

Women Tennis Devotees Play Badminton, Squash to Keep Court Condition

Matches at Indianapolis Athletic Club Are Serving to Prevent Sore Muscles in Coming Spring Games.

BY BEATRICE BURGAN
Society Editor

While the country club tennis courts are frozen over for ice skating, tennis players are keeping in shape by playing badminton or squash at the Indianapolis Athletic Club.

These players won't leave the courts after their first games this spring muttering words of disgust to themselves, nor will they go to the shower rooms to nurse aching muscles.

The women have learned in their badminton matches in the club gymnasium that they must watch the shuttlecock as closely as any tennis ball they ever batted about a court.

They also can regulate the speed of the game. After they have played enough to speed up their matches, they discover that there is no time for jogging. Badminton can be the fastest game of its type.

Mrs. Conrad Ruckelshaus, Mrs. Albert J. Beveridge Jr. and Mrs. Russell Fortune Jr. have been going to the club several days a week to play badminton. Both Mrs. Beveridge and Mrs. Ruckelshaus rank high in tennis matches at Woodstock Club during the summer.

Mrs. Fortune is a newcomer. She came here to live after her marriage to Mr. Fortune this fall at Baltimore.

Other club members choose less strenuous sports in order to keep trim during the winter months. Mrs. Warrack Wallace, Mrs. Frank Gastineau, Mrs. Walker Winslow, Mrs. Robert Zaizer, Mrs. I. C. Dehaven and Mrs. Arch Grossman either swim, play volleyball or take part in the gymnasium classes.

Mrs. Norman Baxter, Mrs. Emory Baxter and Mrs. Orlen Fifer always continue swimming at the club after the season closes at Lake Maxinkuckee, where they all enjoy the water sports while visiting Mr. and Mrs. Arthur Baxter.

They swam in the pool consistently before they went to Palm Beach.

Mrs. and Mrs. Arthur Baxter returned last week-end after a vacation with Mr. and Mrs. Arthur Baxter, Mrs. Fifer and Mr. and Mrs. Norman Baxter.

While Oscar Jose was in Florida, he visited the Baxters. He returned Sunday but Mrs. Jose, who is a regular visitor at the I. A. C. pool, remained for a longer vacation.

Mrs. C. Basil Faussett, Mrs. William Bennett prefers swimming as her winter sport. She is persistent in practicing, too. During the marathon in which the I. A. C. and St. Paul A. C. engaged earlier in the season, Mrs. Bennett won the award for having swum the most yards.

The women aren't alone in their determination to keep fit. The club's men tennis players play squash, and several times during the season meet outside teams for competition.

Like badminton, squash also is a faster game than tennis. The ball is smaller and the players develop a keen eye to keep tab of the tiny pellet.

Tennis involves more arm play while squash requires more wrist and elbow action. No matter what the difference in action, the exercise is invaluable for next summer's tennis condition.

Wilson Mothershead, Warrack Wallace, Thomas Hendricks, George Newton, Nathan Davis and Don Hawkins play several days a week after working hours.

They lost to a Purdue University team early in the season, but are to have an opportunity to avenge the defeat in a later match. A Dayton team also is included on the schedule.

Richard Papenfuss, club athletic director, is training the club swimmers for a meet with the University of Michigan swimming team here Saturday.

The swimmers have been pacing themselves by a mechanical rabbit, a gadget which Matt Mann, Michigan swimming coach, contrived for his swimmers. Mann is continually timing with devices to improve the swimming of his protégés.

The mechanical rabbit is a complicated arrangement of pulley, electric motor, clothes line and red silk ribbon. The coach regulates the speed of the "rabbit," and the swimmers watch it as they turn their heads for breath. Obviously, swimmers can't carry stop watches, and their heads are under water so much that they can't be given their time at the end of each lap after the manner of track athletes.

Swimmers along with the red silk "rabbit" the swimmers can learn just how to pace themselves; what speed they can maintain; when they should sprint and where they should ease off. The swimmers start with the "rabbit" and all they have to do is to keep up with it in order to maintain a desired speed.

Jack Medica used the "rabbit" in his training at the University of Washington. The idea was borrowed from greyhound racing tracks.

Voters' League Will Hear Talks on Patronage

Republican and Democratic speakers are to talk on the same subject at 8 tomorrow night, at the public meeting sponsored by the Indianapolis League of Women Voters in Kirshbaum Center. Five hundred organizations and 500 individuals have been invited to participate in the meeting, which is to further the league's campaign for trained personnel in government service.

John K. Ruckelshaus, Indianapolis attorney, is to represent the Republican Party, and State Senator Walter S. Chambers, Newcastle, the Democratic party. Both are to speak on "Can the Parties Live Without Patronage?"

Richard E. Dimock, Chicago University professor of public administration, is to give the principal address.

Mrs. Walter S. Greenough, above, chairman of the department of government and its operation, and acting president of the Indianapolis League, is to be present.

John E. Dimock, Chicago University professor of public administration, is to give the principal address.

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