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COLD WAVE HOME KIT ONLY KIT with WOOD CURLERS

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IT'S THE WOOD CURLERS THAT MAKE THE DIFFERENCE!

THE DOCTOR SAYS: Ailment Strikes Most-Used Joints

Chronic Arthritis Common Threat

By WILLIAM A. O'BRIEN, M. D.
A JOINT is formed at the point where one bone meets another. Joint pain and stiffness result from changes in or around the joints, which are surrounded by tough capsules and lined with smooth, velvety membranes. The ligaments of muscles which originate above help to support a joint as they pass to their insertion below. All these structures must work together to develop efficient action.

JOINT stiffness is caused by adhesions, injury to the joint capsule, or ligaments, muscles, inflammation, or fractures.

In an injury of a joint, the capsule and ligaments may be torn. When these heal, the joint may be left encased in scar tissue, but this can be broken up by stretching.

If a fracture involves a joint, the cartilage with which the ends of the bone are padded also may be torn. If in healing, the joint surfaces are replaced by new bone formation, a special operation will be necessary to restore motion.

INFLAMED joints are red, swollen, hot, painful and have limited motion. Joint infection follows injury or infection elsewhere in the body. The joints are actually inflamed in rheumatic fever as part

of a general infection. Acute arthritis usually responds to specific drugs, heat and rest, but if pus forms, it must be drained.

Chronic arthritis can develop at any time in life, although it is more common in middle and old age. One variety is caused by an infection, another by excessive wear and tear, a third by metabolic changes. All forms of chronic arthritis are made worse by emotional difficulties; a severe physical or

emotional shock may precede the onset of the disease.

SUDDEN or repeated exposure to dampness, rain and cold coupled with fatigue can bring on arthritis in individuals of any age. Men who develop chronic arthritis may tell of standing in water for long periods of time. Sleeping in the rain or prolonged exposure to cold weather also cause chronic arthritis.

Arthritis has a tendency to develop in joints which are used most. In women, the hands suffer most, while in men, the spine, ribs and shoulders are most often affected.

In every form of joint infection or injury, relief of pain and prevention of disability are the main objectives of treatment. Chronic joint infections have a tendency to run a self-limited course, and if severe crippling is prevented, the patients can be restored to economic and social usefulness.

AUXILIARY TO MEET

G. I. A. division 128, social club auxiliary will meet at noon tomorrow in the home of Mrs. Letta V. 2402 N. Talbot st. for a covered-dish luncheon. Mrs. Cora Dorsey and Mrs. Martin Hines will assist.



Named Associate Magazine Editor

J. EDWARD MOSELEY of Oakland, Cal., has accepted the appointment as associate editor of World Call magazine with headquarters at 222 Downey ave. Dr. George W. Buckner Jr. is editor.

In addition to writing for World Call, international magazine of the Disciples of Christ, Mr. Moseley will handle public relations for the United Christian Missionary society. He has had many years' experience on newspapers and magazines.

He was for 10 years associate editor of the Christian Evangelist, national weekly of the Disciples, St. Louis, and was formerly employed by the Seattle Times and the Spokane Chronicle. More recently, he served as area director of the national council of Christians and Jews, Oakland. He received his A. B. degree at the Spokane university and his master's at the University of Chicago.

Mr. Moseley is president of the Disciples of Christ Historical society and a member of the National Press club. He is a one-time vice president of the Associated Church press.

CAPT. DOYLE ASSIGNED TO PERSONNEL POST

Capt. John J. Doyle of Logoootee, a graduate of Indiana university in 1940, has been assigned to Ft. Harrison as personnel director on the staff of Col. Edward L. Strohbehn, post commander.

Capt. Doyle was with the 28th division in the Pacific when they took Bataan, Corregidor and Luzon. He was awarded the purple heart and wears three battle stars.

An accounting major at Indiana, he became sales accountant for Burroughs' Adding Machine Co. in Chicago after graduation. He is married and has a 22-month-old son.

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Physical Culture shoes by Selby... Arch type shoes with style

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Unique triple-ingredient remedy BiSoDol brings triple-action relief—(1) Fast relief—(2) Prolonged relief due to special delayed-action ingredient—(3) Soothing relief that gently eases upset stomach. This expert BiSoDol combination brings fast, pleasant relief.

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Reg. \$1.98 100% Wool SWEATERS Now \$1.37

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Reg. \$2.98 WOOL SWEATERS Now \$2.37

Reg. 89¢ STAMPED KIMONOS Now 44¢

Reg. 59¢ STAMPED ROMPERS Now 29¢

Reg. \$1.00 WOOL SWEATERS Now 77¢

Reg. 25¢ INFANTS' MITTENS Now 12¢

Reg. \$1.59 JERSEY ROMPERS Now \$1.37

Reg. 59¢ INFANTS' MITTENS Now 27¢

Reg. \$2.98 GIRDLES Now \$1.97

Reg. \$2.98 BED JACKETS Now \$1.98

Reg. 25¢ POT HOLDERS Now 12½¢

Reg. 35¢ BOXED FRAMED PICTURES Now 44¢

Reg. \$1.75 SNOW SUITS \$9.39

Reduced to Suspender style pants with knit cuffs.

Reg. \$1.29 DICKIES 59¢

Reg. 89¢ SCARFS 44¢

Reg. 39¢ COVERS 12¢

Reg. 3.98 FLOOR VARNISH \$2.69

Reduced to \$1.85 gal.

Reg. \$1.98 CLEARANCE TABLE

Reg. \$1.98 BOYS' SNOW SUITS \$10.39

Reduced to Plaid jackets with plain pants.

Reg. \$1.98 CLEARANCE TABLE

Reg. \$1.98 BOYS' SNOW SUITS \$11.49

Reduced to Hooded jackets and zipper cuff pants.

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