

Fruits, Both Canned And Fresh, Highlight A Week's Menus Planned By Meta Given

<p>DO YOU KNOW OF ANY MORE PERSUASIVE WAY to serve certain canned fruits appealingly than in lovely garnishes for roast or broiled meat or poultry?</p> <p>Handsome halves of clingstone peaches, Bartlett pears and pineapple rings can play well in these roles. To broil, brush the top surface with lemon juice and melted butter, slide under the broiler and leave there until the top is bubbly and a tempting brown.</p> <p>The menus for next week follow.</p> <p>MONDAY Breakfast Tart apples Fried cornmeal mush with butter and sirup Bacon strips</p> <p>Luncheon Curried eggs and peas with rice border Bread and butter Grapefruit and orange cup</p>	<p>Luncheon Deviled egg salad Buttered English muffins Fresh pears</p> <p>Dinner Pan-fried oysters Mashed potatoes Stewed tomatoes Coleslaw Bread and butter Banana cream cake</p> <p>Milk to drink: Three and a half cups for each child; one and a half cups for each adult, in addition to that used in the day's menus.</p> <p>TUESDAY Breakfast Stewed prunes French toast with butter and powdered sugar</p> <p>Luncheon Sliced oranges Hot cooked cereal with sugar and cream Coffee cake</p>	<p>Luncheon Vegetable soup Shredded lettuce, bacon, water-cress and mayonnaise sandwiches on whole wheat bread Butter pecan ice cream</p> <p>Dinner Barbecued lamb shanks Baked potatoes Mashed rutabaga Sliced cucumber and onion salad Hard rolls Baked apples with cinnamon whipped cream</p> <p>Milk to drink: Two and a half cups for each child; one and a half cups for each adult, in addition to that used in the day's menus.</p> <p>THURSDAY Breakfast Sliced bananas on ready-to-eat cereal with sugar and cream</p>	<p>Luncheon Soft-cooked eggs Hot buttered toast Liverwurst salad Toasted French bread Sugared doughnuts Queen Anne cherries</p> <p>Dinner Baked pork chops Baked sweet potatoes Peach fritters Buttered spinach Spiced beet salad Orange angel torte</p> <p>Milk to drink: Three and a half cups for each child; one and a half cups for each adult, in addition to that used in the day's menus.</p> <p>FRIDAY Breakfast Stewed apricots Creamed chipped beef on toast</p>	<p>Luncheon Cheese rarebit over toast and sliced tomato Lettuce salad with Russian dressing Grapefruit halves</p> <p>Dinner Ham hock dinner (carrots, onions, potatoes) Pickled prunes Cornbread Tomato aspic salad with cottage cheese Prune whip</p> <p>Milk to drink: Three cups for each child; one cup for each adult, in addition to that used in the day's menus.</p> <p>SATURDAY Breakfast Orange juice Salt pork with cream gravy Biscuits and butter Strawberry jam</p>	<p>Luncheon Egg salad sandwiches Celery sticks Radishes Olives Fruit gelatin</p> <p>Dinner Shepherd's pie Buttered broccoli Waldorf salad Hot rolls Sliced bananas and cream Chocolate drop cookies</p> <p>Milk to drink: Three and a half cups for each child; one and a half cups for each adult, in addition to that used in the day's menus.</p> <p>SUNDAY Breakfast Grapefruit halves Waffles with butter and heated sirup</p>	<p>Sausage patties Dinner Roast shoulder of lamb Browned potatoes Frozen asparagus in cream California salad with vinaigrette dressing Hot rolls Peppermint ice cream Hot fudge sauce</p> <p>Supper Cream of broccoli soup Hot buttered toast Stewed apricots Brownies</p> <p>Milk to drink: Two and a quarter cups for each child; one-fourth cup for each adult, in addition to that used in the day's menus.</p> <p>*Recipes for dishes marked with asterisks will appear tomorrow through next Wednesday.</p>
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Ready-Cooked Foods Simplify Meal Planning

Food experts are coming to the rescue of housewives these days with some sensible suggestions to help hold down the bouncing budget.

It takes ingenuity and planning, say the economists, but the alert kitchen manager still can serve her family attractive, thrifty meals by taking advantage of special food values.

The home cook can solve her main-dish problem — usually the most costly item of the meal — by planning her menus around such hearty, substantial heat-and-eat, ready-cooked foods as chili con carne, baked beans and macaroni and cheese.

All these family favorites are high in protein value and can replace costly dishes. A vegetable, crisp salad and dessert will round out the menu, yet keep the entire meal within a modest budget.

These dishes can be varied a number of ways. Try spicy chili con carne on a mound of steaming rice for a wintertime supper. Serve with toasted French rolls and a well-seasoned green salad.

Stuffed green peppers are a tasty Sunday night treat. Parboil green pepper halves, then heap with hot macaroni in cream sauce and top with toasted, bread crumbs.

Saturday night's the time for a Down East baked bean feast. Start with baked beans, vegetarian style. Flank with plenty of Boston brown bread and chilled cole slaw. And serve a tangy new dessert — broiled cranberries.

Serve spaghetti in tomato sauce (sprinkled with grated sharp cheese) along with a huge meat tray.

To use leftover ham, chop up the meat, not too fine, and add to macaroni in cream sauce. Flavor with a tablespoon of sherry and a sprinkling of onion and celery salt. Heat in a baking dish and serve bubbling hot.

House Dresses Fewer... And Higher

By BARBARA BUNDSCHU
United Press Staff Correspondent
NEW YORK, Jan. 8 — Manufacturers of "dosen-priced" women's dresses—the greatest mass producers of the clothing industry—made 18 per cent fewer dresses in 1947 than in 1946, but took in 13 per cent more money in 1947 than during the bigger production year—that preceded it, according to U. S. Commerce Department figures.

The reason, John Benz of the department explained, "perhaps unnecessarily—to the National Association of House Dress Manufacturers, was the universal increase in price."

"Dosen-priced" dresses—sold to retailers in dozen lots rather than individual units as higher-priced dresses are sold—include most of the cotton, rayon and wool house dresses sold to retail customers for about \$4 to \$20. Some sell for as much as \$30.

The average price of such a dress in May, 1946, Mr. Benz said, was approximately \$5. In May, 1947, the average dress in the field was retailing for slightly under \$7.

The increase in wholesale price was about 25 per cent, he said. It continued to rise in the third quarter of 1947, but the increase was slight enough to give evidence of a leveling, Mr. Benz said.

The figures presented by Mr. Benz, based on the first nine months of both years, showed a decline of production in all branches of the women's outer clothing industry averaging 18 per cent. Other branches of the industry, however, showed also a reduction in dollar intake, indicating less drastic price increases. Average for the entire industry was 11 per cent less dollar volume than 1946.

Dosen-price manufacturers, who had turned increasingly to rayon in the past few years started a shift back to cotton last year, Mr. Benz said, as cotton print production increased. Rayon was used for 2 per cent of the total production in 1947 as compared with 26 per cent in 1946, he said. The increase in use of cotton was most marked in the higher-priced dosen dresses.

Essential Vegetables Can Be Masked Invitingly



ORIGINAL MEAT STRETCHER—Here mushrooms are combined with rice and squash to give a lift to a prosaic vegetable. Used as a meat stretcher, mushrooms add the dash necessary to give the squash main-dish appeal.

By JEAN TABBERT
VEGETABLES—either fresh or canned—are essential in every meal. Capable of being disguised in many interesting variations, they should be served attractively. An appetizing seasoning will prod the most listless appetite.

Try tossing a tasty cheese sauce over a dish of green beans or scalloping cabbage or eggplant. Season boiled cauliflower with bacon fat and garnish with bits of crisp bacon.

Add mixed diced leftover cooked potatoes, vegetables and meat to beaten eggs. Season. Cook in a skillet until lightly browned; fold, then serve.

ADD MINCED onion, chopped dill pickle and crisp, crumbled bacon to a medium white sauce. Pour this over beets, broccoli, cabbage, spinach or string beans.

A main-course dish of squash stuffed with rice and mushrooms will provide a satisfying meat substitute. The mushrooms are a fine food extender, giving a fine-textured, creamy quality.

Combine delightfully with meat, fish or eggs and vegetables and will help solve many a menu problem for the "austerity days" ahead.

BAKED SQUASH WITH RICE AND MUSHROOMS
2 acorn squashes
Butter or bacon drippings
Salt and pepper
1/4 c. butter or margarine
1/4 c. diced onion
1/4 c. diced green pepper
1 tsp. pimiento
2 c. cooked rice
1 tsp. lemon juice

1 4-oz. can button mushrooms
Cut the acorn squash in halves; remove the seeds and all stringy portions. Brush with butter or bacon drippings; salt and pepper. Place in a shallow baking pan. Add 1/2 cup water and bake covered, in a hot oven (400 degrees F.) for about 30 minutes.

Melt the butter or margarine in a large, heavy frying pan and add the diced vegetables. Saute until a light, golden brown. Add the rice and lemon juice. Mix thoroughly. Add mushrooms, reserving a few for garnish. Fill the squash cavities with the rice mixture. Return to the oven and bake at 375 degrees F. for about 20 minutes.

Brush the remaining mushrooms with butter or margarine and place under the broiler for a few minutes until light brown. Serves four.

Patterns for Matron's Frock and Party Dress

8251
36-52

5599

By SUE BURNETT
Especially flattering to the larger woman is this neat afternoon dress (left) that's so versatile. Contrasting binding finishes the waist—and see how smoothly the skirt falls.

Pattern 8251 is for sizes 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 38, 4 1/2 yards of 36 or 39-inch; 3 1/2 yards binding.

For this pattern, send 25 cents in coin; your name, address, size desired, and the pattern number to Sue Burnett, the Indianapolis Times Pattern Service, 214 W. Maryland St., Indianapolis 9.

Ready for you now—the newest issue of Fashion. Send today for your copy of this inspiring fall and winter issue. Fashion tips, special features, free pattern printed inside the book. Twenty-five cents.

By MRS. ANNE CABOT
Embroider a saucy lamb on a party dress (right), with its own matching panties. Pastel fine wool, flower-spangled rayon or dainty muslin are all happy selections and adapt themselves well to this pattern. Lamb and flower spray are embroidered in outline stitch.

To obtain complete tissue pattern, sizes 3, 4 and 5 included, tracing for embroidery design, finishing instructions for Pattern 5599, send 16 cents in coin, your name, address and the pattern number to Anne Cabot, The Indianapolis Times, 530 S. Wells St., Chicago 7.

Mothers Club Meets

The Rader Kindergarten Mothers Club met this afternoon in the kindergarten. A Red Cross representative was the guest speaker.

Know Your Stuff—Making Sure That It's Wool

IF YOU'RE in doubt about garments that claim to be "all wool," there are identification tests for wool that will prove the validity of the boast.

Giving the burning match test to a few fibers is one way to determine the presence of wool. For this test, pull a few loose threads from the seam edge of a garment—if possible, from both lengthwise and crosswise directions.

TWIST lengthwise threads into one strand; crosswise threads into another and test separately.

Ignite one strand. If the strand is wool, it will burn slowly and have the acid odor of burning hair.

The ash will be crisp and will tend to curl up in a ball.

THE alkali test also will identify wool. This is particularly useful in determining whether cotton, linen or rayon fibers are mixed with wool.

To test, boil a small sample of fabric for 15 minutes in a solution of one tablespoon of lye to one pint of water. Wool fibers will dissolve in the strong alkali solution leaving the other fibers intact.

This test is ineffective in the case of silk and wool mixtures because silk also will dissolve.

Mrs. Segar Hostess
The Paul Coble Unit, American Legion Auxiliary, will meet at 12:30 p. m. tomorrow in the home of Mrs. Louis H. Segar, 4634 N. Pennsylvania St.

The Doctor Says—Lymph Glands Enlarged By Fever

By EDWIN P. JORDAN, M.D.
GLANDULAR fever, or infectious mononucleosis, is a peculiar condition, probably an infection. If some infectious agent—a germ or virus—is responsible, however, it has not yet been identified.

The condition usually starts with a slight loss of appetite, a feeling of general distress, and vague pains. Moderate fever is usual. In severe cases nausea, vomiting, and some pain in the abdomen are also present.

Even in the mild cases headache and a feeling of lethargy and weakness are common. The lymph glands in the neck, and sometimes in other parts of the body, are likely to be enlarged.

These symptoms are not sufficient to make a diagnosis, because they may be present in other conditions. The blood, however, shows characteristic changes. The number of white cells, or leukocytes, is increased. When a drop of blood is smeared on a glass slide, stained, and examined under a microscope, a peculiar type of cell can be seen.

A SPECIAL test of the blood, called the heterophil antibody test, is also helpful in diagnosis. Indeed, this test is the most important method used in diagnosis.

Young people are particularly prone to infectious mononucleosis. The subject is good in almost all cases, but there is as yet no specific or thoroughly satisfactory treatment.

As a rule, the fever lasts less than two weeks and the symptoms even shorter periods of time. The changes in blood, however, may persist and some weakness may be present for quite a long time.

Although the disease is, at present, mild and complete recovery is the rule, this is a condition which will have to be watched closely. It can become more severe and more widespread than it is at present.

Bridge Lesson—Analyze Your Opponent's Hand

By WILLIAM E. MCKENNEY
America's Card Authority
TODAY'S Lesson Hand was taken from the national women's team-of-four championship played recently in Atlantic City. The event ended in a tie.

One of the tying teams was made up of players from three different countries—Mrs. Charlton Wallace of Cincinnati, Mrs. M. Roncarelli and Mrs. William Anderson of Canada, and Mrs. Trevor Lyons of Kingston, Jamaica, B. W. I.

The other was a Philadelphia team composed of Mrs. Charles Stewart, Mrs. Raymond Sondheim, Mrs. L. C. Robinson, Mrs. G. Illig.

Both teams found the squeeze play in today's hand, which brings out the importance of analyzing the player's holdings from the bidding. East's vulnerable overcall of one spade marked her with some high cards. While the contract was for only four, bear in mind that in tournament play the maximum tricks must be taken.

BOTH declarers decided that East undoubtedly held the ace of diamonds, and if she also held the king of clubs a squeeze play could be employed.

They won the opening spade lead with the ace and returned the 10 of spades, East winning with the jack.

The burden of responsibility was now on East. If she returned a spade, a shift and a ruff would follow. If she cashed the diamond ace, it would set up the king, while the lead of a small club would be right up to declarer's jack.

EAST made the smart return of the eight of hearts. Now declarer ran all of the hearts. On the last heart dummy was down to the blank king of diamonds and the ace-queen-three of clubs.

East naturally could not let go the ace of diamonds, so she discarded the four of clubs and the declarer discarded dummy's king of diamonds.

Then a small club was led to the queen and the finesse taken, the ace dropped the king and jack of clubs won the last trick.

Thus a nice squeeze play developed by marking East with the missing high cards.

Teen Topics—Are Teen-Agers Too Lazy?

AFTER THE holidays, there's naturally a bit of gossip about about you teeners and your doings. Seems to me, you'd like to hear what's being said. So unbuckle your ears!

It's mostly good. Yes, the grown-ups like you! One complaint, however, is that many of you are lazy.

Oh, you have plenty of pep for parties! But in between times, you loiter around. You don't take care of your belongings.

You don't attend to the dull little details of existence, like hair-cuts and getting clothes to the cleaner. And you won't budge from home without a car to carry you.

WELL, it was your vacation. You were entitled to some rest and relaxation. But wasn't part of that apparent laziness a put-up job?

Haven't you fallen into the habit of looking and acting indolent, just for the effect? If so, it's not paying off, kids.

A wise person never reverts criticism. He makes use of it. So you'd be smart to remember, next time, that a brisk, business attitude is what you need.

They advise screwing the stopper tightly into the bottle. After that's done, cap the entire bottle top with paraffin, melted in order to apply it for air-tight sealing.

AFTER resealing the bottle, store your perfume in a dark, cool closet. Light and heat are as bad perfume pliffers as air, experts warn.

As for ways to make the precious stuff you use last longer, one hint is to stop perfuming your skin with it. Every time skin gets washed, you lose your perfume.

But if you will scent cotton pellets and tuck them inside your clothes, the same dabs of perfume can be continued in service as long as there is a fragrant whiff.

Beauty—Seal Perfume With Paraffin

By ALICIA HART
NEA Staff Writer
SO, YOU couldn't resist opening both bottles of perfume that made your Christmas sock so toe-heavy?

Well, assuming that you are only going to keep one in current use, here's a timely tip from experts on how to seal the other and keep it evaporation-proof until you're ready to use it.

They advise screwing the stopper tightly into the bottle. After that's done, cap the entire bottle top with paraffin, melted in order to apply it for air-tight sealing.

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Quick-Mix Developed For Cookies

Something new has been uncovered in the cookie-making field. It's the quickie mix cookie method—a new way of mixing cookies that cuts out many unnecessary steps.

There's no more creaming of shortening and sugar—no slow, tedious folding in of each separate ingredient. Mixing time is only two minutes, as compared with 10 to 15 minutes with the conventional method of mixing.

All the ingredients are measured directly into the mixing bowl, saving time and dishwashing.

Here's a recipe that uses the quickie cookie method.

APRICOT BARS
1 c. sifted flour
1/2 tsp. soda
1/2 tsp. salt
1/2 tsp. cinnamon
1/2 tsp. nutmeg
1/2 c. brown sugar
1/2 c. shortening
1 c. quick or old-fashioned oats, uncooked
1/2 c. cooked dried apricots (drained)
2 tbsps. apricot juice

Sift together the flour, soda, salt and spices into a bowl. Add sugar, shortening, oats, drained apricots and apricot juice. Beat until smooth, about two minutes.

Spread in a greased shallow 9 by 11 inch pan. Bake in a moderate oven (350 degrees F.) for 30 to 35 minutes. Cool and cut into bars.

Makes one and a half dozen.
(By J. T.)

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THURSDAY, Words Without Long Escape Order Master Dis And Englo

By DOUGLAS NEW YORK, Jan. 8 — Even James Cagney, Bing, you are a happy music except, perhaps 1948 tone poem who The disc makes phonograph to play. Master records classic abound in England, and they for representing and Mr. Petrillo's sales. Most of the music past few years, partly is superb in performance. So he longhair harmonies in spite of Petrillo.

Master records last ever. The master is recording, made on coated with metal. A reproduction called Then the master is every precaution for From the "mother made, and from "stamper" which is the records you buy RCA-Victor and two major compas classics, have exch with British matrices. Also, Decca here selling the excellent records. The Engli pany has set up a U the Decca Record Co port popular and records from Engla

Firms Well
Musicraft, Disc, Co-Art, Vanguard, other smaller ind well stocked with excellent. Few realize how for companies spe classical music. Spen vice president Record spent \$25,000 complete orato and \$45,000 for the ash."

Both made in Both were made the Town Hall of H actly as the Hudders the Liverpool Symp have done them for Mr. Lieberman's lat

deals with his superio brstein, president of ordings. "Mr. Wallerste to record the Conc stined Mr. Lieberso plain did—three albums" when Rie sing "Hot Time in Tonight."

Those who really have no interest dispute, grievance bec ban just as a d the recording scien fast.

"Labs" Improv Mr. Petrillo's st that he is concerne moment. The shu has ordered came studio's laborator work improving th make recording a medium for both musicians themsele For some time Petrillo's edit may than harm for "tho classics and can show limitless sto that is available.

Missionary to Before Church
The Woman's Sc Service of the Ne Evangelical Unit Church will present Trout in a talk at tomorrow at 11 a. m. of Mrs. John Whit Run Pkwy.

Miss Trout is ex of the department organizations of th tian Missionary Soc mer missionary to

Health
HORIZONTAL
1,7 Pictured doctor
12 Diminished
13 Idea
15 Dry
16 Nevada city
18 Essential being
19 Gaelic
20 Individuals
21 Disorder
22 French article
23 And (Latin)
24 Porial
25 Dense growth of trees
26 Narrow inlet
27 Reventual
28 Depend
29 Effete
30 Symbol for cerium
31 Near (ab.)
32 Harlem rooms
33 Castle ditch
34 Arrived
35 Girl's name
36 Cain's brother
37 Cotton fabric
38 Stage performer
39 She is the first ever elected to her new post
40 She heads the American Association