

SUGAR-STRETCHING CANNING GUIDE—NO. 5

Specialists Advise Peaches
As Easy Fruit to Put Up

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NEA Staff Writer

Peaches, like tomatoes, require only the water-bath method of canning. They are one of the easiest fruits to put up and have universal appeal. One bushel of fresh peaches will yield from 18 to 24 quarts of canned peaches.

Here's the way canning specialists of the U. S. department of agriculture can peaches.

Choose ripe, fresh, firm fruit. Look beyond any pretty pink blush for the yellow or whitish yellow background color indicating ripeness. Peaches picked green have poor flavor even when ripened. Don't use any fruit with decayed spots. Although decay is cut out, bacteria may be left behind to spoil the fruit.

Wash and peel peaches, handling gently—a canner load at a time. For easy peeling, place a few at a time in a wire basket or cheesecloth, dip in boiling water a minute or so, then quickly into cold. Skin, pit and halve or slice. To prevent darkening after peeling, drop into a solution of 1 gallon of water with 2 tablespoons salt and 2 of vinegar, then rinse and drain. Precook peaches: If they are juicy, add sugar—½ cup to each quart of uncooked peaches. Then heat peaches to boiling and pack in their own juice.

PACK PEACHES EVENLY

For less juicy fruit, drop into thin to medium syrup, boiling hot, and just heat through. For moderately thin syrup use 1 cup sugar to 2 cups of either water or peach juice—made by crushing, heating and straining sound peaches too soft for canning.

To stretch canning sugar, corn syrup may replace up to ¼ the sugar, mild-flavored honey, up to ½. If it is necessary to can without sugar, cook the fruit in its own juice, or add just enough water to keep it from sticking to the pan.

Pack hot peaches evenly into clean jars. Place halves in overlapping layers, pitted sides downward. Fill in with ¼ to a cup of boiling liquid, taking care to cover solid food well and leave ½-inch head space. Peaches not covered by liquid may turn dark. Air bubbles also cause the fruit to darken. So work out bubbles by running a knife blade down jar side. Add more liquid if necessary.

Adjust lids. Process 20 minutes in a boiling-water bath. Finish sealing if type of jar requires. Cool jars overnight, right side up and away from drafts.

Here's another brand new recipe perfected by outstanding home economists. It increases the amount of fruit you can put up with your allotted 15 pounds of sugar per person this year as compared to 20 pounds per person last year.

PEACHES

(20 pounds fresh, 8 quarts canned)
Thin Syrup: 6½ cups water, ½ cup light corn syrup, 2 cups sugar.
Medium Syrup: 5½ cups water, 1 cup light corn syrup, 3½ cups sugar.
Heavy Syrup: 4½ cups water, 2½ cups light corn syrup, 4 cups sugar.

Prepare syrup: Put water, syrup and sugar in saucepan; bring to boiling point. Remove from heat. Use hot for packing fruit.
Prepare fruit: Select firm, ripe peaches. Slip skins. Cut in halves and remove pits. Grade contents of each jar for uniform size and ripeness.

Pack jars: Pack raw fruit immediately into hot jars, pit side down and halves overlapping. Fill jars to within ½ inch of top with hot syrup. Seal immediately according to type lid and jar. Process 20 minutes in boiling water bath. Or: Plump in boiling syrup.

"Digestion, Nerves Better, Thanks To Voila-Vin"

If you want the FACTS about a medicine, the best place to get them is from actual USERS. The following statement about Voila-Vin, the famous "natural" medicine, speaks for itself. It is from Mrs. Ruby Hale, of 321½ N. 19th St., Richmond, Indiana, who says:

"I am Very Grateful for Benefits of Voila-Vin"
"I am a work worker, and during these strenuous times I became very nervous and suffered terribly from indigestion. But Voila-Vin has helped me marvelously. My digestion and nerves are better, bowels regulated, and I sleep soundly. I am very grateful for the benefits of Voila-Vin."

DO YOU NEED VOILA-VIN?
Check your symptoms on this chart. If you have no organic or systemic ailment, yet suffer from any of these common miseries, your trouble is most likely due to faulty elimination—and Voila-Vin can bring you fast relief.

MADE FROM FAMOUS HERBS
Voila-Vin is made from 12 of Nature's finest health-giving herbs. It is gentle, yet fast-acting. Taken as directed, this medicine has brought relief to countless sufferers from gas, constipation, indigestion, low energy, muscular aches, and other ills which are due to poor elimination. Voila-Vin really WORKS!

A special Voila-Vin representative is now at Hook's Drug Store, at Illinois & Washington Sts., Indianapolis, Ind. Here he is introducing and explaining the properties of the "naturally made" Voila-Vin compound. Start back on the road to health today by buying a bottle of fast-acting Voila-Vin—Hook's new, low price \$1.10, or 3 for \$3.00.

Voila-Vin is sold by All

Hook's

Dependable Drug Stores

And by Other Leading Druggists

(Send mail orders to Hook Drugs, Inc., Indianapolis, Ind.)

Local druggists can obtain Voila-Vin at

Mooney-Mustler-Ward Co., Indianapolis, Ind.

NEXT—Tomato Relishes.

BACK IN AGENCY,
GETS PROMOTION

Lt. Col. Jack Harding, on inactive duty after three and a half years of service with the army air forces, has been named vice president of the Charles J. Pettinger Co., sales and advertising counsel, Mr. Pettinger president of the organization, announced today.

Lt. Col. Harding, prior to his military service in world war I, headed his own agency here, before becoming assistant to the Pettinger company. A veteran of two wars, he served in the present conflict as an air intelligence officer.

During 18 months of overseas service, he was with the 8th and 9th air forces in England and France, where he was also an executive officer of the 9th air force public relations section. When he returned to the states last fall, he was attached to the staff of Gen. H. H. Arnold in Washington.

The new vice president is a past president of both the Kiwanis club and the Advertising club. He has written motion picture scripts in Hollywood and is the author of a book on Brazil, which was published by the Bobbs-Merrill Co. of Indianapolis.

MILK DELIVERY CURTAILED

KANSAS CITY, Mo., July 20 (U. P.)—Milk deliveries in this city of half a million people dwindled to a mere trickle today as a result of a dispute between producers and drivers over the unionization of six contract haulers.

WE BUY DIAMONDS
Old Gold, Watches, Dental Gold Silver, Antiques & Costume Jewelry
The Older Your Jewelry The More We Pay!
★ BARON JEWELRY CO.
644 Fellow Bldg. 1-2 N. Penn. St.
Ground Floor—Cor. Penn. & Wash. Sts.

SAVINGS
VALUES
QUALITY



PERMANENT WAVES
\$2.45

Includes Shampoo, Permanent and Push-Up Set

Top styles for summer. See how softly the curls frame your face so carefree and casual. Come in today.

Long Bobs Our Specialty! Plenty Operators—No Waiting!

PERMANENTS
Halon of Tray \$3.95
Worth Much More

No Appointment Necessary

HAIR TINTING
Naturally Lovely \$4.50
At End of Day, Dry Hair

OPEN EVERY NIGHT
UNTIL 10 P. M.

COLD WAVE
Super-Special White Supplies Last
Worth Twice This Price

SHAMPOO and FINGER WAVE \$1.25-\$1.50
Cor. Ill. & Wash. Sts.—Fourth Floor

Royal Beauty Academy

THE THRIFT CORNER OF
INDIANAPOLIS
LEADERSTORE
WASHINGTON & DELAWARE STS.

OPEN SATURDAY 9:45 to 5:45

EXTRA VALUES for SATURDAY

Clearance!
Boys' and Girls' Swim Trunks
\$1.00
Juvenile sizes (4 to 8) in spun cloth. Light novelty designs.

Clearance!
Large Brim Straw Hats
39¢
For gardening, cutting or fishing. Men's, women's or misses' adjustable sizes.

Clearance!
White Bags
50¢
Washable "Kerato" in assorted styles and sizes. Counter soiled.

Women's and Misses' COTTON ANKLETS
15¢
All fine mercerized and combed cotton. Good selection. Sizes 8 to 10½. Imperfects of 35¢ quality.

Special! Rayon BABY PANTS
9¢ 3 for 25¢
Washable, waterproof and acid proof. Full cut and comfortably sized.

20-Oz. Bag COTTON WASTE
19¢
Ideal for windows, dusting, waxing, polishing and general household uses. Also mechanics. While 600 bags last.

Men's Cotton SHORT SOX
10¢
Ideal for summer work wear. Choice of black, brown or gray. Imperfects.



Washable Chambray
Tailored SHIRTS \$1.19
For Your Play Tog Ensemble
A smart, button-front shirt with short sleeves and lay-back collar in easy to launder chambray. Sizes 32 to 38.
• ROSE • GREEN • TAN • BLUE

Rayon or Cotton PANTIES
39¢
Elastic waist or side tie. Quality rayons or combed cottons. Regular sizes.

Women's Size (38 to 44)
SUMMER COTTON DRESSES
\$2.98

Styles that make for cool, easy fitting comfort and fabrics that always look fresh and new, after a trip to the tub. Gay prints and check patterns, in most all colors.

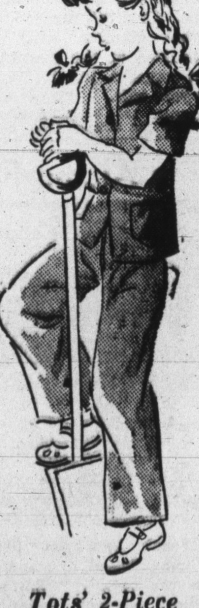


Shop and Compare This Extra Value
"Pleasant Peasant" BLOUSES
\$2.98

Especially washable and grand to wear. White cotton contrasted with multi-colored embroidery at neck and sleeves. Sizes 32 to 38.

"Bloomer Girl" SKIRTS
\$2.98

Wide ruffled hemline in rose or blue print on white background. So washable, too. Sizes 24 to 30.

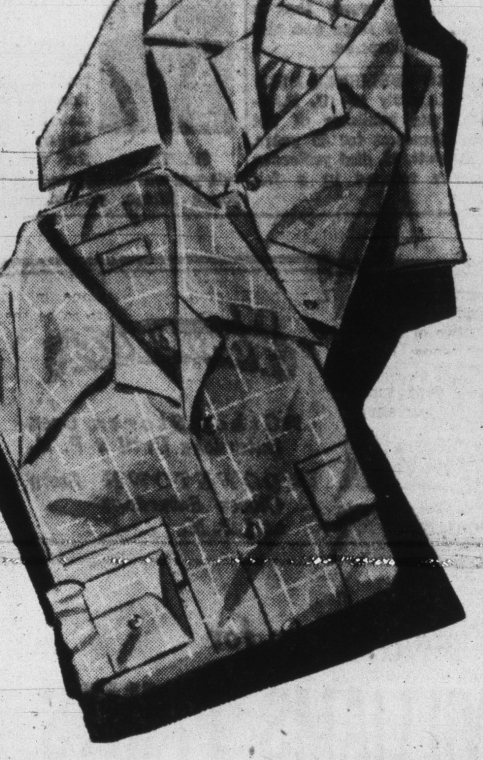


Little Tots' SHORT-ALLS
98¢
Light blue or navy suspender style with bib. Pleated front. Sizes 3 to 6x.

Blue Denim LONG-ALLS
\$1.19
Plenty of sunshine, yet they save on bathing. For boys and girls. Sizes 1 to 6.

Tots' 2-Piece SLACK SUITS
\$1.98
Tubbable cottons in solid colors of blue, beige or navy. They're grand for play days. Sizes 3 to 6x.

Leader's Has **SPORT SHIRTS**



All White Sport Shirts
White washable cotton in a cool weave; short sleeve and convertible collar style. Sizes S, M or L. \$1.49

Short Sleeve Sport Shirts
You'll want several of these easy to slip into and easy to wear shirts. Plain colors, convertible collar. \$1.98

Colorful Plaid Sport Shirts
Short sleeves and convertible collar. Blue, tan or maize predominating plaids. Sizes S, M or L. \$2.55

Lustrous Rayon Sport Shirts
Long sleeves and convertible collar in a quality that is equally at home for dress or leisure wear. White, tan, blue or maize. \$2.98

LONG SLEEVE SHIRTS
Of mercerized poplin in tan or blue. They're so washable and wearable. Sizes small, medium or large. \$1.98

MEN'S TEE SHIRTS
Panel rib, cotton knit, short sleeves, crew neck. White, tan, blue or green. Sizes S, M or L. 79¢

Men's Genuine 'RIVERCREST SLACKS'
Men ought to get wise to the cool comfort and downright wearability of these summer pants. Choice of plain colors and stripe patterns. Sizes 29 to 42. \$2.98

Choice of the House! MEN'S STRAWS
Formerly \$1.95 \$2.15 and \$2.95 (Panamas Not Included)
Cut they go... and because of a very backward season the choice is still very complete. All sizes 8 1/2 to 11 1/2. \$1.45

"Yank Jr." KIDDIEALLS
Your Best Bet in Summer Togs
Gabardines, spun rayons and army twills. Overall style with bib and suspenders. Sizes 2 to 10. 73¢

Sanforized Gabardine SLACK SUITS
• BROWN • BLUE • TAN \$3.45

Boys' Sport SHIRTS
\$2.29

Styled in the grown-up manner with inner-outer shirt, short sleeves, sports collar and full length longies. Sizes 8 to 16.

Plaid front and plain back and sleeves. Sanforized gabardine in blue or tan. Sizes 8 to 18.

BOYS' WASH PANTS
\$1.97

All woven and sanforized materials, light and dark shades of blue, brown or green. Sizes 6 to 18.



Cotton Jersey POLO SHIRTS 79¢

PLAY SHOES
RATION Free \$1.97 \$2.97
OXFORDS — CASUALS — WEDGIES
Grand companions for your through summer wardrobe, and they save your precious ration stamps. Open toes, open backs, closed backs with open toes, pumps, straps and laces.
SIZES 4 TO 10
Misses' and Children's Sizes 8 1/2 to 3. \$1.97

