

Veal Ring Uses Leftovers Tastily



Jellied Leftovers

A jellied veal ring is an ideal choice for a buffet table. Use the same recipe and substitute turkey leftovers for the veal. It's an eye catcher when filled with tomato and cucumber slices.

JELLIED VEAL RING

Have one veal knuckle cut in three or four pieces. Combine the knuckle with two pounds of diced veal shoulder, one bay leaf, two cloves, two teaspoons salt, and one-fourth teaspoon pepper. In a large heavy kettle.

Add three quarts hot water, bring to a boil. Reduce heat and simmer, covered, for two hours or until the meat falls from the bone. Remove from heat. Remove the bay leaf, veal knuckle and veal. Strain the broth from the meat and save.

Put the meat through a food chopper (medium blade) with one slice onion and one stalk celery. Cook down the meat stocks until it measures about two cups. Add the veal and two teaspoons Worcestershire sauce.

Grease a 10-inch ring mold slightly. Pack the meat mixture into ring mold and chill until firm.

The Doctor Says—Virus Diseases Are Mysteries

By EDWIN P. JORDAN, M.D.

AMONG THE known virus diseases which attack children are measles and mumps. The symptoms and behavior of diseases such as these are understood quite well.

However, there are some other conditions which are not so definitely caused by viruses. During the last few years, they have broken out among children—and some of them among grown-ups—in a quite astonishing way.

Little is known about these diseases. One of them has sometimes been called the "vomiting sickness" and in more severe medical circles "epidemic vomiting and diarrhea."

THERE ARE other curious conditions which seem to spring up from time to time, equally obscure as to cause and treatment. Sometimes the children or grown-ups affected have symptoms similar to those of mild influenza or "flu." Indeed, it is possible that such attacks may be caused by the same virus which is responsible for more typical cases of influenza.

The past 20 years have yielded a great deal of information on many of the virus diseases. There is, however, a long way still to go.

Probably viruses are constantly in us or on us but often lie quiet without producing symptoms. Then under the stress of fever or some other stimulant to a virus, it may start producing noticeable trouble.

7th Ward Club Meets
The 7th Ward Democratic Women's Club will meet at 8 p. m. today in the home of Mrs. Herbert Spencer, 1924 N. Talbot St. Plans for the group's Christmas party will be made.

'Ideal' Pair Chosen
The "ideal boy and girl" have been chosen by the Student Council at Crispus Attucks High School. Joan Turner and John Wilson are the students elected.

Paintings Exhibited
There is an exhibit of oil paintings by J. C. Templeton in the Hosiery Salon Galleries. The exhibit opened yesterday and will close Dec. 15.

TOMORROW AT THE—
FOOD CRAFT SHOP
15th Floor, K. of P. Building
Food & Home Products Demonstrations
FRIDAY, DEC. 3, 1:30 P. M.
Navy Mothers Club No. 576
Embroidered Pillow Slip
CARD PARTY
Mrs. Bessie Spear, Chairman.
FRIDAY, DEC. 3, 8:00 P. M.
WOODRUFF DANCE CLUB
Card and Bunco Party
Mrs. Fred L. Huff, Chairman

'Sweet Tooth' Caters to Normal Yen

Sugar Provides Needed Energy

By META GIVEN
ANYBODY in normal health can easily develop a "sweet tooth." The reason is that such people are active and soon expend their stored up energy. Sugar in sweet food is quickly digested and rapidly passes into the blood stream and supplies the energy the body craves for.

If pure sugar in the form of plain sugar candy is supplied regularly, the body soon becomes accustomed to this pleasant, easy method of replenishing energy and acquires the proverbial sweet tooth.

The best way to supply sweets is to tuck them into foods that are good sources of not only vitamins, minerals and proteins but also fats and cellulose. Lively children and active adults who want candy should be given those filled with fruit, nuts, milk and fat.

SATURDAY'S MENUS

Breakfast
Fruit cup of oranges and grapefruit sections, grapes and dried apples. Fried cornmeal mush. Butter and heated syrup. Fried bacon strips.

Luncheon
Canned macaroni and cheese. Lettuce, tomato and watercress salad. Bread and butter. Fruit rolls. Peppermint-iced ice cream.

Dinner
Baked stuffed veal shoulder. Asparagus. Baked acorn squash. Beet relish. Sliced cucumber and green pepper salad. Fruit rolls. Peppermint-iced ice cream. Fudge sauce.

NUTRITIOUS FRUIT BALLS OR ROLLS

1/2 c. soft dried apricots
1 c. dates
1/2 c. blue or golden raisins
1/2 c. crushed graham crackers or wheat germ
1/2 c. English walnuts or pecans
16 fortified marshmallows
Pineapple juice
Shredded coconut or chopped nuts

Put the apricots, dates, raisins, crackers and nuts through a food chopper, using the medium blade. Stir in the marshmallows (each one being cut into quarters) and enough juice to barely hold mixture together. Turn out onto waxed paper and fold paper over and knead and press firmly together. Scrub hands and shape into balls or rolls and finally toss in finely chopped coconut or additional ground nuts.

Men and Women—

Men Eat More Than Women But There's a Reason

By ERNEST E. BLAU

THERE'S A WOMAN in Illinois with such an appetite she has to get up several times a night to raid the refrigerator, and she has eaten enough in a year to feed a family of 10. She's an unusual case—but a man like that wouldn't have been news.

A man, especially an outdoor man, has a food capacity few women can match. A woman no more understands a man's appetite than she understands how a steam shovel works.

Most women eat moderate or light eaters, compared to

Teen Problems—Tips on Thrifty Yule Gifts



Christmas gifts on a teen age allowance are a big problem. Newspaper ads and magazine shopping columns are helpful in deciding just what to give Aunt Maggie and Cousin Joe. Joellen Sigman (left) and Lillian Petac are the models in this photo especially selected by The Times. They are students at Beach Grove High School.

By JEAN

WHEN CHRISTMAS comes, will you be far behind? There's less than a month to go, you know.

The first requisite for Christmas giving is a pocketful of money. Prices are high this year and teeners will have to budget better than ever.

So get busy earning the necessary money. And make out your list. Decide approximately how much you can spend on each person. And don't, don't lose your head! If you pay out half your bank account on the first gift, you'll be sorry.

ACTUALLY, the price of a present is less important than the thought and imagination that goes into its choosing. And an attractively wrapped small token is more acceptable than a valuable article clumsily packaged and awkwardly presented.

Remember, too, that there are social taboos about girl-to-boy and boy-to-girl giving. Expensive and intimate gifts are out, unless a couple is definitely and formally engaged.

Books, records, candy and inexpensive accessories are safest and best. Choose reading matter and music to suit the recipient. Make the eatables or gadgets yourself if you have the knack. It's the personal touch that counts!

YOUR MANNERS—

SITUATION: You make an unannounced call on a friend shortly before meal time.

WRONG WAY: Stay around until you are invited to stay for the meal—and let yourself be persuaded to stay.

RIGHT WAY: Say when you arrive that you cannot stay but a few minutes—and leave when the few minutes are up.

Local Family Plans Holiday In Florida

Dr. and Mrs. Harry Foreman, 3835 Washington Blvd., will spend the Christmas holidays in Fort Lauderdale, Fla. Accompanying them will be their daughter, Julia Anne, who is a freshman at DePauw University.

Another daughter, Flo Mary, a Radcliffe College student, will join them in Florida.

Back From Florida

Harold R. Daringer, 276 S. Sherman Drive, is home now after a vacation in Key West and Florida.

DR. ANSWERS—

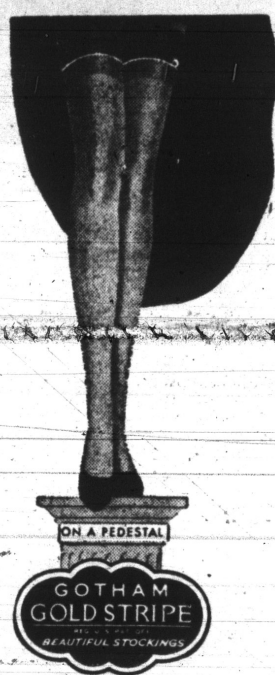
By DR. E. P. JORDAN
Question: Should wax in the ear be dug out or washed out with a syringe?

Answer: Washing out with a syringe is safer. Neither method should be used by the patient as there is danger of puncturing the eardrum.

Question: What are the symptoms of toxic goiter?

Answer: The most common are nervousness, trembling, loss of weight, and rapid heart rate.

H.P. Wasson & Co.



"For Yourself! GIVE For Gifts"

Gorgeous
Gotham Gold Stripe

45, 51 and 54 gauge

nylon stockings

1.65 and 1.95

Mistily sheer. New winter shades to harmonize with costume colors—day or evening.

WASSON'S HOSIERY, STREET FLOOR

Neat, Pretty and Smart



By SUE BURNETT

"I guess I'm in the 'pleasing' plump class, Sue, but I do like my clothes neat and pretty and yet a little smart, too. Won't you show something for us women in the larger size bracket?" So says Mrs. Wayne Barrett of Pennsylvania.

Two versatile styles for the matron are shown today—a slimming button front with handy pockets, and a dressy frock with scallop detail. Pattern 8379 is for sizes 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 38, 5 1/2 yards of 39-inch. Pattern 8382 comes in sizes 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 38, 5 1/2 yards of 39-inch.

Two separate patterns, 25 cents each. Don't miss the latest issue of Fashion; the fall and winter book has a wealth of sewing data for the home dressmaker. Smart, easy to make styles.

fabric news—free gift pattern printed in the book.

To order pattern or our Fashion Book, use the coupon below.

SUE BURNETT
The Indianapolis Times
214 W. Maryland St.
Indianapolis 9, Ind.
No. 8382 Price 25c
No. 8379 Price 25c
Size
Fashion Book Price 25c
Name
Street
City
State



FROM WASSON'S THIRD FLOOR
sheer magic woven of

Nylon

miracle yarn that
weaves precious lingerie

Extace's wispy soft gowns, slips, bras and panties, sheer as snow-mist yet strong as steel! They wash and dry in a wink, like your nylon stockings, and come out fresh as new without ever ironing them. They're for you—S-S' or under!

- 1. Beguiling shimmering gown, petite sizes 9.95
- 2. A fit-you-perfectly nylon-tricot slip 5.95
- 3. Nylon-pretty panties, shirred-with-elastic 2.95
- 4. Seamless back and front panties 2.00
- and a sheer nylon bandeau with rollicking ruffles 2.50

It's An Indianapolis Tradition—A Gift From Wasson's