

TUESDAY, NOV. 22, 1949

Eat Well for Less—

**Cauliflower  
Is Current  
Bargain Dish****Avoid Spotty, Bruised  
Heads When Buying**By GAYNOR MADDOX  
NEA Staff Writer**CAULIFLOWER** is now a bargain. But no food bargain can be better than it tastes. Select only white compact heads, avoiding those which are spotty or bruised or with flowerets spread out. A two-to-three-pound head is enough for four persons.

Soak in cold salted water for one-half hour before cooking. Cook in covered kettle in boiling salted water. Be careful not to overcook to prevent it from turning mushy or yellow.

James Beard, who has just written one of the most readable American guides to finer eating, "The Fireside Cook Book," contributes two of his best recipes to this column in order to make American home dining a greater pleasure.

**BAKED CAULIFLOWER**

One head cauliflower, broken into flowerets, cooked, and drained, four tablespoons butter, grated Parmesan cheese, one-half cup crumbs, salt, pepper.

Cook cauliflower flowerets in boiling salted water 15 minutes. Drain and arrange in a casserole. Dot with butter and sprinkle liberally with grated Parmesan cheese, and season to taste with salt and black pepper.

Sprinkle with crumbs and additional cheese. Place in a moderate oven (375 degrees F.) for 10 minutes or until lightly browned. Serves four.

**Wednesday's Menu—****BREAKFAST:** Canned blended orange and grapefruit juice, ready-to-eat cereal. French toast, butter or fortified margarine, jelly, coffee, milk.**LUNCHEON:** Corn and green pepper pudding, whole wheat bread, butter or fortified margarine, ginger pears, tea, milk.**DINNER:** Pan-broiled chopped round steak patties, parsley butter, country-fried potatoes, baked cauliflower, enriched crusty bread, butter or fortified margarine, jelly and raw carrot sticks, compote of mixed stewed dried fruits, chocolate wafers, coffee, milk.**A Christmas Gift for Father He'll Enjoy**

Mrs. Robert M. Duke demonstrates the cellulite.

This mahogany veneer cellulite is a handy servant.

By JEAN TABBERT  
IT'S GENERALLY fathers who pays, sometimes even for his own Christmas gift.

If it's to be a present for the home, see that the piece is geared for his special pleasure.

If Papa is a canasta enthusiast, he'll appreciate a new dual-purpose table designed with the game in mind. Of Chippendale style in black lacquer, the table expands twice its regular card table size to allow space for eight canasta fans.

A hinge in the center does the trick and the folding process is so simple a woman can easily manipulate it. The extra top covers the regular card table surface so neatly it's scarcely noticeable.

Storage is a minor problem, though the legs fold just like any ordinary card table. The chairs collapse, too, so they are stacked away. Leatheret upholstery adds to the set's utility.

Storage is a minor problem, though the legs fold just like any ordinary card table. The chairs collapse, too, so they are stacked away. Leatheret upholstery adds to the set's utility.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.

Emphasized for everyone but All pieces are at Adams'.

Maximum television viewing.

Italian value. The table is \$45.00; each chair \$12.50.