

# Homemaking—

The Cajun and the Creole Offer Classics for Lenten Menus

WITH THE ARRIVAL of Ash Wednesday tomorrow, the Lenten season again opens. In many households during that period, the eating of fish is mandatory. But even for families who do not keep the fast, the Lenten season affords a golden opportunity for varying the family diet by the inclusion of this valuable and tasty food. Naturally, dealers are stocked with a greater variety of fish at this time to meet the increased demands of customers.

## Train Leaders To Help Build Morale

Expansion of defense morale building efforts for both children and adults is being furthered by the Marion County Civilian Defense Council through a program inaugurated this morning.

Mrs. Joseph A. Miner, recreation committee chairman for the Community and Volunteer Participation Division today announced the opening of the first training class for volunteer recreation leaders at 9:30 o'clock this morning in the Croseye auditorium of the Central Library.

Miss Carrie Scott, class director, has served as a volunteer instructor in story telling for similar groups including the Parent-Teacher Association. She will be assisted by Miss Fanchon Fattig and Jack Duval of the city recreation department during the training course planned by Mrs. Miner.

### Arrange Classes

While many volunteer leaders for the work have sufficient training for immediate assignments, definite hours of instruction were arranged at today's meeting for others among the 37 registrants and any additional persons who may attend the meetings.

Training for leadership in activities such as craftwork, informal dramatics and group dancing will be arranged later in the week.

Registrants for the class opening this morning included Mesdames Walter Baxter, Ethel Marlowe, Pauline Carr, Walter Woerner, James Burress, Ralph Smith, John W. Ferree, Kenneth List, E. M. Schofield, Floyd A. Church, Harold Merrett, Clyde Budd, A. E. Reynolds, Dossie Mulford, Herman Chaffin and Ella Holder.

Also Mesdames Mary Lucas, E. B. Worley, P. S. Lewallen, Bernice Downey, Stella Buck, E. H. Gable, A. J. Wagner, J. S. White, Agnes R. Miller, Nellie Gates, Evelyn Lang, Edith Hull, Mary E. Archer, Isabel L. Troyer, Miss Margaret Street, Florence Yahr, Jean Caulkins, Virta Downey, Mary Gearon and Shirley Murray.

Plans were made for setting up neighborhood defense centers and committees at a recent meeting of the Zoning Committee of the Women's Division of the Marion County Civilian Defense Council.

The committee will choose a central station in each community from which phases of the civilian defense program will be promoted. Files of the names of defense registrants in these communities will be kept in their respective centers for assignments of community defense activity. Regular neighborhood meetings for instruction and information will be encouraged.

### Visit Here

Capt. and Mrs. J. J. Beem of Camp Shelby, Miss., are visiting Capt. Beem's parents, Mr. and Mrs. L. A. Beem, 5222 N. New Jersey St. Mrs. Beem, before her marriage in January, was Miss Betty Eaton of Guilford, Miss.

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One of the most popular of seafoods available, fresh or canned, is the shrimp. A native of Louisiana waters, the shrimp is the heart of many treasured recipes from the land of the Cajun and the Creole. Cajun cooking is in a class by itself. The French are the ones who put the little bouquet of herbs in the cooking pots of New Orleans. Then there is the happy go lucky shrimp fry of the black folks of the bayou and the fluffy rice creations with shrimp that are the Spaniards' contribution.

The following Creole classics may help the housewife to lighten her Lenten fare during the 40 days.

### SHRIMP CREOLE

2 No. 1 cans shrimp  
1 cup raw white rice  
1 cup diced onion  
1 cup diced celery  
½ cup minced green pepper  
¼ cup salad oil  
2 teaspoons salt  
dash pepper  
1 No. 2 can tomatoes (2½ cups)  
1 tablespoon flour

Boil rice in salted water until tender, then drain in wire strainer, running cold water through to separate grains; keep hot. Meanwhile, cook celery, onion and green pepper in salad oil in a skillet over low heat for 15 minutes, or until tender, stirring occasionally. Add salt, pepper and tomatoes. Make a smooth paste of the flour and 1½ tablespoons of water and blend with sauce; cook 5 minutes longer, stirring constantly. Add drained shrimp. Heat to boiling; serve on top of mounded rice on a platter. Makes 8 servings.

### LOUISIANA SHRIMP FRY

1 No. 1 can shrimp  
2 tablespoons flour  
black pepper  
1 beaten egg  
1 tablespoon cold water  
cracker meal

Roll drained shrimp in flour and sprinkle with a little black pepper. Dip each shrimp in beaten egg, which has been mixed with water, then in cracker meal. Fry in deep fat heated to 380 degrees F. (or hot enough to brown a cube of day old bread in 20 seconds) until golden brown. Drain on absorbent paper towel for a minute. Makes about 21 fried shrimp.

### SHRIMP ORLEANS

2 slices bacon  
1 medium onion, chopped  
2 bouillon cubes  
2½ cups hot water  
¼ cup chopped green pepper  
3 pimientos, chopped  
½ cup rice

2 No. 1 cans shrimp  
Cut bacon in ¼ inch pieces. Place in heavy frying pan and saute slowly with onion until onion is yellow and bacon crisp. Add bouillon cubes, hot water, chopped green pepper and pimientos; bring to a boil. Add rice slowly; cover tightly and cook until the liquid is absorbed, and the rice is almost done, about 20 minutes. Add shrimp and cook uncovered 5-10 minutes longer. Yield: 6 servings.

### SHRIMP BAKE

2 No. 1 cans shrimp, drained  
2 medium onions, sliced  
1 green pepper, cut in rings  
1 cup cooked peas  
¼ teaspoon salt  
1 cup coarsely broken, wide noodles, uncooked  
3 cups canned tomatoes with juice  
3 tablespoons butter  
½ teaspoon pepper

Place alternate layers of ingredients in casserole. Dot with butter and season with salt and pepper. Cover casserole and bake in moderate oven (375 degrees F.) one hour. Makes 6 servings.

## Helen Elliott Shower Guest

Mrs. W. A. Elliott Jr., Shelbyville, will entertain tomorrow evening in the home of Mr. and Mrs. C. D. Elliott with a bridal shower for the Elliotts' daughter, Helen, who will be married to Robert M. Sutherland Saturday. The bride-to-be is a cousin of the hostess.

Guests will include the Misses Pequeti Helton, Nancy Lou Fullender, Jary Ramsay, Grace Huffman, Charlotte Tindall, Shirley St. Pierre, Joan Casey, Barbara Moore, Mary Lee Kimmiller, Doris Belzer, Mrs. William Geyer and Mrs. George C. Alexander of Rushville.

## Assists With Puppet Show



Mrs. Jean Starr Mikese, Columbia, Mo., puppetry consultant of the Association of Junior Leagues of America, is helping the marionette committee of the local league complete its new puppet show, "Huckleberry Finn." The show will be given before the public schools. Mrs. Mikese will remain through tomorrow.



## War's No Style Show, Says Millett

By RUTH MILLETT

America's fashion authorities are fighting it out. Shall American women who volunteer for defense work wear uniforms, and if so, when should they be worn, and what should they look like?



Ruth Millett

In the whole discussion the remark of one practical woman—a fashion editor—stands out. She made her say short and sweet and to the point: "Let's not have any more talk about what we wear—let's get busy."

There's a woman with the right idea. Most of the women in the country haven't the slightest idea of how they can fit into national defense. They're willing, even eager, to help, but they don't yet know what their country would like to have them trained to do.

They're sitting around waiting for a business-like plan that will utilize the diversified abilities of American women, both working women and housewives.

AND while they are waiting, their enthusiasm dulling just a little, as it is bound to do, the women leaders of the country are worrying about what the women, once organized, will wear.

What difference does it make what they wear? Whether they wear house dresses, tailored suits, slacks, or a Girl Scout uniform? We aren't getting ready for a national festival in which costumes are all important. The idea is for us to get ready to do the jobs that will have to be done in case of a national emergency.

Nobody is going to care what the woman who reports an unexploded bomb to the proper person is wearing, and no patient lying in an ambulance is going to notice what the driver has on.

What we women had better be spending our time and thought on is finding out where we are needed and then getting the proper training to fill the jobs.

If we're efficient at what we have to do, what we wear won't matter. After all, we're preparing for the possibility of war—not a fashion show.

### Cafe Au Lait

To make cafe au lait, add one-half cup cream and one-half cup milk to one-fourth cup coffee and bring it to a boil.

## Federation Will Have Program On Citizenship

The American Citizenship and International Relations program, to be sponsored by the Seventh District Federation of Clubs Friday in Ayres' auditorium, will feature a talk by Norbert Silbiger, Viennese newspaper editor and former director of the Vienna Academy Theater.

Mr. Silbiger will speak at the morning session at which recently naturalized citizens will be students in a mock naturalization examination class conducted by John A. Linebarger, state supervisor of the national citizenship education program.

The afternoon program, following a noon luncheon in Ayres' tearoom, will be devoted to Pan-American literature. Mrs. Charles E. Martin, lecturer and vocalist of French birth, will give an illustrated talk on "Mexican Culture" and sing Spanish songs. Miss Elza Marques, Rio de Janeiro, concert pianist and winner of the Latin American scholarship awarded by the Indiana Federation of Clubs, will play. Miss Marques is a student at Indiana University.

### Presidents to Be Hostesses

Mrs. Trevor Geddes, chairman of the American Citizenship Department, and Mrs. John L. Barcus, chairman of the International Relations Department, assisted by committee members, arranged the morning program.

The fine arts program was arranged by Mrs. Harry Beebe, Mrs. Laurence Hayes and members of the Fine Arts Department. Presidents of federated clubs will serve as hostesses for the event for the entire federation membership. A business session will be held at 10 a. m. with Mrs. R. F. Grosskopf, district president, presiding.

### Mahogany Favorite

A recent magazine poll showed that mahogany is the favorite wood of 58 per cent of American women.

## Mothers Get School Classes In Food Buying

The School Board's home economics teachers, all 80 of them, have volunteered to hold classes for adults in the buying and preparing of food under war conditions.

They may not be able to tell mothers how to make fudge without sugar but they do have recipes for making gingerbread without it. This is rather a light example of what is to be a serious work on the part of the public schools.

Questionnaires have already been sent out to some mothers on what type of classes and on what subjects they are interested in—nutrition, planning of meals, canning, or other home problems.

Questionnaires that have been returned indicate that most women are interested in nutrition and the planning of meals which includes buying.

### Classes Start Soon

The first of these classes is to start soon at School 47 under the supervision of Miss Eva Hien.

The classes are just a part of the teachers' part in wartime. Miss Louise Braxton, assistant director of home economics for all the schools, has worked out a program for the Home Economics Department which outlines the regular work—plus.

This program calls for more and more co-operation between the school girl and her mother. Credit is even being given for work accomplished in the home. This includes preparing and serving meals, sewing and other household skills. Aside from the nutrition skills there are to be sewing classes with the hope that in a year or two the daughters can take over any sewing the mother is doing for national defense.

It is a long range program and the schools are aiming now at the education of the woman in the home as well as the girl in the school.

## Mrs. Cleveland Noel To Be Hostess

Mrs. Cleveland Noel will be hostess to the Central District Chiropractors' Auxiliary Thursday at a 12:30 o'clock luncheon in Ayres' tearoom. Mrs. S. J. Burich will preside at a business meeting following.

Affiliated members from out of town who will attend include Mrs. I. W. Cross, Martinsville; Mrs. William Kester, Connersville, and Mrs. I. W. Burns, Columbus, Ind.

## Polar Ice

Sparkle



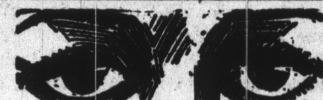
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