

16-Year-Old Is Early Entrant In The Times Sewing Contest

By ART WRIGHT
BEING A VICTIM of spastic paralysis isn't going to keep 16-year-old Helen Sentineg, a Tech High student, out of The Times National Sewing Contest.

She was one of the first entrants in the Junior division. She plans to enter a dress made over a standard pattern. She might even submit additional entries, if she can find the time. For Helen, an A-plus student in sewing at Tech, makes all her own clothes and now is making her mother's wearing apparel.

Described as "an extremely artistic girl" by her mother, Helen has won laurels for her sewing in 4-H competition at the Marion County Fair at New Bethel and in the Indiana State Fair.

The list of entries is growing with each mail that comes to The Times' Sewing Contest Editor's desk. Every woman and teen-ager seeking a share of the \$1400 in cash prizes must send in the registration form (at bottom of page) which appears only in The Times. That officially puts her in the contest.

Garmets must be delivered Apr. 19 to a downtown location which will be announced in The Times. Garmets will be judged the week of Apr. 26.

First place winner in each of the eight classifications listed on the registration form will receive \$50 from The Times. Second place winners will get \$20.

The first place garment in each classification will be sent to New York for judging in the national contest which pays \$100 for each of the eight first places, plus \$100. The Times will add for each Indianapolis entrant winning first in the national. Creator of the garment will get a three-day all-expense trip to New York.

The only persons barred from the contest are employees of The Times and members of their families, and professionals. A professional is one who makes her living by sewing or designing.

Contest garments must have been made this year, started since Mar. 1.



ENTERS SEWING CONTEST—One of the early entrants in the Junior Division of The Times National Sewing Contest is Helen Sentineg, 1620 Spann Ave., an A-plus student in sewing at Technical High School. Here she is at work on a garment for her mother.

We, the Women— Small Talk Is Easy To Master

By RUTH MILLETT
NEA Staff Writer
A WOMAN reader confesses she hates to go to big parties because she doesn't know how to make "small talk," and invariably finds herself standing tongue-tied on the sidelines.

Small talk is easy, lady, if you'll follow a few rules.

RULE ONE: Don't wait until you have something to say before you open your mouth. Just open it, and say anything that comes into your head.

RULE TWO: Don't get flustered if nobody seems to be listening to what you are saying. That is the one saving grace of small talk. Nobody has to pay any attention to it.

RULE THREE: Use plenty of gestures, and, no matter how inane your chatter, you'll fool the people who are listening with only one ear into thinking you are a clever, conversationalist.

RULE FOUR: Never wait for an opening before putting in your nickel's worth. If you do, you'll never get to say anything. Grab the floor when you want it, and hang on until you've had your say.

RULE FIVE: Don't worry about whether you are making a favorable impression. Everybody else will be too busy wondering the same thing about themselves to care about how you are doing.

And that's all there is to the ability to make "small talk." If you doubt it, listen carefully to the chatter next time you are at a big party.

Pen Women To Elect

The annual election of officers of the National League of American Pen Women, Indianapolis branch, will be held at 1:30 p. m. Mar. 20 in the Meridian Room of the Colonial Furniture Co.

Mrs. E. R. Shoemaker will discuss "A Robe for the Passover." The hostesses will be Mrs. E. E. Rhoades, Dana; Mrs. W. D. Keenan and Mrs. William C. Patterson.

There will be an 11:30 a. m. luncheon in the Hotel Lincoln before the meeting.

Let's Eat— Serve Rolled Dumplings With Stewed Chicken

By META GIVEN
TWO KINDS of dumplings—the rolled and the drop type—long have been associated with stewed chicken. The former have not been common in recent years, but in grandmother's day very few cooks made any other kind for their chicken and dumplings dish.

These dumplings are prepared much like biscuits and are easy to make. Most cooks seem to get the best results if dumplings are kept covered during the cooking.

ROLLED BUTTERMILK DUMPLINGS

(For Friday dinner)

1 c. all-purpose flour

1 1/2 tsp. baking powder

1/2 tsp. baking soda

1/2 tsp. salt

3/4 c. buttermilk

Sift the flour, measure and re-sift three times with baking powder, soda and salt. Sift the last time into a bowl. Add buttermilk and mix lightly with a fork. Turn out on a floured board, knead lightly four or five times and roll or pat out to one-fourth inch thickness.

Cut into rectangles one by three inches with a floured knife. Drop into the boiling stew, cover and gently boil for 12 minutes. Do not uncover during the cooking. Serve immediately.

Makes about 12 dumplings. Serves four.

TUNA SALAD HAWAIIAN

(For Thursday luncheon)

4 eggs

1 c. raw elbow macaroni

7 oz. tin white meat tuna

1 c. canned drained peas

1 c. chopped celery

3 tbsps. French dressing

1/2 c. salad dressing

2 tbsps. prepared mustard

2 tbsps. vinegar

8 slices canned pineapple or 1 small can chunks

Hard-cook the eggs and cool immediately under cold water. Cook the macaroni in the same pan according to the directions on the package. Drain and rinse or note as directed. Drain off tuna oil and discard. Flake the tuna into a large bowl.

Add the peas, celery and cooled macaroni and drizzle the French dressing over all. Toss lightly to mix and let stand to marinate for at least one-half hour.

Mix the salad dressing, mustard and vinegar thoroughly and add to the tuna mixture. Toss to coat the pieces well. Season with salt and pepper to taste; amount will depend on the seasonings of the French dressing and salad dressing.

Peel and cut the eggs into eighths; cut the pineapple into cubes and add both to the salad. Toss very lightly to mix. Pile lightly on a platter and surround with thick slices of chilled tomato if desired.

Serves four.

'Design Safety Into a Home,' Expert Advises

"Safety must be designed in and hazards ruled out during the planning stages if homes are to be free of accidents," John F. Rithmiller, engineer for the Lumbermen's Mutual Insurance Co., pointed out today.

He spoke at the second session of the Indianapolis School for Home Planners held this afternoon at the YWCA. The night meeting will begin at 7:30 o'clock.

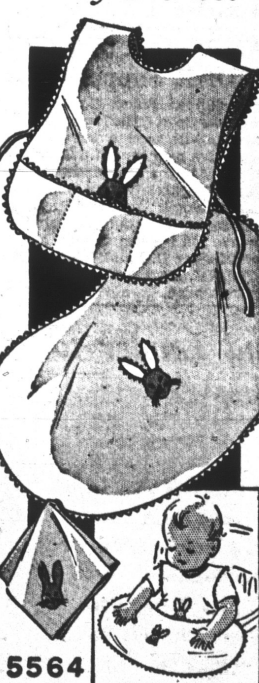
Steps prospective home owners should take in planning their "dream home" were outlined in addresses by Edward D. Pierre, Indiana Society of Architects, and Clarence T. Myers, Construction League of Indianapolis.

Mr. Pierre said persons planning to build a home should have all their ideas ready before they consult an architect. "Back of every good plan for a home is a good architect," he maintained.

The use of permanent materials in the construction of a house was advised by Mr. Myers. "In the long run," he said, "the better the materials used the lower will be the cost of living in a home."

The classes are free and will be held on consecutive Tuesdays through April 6.

Bunny Bib Set



5564

By MRS. ANNE CABOT
Fun for Baby at meal time! Applique cute bunnies on tray cloth, napkins and bib and trim with gay ric-rac braid. The well fitting bib extends in back to the waist. Use the coupon below to order the pattern.

ANNE CABOT

The Indianapolis Times

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Transplanting of Trees and Shrubs Should Be Done Before the Plants Begin to Open Their Leaves

By MARGUERITE SMITH
DO WE DARE transplant our forsythia this spring? Will the little peach tree we set too close to the house last year survive if we move it back farther in the yard now?

Move them after the ground is ready and before they begin to open their leaves, then they'll not mind. Choose your moving day when skies are cloudy, air damp, and they'll like it. Transplanting failure often comes from drying out of roots. So if you must shove your plants around on a warm sunny day, cover the roots with a shovel of dirt or a burlap sack while they're waiting to get into the ground.

Some plants, like people, take to moving with a lot less fuss than others. Forsythias will adapt to new surroundings easily even when it's in bloom. But magnolias! They're just too high-strung.

HERE'S a professional trick for moving fussy shrubs. Circle the plant with a shallow trench at some distance from outer branches. Then work dirt gently off the edge of the circle until you encounter the first fine roots. At that point dig deep to take all the earth possible with the plant roots.

If you've damaged the roots anyway, prune the top in the same proportion to maintain balance between intake and outgo of moisture. Moisture balance is important even when plants are taking their last late winter snooze.



SPRING HOUSECLEANING—Houseplants need spring housecleaning, too. Mrs. Emil Schmidt, 4231 Sunset Ave., sprays for scale.

HOUSEPLANTS need spring housecleaning, too. A common affliction of ivy and other smooth-leaved sorts is scale. Mrs. Emil Schmidt, 4231 Sunset Ave., says she brought this pest into her window garden (a charming one it is, too) on a Christmas poinsettia.

"First, I noticed that it had shiny spots on the leaves, then the other plants got shiny, too, and I even found the spots on the window sill," she described it.

After these first symptoms show up you can, on close inspection, find the tiny brown

coated villains on stems and leaves. A florist friend advised Mrs. Schmidt to use nicotine sulfate spray. A sometimes handier remedy is warm soap-suds with a teaspoon of kerosene to each quart of suds. Dunk or spray your plant. To really get rid of scale you just have to keep after it.

BRIEF thoughts for mid-March: If you're in doubt about pruning shrubs, don't. Most shrubs will thrive with only dead wood removed. . . . If you're ordering sweet corn seed, remember that while hybrid corn is just as good as any seed catalog says it is, hybrid corn is definitely choosy about climate. Some varieties fail to perform in counties where other sorts are perfect. Standby in local gardens is Golden Cross Bantam for a main crop with Marcross a good early yellow hybrid. . . . If you have a neighbor whose green fingers just itch to start early tomato plants, why not arrange a swap? You buy the seed and maybe lend him your lawn roller later on in exchange for some early seedlings.

WONDERING whether you should buy perennial seed now or later? Mrs. M. M. Tharp, 204 E. 49th St., helps her daughter, Mrs. Charles Stone, keep two perennial borders going at the latter's home, 5055 N. Illinois St.

There is a behind-the-garage bed they start quantities of perennials and biennials from seed sown in mid-May. Varieties they find easy to raise include foxgloves, Canterbury bells, Shasta daisies, bellflowers, pinks, hollyhocks.

How to Choose Linen Frocks

ONE OF THE most style-wise fabrics preening for gallery favor at winter resorts now and getting ready to gather more compliments this spring and summer is crease-resistant linen.

To know your stuff about linen is to know that the kind which is treated for wrinkle-resistance may have a tendency to stretch more than the untreated kind. So when buying wrinkle-resistant linens, be prepared to welcome skirt fullness which allows plenty of room for sitting.

IN ORDER to prevent strain on fabric, a dress top, blouse or jacket should be amply cut at the armhole and across the bosom. In a crease-resistant linen dress, the waistband which doesn't nip you in too closely might be a wiser choice than the one which does.

Bea-mind, also, when buying wrinkle-resistant linens that they are not likely to be so cool for warm weather wear as untreated linens.

Men and Women— Which Are Better Drivers?

By ERNEST E. BLAU

WHILE THERE are thousands of very fine women drivers, and while the average woman is prone to drive more slowly, to take fewer chances than a man and not to drive while intoxicated, women do have some natural driving handicaps that more than offset their good qualities as drivers.

As a sex they are more excitable, more easily panicked, do not react as quickly and decisively in emergencies. The American Automobile Association, after testing 10,000 men and women, reported that women are not as good in judging distances, steering in tight spots, using brakes quickly.

THEY ALSO are more affected by sudden noise and glare. The man's greater strength is an advantage, too, in braking and steering, often crucial factors in avoiding accidents.

For instance, an average



man's hand can grip the steering wheel with 81 pounds pressure—a woman's with only 48 pounds. That's important if a tire blows.

A national poll has revealed that the average car passenger would rather have a man than a woman at the wheel.

THE DOCTOR ANSWERS—

By E. P. JORDAN, M. D.
QUESTION: Is there a cure for bronchiectasis?
ANSWER: There is no sure cure for bronchiectasis. In advanced cases, excellent results have been obtained with surgery. Bronchiectasis should be prevented if possible by not allowing a chronic cough to go too long without treatment.

Harriet J. Holmes Receives Ph. D.

Times Special
CAMBRIDGE, Mass., Mar. 9—Miss Harriet Jane Holmes, daughter of Walter C. Holmes, 5945 Washington Blvd., Indianapolis, has received her Doctor of Philosophy degree in economics from Radcliffe College.

A graduate of Vassar College, Miss Holmes holds a Master of Arts degree from Radcliffe. She specialized in industrial organization and control.

Country Club Lists Events

The Indianapolis Country Club will have an open house for members and guests on Mar. 20. The House Committee is in charge of the event.

The members are W. R. Souder, Glenn F. Warren, Frank W. Baron, Mesdames George E. Enos, Mary Owings and Ford H. Kaufman. There will be a buffet supper at 6:30 p. m.

The club has also planned an Easter egg hunt for the children of members on Mar. 28. Mr. and Mrs. R. C. Hurt are chairmen, assisted by Messrs. and Mesdames Joseph F. Breeze, Ralph E. Roberts and Buford Cadie.

A dinner dance will mark the season's formal opening on Apr. 24 in the club.

Cute as Can Be



8298
2-6 yrs.

By SUE BURNETT
This little play suit for fun out of doors is cute as can be. The sleeveless dress buttons down the back, has contrasting fabric for straps, edging and pocket trim. And notice how prettily the bonnet will shade her face.

Pattern 8298 comes in sizes 2, 3, 4, 5 and 6 years. Size 3, pinafore, requires 1 1/2 yards of 35 or 39-inch bonnet 1/4 yard. Don't miss the spring and summer fashion—better than ever with special features, smart styles—see pattern printed in book. Use the coupon below to order pattern or Fashion Book.

SUE BURNETT
The Indianapolis Times
214 W. Maryland St.
Indianapolis 9

No. 8298 Price 25c

Size

Fashion Book Price 25c

Name

Street

City

State

Times' National Sewing Contest Entrant Registration

Here is my official registration for The Times' National Sewing Contest. I will bring my contest garment on Apr. 19 to the place to be announced in The Times.

NAME Phone

ADDRESS

I plan to enter in the classifications marked below: (Check one or more. You are not obligated to remain in the classifications checked, if you should change your mind later.)

Standard Pattern Group, Senior Division, for entrants above 18 years of age. (1) Dress—Rayon, silk or wool.....

(2) Dress—Cotton..... (3) Coat or Suit.....

Standard Pattern Group, Junior Division, entrants 18 years or under. (1) Dress..... (2) Suit or Coat.....

Glamour Group, no age limit. (1) Evening, lounge, beach wear, etc., from standard pattern or original design.

Original Design Group, no age limit. (1) Dress, suit or coat originally designed by contestant and intended for adult or upper teen-age wear.

Children's Clothing Group, no age limit. (1) Clothes for children up to 12 years of age.

Name

Street

City

State

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So convenient!... Now your choice of tubes or jars; when you buy magic-working Lustre-Creme Shampoo!

Not a soap, not a liquid, Lustre-Creme is an amazing new, rich lathering cream shampoo: a unique blend of secret ingredients plus gentle lanolin. Created by Kay Daumit, cosmetic genius, to glamorize hair; bring out its full natural beauty. Used and recommended by leading hairdressers! Try it today, in tube or jar: have Lustre-Creme "Dream Girl" hair tonight!



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