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For Infants and Children.

Mothers Know That
Genuine Castoria

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Dr. J. C. W. L. P.
In
Use
For Over
Thirty Years
CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

"Can't Cut Off My Leg" Says Railroad Engineer

"I am a railroad engineer; about 20 years ago my leg was seriously injured in an accident out West. Upon my refusing to allow the doctor to amputate it I was told it was impossible to heal the wound. I have tried all kinds of salves and had many doctors in the past 20 years, but to no avail. Finally I resolved to use PETERSON'S OINTMENT on my leg. You cannot imagine my astonishment when I found it was doing what over 100 things had failed to do. My leg is now completely cured."—Gus Haupt, 709 Myrtle avenue, Brooklyn, N. Y. Great for piles, eczema, old sores and all skin diseases. 35 cents. Mail orders filled. Peterson Ointment Co. Inc., Buffalo, N. Y.

HIS DESTINATION NO OBJECT

As Example of Perfect Freedom From Care, Colored Boy Would Be Hard to Beat.

Sitting in the rear end of a day coach on a jerkwater road in Texas, my end of the car being a smoker for white passengers and the front end being reserved for the accommodation of colored persons. I—looking through the open door of the dividing partition—saw the conductor stop in the aisle alongside a half-grown negro boy who had boarded the coach at a flag station.

"I ain't got no ticket, cap'n," I heard the darky say. So saying, he hauled a handful of silver dollars out of a pocket and extended the hand, its palm covered with coins.

"Well, then, where do you want to go?" asked the conductor.

"Cap'n, it don't make no difference," quoth the boy. "Jes' you tell me, please, sah, when dis here money is done ridden up an' den I'll get off effen I lak de looks of de place, an' effen I don't lak it I'll give you some mo' money an' keep on a-ridin'."—Irvin S. Cobb in the Saturday Evening Post.

SMALL COMFORT FOR TITUS

Mr. Titmouse Might Have Felt Better Had He Not Called on News-paper Editor.

Titus Titmouse was infuriated, but the editor of the Western Wind shut him up in two seconds.

"Is this the newspaper office?" inquired Mr. Titmouse.

"It is," responded the man at the desk.

"Didn't this paper say I was a liar?"

"It did not."

"Didn't it say I was a scoundrel?"

"It did not."

"Well, some paper said it."

"Possibly it was our contemporary down the street," suggested the editor as he picked up a paperweight. "This paper never prints stale news."—Los Angeles Times.

Food For A July Morning

—and every morning when the thought of health enters into the meal time preparation—

Grape-Nuts

This easily digested food needs no sugar, yet it has a most pleasing sweet flavor, and is full of the sound goodness of wheat and malted barley.

"There's a Reason"



IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL LESSON

(By REV. P. B. FITZWATER, D. D.,
Teacher of English Bible in the Moody
Bible Institute of Chicago.)
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LESSON FOR JULY 18

DAVID SPARES SAUL'S LIFE.

LESSON TEXT—1 Sam. 26.
GOLDEN TEXT—Love your enemies, do good to them that hate you.—Luke 6:27.
ADDITIONAL MATERIAL—1 Sam. 24.
PRIMARY TOPIC—The Man Who Was Kind to His Enemy.
JUNIOR TOPIC—"Paying Back."
INTERMEDIATE AND SENIOR TOPIC—Overcoming Evil With Good.
YOUNG PEOPLE AND ADULT TOPIC—Treatment of Wrongdoers.

I. Saul in Pursuit of David (vv. 1-13).

Ever since David took his departure from Jonathan (ch. 20), when that crowning act of friendship was shown, Saul had been hunting him as a wild animal. He now pursues him with 3,000 chosen men. David flees from place to place, hiding as an outlaw. Sometimes he is in the enemies' country doing disreputable things. This is the period of his schooling which fitted him to be the eminent king that he was. It was a bitter period in his life, but God sent him to this school and adapted the instruction to his needs. David never could have been the broad man that he was, had he not been prepared in this crucible of bitter experience. His wading deeply into trouble adapted him to write psalms suited to all men, in all ages, and under all conditions. His life swung through the arc of human experience, touching the highest point of fame and dipping to the depths of sorrow and shame. Then, personally, he learned many lessons, among which may be mentioned:

1. His own weakness. It was necessary that he be humbled under the sense of his infirmities. Unless a man has learned this lesson, sudden elevation to power will utterly ruin him.

2. His dependence upon God. David's many miraculous escapes caused him to realize that the Lord had redeemed him out of his adversity. His hiding places in the rocks gave him much of his imagery for the psalms.

3. He learned the country and people over which he was to rule. By knowing the grievous afflictions which Saul had heaped upon the people he could sympathize and remove them.

4. He learned the magnanimity of self-control. This a man must know before he can be a true king. He that ruleth his spirit is better than he that taketh a city (Prov. 16:32).

II. Saul in David's Hands (vv. 4-20).

1. David sends out spies (v. 4). This he did to find out as to whether Saul was come in very deed.

2. David at Saul's camp (vv. 5-11). He took with him Abiath and went in the night to where Saul was sleeping. Abiath asked to be allowed to kill Saul, but David forbade him because Saul was the Lord's anointed.

3. David takes Saul's spear and cruse of water (vv. 12, 13). Once before at Engedi (ch. 24) David spared Saul's life. Now again he was at his mercy. This he did that he might show tangible evidence to the king that he had no evil intent.

4. David taunts Abner, the king's bodyguard (vv. 14-16). He calls to Abner and taunts him for his listlessness—his failure to watch over the Lord's anointed, the evidence of which is the cruse and the spear in his hands.

5. David reasons with Saul (vv. 17-20). When Saul recognized David's voice, David began to reason with him, showing that he had nothing but good intentions toward the king. He asked that he would show what wrong he had done or what evil intent was in his heart. David is very humble and begs Saul to relent, for surely if he had any wicked purpose he would not have saved his life twice when the Lord had placed Saul wholly at his mercy. David had peculiar regard for the Lord's anointed. He recognized the fact that the Lord had delivered Saul into his hands not to kill, but to save.

III. Saul's Confession (vv. 21-25).

1. He confessed that he had sinned. The sad feature about his confession is that it lacked conviction, for he went right on sinning. This is the great trouble with people. They are willing to confess that they are sinners, but still they go on sinning.

2. He confessed that he had played the fool and erred exceedingly. We see about us daily many using such expressions, but still they go on repeating their sins. David shows his magnanimity of spirit, however, in de-liv-er-ing the cruse and the spear to Saul's servant. He knew that Saul's confession was not genuine, so he was afraid to go near. He knew the cunning of that old fox. He still appeals to Saul's kindness to him, and they part never to meet again.

Consider Faults of Others.

No one thing does human life more need than a kind consideration of the faults of others. Every one sins; every one needs forbearance. Our own imperfections should teach us to be merciful.

Meditation.

Meditation is the life of the soul; action is the soul of meditation; honor is the reward of action; so meditate, that thou mayest do; so do, that thou mayest purchase honor, for which purchase give God the glory.—Quarles.

Home Town Helps

FOR BEAUTIFICATION OF ROAD

Praiseworthy Idea Is That of Planting Trees in Streets of the Various Cities.

Now comes Charles Lathrop Pack, president of the American Forestry association, who urges the beautification of roads. Mr. Pack suggests that we cease building monuments for at least ten years, until the proper perspective can be given the situation, and that all the roads of the country, old and new, be planted in honor of the men and women who entered war work. He also suggests that counties work out plans for the placing of groves, so that we may in time have a national extended memorial.

The suggestion has been taken up in many parts of the country. A unique instance is the work of the people of Minneapolis, who are planning as far ahead as 1951. Trees are being trained there for 50 years hence, the American elm, of the vase type, being used. A fund of \$50,000 has been set aside for the care of these trees. Mr. C. M. Loring is the chief of the park system of Minneapolis, and this sum is his contribution to the memorial. The trees will be planted 60 feet apart. Other cities are also alive to what can be done in this work. Washington plans to have a driveway between Potomac and Rock Creek parks, and memorial tree planting is under discussion there. In Cincinnati, a boulevard starting in the down-town section may be improved in this manner.

ATTRACTIVE MAIL BOX



That his roadside mail box might harmonize with the stucco ranch house, this cattle man covered base, pedestal, and box with concrete. The roof of the box is painted green.—From Popular Mechanics Magazine.

Concerning the Garden.

The delights of a garden don't need classifying, but some of the difficulties do. The first is to find the right place in which to make the garden. It should be in a locality where the sun will shine on it for at least five hours each bright day. It should not be where the soil is so thin and the rocks so near the surface that the garden will burn out during the summer. It should not be under or near large trees; the trees will not only keep the sun off, but will draw all the moisture and plantfood from the soil. Nor must the garden be in a spot that gets flooded.

Co-ordination of Work.

Through the association of commerce the city of Milwaukee is planning to centralize all of the city's activities among the foreign born. The plan calls for a general committee, whose representatives are drawn from the various civic, social, and patriotic bodies and for an executive committee of five members to be appointed from the general committee. The co-operation of a member from each of these bodies will obviate all duplication of work and will mean a large increase in the ground covered in the coming year.

Her Heartlessness.

"I hear tell that Gabe Gawkey is figuring on getting a divorce from his wife," said a neighbor. "What's the matter with her, anyhow?"

"She's plumb heartless," replied Gap Johnson of Rumpus Ridge, Ark. "He talked about taking some spring medicine and she up and told him that the best kind to suit his case was a buck-saw and ax. That there infernal lady ain't got no more feelings than a snapping turtle!"—Kansas City Times.

Community's Benefactor.

The man who owns an attractive home, large or small, is a real benefactor to the community. He is particularly fortunate if he can build the house himself. Then he can say with satisfaction: "When I am gone at least I shall have left a monument in the shape of this house. The town is more attractive than it would have been if I had not built my home here."

When Love Grew Cold.

My most embarrassing moment happened when I was twelve years old. I was in love. It was on a winter morning, and my mother was sending me to the store, when the boy I loved passed by. I went out of the house as fast as I could, but I slipped and fell down the stairs. It was so funny he laughed out loud at me. I never looked at that boy again.—Exchange.

Simply Worn Out



How Many Women Are Like This?

Can anything be more wearing for women than the ceaseless round of household duties? Oh! the monotony of it all—work and drudge; no time to be sick; tired, ailing, yet cannot stop. There comes a time when something "snaps" and they find themselves "simply worn out," and to make matters worse, have contracted serious feminine disorder which almost always follows the constant overtaxing of a woman's strength.

Then they should remember that there is no remedy like Lydia E. Pinkham's Vegetable Compound—the experience of these two women establishes that fact:

Cedar Rapids, Ia.—"After the birth of my last child I had such painful spells that would unfit me entirely for my household. I suffered for months and the doctor said that my trouble was organic and I would have to have an operation. That was an awful thing to me, with a young baby and four other children, so one day I thought of Lydia E. Pinkham's Vegetable Compound and how it had helped me years before and I decided to try it again. I took five bottles of Vegetable Compound and used Lydia E. Pinkham's Sanative Wash and since then I have been a well woman, able to take care of my house and family without any trouble or a day's pain. I am ready and thankful to swear by your medicine any time. I am forty-four years old and have not had a day's illness of any kind for three years."—Mrs. H. K. Kowro, 617 Ellis Blvd., Cedar Rapids, Iowa.

Sandusky, Ohio.—"After the birth of my baby I had organic trouble. My doctor said it was caused by too heavy lifting and I would have to have an operation. I would not consent to an operation and let it go for over a year, having my sister do my work for me as I was not able to walk. One day my aunt came to see me and told me about your medicine—said it cured her of the same thing. I took Lydia E. Pinkham's Vegetable Compound and used Lydia E. Pinkham's Sanative Wash and they have cured me. Now I do my own household, washing and ironing and sewing for my family and also do sewing for other people. I still take a bottle of Vegetable Compound every spring for a tonic. I recommend your medicine to others who have troubles similar to mine and you can use my letter if you wish."—Mrs. Paul Farnsworth, 1325 Stone St., Sandusky, Ohio.

All Worn Out Women Should Take

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., LYNN, MASS.

Too Good to Work.

A tall ancestral clock stood upon the mantelpiece in a Southern home, faithful to its duty. It had run uninterruptedly for years. On a holiday occasion the maid, an old-time negro, decorating the house with holly and mistletoe, furnished the clock with a particularly brilliant wreath, and as she said, dressed it up for the occasion. The next morning when she came to work, the faithful old clock had stopped.

She stood before it, arms akimbo, and apostrophized it: "I knowed you was going to stop, clock! You is just like a nigger—no sooner 'n you gets all dressed up, you think you is too good to work."

EATONIC Users —Do This—Get the Greatest Benefits

Chicago, Ill.—Thousands of reports from people all over the U. S. who have tested Eatonic, show the greatest benefits are obtained by using it for a few weeks, taking one or two tablets after each meal.

Eatonic users know that it stops Belching, Bloating, Heartburn, and Stomach Miseries quickly, but the really lasting benefits are obtained by using Eatonic long enough to take the harmful excess acids and gases entirely out of the system. This requires a little time, for Eatonic takes up the excess acidity and poisons and carries them out of the body and of course, when it is all removed, the sufferer gets well, feels fine—full of life and pep.

If you have been taking an Eatonic now and then, be sure and take it regularly for a time and obtain all of these wonderful benefits. Please speak to your druggist about this, so that he can tell others that need this help. Adv.

A Helping Hand.

A very shy young farmer was courting a serious-minded young woman who was not averse to him or to marriage, but she found herself after a long period of silent courtship no nearer the goal than ever; the young man could not summon up courage to speak.

One night, as they sat together—in dead silence, of course—in her father's parlor, she decided that the hour and the man had come.

"George," she said in her most serious tones, "George, if you love me and don't like to say so, you may squeeze my hand."

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Eczema

MONEY BACK
without question if Hunt's Salve fails in the treatment of Eczema, Tetter, Ringworm, Itch, etc. Don't become discouraged because other treatments failed. Hunt's Salve has relieved hundreds of such cases. You can't lose on our Money Back Guarantee. Try it at our risk TODAY. Price the at drug stores.

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Life is a burden when the body is racked with pain. Everything worries and the victim becomes despondent and downhearted. To bring back the sunshine take

GOLD MEDAL HAARLEM OIL

The national remedy of Holland for over 200 years; it is an enemy of all pains resulting from kidney, liver and uric acid troubles. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation

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located near thriving towns, good markets, railways—land of a kind which grows 20 to 45 bushels of wheat to the acre. Good grazing lands at low prices convenient to your grain farm enable you to reap the profits from stock raising and dairying.

Learn the Facts About Western Canada

—low taxation (none on improvements), healthful climate, good schools, churches, pleasant social relationships, a prosperous and industrious people. For illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, and Alberta, reduced railway rates, etc., write Department of Immigration, Ottawa, Can. or J. M. MacLACHLAN, 215 Traction Terminal Bldg., Indianapolis, Ind., Canadian Government Agent.

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