

Green Pepper Serves as 'Trim' For a Flavorful Dish Of Sautéed Onions

Shad Roe Recipe Appears on the Menu For Wednesday Evening's Dinner

By META GIVEN

GREEN BELL peppers still are too expensive for most of us to buy for stuffing. But the purchase of just one to trim a dish of onions beautifully is a good investment. The pepper also adds a fine flavor contrast.

SAUTEED ONIONS AND PEPPER
(For Wednesday Dinner)
1 1/2 lbs. medium-sized onions
1 large bell pepper
3 tbsps. margarine

The Doctor Says—'Kidney Stone' Is Painful, Dangerous

By EDWIN F. JORDAN, M. D.

THOSE who have "passed" a kidney stone usually say that this is the worst pain they have ever had. Occasionally a stone may "pass" without severe pain, but this is rare.

Most kidney stones are formed in what is called the pelvis of the kidney, that is, the irregular-shaped space inside the kidney which empties into the ureter or passageway leading to the bladder.

Later they pass into the ureter, into the bladder and out in the urine. They may stick in the ureter where they frequently produce terrific pain and bleeding.

Stones may occur at any age, but are most common between 25 and 40. They often grow so slowly they cause few, if any, symptoms.

CAUSES of stone formation are not entirely known, but a good many explanations have been suggested, including slowed urinary circulation, infection, vitamin deficiency, climate and heredity.

Once an acute attack of pain from kidney stones has developed, it is important to make sure that the stone does not stay permanently lodged in the ureter. If it should stay there, it can be dangerous.

Location of most stones can be discovered by X-ray, and physicians can generally remove the stones or assist them to pass if that is necessary.

Another important aspect of treatment besides removal of an existing stone is the prevention of additional stone formation. This is often a difficult problem and may involve regulating the acidity of the urine, elimination of infections and the careful choice of diet.

PRECOOKING FRESH SHAD ROE
(For Tuesday Dinner)
2 pairs shad roe (about 1 1/2 lbs.)
1 1/2 qts. boiling water
1 1/2 tbsps. salt
1 1/2 tbsps. vinegar

Place the roe in a shallow bowl and wash very gently in cold water so as not to break. Lift out and lay in a cooking kettle, preferably a broad, shallow one. Add boiling water, salt and vinegar. Simmer (do not boil) for 20 to 25 minutes. Drain off the water, and cover with cold water. Let stand for five minutes and again drain.

To fry the roe: Break or slice two pairs of the precooked shad roe into four equal-sized portions. Sprinkle with salt and pepper. Dip the pieces in one beaten egg that has been mixed with one tablespoon of water.

Toss lightly in fine bread crumbs and saute until brown in shallow fat.

Remove to a pan lined with paper toweling to drain for one minute. Then arrange on a hot platter.

Installation Today
The Indianapolis Panhellenic Council met this afternoon in the American National Bank building. The new officers were installed.

Reception Held
Mr. and Mrs. O. R. Dickinson, 1420 N. Grant Ave., celebrated their 25th wedding anniversary last night with a reception.

Navy, White and Red Carry Out 'Regatta' Motif



NAVY AND WHITE "REGATTA" MOTIF—In the summer collection he designed for Adler & Adler, New York's John Frederick Strassner features a "Regatta" group of fashions starring navy and white with a spark of red to carry out the naval motif. For spectator sports, there's this cool white Oxford crepe (left) with a bold flattering tri-tone chevron of red, white and blue across the front. Crease-resistant linen in navy and white (center) makes a basic two-piece suit-dress with cardigan neckline and two double front flaps suggesting hipline pockets. The regatta theme is carried out by gilt buttons with steering wheel motif. More regatta navy-and-white is used for the vestee frock (right) of tissue faille with a cherry-red leather belt and pleated skirt. (Adler designs are sold in several Indianapolis shops.)

YOUR MANNERS—

SITUATION: At a party where you do not know most of the guests very well you find one friend.

WRONG WAY: Stick close to the friend and make no effort to mingle with the other guests.

RIGHT WAY: Move around and get better acquainted with those you do not know very well.

SITUATION: You have arranged to have lunch with a friend who insists on paying both checks.

WRONG WAY: Demand to pay your own check.

RIGHT WAY: Accept the luncheon graciously, but in the future make arrangements to return the favor.

Average Salary

The average working woman in Great Britain earns \$12.75 a week.

Teen Problems—

May Day Is An Ancient Custom

By JEAN

SATURDAY WAS May Day, anniversary of an ancient pastoral ritual which included dancing around the Maypole and the choosing of a May Queen. Garlanded with flowers, this lucky lass presided at the May games and received May baskets filled with gifts.

In many parts of America this custom is still celebrated by small fry, who leave their little baskets of candy and flowers on each others' doorsteps. And we have another, more brutal reminder of May Day in the phrase: "Who does she think she is—the Queen of the May?"

THE GAL who tries to queen it over her friends, who demands lavish attention, who

has her hand out for extra privileges and presents! Who does she think she is?

You've seen her—at home, at school, on dates. Perhaps as a child she was pretty and precocious. Maybe even now she's something special in looks and superlative charm. But you don't really like her, do you?

THE demanding person is seldom loved. Through sheer inertia, people give her what she craves. Because normal, kindly folks find it hard to combat her subtle technique. But they resent her. Yes, definitely!

So, gals, if you have any tendency toward May-queening, watch yourselves. Probably you'll get away with it for a while. But not forever.

DR. ANSWERS—

By E. F. JORDAN, M. D.

QUESTION: Are there tests which can be made to decide the exact date when a child will be born?

ANSWER: There is no way of knowing the exact date. There have been many attempts to work this out, but so far they have all failed.

QUESTION: Now, at the age of 67 my legs get tired between the ankles and knees. Sometimes I have to sit down and rest.

ANSWER: The cause of this difficulty is not clear. It could be due to hardening of the arteries in the legs and it would be wise to have a checkup on this.

Altrusa Luncheon

The Indianapolis Altrusa Club held a luncheon meeting Saturday in the Hotel Washington. Miss Helen Brown presided.

Teen Talk—

The Behavior of Adolescents Depends on Their Parents, Three Teen-agers Claim

Setting of Good Example by Older Persons Seen as Factor in Reducing Delinquency

By JEAN MANEY

THE TEEN-AGERS OF TODAY blame parents for the increase in juvenile delinquency. Three Indianapolis teenagers, interviewed this week, think that adult behavior and home life are at fault.

All three agree that the canteen movement in Indianapolis is helping many potential delinquents stay on the right path.

Robert J. DeNoon, a senior at Howe High School, believes that an unhappy home life and neglect by parents are the chief causes of juvenile delinquency.

"I think supervised recreation centers where teen-agers can do the actual work and help govern themselves solve a lot of problems. Kids should get into school activities, too, or get a part-time job. Too much spare time leads to delinquency," Bob says.

A member of the Hornets Hut Canteen, Bob is extremely active at Howe. He is the student manager of the basketball team and has served as manager for the football and track teams.

Bob plans to study law or the ministry. He will enroll in Indiana Central College next fall. He is the son of Mr. and Mrs. Robert E. DeNoon, 4106 E. 10th St., and a member of the JOKERS Squire Club.

A SENIOR at Crispus Attucks High School, Joycelan Nolcox puts the blame for juvenile delinquency on delinquent adults.

"The bad example of older persons forms a pattern for teen-agers to follow. Too, working mothers and unstable homes are big factors in teen-age crime," she states.

"I think that parents are putting too much responsibility on teachers and schools and on social workers. The child is the parent's first responsibility, but not enough parents realize it," Joycelan says.

She approves of recreation centers and school activities for teenagers and thinks that a good example by other high school students is most important. "She is the daughter of Mr. and Mrs. Matthias Nolcox, 2866 Highland Place.

A future sewing teacher and designer, Joycelan hopes to attend Ball State Teachers College for two years and then go to an eastern designing school. She is a member of the Attucks Student Council.

Museum Guests

The patrons, pupils and teachers of School 45 were guests at the Children's Museum Family Hour yesterday. Miss Olive Funk was in charge of the hostesses.

SHEERS TO COOL THE SUMMER SCENE!



Sizes 12 to 20

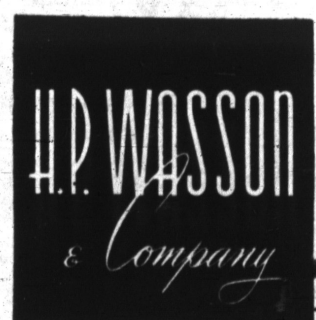


Sizes 12 to 20

New Refreshing Peerless Casuals in Bemberg Rayon

These are the dresses you'll wear all-through-warm-weather for their wonderful heat-resistant, always fresh-looking ways. Their price is modest... their colors Summer lovely pastels and dark tones in floral and geometric prints... their tailoring the fine Peerless way with cool necklines, cap sleeves, soft, easy skirt fullness. Sizes 12 to 20.

14.95



Sizes 14 to 20