

Homemaking—

Housewives Urged to Buy Lard to
Relieve Transportation Difficulties

THE HOME REFRIGERATOR THAT HAS AN EMPTY CORNER for holding a couple of pounds of lard this month may do its bit to relieve a temporary storage emergency and also help provide for pies and biscuits for the family's future meals. Right now, while more lard is on the market than cold storage warehouses can accommodate, and while lard is off the ration list, the housewife may put by a small amount if she has refrigerator space for it.

Food specialists remind housewives that lard will keep its freshness only if it is stored in a cold, dark dry place and closely covered. Moisture, air, light and warmth all encourage rancidity. Lard in general keeps longer than butter or margarine but not as long as hydrogenated cooking fats and refined oils.

Food specialists caution against buying too much lard or hoarding quantities which are likely to become rancid before they can be used and thus become a waste of valuable food.

Reasons for Increase

THE HEAVY RUN of hogs to market in the last two months has caused a temporary surplus of lard. During January and February of this year 200 million more pounds of lard were produced than during the same two months of 1943. Storage space is lacking to carry the extra lard overseas.

In the emergency the office of price administration temporarily removed lard from the ration list and the war administration is allowing soap manufacturers to buy 50 million pounds of this fat to help supply civilians and armed forces with the soap they need.

The present lard emergency does not mean that this country now has all the fat it needs. Many millions of pounds of hard fat are still needed for making glycerin, soap and other wartime industrial products. Every housewife still has the patriotic duty of saving every drop of kitchen fat.

Sorority Meets

Lambda chapter, Omega Nu Tau sorority, met last night at the Columbia club. Mrs. William F. Ruscher and Mrs. Lewis Cox were appointed to assist with the Mother's day dinner which is being planned.

Date Frock



Pattern 8590 is in sizes 12, 14, 16, 18 and 20. Size 14 requires 2 1/2 yards of 39-inch material; 3 1/4 yards lace ruffling or pleating for trim.

For this attractive pattern, send 16 cents in coins, with your name, address, pattern number and size to The Indianapolis Times Pattern Service, 214 W. Maryland st., Indianapolis 9.

Egg Preserving Methods Are Suggested

WASHINGTON, April 7.—Four simple ways to preserve some of this spring's bountiful supply of eggs for home cooking next fall are suggested by H. L. Shrader, extension poultry specialist of the U. S. agriculture department.

To families who live near a freezer locker plant, Mr. Shrader recommends freezing a supply of eggs for home use. Other families may preserve eggs at home to advantage if they live near enough to the source of supply to obtain eggs the day they are laid, and if they have a cool cellar or other cool place to store them.

Three Substances

Mineral oil or waterglass, both sold at drug stores, or "dry ice," sold at many ice cream plants, are three substances that may be used to preserve eggs at home.

The oil and the waterglass preserve eggs by sealing the pores in the shell through which spoilage organisms enter.

Dry ice gives off carbon dioxide gas, a familiar preservative. Eggs sealed in a jar of this gas keep well for months.

To be preserved successfully by any of these substances, however, eggs must be fertile, as most commercial eggs are, and as fresh as possible, preferably not over 24 hours old.

They should also have clean, sound, strong shells. Eggs with soiled, cracked or even slightly checked shells will not keep.

Instructions Given

Dipping eggs in mineral oil is a simple, inexpensive way to preserve them. Use the lightest grade mineral oil because heavy oil makes the shell greasy and collects dust.

Warm the oil to thin it but have it no hotter than the hand can stand with comfort. The day they are laid, but they should not be oiled until they have been laid at least four hours. Put several eggs in a wire basket, dip the basket down into the oil, drain, then pack the oiled eggs in clean baskets, crates or cases in a cool cellar.

One quart of waterglass is enough to preserve 14 or 15 dozen eggs. Into a 5-gallon crock or galvanized can, thoroughly cleaned and scalded, pour 9 quarts of water which has been boiled and then cooled. Stir in the quart of waterglass.

Place the eggs in this solution carefully, keep in a cool place and make sure the liquid covers the eggs at least an inch at all times.

'Dry Ice' Method

A third and more unusual method to preserve eggs at home is to seal them in glass fruit jars filled with carbon dioxide gas. For preserving eggs with this material use 2-quart size glass fruit jars with rubber rings and screw tops. Adjust the rings on clean jars, then into each jar drop 2 pieces of dry ice about the size of walnuts. Put as many eggs in the jar as it will hold. When the ice stops fuming, and the jar is filled with white vapor, screw in the top tight and set away in a cool place. The gas does not leak out of the jar easily so eggs keep well for a number of months. Once the jar is opened, however, the eggs are no longer surrounded by the preserving gas so they should be used within a few days.

To Visit Here

Miss Rosalie P. Sanderlin, Washington, will spend Monday and Tuesday in Indianapolis. Miss Sanderlin is the director of Camp Farwell in Wells River, Vt. She will stay at the Marrott hotel.

Party Will Benefit Canteen



The National Women's Service league will give a benefit card party Wednesday at 8 p. m. in the Columbia club. Proceeds from the event will be given for carrying on the work of local servicemen's canteens.

Pictured at the canteen in the Federal building are (left to right) Cpl. Helen Olenick, WAC; Howard Mathes, navy inductee; Mrs. Lester Hunt and Seaman 1-c Robert Heaps.

Indianapolis Matinee Musicales Will Present Nan Merriman In Final Artists Series Program

The Indianapolis Matinee musicale will present Miss Nan Merriman, New York, mezzo-soprano, in a concert at 8:15 p. m. next Friday in sponsored by the organization.

Mrs. William S. Devin will be the chairman of the finance committee for the performance and her assistants will be Mrs. C. Harold Larsh and Mrs. Clyde Titus.

Felix Wolfes will be the accompanist for Miss Merriman. Mrs. Bernard Barry is the artist program chairman and Mrs. Carl H. Irrgang is the chairman of publicity.

Mrs. Attia Malott Martin, room committee chairman, will be assisted by Mesdames Herbert Barr, William Herbert Gibbs, O. M. Jones, E. O. Noggle and Roy Slaughter. Misses Jo Ellen Burroughs, Mary Virginia Turner and Kitty Giles will be the ushers.

Mrs. Lucille Wagner recently was re-elected president of the musicale.

The spring luncheon of the musicale's choral section will be held at 12:30 p. m. Tuesday in the Hunters lodge of the Marrott hotel. Mrs. Carl Hull will be in charge of reservations.

The program has been arranged by Mesdames Arthur Madison, Robert Hoffman and Wayne McGlade and Mrs. Edwin Pattison will be in charge of the decorations.

Mr. and Mrs. Charles Redley, Mrs. Wagner and Mrs. Robert Blake will be the honor guests. Appearing on the musical program will be Mesdames Paul Whipple, Frank Billeter and W. N. Fleming Jr. Miss Betty Gene Reid will give a reading.



DEAR JANE JORDAN — How would you advise two girls in their early twenties who are very affectionate but turn cold at the thought of actual physical contact? Do you think this is a normal attitude of girls brought up to keep sex in the background until after marriage? We feel that this complete suppression may become such a habit that marriage will not change our attitude since no amorous advances have brought any response on our parts. We feel a great attraction and warmth towards men at the beginning of a friendship, but soon develop a real physical aversion toward them. Please help us. A. W.

Answer — It may be that your home training has overstressed the dangers of "petting." When girls are taught that all men are villains, inclined to love them and leave them, they may be overcome with fear and doubt, only part of which is based on reality. In their efforts to control dangerous desires they may repress all related feelings. Aversion becomes their protection against yielding. The important thing is to teach girls to handle their instincts wisely without repudiating them entirely.

Psychiatrists long have suspected that people who retreat into orders where marriage is forbidden may be people with unusually strong instincts who unconsciously felt that they needed some rigid check on their conduct. This idea, of course, lies more in the realm of theory than fact, since proof is difficult to establish.

Where such fear of men exists, girls are apt to cling to each other for companionship. One can be fond of another girl without encountering such dangers. One can confide in a woman and be understood, whereas a man might not have the slightest comprehension of the conflict. It might be well for you two girls to separate for a while and devote yourselves to making a better adjustment to men.

Men can be companionable, too. It is not impossible to find one who speaks your language, who is neither wolf nor villain but a friend in whom you can confide. Almost everyone has a great need for an alter ego. When you find one in masculine clothing perhaps you won't find his touch repulsive.

JANE JORDAN.

Mrs. Leasure Hostess
Mrs. J. Kemp Leasure, 5831 Washington blvd., will be hostess to the Junior auxiliary of the Public Health Nursing association at 12:30 p. m. Monday at her home.



Skin Trouble On Feet Needs Doctor's Care

BY JANE STAFFORD
Science Service Staff Writer

IF YOU HAVE AN eruption or breaking-out of sores or blisters on your feet, don't jump to the conclusion that it is athlete's foot and immediately start doctoring it with some advertised or home remedy or something a friend used successfully. See your doctor about it.

You may not have "athlete's foot." Even if you do, the remedy you pick yourself may be too strong for the degree of trouble you have. In either case you are likely to make the trouble worse, instead of better. Many doctors see patients the skin of whose feet is in such bad shape from wrong treatment at home that the doctors can hardly tell what the original trouble was. As a result, the treatment is complicated and recovery takes a long time.

Warning along this line was given by Dr. John F. Madden, of the University of Minnesota Medical association.

THE TYPE OF TREATMENT for inflammation of the skin of the feet, whether athlete's foot or some other condition, varies with the stage and degree of the inflammation, with every case and with each recurrence in the same case, he stated.

Woolen socks are generally bad for inflammatory conditions of the feet because they absorb and hold moisture and produce maceration of the inflamed skin. Cotton hose are much less irritating, Dr. Madden advised.

"Perforated shoes and open toed shoes are far superior to the usual footwear when inflammation exists," he said. "They are probably preferable at all times, but certain occupations as well as the winter season make their general use impractical."

Shoes should be comfortable. A comfortable shoe is generally a well-fitted shoe. Tight soles and rubber soles are undesirable if the skin is already inflamed because they increase perspiration and cause maceration. If the skin is not inflamed it may become so from the increased perspiration and maceration induced by the thick or rubber soles.

Legion Unit to Hear Mrs. McConnell

Mrs. Henry Mearling will preside at the meeting of the Hayward-Barcus American Legion auxiliary 55 at 8 p. m. Wednesday in the World War Memorial building.

A program on "A Good Will Trip to Chile" will be given by Mrs. Frank McConnell and the guests will be Mrs. William R. Bolen, 11th district president; Mrs. John Paul Ragsdale, 11th district Pan-American chairman, and the members of the unit.

To Hear Speaker

The members of the Zerilda Wallace W. C. T. U. will meet at 11:30 a. m. Tuesday in room D, Y. W. C. A. Mrs. Guy Kelsey will give a talk on narcotics and the morning devotionals will be led by Mrs. Scott Smith. Mrs. L. E. Schultz will have charge of the afternoon program and Mrs. T. R. Ratcliff will preside.

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