Choice Between Girl and Prejudice Faces Fiance, In Jane Jordan's Opinion

Smoking by Women Now Accepted by Society and Should Be Conceded as a Right by Men, Prospective Bridegroom Told.

Jane Jordan will help you with your problems by her answers to your questions in this daily column.

* * * * * *

DEAR JANE JORDAN—I am a man of 31 engaged to marry a woman of 27. All during the time I have been perfectly contented and compatible so that I have looked forward to a happy married life, but recently she has taken up the distaseteful habit of smoking cigarets.

I may be Victorian, or whatever they call the old-fashioned fellows, but I am sure I never could endure this practice after marriage. I do not expect to impose on Milly's rights either now or later. I want her to live her life as fully after marriage as she did when single. Yet as surely as can be if she doesn't give up this frivolity there will be trouble. I have talked with her, but she doesn't seem much concerned. Milly loves me and I love her, and I want that affection to continue unthwarted. What do you advise? I do not smoke myself.

PERPLEXED.

* * * * * *

ANSWER—If you have a prejudice against smoking I don't suppose you want to get over it. Your girl friend will have to take her choice between the freedom to do as she pleases and living with you. If this is your only violent prejudice and you are otherwise a pleasant, reliable companion, I should think she would be able to forego a thing as comparatively unimportant as smoking. I wonder if you have other prejudices just as strong on matters of no more moment than smoking.

I do not believe it is smoking per se which upsets you. After all it is only a perfectly useless habit which brings the minimum amount of harm to the strong and healthy. It must be hooked up in your mind with something else which produces the repugnance.

Is it that you have been brought up to believe that no nice girl smoke? If so may I call your attention to an item in this week's Time magazine. "President Roosevelt stood in the receiving line beside the newest Mrs. Franklin D. Roosevelt, who smoked through an ivory cigaret holder almost as long as his own."

Once only women of low repute smoked. Now women of refinement, breeding and culture smoke if they choose. You cannot, with truth, say that a woman's character is injured by smoking, though it may not be good for her throat, lungs or larynx. You use the word frivolity in connection with smoking which indicates that you have it associated only with frivolous ladies, orgies and perhaps misbehavior. Again this isn't true for the most sober-minded business women smoke at work as well as play.

It is difficult to say what people get out of smoking. Some claim it is relief from tension, some claim it is an excuse to indulge in abstraction without rudeness in the company of others. Other say it is a hangover from the infantile habit of putting everything in one's mouth. In certain illnesses doctors forbid it but unless it is definitely harmful they do not deprive their patients of smoking on grounds of health.

If you are a logical person you'll have to give up the idea that moderate smoking is a vice and recognize your feeling as a prejudice. Would you rather give up the girl than the prejudice? One you will have to give up. I do not know which one it should be.

JANE JORDAN.

PLAYS SAFE BY FINESSE

Today's Contract Problem

North is playing an ambitious contract of four spades. What distribution of the trump adversely held will permit him to play that suit so as to lose only one trump trick?

North: ♠ A 9 7 5 4 3 ♥ A 6 2 ♦ A 5 2 ♣ 3

West (Blind): ♠ J 2 ♥ K Q 8 3 ♦ 7 4 3 ♣ A J 7 5

East (Blind): ♠ None ♥ K J 10 7 3 ♦ 9 6 5 3 ♣ K Q J 10

South: ♠ A K J 10 7 5 4 ♥ 8 5 2 ♦ 7 4 ♣ 8

E. & W. vul. Opener—♦ K.

Solution in next issue. 5

Solution to Previous Problem
By W. E. M'KENNEY
American Bridge League Secretary

Duplicate—None vul.

South	West	North	East
1 ♦	Pass	1 ♠	2 ♥
3 ♦	3 ♥	4 ♠	Pass

Opening lead—♣ K. 5

THE situation sometimes arises in a bridge game, where it is of vital importance to the declarer to determine whether he will lose the first or a later trick in a suit. So far as the suit itself is concerned, the problem may be immaterial, but it is frequently bound up with the entire play of the hand, and thus the timely element enters in.

Today's hand, taken from last year's Adirondack tournament, proved a troublemaker to many players who felt that with nine trumps they should never finesse, and thus went down. Others, who looked a little deeper into the complete play of the hand before making the first lead from dummy, were rewarded with three overtricks.

Players, who belong to the school "who never finesse for the queen with nine," won the first trick in dummy with the ace of clubs, led a trump, and when they found that East held none, went down on the contract, as three heart tricks and a trump had to be given up.

The better play, adopted by players who had effectively studied the principles of safety, required a first round finesse. This is not, as some might think, a "double dummy" play, but one based on the merest consideration of safety.

North can afford to lose a first round trump trick, even to a singleton queen. He cannot afford to lose a trick on the third round of trumps.

Even in duplicate, where players sometimes gamble safety for tops, the safety play was the better, because the heart situation was an ever-present menace to the success of the hand.

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Mind *Your* Manners

Test your knowledge of correct social usage by answering the following questions, then checking against the authoritative answers below:

1. Is it preferable to write a formal acceptance of regret on a correspondence card or on small formal notepaper.
2. Is it now correct to use bordered stationery for personal letters?
3. May one date a personal note simply by giving the day of the week, as "Friday?"
4. Is it permissible to place the date on a social note to the left of the signature?
5. Is it ever excusable to typewrite a formal social note?

* * *

What would you do if—

Your are a bride writing notes of thanks for wedding gifts to friends who are strangers to your husband? Should you thank them—

A. Only in your name?
B. In your name and that of your husband, and sign both names?
C. In both your names, but use only your name in signature?

Answers

1. Notepaper.
2. Yes, provided the color is conservative.
3. Yes.
4. Yes.
5. No.

Best "What Would You Do" solution—C.

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Shimer-Martin Rites Are Read

Mr. and Mrs. W. Ralph Shimer are honeymooning in Michigan following their marriage Saturday afternoon in the home of the bride's father, John W. Martin.

Mrs. Shimer was Miss Gladys Eleanor Martin before her marriage. The Rev. Harry G. Rowe read the ceremony in the presence of the immediate families and a few friends.

The bride wore hyacinth blue lace over taffeta gown. She carried an arm bouquet of Johanna Hill roses. Mrs. Verl Muncie was her sister's only attendant and Mr. Muncie was best man.

Mr. and Mrs. Shimer are to be at home after July 20 at 4317 E. Washington St.

Mr. and Mrs. Henry Holt and children are at their summer home in Leland, Mich., for the summer.

Mrs. Jack Harding sailed Thursday from New York for a trip abroad. She is to return the first of August.

Mrs. Martha Terrell is spending the season at Bay View, Mich.

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Costume Ensembles Are in the News

Its an ensemble season such as hasn't been known in years. To be in style your costome must be matched up—that is, at least two, if not more, elements of it. Which puts the stamp of approval on the blouse and hat ensemble made with a gay small flower print. The blouse has short puff sleeves, with shirred collar and cuffs trimmed by narrow black ribbons. The "bambino lid" is of shiny black straw, the roll brim covered with the print.

Hot Bread Recommended For Midsummer Breakfasts

By MRS. GAYNOR MADDOX
NEA Staff Writer

A bowl of chilled fruit, bacon, coffee and a delicious hot bread make breakfast in summer for most Americans. Try a few of these recipes and then you'll understand why so many are taking out their naturalization papers.

Sour milk muffins is just one of the many good ideas in the July-August and September section of the Alice Bradley Menu-Cook-Book, which is full of sound and seasoned advice on cooking and buying for the new and the old hand at making the family food taste better.

Miss Bradley is a familiar name to Americans. The recipes are printed here in the method form in which she wrote them in her Alice Bradley Menu-Cook Book.

Sour Milk Muffins

(4 to 6 servings)

Sift 1½ cups flour, 2 teaspoons baking powder and ¾ teaspoon salt into mixing bowl, add 2 egg yolks beaten with ½ cup sugar and 1 tablespoon melted shortening, then add ½ teaspoon soda dissolved in 1 teaspoon lukewarm water and mixed with 1 cup thick sour milk. Mix together and fold in 2 egg whites beaten stiff. Half fill greased muffin tins and bake 20 minutes in hot oven (450 degrees F.).

Blueberry Griddle Cakes

(4 to 6 servings)

Sift together 2 or 3 times 2 cups flour, 3 tablespoons sugar, 1 teaspoon soda, and 1 teaspoon salt, add slowly 1 egg well beaten and mixed with 1½ cups sour milk. Beat thoroughly with egg beater and add 1 cup blueberries. Drop from tip of spoon on clean, hot griddle, cook on one side until puffed and full of bubbles, turn and cook on other side. Serve immediately.

Entire Wheat Muffins

(4 to 6 servings)

Mix 1 cup hot milk with 1 tablespoon shortening, 3 tablespoons molasses and 1½ teaspoons salt. Dissolve 1 yeast cake in ¼ cup lukewarm water and add to milk when milk is also lukewarm, with 2½ cups entire wheat flour. Beat well and let rise until double in bulk.

Again beat and put in greased muffin pans. Let rise until double in bulk and bake at 350 degrees F. to 400 degrees F. (hot) for from 25 to 30 minutes. This recipe will make bread, also. For bread, bake from 50 to 60 minutes. You'll agree, now, won't you, that Alice Bradley knows her muffins?

Shaded Creams Help to Conceal Skin Blemishes

By ALICIA HART
NEA Staff Writer

Temporary blemishes generally respond satisfactorily to change of diet and home treatment, of course, but more serious types, like moles and birthmarks, are problems for your family doctor. He is the person who can best advise you what to do to cure or make less noticeable anything as bothersome as a mole, scar or birthmark.

Do not, under any circumstances, squeeze a mole or pick at it with a pin or needle. If you want to have it removed, see a physician. Otherwise, leave it alone. Likewise, do not try to get rid of serious scars, regardless of their cause, without first getting medical advice.

Concealed by Cream

Remember that no matter how large or conspicuous a birthmark you have, it can be concealed. Simply equip your dressing table with a special kind of foundation cream, then learn to apply it correctly. One particularly efficacious variety comes in all shades to match any complexion. It is to be smoothed on over the birthmark and blend outward on the edges until no ridge of foundation will show under rouge and powder.

If the blending job turns out none too well, try smoothing the special foundation over the entire surface of face and throat and applying cream rouge and powder over it in the usual manner. If you decide on this method, make up your mind that you are going to look made up.

Any foundation which is heavy enough to cover a scar will not be a suitable base for a natural looking makeup job.

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THERE'S no need to look unfeminine in your sports clothes, now you can wear a dress that is as appealing as it is workmanlike. The frock (Pattern 8992) with its pretty high collar and wing sleeves is not only very becoming, but very new.

Make it up for yourself. The pattern is easy to sew and includes, besides the dress, the very useful visor. Fabrics specially suited to this design are pique, linen, seersucker or acetate sharkskin.

Available in sizes 12, 14, 16, 18 and 20. Corresponding bust measurements 30, 32, 34, 36 and 38. Size 14 (32) requires 3⅝ yards of 35-inch material.

To obtain a pattern and STEP-BY-STEP SEWING INSTRUCTIONS inclose 15 cents in coin together with the above pattern number and your size, your name and address, and mail to Pattern Editor, The Indianapolis Times, 214 W. Maryland St., Indianapolis.

The summer selection of late dress designs now is ready. It's 15 cents when purchased searately. Or, if you want to order it with the pattern above, send in an additional 10 cents.

Sees Little Remedy for Hungry Baby

Writer Declares Mother Must Be Envy of Others, However.

By OLIVE ROBERTS BARTON

THE mother of a happy little 2-year-old tells how her small daughter has turned the tables and instead of eating too little, eats too much. This is almost as unusual as the moon jumping over the cow, for most of the troubles about appetite are with too-little eating.

But as she gives details, it appears the young lady has a regular Gargantuan love of food and, in spite of extra feedings, cries for still more. Will I tell her what to do?

Of course, I can't. If "several doctors" tell her that she must curb the baby's appetite "or she will grow to be a glutton," who am I to pull the brakes and stop the skidding?

Hunger Versus Appetite

But as this baby is a very healthy child, sleeps well, is never sick, is unselfish and lovable, I don't think I would worry too much. This opinion, and a couple of quoted paragraphs from authorities on child-feeting, is my limit.

Dr. Josephine Kenyon in her book, "Healthy Babies Are Happy Babies," says: "Aldrich makes a distinction between hunger and appetite: Hunger being a sensation which may be more or less painful, felt in the upper part of the abdomen; and appetite a desire for food, associated with pleasant memory."

And goes on to say that hunger is "physiological" while appetite is "psychological." Interesting, isn't it?

Food Between Meals

Dr. F. H. Bartlett in "Infants and Children—Their Feeding and Growth" recognizes the child with ravenous appetite in a chapter on "Food Between Meals." He says: "A rule of no food between meals is an excellent thing. The only exception to this rule may be made in the case of the child with ravenous appetite. He can have one-half slice of bread and butter, or one-half an apple, or one-half banana, or an extra drink of orange juice or milk at 10 in the morning or 3 or 4 in the afternoon. Not too close to meals. There may be some objection to milk because it takes longer to leave the stomach and may interfere with the appetite for the next meal." (This for children whose diet includes these things.)

Envy of Other Mothers

I use this advice less for its suggestions than to show that pediatrists do recognize the type of child with voracious appetite and do not seem to consider it unusually abnormal; or at least I think not.

However if this correspondent's physicians are of the opinion that her fat little girl needs less food, it might be wise to look at the statement of Dr. C. A. Aldrich, to the effect that appetite is psychological. If it is, and it must be, then habit has a lot to do with it.

I wonder if this worried lady could not divert her over-fed child from constantly thinking of food by substituting other pleasures not of the stomach. Spring is coming—maybe she can get out more and roll off some of her superfluous fat. Yet, horrors, that may even make her hungrier. All I can say is that about 10,000 mothers of "eatless" youngsters will envy her. The usual cry is, "Why won't my child eat?"

Don't Overload On Clothes for Vacation Trips

Smart travelers, whether they go by boat, train or plane, and regardless of their destination, never take more clothes than are absolutely necessary. Don't take tennis and golf clothes if you are going to spend your vacation on a dude ranch miles and miles from a tennis court or golf course, or dude ranch togs to a hotel in the Adirondacks, or a complete beach wardrobe to a cozy little farm.

Take open-toe sandals, braided bandeaus (in lieu of hats), mesh gloves and other open-air accessories. Fabric bags with washable cotton or linen covers are easy to keep fresh and crisp. Two sweater sets which can be mixed to suit yourself are practical. Backless overalls (wear them with shirts when it's cool or when you feel you have had enough suntan) are part of the feeling of freedom in sports apparel. So are very short skirts with swirling hemlines. And white flannel coats to go over everything.

If you want to be economical as well as smart, get a chunky-looking boxy swagger coat, then wear it as a beach coat and evening wrap and over daytime dresses, too.

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Sky-Riding Is Her Hobby

Mrs. Opal Ross Times Photo.

* * * * * *

City's Only Woman Pilot Tells of Thrills Among Clouds

Mrs. Opal Ross, the city's only licensed woman pilot, wouldn't try flying the Pacific for a million dollars, she says.

"I admire Miss Earhart tremendously for her nerve, but I think she took a foolish risk," Mrs. Ross said.

Although she was a mere student when she met Amelia at Municipal Airport, this petite local pilot reports that the famed flier was "wonderful" to her.

"She is such a human person," Mrs. Ross said. "They just can't give her up."

Elvan Tarkington, who taught Mrs. Ross to fly, says that she is possessed of a cool head and trigger judgment.

Flew Over Chicago

Her solo flight, contrary to that of Miss Earhart, proved to be disappointing. Her greatest thrill was in flying over Chicago.

The air was choppy, and Mrs. Ross flew low.

"Traffic over the Chicago airport was heavy," she says. "It reminded me of the Indianapolis Union Terminal station." Undecided what to do, she circled over the port several times, until she received an unexpected raido message.

"Little blue ship, come on in!"

Mrs. Ross soloed in 10 hours, an achievement for a woman student. Her flight, made at dusk, was a disappointment.

"I had no reaction," she says. "That is, until the next day."

The aviatrix dislikes to talk about her narrow escapes. There was one hot day last July when the ship "froze" at 3000 feet. "The plane 'freezes,' strangely enough, when the motor gets overheated," she says. "The motor shuddered, and the propeller suddenly locked."

Forced Landing

"I was above the mountains directly north of the flood area. Panicky for a moment, I controlled my fear, glided around until I picked out a corn field and landed, where I remained until the motor 'thawed.'"

An airplane is safer than an automobile, Mrs. Ross thinks. "One can always land," is her safety motto. An automobile in heavy traffic endangers more lives, she says.

Mr. and Mrs. Ross' daughter, Betty Jean, who is to enter Shortridge this semester, has her air career already mapped.

"She wants to be an air hostess," Mrs. Ross explains. "No wonder—the child has been reared on aviation. Maybe we can give her a plane for her graduation gift."

Betty Jean, at the age of 4, was responsible for the pilot's first plane ride. Her father, who had flown in the Navy, refused to take her aloft unless Mrs. Ross accompanied them.

"It was on a dare that I took my first ride," says the flier. "After that, I was sold on aviation."

Her greatest amibition now is to make a parachute hop, but her husband objects. Although he encouraged her aviation career, he draws the line at parachutes.

"It's not dangerous," his wife insists. "Its a science!"

Rhythm is the by-word in aviation circles as well as in Hollywood it seems, and Mrs. Ross has plane-rhythm.

"She is a born aviatrix," says Mr. Tarkington. Mrs. Ross, however, says that women are naturally better flyers than men.

"Men usually have technical knowledge," she says. "But to be a good flyer, one must get the "feel" of the ship, an art in which women are adept. "Women today are at a disadvantage only because planes are not built for women."

Fragrance and Color Compete In Plant Choice

Gardeners all over the land are rediscovering the charm of fragrance. For a long period color schemes and changing styles of design have commanded so much attention that the old art of planting for scent was almost forgotten.

With the trend changing, however, the nose is competing with the eye in making final decisions on candidates competing for the flower lovers' favors.

The old-fashioned tuberose, which suffered a lapse of popularity for many years because it was too often used as a funeral flower, is returning to favor in gardens, being no longer used in funerals. Its odor, too heavy for the taste of many for indoor use, is delightful when diffused on the evening air.

Sweet rocket, a hardy perennial which grows easily from seed, is a most fragrant flower.

Evening primrose, oenotheras, are native American flowers of notable evening fragrance.

Many Tests Are Needed For Kidneys

Hard Working Organ May Be Subject to Variety of Diseases.

By DR. MORRIS FISHBEIN
Editor American Medical Association Journal.

Again an idea of the amount of work that the kidneys do may be obtained from the fact that more than 600 quarts of blood pass through them every day.

This circulation of the blood through the kidneys enables them to perform their work in taking out the waste substances.

More than 97 per cent of the water is, of course, promptly passed back into the body so that the average person gets rid of 1½ quarts of fluid a day by way of the kidney.

It is a marvelous mechanism that makes it possible for the kidneys to take out just those substances that are dangerous to life and to pass back into the body those that are necessary for health.

There are so many different forms of kidney disease that it is not really right to speak of it in that way. When a doctor examines a patient about whom there is some doubt as far as the kidneys are concerned, he undertakes a number of examinations to find out what is wrong.

The fluid from each kidney is examined separately. To get this fluid it is necessary to pass a small tube into the ureters from each side where they come into the bladder. The fluid is examined chemically and microscopically.

Moreover, the doctor tests the function of the kidneys by administering various dye substances and testing the extent to which they are passed out of the body by one kidney or the other or by both kidneys working at the same time.

Bruises Cause Trouble

The kidneys may fail in their function due to all sorts of disturbances. They are sometimes damaged by accidental bruises and abrasions. Sometimes they are injured by infections. Sometimes they fail to receive from the blood the nourishment that they should and as a result begin to change.

It was thought that the passing of albumin from the kidney meant invariably a disease change. Nowadays it is known that albuminuria is not a disease, but a symptom.

Under ordinary conditions protein does not appear in the urine. In some cases exceedingly great muscular work, exposure to severe cold, or the overeating of protein foods may temporarily result in the appearance of some albumin.

Under these conditions, however, the albumin does not appear in all specimens over a long period of time, but tends to disappear promptly.

Miss Horne to Fete Guest From Capital

Miss Rosemary Horne is to entertain Wednesday evening at her home for Miss Merle Miller, Washington, her house guest.

Guests are to include the Misses Lois Stratman, Betty Dobyns, Louise Wilde, Betty Schellschmidt, Eleanor Behrent, Marjorie Glass and Mesdames Robert McNelly, Thomas Wright, William Jolly, John Cregor, Joseph Lutes, Jack Lewis, Harry Hadd and Harry Llewellyn.

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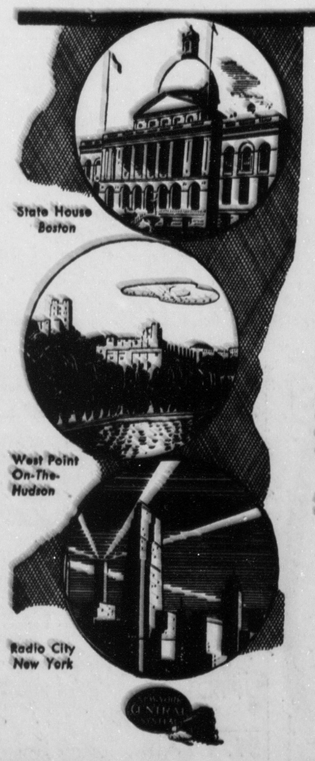

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