



POPPY PREPARATION—Larry Kepnee, Mrs. Teddy Swango, George Scott, Mrs. Melvin K. Goode and Carl J. Sisler (left to right).



THE ACTIVITIES BOARD—Mrs. Clinton Green and Archie J. Roberts.

Local Girls Win Offices

BLOOMINGTON, May 22 — Three Indianapolis women have been elected officers of the Indiana University Chapter of Alpha Lambda Delta, national scholastic honorary for freshman women students.

They are Miss Janet Wert, 2707 E. Kessler Blvd., vice president; Miss Virginia Clark, 714 Berkeley Rd., secretary, and Miss Rosemary Eves, Hanna, historian.

Miss Rose Marie Ebert, 1601

Homcroft Dr., will be vice president of the Young Women's Christian Association executive committee. Miss Margaret Ann Blackburn, 4511 Broadway, and Miss Margaret Appel, 5802 Washington Blvd., were appointed cabinet members.

Miss Betty Fowler, 212 Burbank Dr., is newly-elected president of Sigma Alpha Iota, national honorary for women studying music.

Mothers' Club To Sponsor Dance

The St. Ann's Mothers' Club will sponsor a round and square dance at 8 p. m. tomorrow in the new school building, 2839 S. McClure St.

Guests in plaid shirts and whirling skirts will dance to the music of the Happy Hour Trio.

Max Ingle will be square dance caller. Mrs. R. S. Trimmell and Mrs. N. H. Harris will assist.

The group also is giving a card party at 8 p. m. Sunday for the benefit of the new school. Chairman are Mrs. John Lilly and Mrs. Bernard Vansell.

The Stork and You—

Driving More Risky Than Having Baby

NOTE: This is the fourth of a series about children by a mother of your youngsters. The chapters are from the book, "The Stork and You," just published by the Westminster Press.

By JOAN YOUNGER

HOW dangerous is childbirth?

The possibility of death or injury used to be something to worry about. Women had their babies too fast; they weren't given prenatal care. Babies were delivered at home without any equipment more special than a pot of boiling water and a midwife. They had no miracle drugs, such as penicillin, to use if infection set in.

About nine out of 10 women now have their babies in hospitals—and most hospitals are equipped with oxygen tanks, blood-tanks, miracle drugs, surgical tools, and, last but not least, expert obstetricians.

Today only one mother in 2000 dies in childbirth—and that figure includes mothers whose babies first see the light of day in backwoods cabins, tasteless, cold-water tenements and fruit orchards.

Of those who go to the hospital, only one in about 3000 dies. So you can see that your chances of dying for your child are slim indeed. All told, it's much more dangerous to go driving than it is to have a baby.

BUT EVEN SO— isn't it painful?

Yes, it is—but how much so depends on how much you feel pain or how you react to it. Perhaps you're the kind of person who feels it is really nothing at all to have a tooth extracted. Or perhaps, while you don't really mind pain itself, you're nervous and tense and likely to scream when you're threatened with any kind of operation—even the idea of having a splinter removed upsets you.

Whatever your type, face it and tell your doctor. He will tell you what you can expect at what stage, he will be there when he's most needed, and will be guided by your reactions as to the kind of and how much anesthesia you'll probably want.

WHEN I HAD my first child, I was terribly eager to know what it was all about. It seemed to me it was prob-



ably the biggest event in my life and I didn't want to be asleep when it happened. I was utterly fearless. I wanted to know everything and see everything.

My doctor was a very pleasant person and indulgent. He stayed pretty close to me through labor and described the activities that were taking place inside of me.

I was quite surprised to find that it hurt, but I stuck it out. When he delivered my baby, he held, he up and showed her to me, spanking her as he did it.

TODAY, MANY women have their babies through the Grantly Dick Read method—commonly called "natural childbirth"—without any anesthesia. This method is more than just knowing what is happening and relaxing, it is working at it.

Preparation includes a series of breathing and relaxing exercises all through pregnancy, the full co-operation of your doctor and a rather extensive knowledge of what birth is.

It has as its reward a fuller experience of delivery and birth than the mother who is anesthetized gets—you hear your baby's first cry and see him fresh from your body.

Dr. Grantly Read has done one great service for all woman-kind. He has focused attention on how normal the activity of childbirth is; how much easier it is to put up with it when you understand.

Whether you use the Read method or not, it's well worth while to talk to your doctor about it as well as about methods employing anesthesia.

IF YOU'RE like me, you'll want your husband around while you're having your baby. My husband is calm where I am flurried; patient where I am impatient; full of strength where I am weak. It's wonderful to have him around at any time, but especially when I'm having a baby.

Some husbands prefer to get out of the way, and some wives

Poppy Sales Aid Legion Auxiliary Hospital Work

"WE FILL the gaps."

That's the short way Mrs. Felix J. Brown, Indiana Department, American Legion Auxiliary hospital representative, describes the services of Legion Auxiliary volunteers in the new modern Veterans Administration Hospital just east of White River.

"We don't do the work of the paid worker. We just provide what no one else is prepared to provide."

Most often this is the PLUS of special attention which means so much to hospitalized men. Or it can include items purchased from the once-a-month check which arrives from the Legion's State Department Finance Committee earmarked for special service in the hospital.

cial limbs when the men have tried walking over them in this home-like room. Newly acquired in the room is a kodachrome slide. It's a manual dexterity aid.

ONE OF THE MOST exciting chapters of service is being written in the physical medical rehabilitation department. Here Dr. Herbert Kent directs the women. They even sit in on staff conferences so they become familiar with the complete case history of the men they will be helping up a stairway or a ramp. They are as well acquainted with the seven different crutch gates as the official hospital staffers and constantly carry home reading matter for study themselves.

As companion escorts auxil-

lary members work all over the huge hospital. They carry trays, take patients to surgery or to the dental clinic or the X-ray department. A team has headquarters on each floor within view of the nurse's station in the three wards so the duo can be summoned at once for an urgent errand or a duty.

Volunteers pack for a patient going home on therapeutic leave (a morale-builder). They escort men to transportation. And often furnish the fare.

There is direct co-operation between the auxiliary hospital office and the auxiliary units over the entire state as well as a working agreement between the hospital's social service department.

LAST YEAR the volunteers gave more than 6000 hours of

service in Cold Spring and Ft. Harrison Hospitals before the move to the new center. The program was begun in the fall of 1946 and has gained in importance to all concerned since.

Each volunteer is carefully screened and trained before he goes to work. State-supported, the program here is "manned" largely by 11th District members. Just recently the district started a series of Saturday afternoon parties in the auditorium.

From Mrs. Brown and her committee, Mrs. Stewart Maxwell and Mrs. Clinton Green, to the newest volunteer, all are "tremendously thrilled with accomplishments" of the program. And so is the regular hospital staff.



AUXILIARY SILVER—Dr. James C. Carter and Mrs. George A. Brake.



COMPANION ESCORT—Mrs. Elmer W. Sherwood, Ivan Hoene and Warren Gleason (left to right).

Naval Group Sets Dance

The Indianapolis Naval Reserve Brigade 9-2 will hold a pre-500 mile race dance from 9 p. m. to midnight Saturday in the Naval Reserve Armory.

The brigade will honor Division 9-43, commanded by Lt. Paul Herman, USNR, as the leading division in drill attendance for the past drill quarter.

The winning division will receive a plaque to be presented by Freddie Agabashian, Albany, Cal., driver of the Cummins Diesel and present holder of the pole position for the race. Each member of the division will receive a facsimile of the plaque. Ralph Lillard and his orchestra will play.

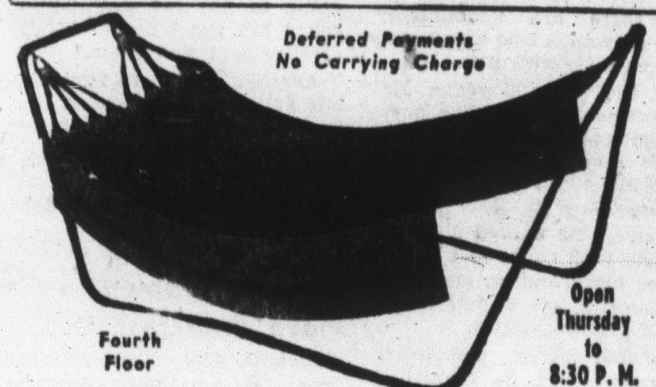
Fun Over the Holiday



GRILLS and Grill Accessories
Picnic Tables

Portable Grill \$5.50 Comfortable Chairs

Picnic Supplies	
Picnic Baskets	\$2.95
Paper Napkins	30c
Paper Cups—Pkg. of 6	30c
Thermos Bottles—Qt.	\$3.25
Vacuum Jug—Gal.	\$3.98
Refrigerator Basket	\$6.95



HAMMOCKS—\$9.00 to \$12.00 STANDS—\$12.00
Come In! Write! Or Phone LI. 5501

CHARLES MAYER & COMPANY
29 WEST WASHINGTON STREET

New FAB washes clothes WHITER WITHOUT BLEACHING

THAN ANY OTHER PRODUCT WITH BLEACHING!

AND, FAB WASHES CLOTHES CLEANER THAN ANY SOAP ON EARTH!

IT'S AMAZING—BUT TRUE! New Fab washes whiter without bleaching than any soap, any other "no-rinse" suds or any washing product known with bleach in the wash water. And, freshly rinsed Fab clothes are cleaner than you can get them with any soap because Fab washes out dirt and leaves no dulling soap scum. As you use Fab, clothes get whiter and whiter... colors get brighter and brighter. And you have the world's sweetest-smelling wash!

Buy the economical GIANT SIZE!

Washable colors look brighter too!

SAVES CLOTHES!

Fab—all by itself—washes clothes dazzling white. You don't need any bleach! So clothes last longer with no bleach to weaken fabrics or fade pretty, washable colors.

SAVE WORK!

Fab immediately loosens dirt and keeps it floating in the wash water. So, with new Fab, no soaking is needed! You can stop rinsing, too—and save half your washday work!

SAVE HANDS!

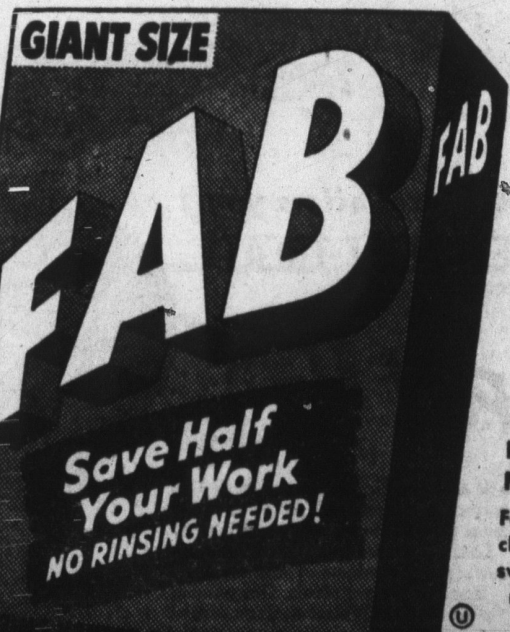
New Fab is wonderfully mild to hands! And, what's more, it's safe to use on baby's clothes. In addition, you'll find new Fab is kind to your own pretty washables, too.

CUT DISHWASHING TIME IN HALF!

Fab soaks dishes, glasses, pots, pans shiny clean! If a bit of food clings, the dishcloth whisks it off! Just a quick rinse and dishes drain sparkling clean. No hard scouring and no wiping!



NEW! GERBERS BABY CEREALS
Adds Variety to Your Baby's Diet!
M. O'CONNOR & CO.



FAB WHITENS AS IT WASHES!