

Stew Is Answer to Budget Worries



STEW FOR THRIFT—When stew for dinner is the answer to budget-balancing problems, here's an easy flavoring trick that will give festive distinction to this thrifty staple. Just use beer or ale as part of the liquid the way Continental chefs do. Remember that beer or ale for the emergency shelf should be stored away from the sunlight.

Fall Bazaar Opens Today

The annual fall bazaar of the St. Philip Neri Catholic Church will open today. It will continue tomorrow, Saturday and Sunday in the school auditorium. Mr. and Mrs. Kenneth Cox are in charge, assisted by Miss Rosemary Keen, Rose Moore and Irene Dietz.

The bazaar will open each night at 7 o'clock and close at 11 o'clock. The Sunday festival will begin at 1 p.m. and end at 11 p.m. There will be dancing in the assembly room of the school. The children's party will be held from 1 to 6 p.m. Saturday. Proceeds will be used for the children's athletic fund.

Committee heads are: Mrs. Stephen Rudolph, art; Albert Gerdon, candy; Joseph LaFata, canes; Mrs. William Ramsey, darts; Mrs. George England, fish pond; Al Richart, grocery; Fred Niemeyer, hams; Mrs. Norbert Weber, ice cream.

Edward Kirkhoff, fun boards; John Cox, popcorn; Mrs. John McAllen, kitchen; Matthew McCarty, soft drinks; Mrs. Ralph Carr, variety; Frank Della Penna, electrical; Robert Schmidt, registration; Richard Forestal Jr., high school; O. O. Garnett, fun-wheel. Mrs. Matthew McCarty, decorations; Leo Basso, finance; William Boucher, construction, and Miss Hazel Cain and Miss Anna Sonderman, cookies.

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Let's Eat—
Fall Brings
Hankering
For Hot Soup

Homemade Product
Is Nourishing

By META GIVEN

DO YOU find yourself hankering for a bowl of hot, steaming split pea soup, like mother used to make? Or perhaps it was a big pot of navy bean soup that graced the kitchen stove of your memory.

Recollections such as these have pulling power, for in almost any restaurant at this season customers pounce on the idea of ordering hot pea or bean soup. Only too often comparison with homemade memories makes the restaurant product seem dull and tasteless.

The first recipe today will be a tasty one for your home life.

SATURDAY MENUS

Breakfast
Biscuits and gravy
Ready-to-eat cereal
Broiled bacon strips
Scrambled eggs
Hot baked toast
Jam

Luncheon
Navy bean soup
Crackers
French bread
Leftover gingerbread squares

Dinner
Breaded pork baked in milk
Baked potato in the half shell
Baked green peas
Salad of orange slices on endive
Bread and butter
Canned fruit compote cherries

NAVY BEAN SOUP

1/2 lb. dried navy beans
2 ozs. salt pork, sliced
1 qt. water
1 branch celery
1/4 small carrot
1 medium onion, sliced
1 1/2 c. hot water
Salt and pepper to taste
Chopped chives or parsley

Wash beans thoroughly, cover with cold water, and let soak several hours or overnight. Drain and put into kettle; add salt pork, water, celery and carrot. Heat to boiling, reduce heat. Cover tightly, simmer until beans are mushy, about one and one-half hours.

Add onion the last half hour of cooking. Press soup through sieve, add water and season. Reheat. Sprinkle chopped chives or parsley over each serving.

Serves four.

SUNDAY MENUS

Breakfast
Cantaloupe wedges
Soy flour waffles
Maple syrup
Browned bacon sausages

Dinner
Tomato juice cocktail
Stewed chicken and gravy
Hot buttered beets
Lettuce wedges
1000 Island dressing
Topped apple pie

Supper
Hot chicken sandwich made from chicken's leftover rice
Toasted bread sticks

Cream cheese and watercress sandwiches

Fruit cup of peach slices, grapes, dried fruit

APPLE PIE WITH STREUSEL TOPPING

Pastry for 9-inch crust
6 to 8 tart apples, depending on size

1/2 to 3/4 cup sugar
1/4 c. coffee cream

1 tbsp. flour
2 tbsp. butter

Fit pastry into pie pan. Peel and quarter apples, remove cores, and cut into uniform slices about one-fourth inch thick. Pour cream over the apples. For the streusel mix the remaining combined ingredients and work them together with the fingertips to obtain crumbly consistency. Sprinkle evenly over apples.

Bake in a hot oven (450 degrees F.) for 15 minutes, then reduce heat to moderately slow (325 degrees F.) and bake about 35 minutes longer.

Serves five to six.

Somber Dress
Needs Color

By ALICIA HART
NEA Staff Writer

THE OLDER woman who likes to dress conservatively needs to inject at least one dashing effect into her costume. Otherwise, she runs the risk of dressing too quietly and of becoming a fashion nonentity.

A quietly dressed woman can often distinguish an entirely conservative outfit by adding a bizarre note in costume jewelry. I saw this demonstrated in a fashion show by a middle-aged model, who, dressed in the quietest black cloth coat one could imagine, had given it great distinction by wearing a massive "cardinal's necklace" on the outside of the coat collar.

ANOTHER demonstration of the unusual touch used to dramatize an otherwise quiet costume offers another example. This time a woman, seen on the street dressed in a simple suit worn with quiet accessories, had "lifted" her outfit by adding an out-of-the-ordinary fur scarf. Upon close examination, the unusual thing about her fur piece was that it combined one skimp "baum marten" skin and a matching length of brown velvet ribbon. The wide ribbon, used to tie the fur scarf around the wearer's shoulders, did more than that; it served to give style importance to her entire costume.

TOMORROW
—AT THE—

FOOD CRAFT SHOP

10th Floor K. of P. Building
Food & Home Products: Demonstration

Friday, Oct. 8, 1:30 P. M.
The Friendly Club will hold a Pillow Slip Card Party tomorrow afternoon at 1:30 p. m. Mrs. Verna Bauserman is committee chairman. Mrs. Amelia Eppheimer is co-chairman.

FRIDAY, OCT. 8, 8:00 P. M.
TRIANON SORORITY
CARD PARTY
MISS MARJORIE LOWE
CHAIRMAN

Gourmets' Galley—

The Avocado No Longer
Is a Luxury Fruit

By MARIE McCARTHY

The autumn scene in Indiana is a kaleidoscope of warm color splashes, trees and bushes in glorious glow before fading into winter tones.

Philosophers remind us all that glows will fade, but, something that seems never to wane is the lure of the exotic. In foods this is especially true. The avocado, that tropical tantalizer, heretofore a popular luxury fruit in our Midwest, has at long last, through greater production, been primed to meet the lesser budget.

Although it grows in their own back yards, Latin Americans thoroughly appreciate the avocado; here is one of their hors-d'oeuvres, sandwich spreads or what have you.

AVOCADO COCKTAIL DIP
Split a large avocado lengthwise and remove the stone. Scrape out the meat and reserve fruit shells. Mash the pulp with a silver fork until you have a full cup of it. When smooth, add two teaspoons of lemon juice, one tablespoon grated onion, four tablespoons of mayonnaise, a dash of Tabasco and salt and sugar to taste.

To make the ring—Soak one tablespoon gelatine in one-fourth cup of ice water; add one cup boiling water and stir until the gelatine dissolves. Add one tablespoon unstrained lemon juice, one teaspoon sugar or more. Blend well. Chill until slightly thick.

Mash the pulp of avocados until you have a generous cup. Add one tablespoon lemon juice alternately with one-half cup of heavy sour cream, mixed with one-half cup mayonnaise.

Season well with salt, pepper and a bit of cayenne. Fold into the slightly thickened gelatine. Pour into a small ring mold that serves six. Chill for three hours, turn out on a green bedded salad platter and proceed as we suggested above with the center. Your imagination can run riot. Canned or fresh, cooked crabmeat, or with ideas for this bland fruit. Avocados, here we come!

AVOCADO SEAFOOD COCKTAIL

In the bottom of chilled individual compotes, arrange cubes of avocado and sprinkle with lemon juice at once. Atop the jellied grapefruit ring or the avocado and fish of any sort "buddies," try this cocktail:

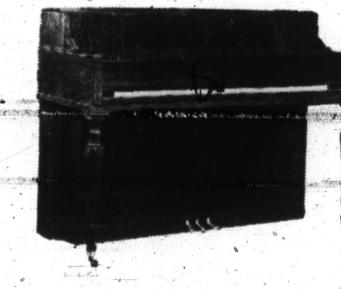
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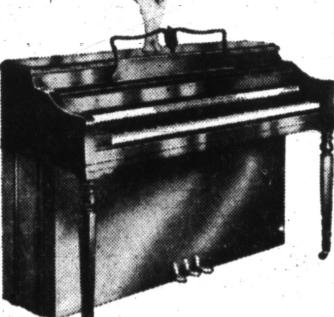
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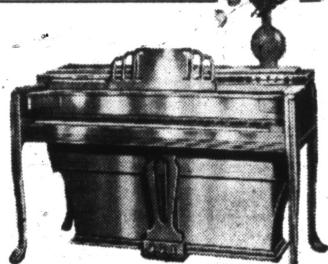
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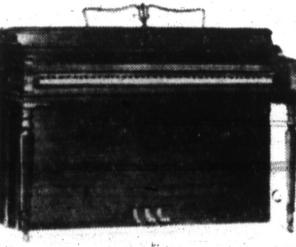
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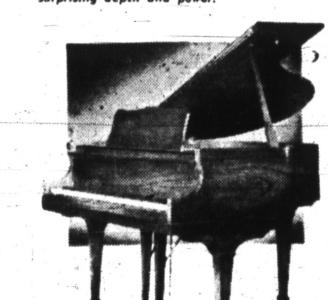
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