

40-Year-Old Woman Whose Husband Philanders Seeks Solution for Lonely Hours

Jane Advises Her to Read 'Life Begins at 40' and Start Five-Year Plan of Self-Development.

If you, Reader, are a woman of 40 or more, how have you found your satisfactions? Write a letter to this column sharing your experiences with those who have found no use for their time!

DEAR JANE JORDAN—Is everything over for us 40-year-old women? I have raised two children to adulthood and have one at home ready for high school. My recent years have been busy ones, doing a good job of being wife and mother. Now I have just learned that my husband is having an affair with another woman. I have talked to him and he tells me if I don't like it to divorce him, but I hesitate to rob our youngest child of his home and parents.

I can not feel that this situation is the result of any laxity on my part, for I have tried to do my share. My husband refuses me money so of course I am handicapped for funds to pursue any course whatsoever.

I enjoy almost any kind of recreation, and humor overrules sadness and heartaches in my disposition. I have few friends because I can't have the clothes and other things it takes to keep up with them. Tell me how can I pass the lonesome hours I find on my hands? Are we 40-year-olds supposed to sit on the shelf? How can we come back to life after the dormant years devoted to a family? BEE.

ANSWER: You should read Walter Pitkin's "Life Begins at Forty." At 40 a woman is still young enough to enjoy life and old enough to have some sense about it. You seem to regard 40 as the Ultima Thule instead of a new point of departure. Your girlhood is gone, but what makes you feel that there is no pleasure to be gained from maturity?

Your husband, no doubt, suffers from the same viewpoint. Unable to part with youth gracefully, he seeks to rekindle its fires with a fresh romance. You have a right to object, but you are wise in refusing to tear up your home before you are sure the spell will not pass.

The man is reluctant to say "yes" to middle age, and he has taken flight from the monotony of familiar loves and faces. If you stand by with sympathy and understanding, careful not to widen the breach between you by recriminations and remarks which belittle, you may save the deeper values upon which your home is established.

Middle age is not a curse, not a tragedy. Like every other period of life it has its problems, its pleasures, its compensations and above all its opportunities. No woman who has kept her home and brought up children can be said to have lived a dormant life. The chances are that you have accumulated more wisdom and built up more strength than you think. There are a thousand ways in which to put this knowledge and strength to work.

Do not stay too close to your own hearth, but learn to be useful to people outside your own family. It is an excellent idea to adopt a hobby such as knitting, gardening, painting, writing, or any form of craftsmanship. Adopt a profession if you need money. To say you have no preparation for earning is only an evasion. I know one woman of 40, without training for business, who put her house-keeping knowledge to use in writing advertising copy for home furnishings, another who ran a column of menus for a magazine, another who worked out a budget for relief workers, still another who succeeded at interior decorating, and another who built a reputation for fine candies.

Start now on a five-year plan of self-development. Seek out those qualities which will give a meaning to life. With your increased leisure and widened sympathies you can discover latent powers within yourself which you never suspected, provided you do not lapse in the uselessness or pessimism.

JANE JORDAN.

'ASKING BID' SEEKS SLAM

Today's Contract Problem

South has bid one spade and North three spades. Then South bid four clubs. What information does North convey when he responds with four no trump, using the Culbertson asking bid formula?

A 962
A J 2
Q J 9 7 3
4

(Blind) W N E (Blind)
S Dealer
K Q J 10 6 4
3
5
A Q 9 6 2
None vulnerable.
Solution in next issue. 30

SOLUTION TO PREVIOUS PROBLEM

BY WM. E. MCKENNEY
American Bridge League Secretary

USING the new "asking bids" of the Culbertson System, even a beginner can reach those slams formerly called unbidable by experts. As the name implies, a bid is used to ask for, rather than to convey, information.

Whenever a suit has been agreed upon, by a raise, for example, a

Etiquette

By PATRICIA

PASSPORTS AND EMBARKATION PERMITS—Persons desirous of obtaining American passports should go in person to the clerk of the nearest Federal Court or to a Government Passport Agency with the following documents:

Evidence of American citizenship. If a native-born citizen, a birth certificate or an affidavit by an older relative should be presented. If a naturalized citizen, the certificate of naturalization should be presented. If a native-born citizen has in his possession a passport issued subsequent to November, 1916, by the State Department at Washington, this passport may be used as evidence of his American citizenship. Passports issued subsequent to 1916 must be returned with application. A married woman must submit evidence of her husband's American citizenship. A widow or divorcee is privileged to retain the citizenship of her husband, or may revert to her original citizenship. A person born abroad of native-born parents, must submit evidence of his father's birth. It is necessary to have two photographs of the applicant showing the face clearly. These must not be larger than 3 by 3 inches.

It is necessary to have a visa for the foreign countries which are to be visited. These may be obtained from the travel or steamship company. There is a small fee for some visas, but the majority of European countries has revoked these charges.

Top Hat, Tails and White Tie Fashionable for Formal Wear



—Times Photo by Wheeler.

BY MARJORIE BINFORD WOODS
Times Fashion Editor

TRUMPETS! Fanfare! Enter... the official fall season of top hat, tails and white tie! Ushered in by Louis Lowe, popular or leader (above) who is setting the pace for formal dress for the opening dance of the season at the Indianapolis Athletic Club Saturday night.

With feminine finery for evening taking on such an air of luxury this fall it behooves the men of the social world to dress "within an inch of their lives" to keep pace. When an occasion is indicated as "formal" nothing less than full dress is in order. Dinner jackets are not considered correct attire for formal occasions even though common usage has made them permissible in many circles.

Midnight blue is the tyrant of the new evening clothes. Corded silk of the same color is being used for lapels and trouser stripes in place of satin, in many instances.

Today's Pattern

8838

BLOUSE

8396

SLEEVES

YOU can have several different outfits with just one shirt and a few blouses. Blouse (No. 8838) is the popular shirtwaist type with a flattering yoke and charming bishop sleeves. For material use silk crepe, satin, taffeta or cotton fabrics. Patterns are sized 34 to 30; 32 to 42. Size 16 requires 2 1/2 yards of 39-inch material, plus 1-3 yard contrasting material. The four different sleeves (No. 8396) come in sizes small, medium, large, and extra large and can be used to modernize old blouse patterns. Size medium No. 1 requires 1 1/2 yards of 39-inch fabric; No. 2 requires 1 yard of 39-inch fabric; No. 3 requires 1 1/4 yards of 39-inch fabric; and No. 4 requires 3/4 yard of 39-inch fabric.

To secure a PATTERN and STEP-BY-STEP SEWING INSTRUCTIONS, enclose 15 cents in coin together with the above pattern number and your size, your name and address, and mail to Pattern Editor, The Indianapolis Times, 214 W. Maryland-st., Indianapolis.

TEA IS TO HONOR MISS EDNA MUIR

Miss Edna L. Muir, a new Methodist deaconess, is to be honored at a tea following a meeting of the Woman's Auxiliary, City Council and Church Extension Society, Friday at the Fletcher Place Church.

Miss Muir has come from Lincoln, Neb., where she served as religious education director at the First M. E. Church.

Mrs. H. D. Terry is to preside at the program, which is to include devotional service led by Mrs. L. T. Freeland; songs by Mrs. Frank Nelson and a talk by Mrs. John Benson on her experiences in Marseilles and Palma de Mallorca. Mrs. John F. Kerr is party chairman.

Anniversary Is Observed

Twentieth anniversary of the Irvington Chautauque Club was observed recently with a luncheon at Clifaldi's. Mesdames Katherine C. Payne, Mayam Findley, W. O. Terry and I. L. Miller, founders, were honored guests. Mrs. D. E. Kramer is president.

Hoosier Glasses

All Styles Right and Priced Right

The Hoosier Optical Company

144 N. Illinois St.

Family Data Is Important, Writer Says

Special Box Suggested as Best Place for Records.

BY OLIVE ROBERTS BARTON

There should be a special box or box for saving family documents in every house. The old Bible with its carefully written records was, for centuries, a regular bureau of vital statistics. To this day, half of us would know nothing about our forebears had not Great-Grandfather John laboriously penned the date of every birth, wedding and death. I say "centuries" advisedly, because I have an old Bible, several hundred years of age, that tells about the Jameses and Elizabeths of an English family, and all their kin.

Today, most parents depend on the recorder's office or the Bureau of Vital Statistics to keep account of births, deaths and marriages. They say complacently that any time they want information about a certain event, all they have to do, or their children after them, is to write to the capital or county seat and get the desired facts.

How Facts Go Astray

But while this is true enough in a way, there are some things to keep in mind. One is that parents may move to another state soon after a child's birth. Not mention the town the child was born in and then die before the boy (or girl) becomes curious enough to inquire about his own history. Then in later years he won't know where to apply for the information. He may be able to follow it up easily from hearsay and the information of friends. But suppose his birth has not been registered at all, as happens still in many places. He may never know his history then. And friends, in time, can forget.

It is surprising how many times in later life, and especially now, with international lines tightening, a birth certificate is required, or at least some authentic record of time and place. Particularly place. So I advise every mother and father to see that the baby is registered at birth and a duplicate certificate given to them. Then, this copy should be either secured in an album or put away with other family papers in a metal box, labeled, and kept in a safe place.

Other Facts Interesting

It is a splendid idea to write down the names of as many relatives, near and distant, as you can remember. Some day your children will be intensely interested, if not now. Put in marriages and relatives by marriage, and of course, all deaths with dates and places. Such matters are the child's right. More material for your private family box. All valuable papers, such as your wedding certificate, should be cherished. Also insurance papers, army discharge papers, titles to property and leases. Indeed, any and all papers that you need to put your hand on at any moment's notice. Put in marriages and relatives by marriage, and of course, all deaths with dates and places. Such matters are the child's right. More material for your private family box. All valuable papers, such as your wedding certificate, should be cherished. Also insurance papers, army discharge papers, titles to property and leases. Indeed, any and all papers that you need to put your hand on at any moment's notice.

Peace Is Subject of Contest for Literary Society

The Indiana branch, National League of American Pen Women, is to feature a literary contest among its members throughout the state this year. The contest, which is now being published, Mrs. Emma Sangernebo is local branch president.

Any member may compete with any literary form of prose or verse on the subject "Peace." Only one entry may be made. Manuscripts are limited to 1500 words.

The contest opened Oct. 5 and is to close Jan. 9. Awards are to be made at the regular meeting to be held Feb. 20. One cent a word is to be allowed for the first prize and one-half cent a word for the second prize. Three honorable mentions are to be made.

Rules and regulations are to be printed on the back of the yearbook which is now being published. Mrs. Emma Sangernebo is local branch president.

Club to Observe 19th Anniversary

The Amica Club's nineteenth anniversary is to be celebrated at a meeting tonight at Mrs. B. C. Everhart's home. Mrs. Frank Richards, a charter member, is to give a resume of the club history.

Also on the program are to be Mrs. Paul Ameter, soloist; Elaine Everhart and Robin Sims, violinists, accompanied by Miss Geraldine Wright.

Mrs. Robert Shank is to be in charge of the study, and papers on the subject are to be read by Mesdames Don Stewart, Roy Egbert and Walter Enoch. Mrs. Martin Cooper is to assist at the social hour.

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Other honor guests were Mrs. B. S. Williams, Indianapolis Council of Women president, and Mrs. David Ross, Indiana Indorsers of Photoplays' president. Mrs. Ernest E. Owen sang.

Riding Club Sets Date for Outing

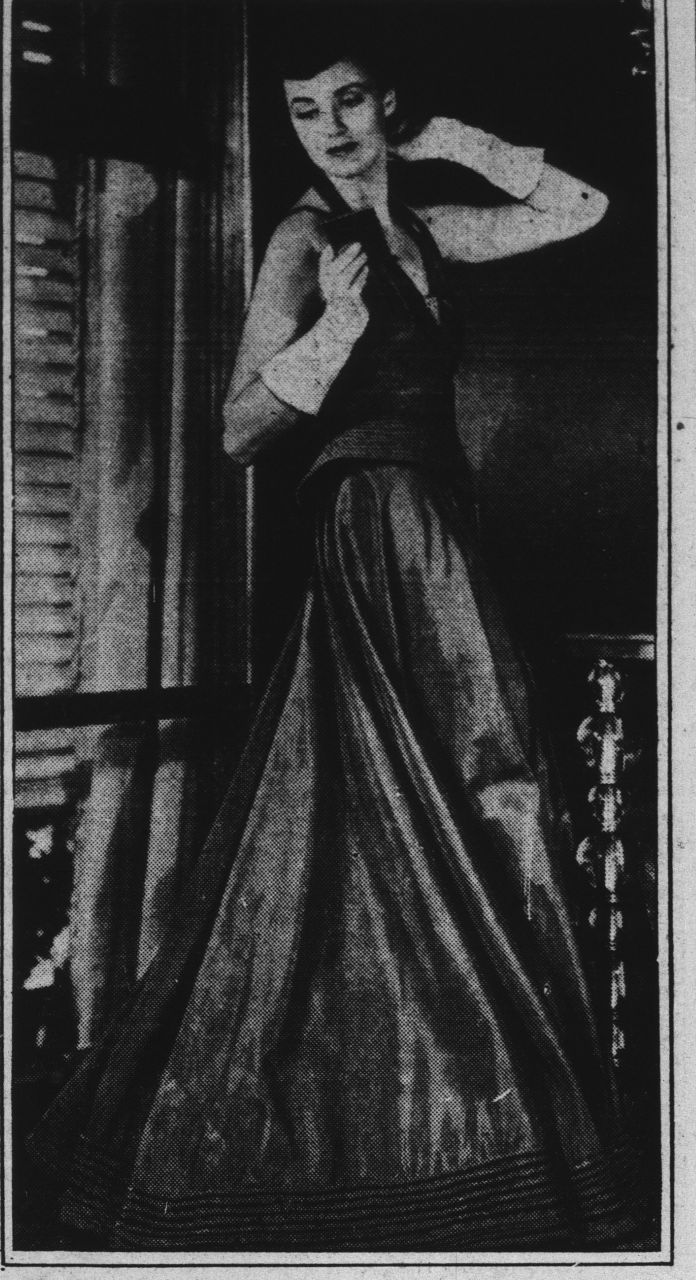
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The club recently re-elected Russell S. Williams, president, and Dudley Williston, vice president. New officers are J. R. McNutt, secretary-treasurer; Miss Emma Moore, assistant secretary; August C. Bohlen and Frank Haight, board members.

Gloves in Colors

Beige or nutria-colored gloves are shown for black costumes.

Dress for Queen of the Ball



The woman who can wear this most modern Empire gown of green silk taffeta is sure to be the queen of the ball, for it will be royally admired by all. The wide skirt and the peplum, both corded with self material, and the halter neckline are details that mark the creation as one of the season's style aces.

Irvington Church Women Schedule Tea for Monday

The Irvington Methodist Church Women's Association is to give an autumn tea Monday afternoon in the William H. Block Co. auditorium.

Mrs. Arthur Robinson is in charge of the musical program, to include selections by the Friml trio, vocal solos by Mrs. Mary Traub Busch and Victor Damascus.

Mrs. Harry A. Weaver, general chairman, has arranged for a fashion showing of women's and children's apparel.

Committee members assisting Mrs. Robinson are Mesdames Edward Madinger, D. W. King, L. B. Jones, Carl Withner. Mrs. S. B. Walker, arrangements chairman, is to be aided by Mesdames Ferman Sims, Ralph McKay, Alan Vestal and H. B. Morrow.

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Use Eggplant as Substitute for Fall Meat

Stuffed, This Vegetable Is Succulent and Easy to Prepare.

By NEA Service

A good fall meat substitute is baked, stuffed eggplant. What a wonderful vegetable eggplant is—meaty and succulent and so delicately flavored. It seems a pity that in some homes it is served so infrequently.

This recipe for stuffed eggplant will please you because it is easy to prepare and so handsome a dish when it appears on the table.

Eggplant Hampshire for 4

One large eggplant, 2 tablespoons butter or fat, 1 onion cut fine, 2 tablespoons bread crumbs, 1 egg yolk.

Parboil the eggplant until tender (but not soft) in boiling, salted water.

Cut in half, lengthwise, with a sharp knife. Scrape out the inside but do not break the skin.

TOMORROW'S MENU

Breakfast—Orange juice, cereal popovers, broiled Canadian bacon, coffee.

Luncheon—Ham salad, water-cress sandwiches, pineapple tapioca pudding, milk, tea.

Dinner—Fruit cup, baked eggplant, Hampshire, cranberry sauce, carrots and peas, tomatoes filled with marinated cucumber slices, Danish lemon pudding, coffee.

Heat 1 tablespoon of the fat or butter, add the onion and brown it, then add the meat you scraped out of the eggplant, bread crumbs (dried or toasted crumbs are best) salt and pepper to taste and the beaten egg yolk.

Mix well together, refill the shells, place on a greased pan in a moderate oven (350 degrees) and sprinkle more bread crumbs on top with bits of remaining butter. Brown nicely. It will take about 20 minutes.

This stuffed eggplant makes an ideal main vegetable for a vegetable plate dinner. With it you could have tomatoes filled with marinated cucumber slices and creamed carrots and peas.

For dessert, try this recipe for lemon pudding called Sitronromance. This recipe comes from a Danish woman who explains that it is a favorite dessert in her homeland.

Miss Maris and Dr. Beggs to Wed at Oakland, Cal.

Miss Jeanne Maris was to leave today for Oakland, Cal., where she is to be married to Dr. Lowell Frederick Beggs, Oct. 16.

The ceremony is to be held at 4 p. m. in the Chapel of the Flowers, Homer Maris Sr., Oakland, is to give his niece in marriage and Mr. and Mrs. Homer Maris Jr. are to be attendants.

Miss Maris, daughter of Mr. and Mrs. Claude A. Maris, attended Indiana University, where she was a member of Pi Beta Phi Sorority, Dr. Beggs, a son of Mr. and Mrs. J. Fred Beggs, Scottsburg, also attended Indiana and is a member of Lambda Chi Alpha Fraternity.

After a wedding trip, they are to make their home in San Francisco.

President Is Installed

Mrs. J. C. Schade has taken up her duties as the Monday Afternoon Reading Club president. A luncheon and program was held recently to install the year's officers. Mrs. J. C. Teegarden was in charge of the program.

DINING OUT with Dorothy

You should see the clever boutonnieres made of cellophane straws and sealing wax... ver, ver' dainty favors they are.

You can establish for yourself a variety program, if you will but plan several enjoyable meals away from home each week... and several party-like meals in your own home. If you've read one of the popular new books about "solitary refinement"... you will have gained several choice ideas on the subject of entertaining easily and delightfully even in the one-woman ménage. And I'm here to apply the case to Indianapolis shopping. Buying unusual foods... ordering unusual dishes... and pointing out people and places who specialize in one thing or the other. Please call just anytime, RI-5551, and ask for

Lines to the Lincoln are always inspired. For, with the thought of each dining room come memories of pleasant interludes. The Lincoln Mirabar and Lounge for its gaiety and informality... the Tuscany Room with its quiet dignity... and The Coffee Shop with its brightness and early hours of cheer! I've watched banquet plates being served for hundreds of guests... and I promise you that care and attention are given these parties equal to the service for one who dines alone. HOTEL LINCOLN and its staff... I... invite you to enjoy at least one meal tomorrow in The Mirabar.

Did you ever prepare "bow-knot" macaroni... in chicken broth... or with Italian sauce? It makes an interesting looking dish as well as a delicious one.

Learn how to make the new Button Trees for novel centerpiece for party tables. Later these will be ideas for Christmas gifts.

Tomorrow I bring you exotic news of some rare Spanish perfumes just discovered within our shops... so be sure to scan these columns... signed Dorothy

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