

THAT AWFUL BACKACHE

Cured by Lydia E. Pinkham's Vegetable Compound

Morton's Gap, Kentucky.—"I suffered two years with female disorders, my health was very bad and I had a continual backache which was simply awful. I could not stand on my feet long enough to cook a meal's victuals without my back nearly killing me, and I would have such dragging sensations I could hardly bear it. I had soreness in each side, could not stand tight clothing, and was irregular. I was completely run down. On advice I took Lydia E. Pinkham's Vegetable Compound and Liver Pills and am enjoying good health. It is now more than two years and I have not had an ache or pain since I do all my own work, washing and everything, and never have the backache any more. I think your medicine is grand and I praise it to all my neighbors. If you think my testimony will help others you may publish it."—Mrs. OLLIE WOODALL, Morton's Gap, Kentucky.

Backache is a symptom of organic weakness or derangement. If you have backache don't neglect it. To get permanent relief you must reach the root of the trouble. Nothing we know of will do this so surely as Lydia E. Pinkham's Compound.

Write to Mrs. Pinkham, at Lynn, Mass., for special advice. Your letter will be absolutely confidential, and the advice free.

A Hopeful Fellow.
"What is an optimist?"
"A man whose bump of hope is bigger than the rest of his head."

On Second Washing.
"I've just washed out a suit for my little boy—and now it seems too tight for him."

"He'll fit it all right, if you'll wash the boy."—Megendorfer Blaetter.

A Personal Matter.
"You must have studied political economy pretty thoroughly to be so impressed with the iniquity of the trusts."

"To tell you the truth," replied the candid citizen, "I don't know much about the inside workings of trusts. But I have seen pictures of the men who run them, and I have kind of taken a dislike to them."

EASY.



Jessie—How does Sue manage to win so many guessing contests?
Joe—Her father is in charge of the local weather bureau, and she gets him to predict the result of the contest, and then she guesses the other way.

AT THE PARSONAGE.
Coffee Runs Riot No Longer.

"Wife and I had a serious time of it while we were coffee drinkers."

"She had gastritis, headaches, belching and would have periods of sickness, while I secured a daily headache that became chronic."

"We naturally sought relief by drugs without avail, for it is now plain enough that no drug will cure the diseases another drug (coffee) sets up, particularly, so long as the drug which causes the trouble is continued. Finally we thought we would try leaving off coffee and using Postum. I noticed that my headaches disappeared like magic, and my old 'trembly' nervousness left. One day wife said, 'Do you know my gastritis has gone?'

"One can hardly realize what Postum has done for us."

"Then we began to talk to others. Wife's father and mother were both coffee drinkers and sufferers. Their headaches left entirely a short time after they changed from coffee to Postum."

"I began to enquire among my parshioners and found to my astonishment that numbers of them use Postum in place of coffee. Many of the ministers who have visited our parshion have become enthusiastic champions of Postum." Name given by Postum Co., Battle Creek, Mich.

Read the little book, "The Road to Wellville," in pkgs. "There's a reason." Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.



RIBBON AS A FRIEND

CAN BE USED TO GIVE JUST THE NEEDED TOUCH.

Little Thought and Time Spent on Adjustment Means Much—Possibilities for Artistic Effect Almost Without Number.

Knowing how to tie a bow or how to arrange folded ribbon artistically is an accomplishment comparatively few women possess.

Deft fingers and an artist's eye are essential in this work, but with practice most women will be able to gain good results.

To the woman who is employed, ribbon is a tried and true friend. Times without number it can be used to add just the needed touch to a business suit or to freshen a gown that has begun to show the marks of wear.

A fresh bow on the hat you have been wearing all summer will fix that so you can finish out the season without the expense of a new one.

With two yards of soft, wide ribbon make yourself one of the fashionable new girdles for your white frock.

Measure off a length to encircle the waist and cut it straight at the ends. Fold it lengthwise in three to form narrow plaits and bone it with featherbone four inches on either side of the center of the front and the same distance from the center back, with a bone each side of the lap at the back to hold it in shape and for a foundation for the hooks and eyes. Double the ends over these bones and sew them fast.

Make a broad obi bow for the back by folding the ribbon over with the two edges meeting in the center. Baste these down firmly and plait in the center the same width as the girdle. Fold a bit of ribbon over the center for a loop and sew it fast to the girdle.

After the girdle is in place, pin the top of the wide loops to the bodice of your gown, well up on the back, about the base of your shoulder blade. By this a pretty oriental effect is given to the otherwise plain frock.

Four long loops and two short loops of ribbon, held in place with a twisted knot, make an artistic bow for a large hat. Make the long loops nine inches doubled and the short ones six inches.

Wire the longer loops with flat ribbon wire, caught on the inside with a long stitch, so they will keep in place. Around the crown of your hat put a folded band of the same ribbon and sew the bow to the front, with the knot exactly in the center. Tack the loops in place and your hat is ready to wear.

A flat pump bow of velvet ribbon, or a bow of soft satin ribbon with two loops and two ends, makes a pretty finish for the linen collar or the Dutch collar of lace.

Narrow ribbon made into a rosette bow with long ends, having the ribbon sewed in tiny loops simulating blossoms, makes delightful little color touches for the top of the lace jabot.

Substitute for Bodkin.

If a bodkin is not at hand, an excellent substitute is a wooden match.

First strike the head; let it blaze a moment and blow out the flame.

Cut or break off the burnt end, then wrap the ribbon or tape firmly about the end of the matchstick and push it through the hem, as is done with a bodkin. If held firmly, the tape or ribbon will not slip.

Important to Mothers.

Examine carefully every bottle of CASTORIA, safe and sure remedy for infants and children, and see that it

Bears the Signature of Dr. Fletcher.

In Use For Over 30 Years.

Children Cry for Fletcher's Castoria

Revision.

Suitor—I am afraid that I am not worthy enough for your daughter.

Parent—Bosh! The point nowadays is, Are you worth enough for her?—Judge.

In Seclusion.

"Is your mistress at home?"

"Are you the manicure lady?"

"No, indeed!"

"Then she ain't at home, mum."

One strong thing I find there below the just thing, the true thing.

CHILD'S FROCK OF CASHMERE



This pretty frock is of cashmere, trimmed with hand embroidery and hand embroidered scallops and dots.

It is in princess form, finished at the bottom with the embroidery, which forms the heading to a little blouse of the material.

On the waist the embroidery forms the sash and cuffs. The girdle is of cord, the ends finished with tassels.

In Praise of Cander.

Cander is the brightest gem of criticism—Darnell.

These ribbon flowers are pretty for hair ornaments when fastened to a ribbon-covered bandeau.

American beauty, coral, cerise, royal blue, matador blue, empire green, violet and Helen pink are the accepted shades this season.

Black-and-white striped ribbons are also much in form.

DUTCH BONNET.



In navy blue taffetas and broderie Anglaise, with cluster of red roses.

Concerning Suits.

Skirts are being made slightly fuller than they were in the early part of the season, but they are still cut with the long slim lines which will prevail during the fall season.

The popularity of the panel back and front still holds. The newest skirts have plaits inset at the sides to give the desired fullness.

The raised waistline with an inside belt to keep it firmly in place is a feature on the modish models.

Separate skirts are strictly tailored, and those that do not show the panel effect are either cut perfectly plain, trimmed only with stitching or have a simulated tunic effect obtained by the use of bias bands.

To Make Buttonholes.

We have all been troubled in making buttonholes in thin materials. Here is a way of overcoming the difficulty. Hold a piece of the material on the under side and cut the hole through this as though it were part of the waist.

After you have finished working the buttonhole, cut away the under cloth very carefully, so that it will not show. You will have no difficulty even with chiffon, if you fold the cloth two or three times.

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COIFFURES OF ALL KINDS

Season's Offerings Show a Decidedly Wide Choice in the Matter of Dressing the Hair.

No matter to which side our taste may incline or whether we feel disposed to vote for the picturesque head "sunning over with curls," the quaint demureness of the early Victorian center parting or the severely classic swathing of straight strands of hair bound closely round the head this season, we shall find coiffures to our taste.

Without exception the new transformations and toupees are of the most attractive and fascinating description, carried out as they are in hair of the finest quality procurable, which has practically no weight at all and which from the fact that it is naturally wavy and curly will remain entirely unaffected by rain, sea air, fog or any kind of dampness in the atmosphere. The many advantages of naturally wavy hair which will withstand these adverse conditions must be self-evident.

Renovating Worn Cloth.

To revive the appearance of a suit that is becoming so worn as to be shiny in certain spots, a bit of distilled white vinegar, diluted in water, rubbed in with a white woolen cloth will raise the nap and give it a look of newness that will make the suit of good service for some weeks more.

This is a good hint to take advantage of for it can save one additional expense, especially when wanting to tide over into the next season, when a heavier or lighter cloth is more appropriate.

A WALKING SKELETON.

Worn Out and Prostrated with Terrible Kidney Trouble.

Mrs. Margaret Cook, North Market St., Logan, Ohio, says: "It is almost impossible to describe my sufferings. My back ached constantly and so awful was the bearing-down pain that I could scarcely drag myself about. Kidney secretions were in terrible condition and pains through my head were so intense I could scarcely refrain from screaming. I could not sleep, was nervous and lost flesh so rapidly I looked like a walking skeleton. I doctored all the time but had begun to think there was no help for me. Then I began taking Doan's Kidney Pills and was entirely cured. Doan's Kidney Pills gave me a new lease of life."

Remember the name—Doan's.

For sale by druggists and general storekeepers everywhere. Price 50c. Foster-Milburn Co., Buffalo, N. Y.

HIS CRIME.



Evelina—I am sorry, but I cannot marry a man of your character.

Edgar—What have I ever done?

Evelina—I have just learned that

you are a director in a life insurance company.

TO KEEP THE SKIN CLEAR

For more than a generation, CUTICURA Soap and CUTICURA Ointment have done more for pimples, blackheads and other unsightly conditions of the complexion, red, rough, chapped hands, dandruff, itching, scaly scalps, and dry, thin and failing hair than any other method. They do even more for skin-tortured and disfigured infants and children. Although CUTICURA Soap and Ointment are sold by druggists and dealers throughout the world, a liberal sample of each, with 32-page book on the care of the skin and hair will be sent post-free, on application to "CUTICURA," Dept. 22 L, Boston.

To Be a Good Cook.

To be a good cook means the knowledge of all fruits, herbs, balms and spices; and of all that is healing and sweet in fields and groves, savory meats; it means carefulness, inventiveness, watchfulness, willingness and readiness of appliance; it means the economy of your great-grandmothers and the science of modern chemists; it means much testing and no wasting; it means English thoroughness, French art and Arabian hospitality; it means, in fine, that you are to be perfectly and always ladies (loaf-givers), and you are to see that everybody has something nice to eat."—Ruskin.

Better Go On, Boys.

Belsazar saw the writing on the wall.

"It means your wife will be home on the 9:22 and you had better begin to wash up all the dishes," advised the interpreter.

Herewith a distinct gloom was cast over the banquet.

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HE HAD THEM IN A CORNER

Clergyman's Rebuke to Thoughtless Youths at Once Neat and Disconcerting.

A well-known clergyman was one day, in a barber's shop, when four or five young men walked in whom he knew by their voices, but who did not recognize the man in the chair, with lather all over his face. They proceeded to spend the time by telling stories and using expressions which, to say the least, were rather strong. When the barber pulled away the towel the clergyman, cleanly shaved, stood before them. So nonplussed were they that no one tried to take the vacant chair, and the barber called several times—"Next gentleman! Next gentleman!"

The clergyman smiled somewhat grimly as he said:

"It isn't a bit of use, John. There's not a man here who has the effrontery to answer to that name."

Cole's Carbolic Acid quickly relieves and cures burning, itching and torturing skin diseases. It instantly stops the pain of burns. Cures without scars. Used and recommended by druggists. For free sample write to J. W. Cole & Co., Black River Falls, Wis.

A Mystery.

He (during the spat)—Well, if you want to know it, I married you for your money.