

Breakfast Returns to Importance

Both Business Women and School Children Need Satisfying Meal.

The annual Indianapolis Times cooking school will be conducted by Ruth Chambers, Oct. 13, 14 and 15.

By RUTH CHAMBERS
National Livestock and Meat Board Member

Breakfast may be one of the pleasantest meals of the day. And there is a better way of beginning any day than by eating a satisfying breakfast.

Between the two extremes of the heavy meals of meat and potatoes (and pie!) which an earlier generation enjoyed, and the "continental breakfast" of coffee and a roll, or the pernicious no-breakfast fad of a few years ago, we seem to have struck a happy medium these days. Breakfast has become a real meal again, and the food we serve is light, tempting and nutritious.

A lack of time rather than a lack of appetite is the reason some persons neglect their breakfast. But if a very tempting breakfast is served, even confirmed sleepy-heads will find it worth while to get up in time to have their share.

School children especially need a nourishing breakfast to begin their day. Business women need substantial food for breakfast. In fact everyone who has a busy forenoon ahead should be well fortified by a satisfying meal in the morning.

Breakfast Parties Popular

It is the pleasant custom in many households to make a special occasion of Sunday breakfast. Then there is leisure for all to enjoy bacon and eggs or little sausages or any of the other dishes which seem just right for that meal.

Breakfast parties are a good way to entertain friends. A late breakfast, or combination breakfast and lunch, called "brunch," may be a very festive informal affair. There are many delicious tempting dishes from which to select for these breakfast parties.

Fruit, fruit juice, coffee or tea, toast, muffins or other hot breads, cereals, hot or cold, bacon, eggs, ham, sausages, lamb chops, creamed leftover meats—all of these foods in various combinations are relished at breakfast time.

The following dish is delicious for breakfast and has the advantage of being easily and quickly prepared:

Liver in Baked Apples
1 cup ground cooked liver
6 apples
2 tablespoons lemon juice
1/2 cup raisins
1/2 cup chopped nuts
Core apples but do not peel. Combine ground liver, raisins, nuts and lemon juice. Fill the centers of the apples and bake in a moderate oven (350 degrees F.) until the apples are tender.

Three Lectures On Smartness Are Scheduled

The first of three lectures by representatives of the Alma Archer School for Smartness was to be given at 2 p. m. today in the Wm. H. Block Co. Auditorium.

The subject of this afternoon was to be "The ABC's of Chic and Personality." The lectures are being given by Miss Danna Ford and Miss Virginia Madison Armistead.

The topic tomorrow afternoon at 2 o'clock is to be "How to Be Smart on a Budget." Wednesday at 10:30 a. m., Miss Ford and Miss Armistead will speak on "Magic of Color and Line."

Pruyn-Colvin Rite Announcement Made

Mrs. Frances H. Colvin, 3955 Winthrop Ave., has announced the marriage of her daughter Mary Lou to Theodore Murray Pruy, Chicago, son of Mr. and Mrs. Murray Pruy, 1402 N. LaSalle St.

The couple was married Sept. 25 in the Brown Street Church, Lafayette, by the Rev. C. C. Harold. After Nov. 1, they are to be at home in Chicago. Mrs. Pruy is a member of the Butler University Chapter of Pi Beta Phi and Mr. Pruy is a member of Delta Tau Delta.

Minerva Club to Meet

Mrs. George W. Dyer is to discuss "Sovietism" at the Minerva Club meeting Wednesday. Mrs. V. C. Wiley is to be hostess. Response to roll call is to be Russian current events.

Stars Highlight Colbert's New Gown



Stars of silver, embroidered on electric blue chiffon add an appropriate highlight to Claudette Colbert's newest evening gown designed by the Travis Banton for her personal wardrobe. The skirt is espe-

cially suitable for dancing, with several circular layers of chiffon shirred into a molded, high waistline. The bodice is draped and graceful panels of the material float away from the shoulders or may be worn as a soft scarf about the throat.

Parent-Teacher Notes

First in a series of broadcasts sponsored by the Indianapolis Council of Parent-Teacher Associations for use in local P-T. A programs is to be heard at 3:15 p. m. Wednesday over WFBM.

Mrs. Witt W. Hadley, president of the Indianapolis P-T. A. Council, and DeWitt S. Morgan, superintendent of schools, are to discuss parent-teacher interests.

Local associations meeting on that day are asked to give time to their programs for this and subsequent broadcasts to be broadcast each second Wednesday of the month.

Miss Mary McGee, School 2, is to speak at the first Parent-Teacher meeting at 2:30 p. m. Wednesday. Community singing and presentation of the traffic squad is to complete the program.

Parent-Teacher activities for School 3 are to start at 2 p. m. Wednesday. Miss Coccolia Calvin, principal, is to speak on "How Parents and Teachers Can Co-operate," to be followed by a children's program, closing with a social hour in honor of mothers new to the school.

Mother's Study Club, School 3, meets each Thursday at 1 p. m. Trips pertaining to child welfare are planned for the group, including visits to Riley Hospital and Juvenile Court. Transportation is to be furnished and all mothers of School 3 are asked to attend.

Mrs. Howard Lytle is to speak on "Gifts" at the first meeting of the association of School 7 at 2 p. m. Wednesday. Other features of the program will be a playlet by third-grade children and fifth and sixth-grade children. A tea and social hour for new members is to follow.

Todd Sloops, Hoosier Motor Club secretary-manager, is to speak on safety at School 13 at 2:15 o'clock Wednesday. A tea is to follow, honoring mothers of first-grade pupils.

The Mothers' Study Group of School 14 is to meet at 1:30 p. m. Wednesday. Mrs. John Thornburg is to lead a discussion on "Why Parents Visit School." An installation of officers and a tea is to be held at the regular association meeting at 3:10 p. m.

Greetings from the president, Mrs. Ed Liehr, community singing and a

social hour is on the program for School 15 at 2:30 p. m. Wednesday.

Miss Flora Dutcher is to speak on "Tuberculosis" at 3:15 p. m. Wednesday at School 16. A radio program and moving pictures are scheduled on the program.

School 21 is to hold its first Parent-Teacher meeting for the year at 2:30 p. m. Wednesday. Talks are to be made by Miss Flora E. Drake, principal, and chairman. Music is to be provided by the eighth-grade pupils. Tea is to follow.

A short business session and social hour are scheduled for the program of the meeting of School 22 association 3:15 p. m. Wednesday.

Exercises by first-grade pupils, a radio program and a short talk by a representative of the Community Fund are to make up the program for School 27 at 2:30 o'clock Wednesday afternoon. A tea will follow.

"Plans for the Coming Year" is to be the subject of a talk by Miss Ruby Lee, principal of School 28, at the Parent-Teacher meeting 3:15 p. m. Wednesday. Installation of officers and introduction of the traffic squad, a Riley program and social hour are to follow.

A Riley Day program by the children, installation of officers and music by the Mothers' Chorus are to feature the program for School 31 at 3:15 p. m. Wednesday.

H. G. Knight is to speak on "How the P-T. A. Contributes to School Success" at School 34 at 2:45 p. m. Wednesday. Music is to be provided by the school.

A social meeting is to open the year's activities for School 37's association. Music is to be played by seventh grade pupils.

D. T. Weir, assistant superintendent of City schools, is to give a travel talk at School 41 at 2 p. m. Wednesday. A short talk is to be made by a representative of the Community Fund and a reception for mothers new to the school is to follow.

A talk on "Trip to Guatemala" by Miss Adda Wyrick, songs by the junior high school children and in-

cludes Shampoo and Finger Wave

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UNFIT DRIVERS CALLED WORST TRAFFIC PERIL

Boor and Moron Equally Dangerous, Safety Council Hears.

KANSAS CITY, Mo., Oct. 11 (U. P.).—The mild moron and the intelligent boor lord it over the highways and streets in automobiles which can travel 100 miles an hour and it is a wonder there aren't more fatalities, Dr. C. H. Watson, National Safety Council president, said today.

Presiding over the opening session of the council's annual congress, Dr. Watson compared the study of automobile driving habits to work in a psychological laboratory. The much-criticized woman driver gets that way because she demands, on the grounds of femininity, the same rights that she receives in her home or department store, Dr. Watson said.

Five psychological types of persons have been found to be involved in most automobile accidents.

1. The exhibitionist, with a hunger for attention and acclaim.
2. The person with a marked hostility to authority. There are a lot of us unconsciously included here.
3. The day-dreamer.
4. The person with well-developed destructive impulses. There are many such.
5. The great multitude, generally normal, yet who on unpredictable occasions take the characteristics of the other four groups and only when in an automobile.

"Road Hogs" Criticized

"Our efforts, therefore, should be directed to prevention rather than punitive legislation," Dr. Watson said. "Too many persons regard courtesy as something that can be smeared on like a cosmetic."

"The road hog, the driver who weaves in and out of heavy traffic, the chronic horn-blower and many other types seem to have character deficiencies. It is debatable whether the intelligent boor is more of a menace at the wheel than the mild moron."

"We should marvel they don't make it worse. There are 40 million motorists and many of them aren't fit to operate a stationary engine."

The 26th National Safety Congress opened today in this city that the Council honored last week for not having a child of school age killed by an automobile for a year. A grim challenge to safety methods, however, was provided by two grade crossing accidents that killed 11 persons in this vicinity over the week-end.

"Safety," Dr. Watson said, "is a question of performance. Because people know what they should do, does not mean they will do it. We get behind the wheel of a new car and we surrender to an exaggerated sense of our own importance. Courtesy is very important to safety."

He said women drivers are poorer than men because they take advantage of their femininity and expect courtesies of the road.

Blames Exhibitionists

There are about 40 million drivers in this country and most of them are "pretty good," he said. The exhibitionists are more responsible for wrecks than drunken or careless drivers, he said.

"Youngsters are the best drivers

School No. 52 will open its meeting Wednesday at 3:15 o'clock, with a talk by Miss Freda Herbst, principal. Reports by various chairmen and a social hour will follow.

A musical program consisting of violin solos by Mrs. F. C. Lemley and songs by Sonia Grigo of Technical High School has been arranged for Wednesday afternoon at 3:15 o'clock by School No. 85. A tea for new members will follow.

A talk on "Trip to Guatemala" by Miss Adda Wyrick, songs by the junior high school children and in-

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Girl Runs Away On Eve of Trip Across Ocean

AKRON, O., Oct. 11 (U. P.).—The disappearance of 17-year-old Dorothy Birch, who apparently ran away from home rather than go with her parents to live in a strange land, was revealed today.

For years, her father and mother had planned to return to their native Yugoslavia. Last week, the father, Frank, sold his dry goods store and bought three passages to Europe—one for himself, one for his wife, one for Dorothy.

A round of farewell parties followed. While her father and mother talked excitedly of their homeland, Dorothy slipped out of the house. She hasn't been seen since.

FILM STARLET ASKS MARITAL FREEDOM

Rosalind Marquis Alleges Lack of Support.

HOLLYWOOD, Oct. 11 (U. P.).—Rosalind Marquis, movie starlet, today asked for an annulment or divorce, whichever the judge sees fit, from William L. Waller, a musician. She said Mr. Waller deserted her "almost immediately" after their marriage in New York City, Feb. 18, 1936. They reunited briefly two months later but parted again, she said, because Mr. Waller, though willing to establish a home for her in Hollywood, failed to supply the money to keep it going.

The actress filed suit for annulment but asked that, should this be denied, she be granted a divorce.

Mr. Waller is not to be confused with the noted "swing" piano player of the same name, "Fats" Waller, of a prominent dance orchestra. His actress wife came to Hollywood after being chosen "Miss South Chicago" in a beauty contest in 1935. She is a native of Grant, Ill. Her first picture at Warner Brothers, to whom she is under contract, was "Gold Diggers of 1937."

We have because they have grown up with motor cars, while many older persons drive a car as they would a horse and buggy."

Dr. Watson is medical director for the American Telephone and Telegraph Co. He claims for the Safety Council that it has saved the lives of 250,000 persons because of its educational campaign against industrial hazards.

The council was first organized to promote industrial safety, he said, but extended its activities to public, recreational, home and transportation safety.

A. A. Ball, safety director of the Kansas City Power & Light Co., said many accidents were caused the day or night before they occurred "by a disturbed mind filled with worry over personal matters, quarrels, financial affairs or business matters."

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END OF PRIVATE GARBAGE PICKUP HINTED BY CITY

Works and Sanitation Board Opposes Refuse Sale By Four Hotels.

The Board of Works and Sanitation took steps today toward collection of garbage from four hotels.

Board members said they would delay final action pending a conference with Mayor Beutcher.

The hotels, which have been selling their garbage to a private concern, have filed an injunction in Federal Court here seeking to restrain the City from preventing the sale.

City Attorney Michael Reddington

indicated the Board will decide to make the collections.

"It is the City's duty to collect the garbage since the State Supreme Court denied a private concern's petition for rehearing of a case, contesting the City's right to make collections among hotels and restaurants," he said.

"The City will contest the injunction suit of the four hotels and we want an early hearing on it."

The hotels are the Washington, Severin, Lincoln and Antlers. The petition of the hotels stated that garbage is private property and they have the right to accept compensation for it.

PENSION STUDY PLANNED
Advocates of amendments to Indiana's old-age pension bills are to meet with Club 93 at 241 E. Ohio St. at 7:30 p. m. today, according to an announcement by R. L. Bulgin.

NEW CROP

Eatmor Cranberries

NOW ON SALE

EYES EXAMINED... GLASSES ON CREDIT

Protect Your Vision

Don't let a defect of vision rob you of the enjoyment that good eyesight brings. Have Dr. Fahrbrach examine your eyes NOW... and, if needed, fit you with correct glasses. Easy payments can be arranged.

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EASY WEEKLY PAYMENTS

Making the grade

Growing children with an abundance of energy usually do make the grade... and with ease.

Every thoughtful mother recognizes this fact... mothers know too that children need help to build and maintain blood strength.

Particularly is this true with those who have suffered some illness or who look pale... tire easily... are underweight... or have lost their zest for food.

S.S.S. Tonic helps build Sturdy Health

S.S.S. Tonic is especially designed to build-up children's health through the red-blood-cells, thus putting them in better condition to enjoy the food they eat and to regain lost weight... all which make for greater strength and vitality.

Full directions are on each bottle of S.S.S. Tonic, which comes in two convenient sizes. The larger size at a saving in price.

Help your child to "make the grade" by starting him or her on a course of S.S.S. Tonic now. There is no substitute for this time-tested remedy and no ethical druggist will suggest something "just as good."

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