stockers..... 2 @ 3 20

Feeders..... 3 50 @ 4 30

Calves Steers..... 3 00 @ 3 80

Winter Patents..... 3 20 @ 3 49

WINTER STRAIGHTS..... 2 75 @ 3 00

CORN—No 2..... 41 @ 41 1/2

Oats, No 2..... 30 1/2 @ 31

Wheat, No 2..... 50 @ 50 1/2

Bailey—Good to Choice..... 43 @ 55

SLIDING..... 16 50 @ 22 50

Wooling..... 37 00 @ 32 00

COMING Boards..... 15 23 @ 21 50

Fencing..... 14 20 @ 18 00

Lath, Dry..... 2 70 @ 2 75

Shingles..... 2 60 @ 3 15

KANSAS CITY.

CATTLE—Steers..... \$3.50 @ 4 00

Stockers and Feeders..... 3.25 @ 4 20

HOGS..... 5 00 @ 4 50

SHEEP..... 3.90 @ 4 60

OMAHA.

CATTLE—Steers..... \$3.50 @ 5 20

Stockers and Feeders..... 2.75 @ 4 00

HOGS—Heavy..... 7.30 @ 7.45

Light..... 7.20 @ 7.30

SHEEP..... 3.75 @ 5 10

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NEWTON.

CATTLE—Steers..... \$3.50 @ 4 00

Stockers and Feeders..... 2.75 @ 4 00

HOGS—Heavy..... 7.30 @ 7.45

Light..... 7.20 @ 7.30

SHEEP..... 3.75 @ 5 10

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