

Homemaking—

Oven-Cooking Is An Economy
If These Tips Are Followed

EXPERTS IN HOUSEHOLD MANAGEMENT agree that oven-cooking is an efficient way of preparing a supply of food in a comparatively short time and is an economy of time, effort and fuel well worth putting into practice today when war-time activities of one kind or another have been added to the housewife's many regular duties.

Just as every one now wants to get maximum value out of all food, so should the homemaker cooking with a gas range plan to get every bit of value out of every bit of fuel she uses. Substantial economies may be effected through oven-cooking as follows:

1. Have food ready for baking by the time the oven is preheated to the wanted temperature. Meats can be started in the cold oven and make use of the preheating period.
2. If the range is not equipped with an automatic oven heat control the use of a reliable thermometer of standard make is recommended, for it is an economy of food, time and fuel to bake at known temperature instead of guessing at the oven heat. Place thermometer on rack as near center of oven as possible. BUT check in two to three minutes before putting food in to bake to be sure desired temperature has been maintained.
3. Keep oven door closed during baking and break the habit of "peeking." This prevents even browning of foods, cools oven and wastes gas. Many degrees of heat may be lost every time door is opened.

4. SAVE FUEL by a succession of bakings, starting with food requiring highest temperature and finishing with that requiring lowest; this plan eliminates several preheatings of oven. After baking a pastry shell, bake a cake, then cookies, then an oven meal plus baked or stewed fruit, a pudding or loaf of quick bread—all of which may be used with other meals.

5. Plan the oven meal around meat, poultry, fish or substitute main dish. Accompanying foods must be chosen for same baking temperature. Oven-cook vegetables requiring a longer cooking time than the fresh tender young vegetables. Cook other vegetables in utensils having tightly fitted covers to reduce moisture in oven during baking. Carrots, onions, beets, turnips, parsnips, tomatoes bake well.

6. ADD VARIOUS FOODS during oven meal baking in a succession based on their respective cooking times. Ordinarily, the meat takes longest.

7. The best cakes to bake with oven meals are upside down and Dutch apple cake types, certain moist spice cakes, and in short-time oven meals baked at high temperature, cup cakes may be baked, too. Delicate layer and loaf cakes turn soggy if baked with other foods at the same time.

Good Meals for Good Morale

BREAKFAST: Prunes in orange juice, steamed brown rice, raw brown sugar, enriched toast, coffee, milk.

LUNCHEON: Lentil soup with frankfurter rings, hard rolls, fruit bowl, tea, milk.

DINNER: Codfish cakes, baked beans, brown bread, catsup, mixed green salad, grapefruit ambrosia, nut cookies, coffee, milk.

Today's Recipes

GRAPEFRUIT AMBROSIA

(Serves 6)

Two oranges, 1 No. 2 can grapefruit juice, ¼ cup shredded coconut.

Peel and remove sections from oranges and cut in halves. Add to chilled grapefruit juice. Serve very cold topped with coconut in dessert dishes.

More JUICE FOR Less MONEY!

"PEELING" ORANGE MORE PULP LESS JUICE!



FLORIDA ORANGE LESS SKIN AND PULP MORE JUICE!



From tree to table 3 to 5 days faster... Florida Oranges are sweeter, more delicious!

Want sweeter orange juice, and more of it? Then remember these facts: The thin-skinned juice orange RARE-LY turns deep orange color. Dead ripe, full of juice, Florida Juice Oranges are orange-green and russet toned. Thick-skinned "peeling" oranges,

while brighter in orange color, contain far more skin and pulp... far less juice. If you want juice—remember to buy the thin-skinned juice orange from Florida. You'll save money—and avoid an exasperating time trying to squeeze enough juice out of a peeling orange.

TO GET Juice GET FLORIDA'S

Soft Dressmaker Suit



The soft dressmaker suit is "blitzkrieging" the fashion world for spring. This model of Forstmann's wool gabardine has the slim, gored skirt that so many women find becoming, topped by an easy fitting bloused jacket with wide sleeves that can be dressed up or down as the occasion demands.

We, the Women—Be Attractive—You Owe It to Your 'Public'

By RUTH MILLETT

EVERY WOMAN owes it to herself to be as attractive and gracious a human being as possible. But almost every woman owes it to someone else, too.

A wife owes it to her husband to appear at her best even in her most casual contacts with others. The wife about whom people wonder, "Why did he marry HER?" is letting her husband down, no matter how good a job she does of making a home.

A mother owes it to her children to look as well as she can and to get on with others to the best of her ability. It's hard on children to have a mother that they aren't eager for others to know, no matter how understanding and self-sacrificing she may be.

A daughter owes it to her parents to make the most of her looks and her personality. They've done their best to give her the things that will make an attractive, socially well-adjusted person of her, and they can't help but be worried and troubled if she turns into a grown-up woman who is careless of her looks and awkward in her dealings with other people.

And any woman owes it to her friends to appear to the best advantage. A friend of long standing may know all of Agatha's fine qualities, may love her for her generosity, sincerity and loyalty.

BUT it puts a strain on the friendship to have to warn strangers before they are introduced to Agatha with such phrases as, "She isn't especially attractive looking. She just doesn't care about clothes, and never seems to know whether her nose is powdered or not. But she's really a wonderful person, and I know you'll like her."

Almost every woman owes it to someone besides herself to look and act her best, instead of being self-satisfied enough to adopt a "take me or leave me" attitude.

Play Will Be Given At School 39

A one-act play, "A Man Arrives" (Annie Martins), will be given by the Parent-Teacher Association of School 39 at 8 p. m. tonight in the school. Members of the cast are Mrs. Gerald Morley and Mrs. Aubrey Snow, portraying two maiden ladies, and Byron Brown, as a new minister.

Mrs. J. A. Knight is in charge of the second part of the program entitled "Sweethearts on Parade." Vera Jean O'Bryan will sing "Indian Love Call" and Winston Churchill will sing "Sweethearts on Parade." They will be accompanied by Mrs. Virgil Newman.

Legion News

Robison Unit's Luncheon Is Tuesday

BRUCE P. ROBISON AUXILIARY to the AMERICAN LEGION, UNIT 133, will have a luncheon meeting in the Central Christian Church, 202 E. Walnut St., at 12:30 p. m. Tuesday. Members of the luncheon committee include Mrs. Homer H. Asher, hostess, Mesdames Fred Hansing, Charles Schaub and Ellis McCammon.

The JUNIOR AUXILIARY will attend the Junior 12th District Meeting, Feb. 21, in the World War Memorial. Miss Betty Haselbring will read the minutes of the District meeting held last month and the entire group will make plans for participating in the Easter Sunrise Services, April 5, at the Monument Circle.

Members of the SQUADRON and Junior group will serve as ushers for the Americanism program, sponsored by the district at 2:15 p. m. Sunday in the World War Memorial.

MEMORIAL UNIT 3 will have its regular business meeting in Hotel Antlers Monday at 7:30 p. m. Mrs. Martin Collins, president, will preside and Mrs. Henning Johnson, delegate to the district council, will report on council recommendations and activities.

The WOMAN'S DRUM and BUGLE CORPS will be entertained at a Valentine Party tomorrow evening at 143 W. Ohio St. Mrs. Florence E. French, chairman of the ways and means committee, is in charge of arrangements.

Linen Shower Will Honor Bride-to-Be

Honor guest at a linen shower given tonight by Mrs. William F. Geyer, Mrs. Dorothy Hale and Miss Nancy Lou Fullenwider will be Miss Helen L. Elliott who is to become the bride of Robert M. Sutherland Feb. 21. The party will be given at Mrs. Geyer's home, 245 W. Maple Road, Apartment 3.

Attending with the bride-to-be will be her mother, Mrs. Carl D. Elliott; Mr. Sutherland's mother, Mrs. George C. Alexander, Rushville; Mrs. Wilbur Elliott, Shelbyville; Mrs. George Perry, Bloomfield; Mesdames David McQueen, Russell Powell and William Kreis, Misses Barbara Anne Moore, Shirley St. Pierre, Mary Jane Ramsay, Mary Lee Kinkiller, Pequeti Helton and Charlotte Tindall.

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'War Brides' Still Cling To Tradition

Weddings Up 50% Says Bridal Expert

By ROSEMARY REDDING

Today's bride-to-be still clings to the traditional white satin gown and those orange blossoms despite the fact that her fiancé has just received word he must be in camp next week and consequently the wedding must be a "hurry up" affair.

That's the word from Mrs. Alexandra Potts, editor of Bride's Magazine. She should know for she recently completed a nation-wide survey on trends in bridal fashions. She is at Block's this week and will stage a showing of bridal fashions at 2:30 p. m. Saturday in the store's auditorium.

Eighty-two per cent of the "war brides," in fact, want traditional weddings. Mrs. Potts explains it this way: "There is a strong feeling these days for the preserving of traditional things in life. The American people know they have them now and are developing a protective instinct about them. They are just now becoming conscious of the things they have and the need for holding them."

Weddings are up 50 per cent in number, she points out. One million a year has been the usual number but statistics point to about a million and a half this year.

Her survey of the last six months shows that about one-third of the weddings today are of girls marrying young men leaving for the service.

"Few of the marriages are due to an effort to escape the draft," she points out. "After all that isn't an excuse for exemption any more."

The largest group of newlyweds is what she calls "defense brides"—girls who are marrying men who are now working in defense industries and who before the armaments program could not afford to get married.

"Home Is Being Glorified" She feels that one thing certain is coming out of this war—the home is being glorified. She believes that not only the newlyweds, but their elders as well, are seeing the home in a new light.

It is interesting to note that in her talks with real estate men she has learned that an increasing number of young people are buying homes, no matter how small, rather than choosing apartment life.

As expected, there is a strong feeling among new brides and bridegrooms for investment in quality rather than a quantity of house-furnishings. This, Mrs. Potts adds, is especially noticeable in the purchase of linens.

She has a tip for the wedding guests, too. She urges them to give gifts that will fit into "temporary headquarters"—those homes which must be set up near Army camps or defense industries for "the duration." At the same time, these gifts should be quality ones that can be fitted into homes once the war is over.

Bride Stresses Quality The bride is stressing quality, too, in her trousseau. Many are being "basically suited"—buying a good "little suit" which looks "right" from early morning to late at night.

The bridal bureaus the country over are having to adjust themselves to the hurried preparations for weddings, too, Mrs. Potts said. One bride came into Block's Bureau one Friday afternoon and wanted a large formal wedding arranged before the next Monday morning. That's the way it is all over the country, declared the editor.

Mme. Henry To Address B. P. W.

Mme. Marie Henry will talk on "France" at a dinner meeting of the Business and Professional Women's Club in the Woman's Department Club next Thursday. She is an instructor in French at Tudor Hall and president of the Alliance Francaise of Indianapolis.

Miss Sally E. Butler will introduce the speaker and Miss Marjorie Ford will preside.

A business session will be held during the Forum Hour and Miss Nelle Allemon will report on meetings of the Indianapolis Council of Women.

Becomes Bride Of Leo Steele

Miss Margaret Hollingsworth, daughter of Mrs. Cathryn Hollingsworth, 127 E. St. Joseph St., became the bride of Leo Steele in a 9 o'clock ceremony this morning in the Blessed Sacrament Chapel of SS. Peter and Paul Cathedral.

The Rev. Fr. Charles Ross performed the ceremony and Miss Helen Shepard was the organist. The bridegroom is the son of Mrs. Nellie Steele, 323 E. 10th St.

The bride wore a light blue gabardine suit with navy accessories and an orchid corsage while her cousin and only attendant, Mrs. John G. Murphy, wore a navy frock with matching accessories and a Tallisman rose corsage. Murray Steele was his brother's best man.

Both Mrs. Hollingsworth and the bridegroom's mother were gowned in black crepe worn with gardenia corsages. After the ceremony a wedding breakfast was served at Catherine's Restaurant.

The couple will be at home with his mother. Out-of-town guests included the bride's uncle and aunt, Mr. and Mrs. J. P. Murphy, and their son Homer, Tell City; her brother-in-law and sister, Mr. and Mrs. M. D. Hanlon, Portland, Ind., and the bridegroom's aunt, Mrs. Katherine Royster, Evansville.



Jane Jordan

DEAR JANE JORDAN—I am very much upset as to what to say to a young girl whom I have rooming with me. She invites her boy friend into her room. I realize that a girl who rooms has no other place for her friends to come. I want to do what is right as she is a lovely girl. Should she be allowed to have her boy friend in her room and how late should he be permitted to stay? Please answer in such a way that I may show her your letter.

A READER.

Answer—The young lady's own good taste should tell her not to entertain a young man in her room unless it is a sitting room. In that case she should see that he left by midnight. After all she is rooming in a home belonging to other people and cannot claim the freedom she would enjoy in her own apartment.

When it is convenient you might offer to let her use your living room occasionally. There must be evenings when you aren't at home or when you retire early. This offer might serve as a polite hint that you expect her to show more discretion even though your point of view is quite sympathetic.

DEAR JANE JORDAN—I am a girl 17 years old and have been told that I am pretty. My clothes are as nice as any of my friends'. However, I sit at home every night while my girl friends are out on dates. One girl has made a date for me several times but I always break them at the last minute. One reason I do this is that my home is not furnished as well as some of my friends'. Another reason is that I do not care for the type of boy she gets for me.

About a month ago I had one date with a man I can't get off my mind. I know he doesn't care for me and never will. Should I blow out the torch I am carrying for this boy and accept the dates my friend gets me? Should I feel ashamed to ask boys to my home or just be patient and wait for my dream prince?

MARJORIE.

Answer—There is a shortage of dream princes. If any exist it is a sure thing that they do not spend their time searching out shy girls who stay at home and worry about the furniture. You'll never meet anyone unless you get into circulation. It is a wise idea for anyone to make the most of each opportunity even though it doesn't come up to fairy tale expectations. How else can you gather experience and widen your contacts?

A good background is a great aid to be sure, but plenty succeed without it. After all when a boy goes calling he is not exactly in search of a model room but wants the companionship of a friendly, interested girl. Your disinterest in boys is your real trouble. Don't dodge your next date but see what you can do to make the young man have a pleasant evening.

JANE JORDAN.

Richard Cummins Is Married

Mr. and Mrs. Ira Cummins, 1743 W. Washington St., announce the marriage of Miss Victoria Mills, Silas, Ala., and their son, Pvt. Richard Cummins of Camp Shelby, Miss. The wedding was last Saturday at Camp Shelby. The bride will be at home here with Pvt. Cummins' parents.

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