

A SUDDEN GOLD.



Miss Helen Sauerbier, of 815 Main St., St. Joseph, Mich., writes an interesting letter on the subject of catching cold, which cannot fail to be of value to all women who catch cold easily.

PERUNA ADVISED FOR SUDDEN COLDS.

It should be taken according to directions on the bottle, at the first appearance of the cold.

St. Joseph, Mich., Sept. 1901.—Last winter I caught a sudden cold which developed into an unpleasant catarrh of the head and throat, depriving me of my appetite and usual good spirits. A friend who had been cured by Peruna advised me to try it and I sent for a bottle at once, and I am glad to say that in three days the phlegm had loosened and I felt better, my appetite returned and within nine days I was in my usual good health.

—Miss Helen Sauerbier.

Peruna is an old and well tried remedy for colds. No woman should be without it.

SICK HEADACHE

Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Biliousness, Nervousness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS. Genuine Must Bear Fac-Simile Signature. REFUSE SUBSTITUTES.

TOWERS' FISH BRAND SLICKER

The Cleanest, lightest, and most comfortable of the same time cheapest in the end because it wears longest.

300 Everywhere

Every garment guaranteed waterproof. Catalog free.

Paxtine TOILET ANTISEPTIC

Keeps the breath, teeth, mouth and body antiseptically clean and free from unhealthy germ-life and disagreeable odors, which water, soap and tooth preparations alone cannot do. A germicidal, disinfecting and deodorizing toilet requisite of exceptional excellence and economy. Invaluable for inflamed eyes, throat and nasal and uterine catarrh. At drug and toilet stores, 50 cents, or by mail postpaid. Large Trial Sample.

WITH "HEALTH AND BEAUTY" BOOK SENT FREE

THE PAXTINE TOILET CO., Boston, Mass.

Low Rates to California,

Oregon, Washington, Idaho, Utah, Colorado, Montana, Wyoming and other Western States, on SHIPMENTS OF HOUSEHOLD GOODS AND EMIGRANT MOVABLES. Address THE AMERICAN FURNITURE CO., 188 Madison St., Chicago, Ill., or 355 E. 11th St., Seattle, W. T.

PISO'S

Throat and Lungs

Need just the protection against cold and cough that is obtained from PISO'S. If you have a cough or cold, slight or serious, begin taking PISO'S today and you will find it is the best, when a few doses of PISO'S cure you of all that you will find. PISO'S for all colds, coughs, croup, whooping cough, and all other respiratory and harmful ailments.

At all druggists, 25 cts.

CURE

L. N. U. INDIANAPOLIS NO. 42, 1908.

Big Game in Alaska

—Teddy Ought to Go There—

A wonderful variety of wild game, ranging from the lordly moose and formidable polar bear to the quail and game birds without end, is to be found in Alaska. Wilfred H. Osgood, assistant biologist of the Department of Agriculture, has returned to Washington from a long study of the game resources of this Territory, and he tells a story of hunting possibilities there calculated to enthrall even the dullest sportsman.

From all accounts the President's thirst for big game might have been appeased by an expedition to Alaska. He would not find there the wild boars, tigers and other beasts of the tropics, but he would find practically all the game which during the early days of the republic made the Western country the hunter's paradise. Mr. Osgood pronounces Alaska one of the most important game regions in the world. It is the last of the American possessions in which the frontier conditions will continue for many years, so those who care to go there to hunt will have good sport for a long period to come.

Alaska possesses a varied climate, broad rivers, innumerable lakes, deep forests and chains of lofty mountains. In short, many of the chief attributes of a natural game resort. On the barren northern shores are found the lumbering walrus and savage polar bears. In the southern regions are innumerable deer, and between these two extremes are great forests, the home of moose and caribou. Sheep and goats range the snow-clad mountain peaks.

"Among Alaska's game animals," said Mr. Osgood, "are some of the largest and finest in the world, such as the giant moose and the huge brown bears. The Alaska moose is the largest existing land mammal in America, and the largest member of the deer family in the world. It is similar to the moose of Eastern North America and the elk of the old world, but exceeds them in size and differs somewhat in color. Its antlers reach magnificent proportions, almost rivaling those of the extinct Irish elk. The average spread from tip to tip is between five and six feet.

"They are found pretty generally throughout the timbered parts of Alaska, except in the southeasterly coast range, where they are absent. Still hunting is the favorite method of hunting moose in Alaska. Calling with the birch-bark horn, so successfully practiced in Eastern Canada, is not greatly in vogue. Contrary to the custom in the East the imitation of the bull is used most frequently, although evidence that bulls can be attracted by the call of the cow is not lacking. In some instances dogs have been successfully employed.

"Caribou inhabit the treeless and semi-treeless parts of Alaska. Except in crossing from one mountain ridge to another, they rarely enter the timber, and consequently are seldom seen by travelers on the main river highways. They scatter widely in summer and in the fall collect in herds, often very large, but at all times they roam widely. The great herds in the fall of the year perform a more or less regular movement in the nature of a migration. Probably the best known of the large herds is the one which collects along the watershed between the Yukon and Tanana rivers. It regularly musters from 1,000 to 3,000 or more animals, in spite of the levies made on it by hunters.

"The higher parts of the mountains of the southeastern coast of Alaska are inhabited by white mountain goats in large numbers. With the exception of the pronghorn antelope the mountain goat is, zoologically, the most peculiar of American game animals. With the possible exception of the musk ox, its habits are the least known. Despite its name, it is not a goat nor is it an antelope, though having more in common with the antelope than the true goats. At present its nearest relatives are the curious Asiatic screws and gorals and the well-known chamois.

"This goat lives almost entirely at high altitudes, frequently steep cliffs, rock-walled canyons and summits of an even more forbidding nature than those traveled by mountain sheep. To get within gun range of them is more of a feat of mountaineering than of crafty hunting. This is partly because the goats keep watch only over the country below them, so it is necessary to get above—and to do so is in most cases to get to the ultimate heights.

"Alaska is without a rival in respect to number and variety of bears. No fewer than thirteen kinds live in the territory, divided into four general types—brown bears, the grizzlies, the black bears and polar bears. The brown bears are the most numerous and important, and are found exclusively in the coast region. I found that brown bears are more ferocious than grizzlies; they are more powerful, and at close quarters are correspondingly dangerous. When the salmon begin to run they feed largely on them, and by some have been called fish bears. Alaskan brown bears are rapidly becoming extinct.—Washington Cor. Brooklyn Eagle.

How He Died.

Governor Hughes seldom enlivens his public addresses by relating amusing incidents, but at the Greene County Fair recently he relaxed. He was inspecting, he said, with the aid of the principal, the school in a small town. After visiting the gymnasium, swimming pool and auditorium they entered the history classroom. An oral examination was evidently in progress.

"Thomas," said the teacher, "did Martin Luther die a natural death?"

"No, ma'am," was the prompt reply. "He was excommunicated by a bull."

—New York Times.

Thirty Days.

Judge—Have you anything to offer to the court before sentence is passed? Prisoner—No, judge. I had \$10, but my lawyer took that.—Browning's Magazine.

To Help Her Memory.

"I shall be away a whole year, so I must give you a keepsake, my pet," said Charles, drawing a rather insignificant ring off his little finger.

"It's not much, Charlie, is it?" she remarked.

"No, darling. But it isn't the intrinsic value of the thing that—"

"Of course not, dearest!" she interposed hurriedly. "But, my own, if you could manage to give me a diamond ring, I should always be looking at it, and that would make me think of you when you're away!"

It Surely Would.

"If I were only a nice, large bank check!" sighed the girl who was pretty but poor.

"Then what?" queried the young man.

"Then," explained the fair maid, "my face would make me valuable."

—Detroit Tribune.

A Match for Him.

"It's too bad," said the judge caustically, "that the defendant should have chosen you for counsel. You know nothing about law."

"Well, your honor," replied the young lawyer, "I don't need to in this court."—Philadelphia Press.

Persian Beauties.

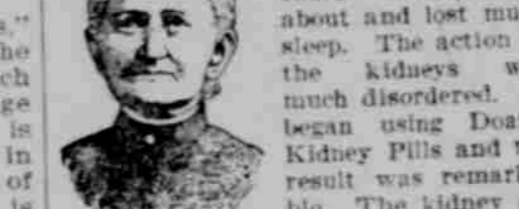
Some of the beauties of Persia decorate their faces by painting figures of animals and insects upon them.

DRAGS YOU DOWN.

Backache and Kidney Trouble Slowly Wear One Out.

Mrs. R. Crouse, Fayette St., Manchester, Iowa, says: "For two years my back was weak and rheumatic. Pains ran through my back, hips and limbs. I could hardly get about and lost much sleep. The action of the kidneys was much disordered. I began using Doan's Kidney Pills and the result was remarkable. The kidney action became normal, the backache ceased and my health is now unusually good."

Sold by all dealers. 50 cents a box. Foster-McIlburn Co., Buffalo, N. Y.



The Chorus Girl.

"Well, it's you and other men that make girls wear tight clothes. Girls don't wear 'em for the fun of it, but because you men pay 'em money to live. And they've got to have money to live. You pay a girl six or eight dollars a week in a store to stand up all day and sell goods till she's ready to yell at night, she's so nervous, and you offer the same girl eighteen a week to wear tight clothes and dance and sing in a chorus. Do you wonder that those that can choose the chorus? Let me tell you one thing, Mr. Man. If I had to do it over again, I'm damned if I'd ever go into store work at all—I'd light out straight for the chorus. Women've got to do what you want us to live, anyhow—and it seems to you like us better in the chorus—you pay us three times as much for showing our legs as for selling your wares. Hard work, I'm sick of all this bunk about the chorus girl. Let me ask you one thing: Which is the decenter proposition—the girl on the stage who's working for her living—and working hard, too—or the rich loafer in the bald-headed row who comes night after night to look at her—and tempt her if he can?"—Joseph Medill Patterson, in "A Little Brother of the Rich."

Famous Noses.

The immortal Ovid, surnamed Naso, had a bottle nose.

Lycurgus and Solon had noses each six inches in length.

Scipio Nasica derived his name from his very prominent nose.

Antiochus VIII was called "Grampus" because his nose was as big and hooked as a vulture's beak.

In the medals of Cyrus and Artaxerxes the tips of their noses came clear out to the rim of the coin.

Mohammed's nose was so curved that the point seemed to be endeavoring to insert itself between his lips.

Numa's nose was six inches in length, whence he obtained his surname of Pompilius, as being the owner of a superlative nose.

Great Frederick's nose was so prominent that Lavater offered to wager his reputation that, blindfolded, he could tell it out of 10,000 other noses by simply taking it between his thumb and finger.

WANTED TO KNOW

The Truth About Grape-Nuts Food.

It doesn't matter so much what you hear about a thing, it's what you know that counts. And correct knowledge is most likely to come from personal experience.

"About a year ago," writes a N. Y. man, "I was bothered by indigestion, especially during the forenoon. I tried several remedies without any permanent improvement.

"My breakfast usually consisted of oatmeal, steak or chops, bread, coffee and some fruit.

"Hearing so much about Grape-Nuts, I concluded to give it a trial and find out if all I had heard of it was true.

"So I began with Grape-Nuts and cream, 2 soft boiled eggs, toast, a cup of Postum and some fruit. Before the end of the first week I was rid of the acidity of the stomach and felt much relieved.

"By the end of the second week all traces of indigestion had disappeared and I was in first rate health once more. Before beginning this course of diet, I never had any appetite for lunch, but now I can enjoy a hearty meal at noon time." "There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pks.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Just the Thing For Her.

Tommy—Pa, gimme a dollar. Tomorrow's mamma's birthday, you know, and—

Pa—You want to give her a present, eh? What did you think of giving her?

Tommy—Why, there's a dandy air rifle up at Gilligan's cigar store.—Philadelphia Press.

GIRL WAS DELIRIOUS

With Fearful Eczeema—Pain, Heat, and Tingling Were Excruciating—Cuticura Acted Like Magic.

"An eruption broke out on my daughter's chest. I took her to a doctor, and he pronounced it to be eczeema of a very bad form. He treated her, but the disease spread to her back, and then the whole of her head was affected, and all her hair had to be cut off. The pain she suffered was excruciating, and with that and the heat and tingling her life was almost unbearable. Occasionally she was delirious and she did not have a proper hour's sleep for many nights. The second doctor we tried afforded her just as little relief as the first. Then I purchased Cuticura Soap, Ointment and Pills, and before the Ointment was three-quarters finished every trace of the disease was gone. It really seemed like magic. Mrs. T. W. Hyde, Brentwood, Essex, England, Mar. 8, 1907."

A Sure Sign.

"Say," said the girl in the candy store, as she weighed out a dime's worth of peppermint lozenges and put them in a paper bag, "this fellow's married all right."

"How do you know?" whispered the other girl.

"He used to buy two-pound boxes regularly. Now look what he's taking home to her."—Detroit Free Press.

Languages.

"I am afraid that your new chef is overtaxing your digestion," said the physician. "Here's a prescription."

"Let's have a look at it."

"But you can't read it."

"Oh, that's all right. I couldn't read the menu either."—Houston Post.

Red Cross Ball Blue

Should be in every home. Ask your grocer for it. Large box, 25 cents.

Another Objection.

"There's one great objection to the flying machine," said Mr. Sirius Barker, "and that's the question of safety appliances."

"It can carry a parachute."

"You say, but a parachute looks so much like an umbrella that every time you want to use it you're sure to find it has been borrowed."—Washington Star.

Dynamite.

Dynamite explodes so rapidly that its force is exerted in the direction from which the greatest pressure comes. That is, if the dynamite be placed on the ground the explosive force is down; if it be hung against a wall its force attacks the wall; if it be hung under an object its force is upward.

A Good Way.

"How can I cure him of being so superstitious?"

"Tell him it's bad luck!"—Pittsburg Post.

If it's Your Eye Use Pettit's Eye Salve, for inflammation, sty, itching lids, eye aches, defects of vision and sensitive, or strong lights. All druggists or Howard Bros.

The Saddest People in this World

are those who are always fleeing from sorrow.

One way to keep the hands soft and clean is to let mother do all the work.

HEIR TO GREAT FORTUNE.

"Baby" Brown, the Widest Known Eight-Year-Old in the Country.

Young John Nicholas Brown, the \$10,000,000 "Baby" Brown and the prospective heir to several millions more as his father's share from his grandmother, Mrs. John Carter Brown, is the widest known eight-year-old in the country to-day. Baby Brown was hurried off to Europe last winter to escape suspected kidnappers, where he traveled through England and the south of France. In Paris Mrs. Brown visited her sister, the Countess d'Osmay (Susan Dresser), and there Baby Brown played with his little cousin with the long name, Elizabeth Georgette Marie Valentine Viscountess d'Osmay.

The little fellow has come to be known in Piccadilly, in London, and in the Champs Elysees, of Paris. A great change has come over Baby Brown within the past year, for he regards himself no longer as "Baby" Brown, but Master Nicholas Brown. This summer he is decked out in silk knickerbockers, patent leather ties, sack coat, Buster Brown collar, red necktie, light colored English walking coat, and with this get-up he carries a walking stick and is attended always by a nurse and a private detective.

His daily life is somewhat methodical, for Mrs. Brown wants her son to be well and strong, and as one of the means toward that end he has to dispose of a quart of cream daily. In the course of the day he has four meals, but not heavy ones. He has luncheon with the French nurse, and for a boy with so many millions it is a simple one, such as soup, fish and fruit. He takes dinner with his mother. Each forenoon the lad goes horseback riding with two mounted attendants, one on each side. In the afternoon he drives for a while with his mother, after first calling upon his grandmother, who is very feeble, and expects her grandson every day without fail.

For amusement before going to bed Baby Brown may go to the playroom and start up his imported moving pictures. This about comprises the child's daily routine. If he varies it is only in nonessentials. If he attends Emmanuel Church with his mother on Sunday, he is accompanied by the nurse and watchman just the same. Mrs. Brown's instructions are, "Never take your eyes off Johnny; you can never tell what might happen."—New York World.

The Pastor and the Auto.

A New York man who tours the surrounding country in an automobile one day overtook the pastor of a Long Island country church. The pastor was trudging along in the dust, and the automobilist, who had a slight acquaintance with him, invited him to ride.

"Thank you," said the pastor, "I'd like to, but for my reputation's sake I had better not. My parishioners are mightily down on those machines, and if I should be seen riding in one they would say I was putting on airs and might make it unpleasant for me."

Poor Taste.

"Is your dog blind?"

"Good gracious—our Rover! I should say not! What ever led you to ask such a question?"

"Why, I knew he was either blind or else had very poor taste."

"Explain yourself."

"There's not much to explain. Last night Rover tried to bite that awfully thin Miss Blinker."—Cleveland Plain Dealer.

The Beard.

The growth of the beard is strongest in most men on the right hand side.

Sermons can not take the place of sympathy.

The breath of your prayer determines its reach.



After suffering for seven years, this woman was restored to health by Lydia E. Pinkham's Vegetable Compound. Read her letter.

Mrs. Sallie French, of Paucanla, Ind. Ter., writes to Mrs. Pinkham: "I had female troubles for seven years—was all run-down, and so nervous I could not do anything. The doctors treated me for different troubles but did me no good. While in this condition I wrote to Mrs. Pinkham for advice and took Lydia E. Pinkham's Vegetable Compound, and I am now strong and well."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Don't hesitate to write to Mrs. Pinkham if there is anything about your sickness you do not understand. She will treat your letter in confidence and advise you free. No woman ever regretted writing her, and because of her vast experience she has helped thousands. Address, Lynn, Mass.

DYSPEPSIA

"Having taken your wonderful 'Cascarets' for three bottles and having entirely cured of indigestion, constipation and dyspepsia, I think a word of praise is due to 'Cascarets' for their wonderful composition. I have taken numerous other so-called purgatives but without avail and I feel that 'Cascarets' relieve more in a day than all the others I have taken would in a year."

James McCreary, 186 Mercer St., Jersey City, N. J.



Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sickens, Weakens or Irritates. 25c. Per Box. Sold in bulk. The genuine label stamped 'C. C. Guaranteed to cure or your money back.' Sterling Remedy Co., Chicago or N. Y. 599

ANNUAL SALE, TEN MILLION BOXES

Gum Cure

Cures Sore Gums. Tightens Loose Teeth. Whitens Yellow Teeth.

Price \$1.00. By Mail Prepaid.

MARION CHEMICAL CO

Indianapolis, Indiana.

Lawson's "Remedy" and other trustworthy remedies from MARK E. DAVIS, 204 Broadway, Oakland, Cal.

900 DROPS

CASTORIA

ALCOHOL 3 PER CENT. A Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of Infants and Children.

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Narcotic.

NOT NARCOTIC.

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac-Simile Signature of *Charles H. Fletcher* NEW YORK.

At 6 months old 35 DROPS—35 CENTS

Guaranteed under the Food and Drug Act.

Exact Copy of Wrapper.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Charles H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Purgative, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Charles H. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years

PUTNAM FADELESS DYES

Color never fades brighter and faster colors than any other dye. See the package colors all fibers. They dye in cold water better than any other dye. You can dye MONROE DRUG CO., Quincy, Illinois.