

Homemaking—

'Simmer and Spice' Is Rule For Cooking Cheap Cuts of Meat

CHEAP CUTS of meat need careful cooking and delicate spicing to produce best results. "Simmer and spice" is a good rule to follow. Here are two "simmer and spice" recipes for beef chuck. No one will ever guess from the taste and sense of satisfaction how inexpensive the meat used is.

SPICY BEEF

(Serves 12)
Five pounds beef chuck, 2 cups water, 2 cups vinegar, 2 tablespoons salt, 6 onions, sliced, 8 bay leaves, 1 teaspoon cloves, 1 teaspoon pepper, 2 teaspoons allspice, 1 tablespoon prepared mustard, 16 ginger-snaps.

Wipe meat with cloth. Place in saucepan and add water and vinegar. Add salt, onions, bay leaves and spices. Let stand 24 hours. Place on the stove and simmer gently until the meat is tender, about 3½ hours. Take meat from broth and brown. Strain broth, return to fire and let come to a boil. Add ginger-snaps which have been softened to a paste in cold water—this thickens the broth so that it will have to be stirred about three minutes. Put the meat back in the broth and simmer gently about 15 minutes.

BARBECUED BEEF CUBES

(Serves 12)
Five pounds arm of beef or beef chuck cut in 2-inch cubes, 1 medium sized onion, 4 tablespoons butter, 3 tablespoons vinegar, 4 tablespoons brown sugar, 4 tablespoons lemon juice, 1 small bottle catsup, 3 tablespoons Worcestershire sauce, 2 teaspoons prepared mustard, 1 cup water, 1 cup chopped celery, salt and pepper.

Brown beef cubes in heavy skillet. Brown onion in butter. Add remaining ingredients, mix well, and simmer until slightly thickened, about 30 minutes. Pour sauce over beef cubes, cover, and cook in a slow oven (300 degrees F.) until beef cubes are tender, about 2 hours.

Today's Recipe

CURRIED MACARONI

(Serves 4 to 6)
One package macaroni, 2 quarts water, 2 teaspoons salt, 3 tablespoons flour, 3 tablespoons curry powder, ½ teaspoon salt, 1 teaspoon grated onion, 3 cups milk, ½ cup dry bread crumbs, 2 tablespoons butter.

Cook macaroni in boiling salted water 10 minutes and drain. Melt butter, blend with flour, curry powder, salt and onion. Add milk and cook until it thickens, stirring constantly. Mix macaroni with sauce. Place in buttered baking dish. Sprinkle with crumbs and dot with butter. Bake in moderate oven (350 degrees F.) for 20 minutes.

Helpful Hint

To make a wood screw hold in plaster, dig out a hole a little larger than the screw and drive in a wooden plug. Then drill a hole in the plug and insert the screw.

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War Mothers Chapter Heads Entertained

The officers of the Marion County Chapter of American War Mothers were to be entertained by Mrs. Nellie W. Savage, president, 3234 Broadway, today at a noon luncheon and business session.

Officers who will attend are Mrs. E. A. Oren, first vice president; Mrs. Leonard Jeffries, second vice president; Mrs. Clara Elliott, third vice president; Mrs. J. P. Cochran, fourth vice president; Mrs. Zella Ryan, recording secretary; Mrs. Effie Biggs, corresponding secretary; Mrs. Ida Havey, treasurer; Mrs. E. May Hahn, historian; Mrs. Robert Fitch, custodian of records; Mrs. John Fisk, chaplain, and Mrs. J. E. Barcus, parliamentarian.

Tomorrow afternoon, Mrs. Savage will entertain the chairmen of standing committees at a tea from 1:30 to 4 p. m. A business session will precede the tea.

Chairmen of the standing committees include the following: Mrs. M. D. Didway, program; Mrs. Emma Strobel, patriotic instruction; Mrs. Daisy Dean Deeds, magazine; Mrs. E. M. Guyette, legislation; Mrs. Minnie Rigg, Americanism; Mrs. Hahn, hospitalization; Mrs. Lottie Frame, gold star; Mrs. Thomas Nugent, silver star; Mrs. Hahn, memory tree and memorial grove; Mrs. Ralph Kennington, resolutions; Mrs. Stella Scott, sunshine; Mrs. Belle Anderson, telephone; Mrs. Cochran, relief; Mrs. Mary Hummel, ways and means; Mrs. C. H. Regula, custodian of properties; Mrs. Thomas Nugent, sergeant-at-arms; Mrs. Lillian Askins and Mrs. Augustus Siersdale, color bearers; Mrs. Hahn, publicity; Mrs. Ryan, delegate to the Indianapolis Council of Women, and Mrs. Jeffries, delegate to the Seventh District Federation of Clubs.



DEAR JANE JORDAN—I am the mother of a small family. A few years ago I lost one of my daughters who left two very fine babies. Through some misunderstanding the children have been kept from me.

I have apologized for whatever might have been said or done, but to no avail. I am almost desperate over losing my daughter and it is more than I can bear not to see the children. I feel as though the babies almost are her.

I wouldn't want to separate the children. I only would love to have them for a meal once in a while and be with them, as any grandmother would. What do you advise? BROKEN HEARTED MOTHER.

Answer—Since you tell me nothing of the nature of the misunderstanding which brought about this estrangement, I do not feel that I can be of much help. Usually a grandmother gets herself in trouble by criticizing the way her grandchildren are being reared. I notice that you say you feel that the babies almost are your daughter. Perhaps that has influenced your attitude toward them and made you feel too possessive for the other side of the family. I do not know. I only can guess.

About all you can do is to maintain a strictly neutral attitude toward the manner in which these children are reared, and refrain from offering suggestions. Perhaps you do not observe their routine when they visit you, or cannot resist the temptation of spoiling them. If you are allowed to call on the children, perhaps you can dissolve the prejudice against you by treating them less like your own children and more like the children of some other family. If you show your willingness to conform to the ideas of those who are responsible for the care of the children, I should think you would be allowed to have them for a visit now and then. You see, I don't know what you have done to offend and therefore have few suggestions to make.

DEAR JANE JORDAN—A couple of months ago my girl friend wrote you a letter and asked for your opinion of my actions. A few years ago I drank rather heavily, but now have reduced my consumption of liquor and promised the girl faithfully that if we were married, my money would be spent for her support and not tossed over a bar. I am a person who stays in a circle of about 30 good friends, not drunkards, but good respectable people. I do a lot of reading and writing and am always looking for facts, not fiction.

I have gone with the girl since April, 1941, and can truthfully say I am in love with her. I have asked her to marry me and she has consented. I would like your personal opinion. SWANNIE.

Answer—If the girl has promised to marry you and has faith in your promise not to drink too much, I fall to see where my advice or opinion is needed. It is up to you to keep your promises for you know they are easier to make than to fulfill. You have my best wishes. JANE JORDAN.

Put your problems in a letter to Jane Jordan who will answer your questions in this column daily.

Saengerbund Group Sponsors Party

Mrs. Ernst Schaefer is chairman of the card party to be sponsored by the ladies of the Indianapolis Saengerbund tomorrow night at the hall, 49½ S. Delaware St.

On Mrs. Schaefer's committee are the Mesdames Otto Schaefer, Ben Slevelding, Lydia Scherer, William Schubert and Fred Wirts.

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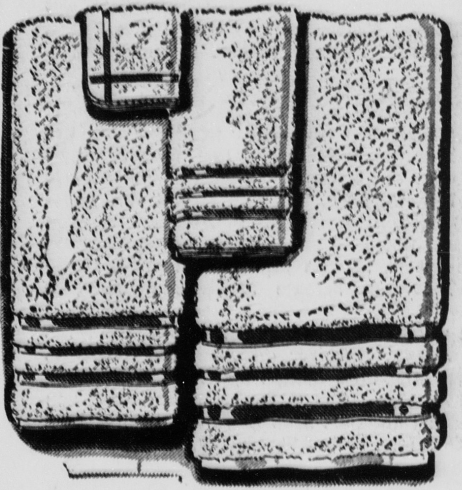
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