

The Indianapolis Times

presents

FOODS ON PARADE

A New, Novel and Different

COOKING SCHOOL

at
Keith's Theatre

*Tuesday, Wednesday, Thursday Afternoon
and Thursday Evening
October 23rd, 24th and 25th*

FOODS ON PARADE is not just another Cooking School. *It's New... It's Different.*

Miss Ruth Chambers, director of Foods on Parade, will bring to you a wealth of valuable instruction on the most up-to-date ideas and methods of cookery. This famous lecturer will show you how easy and enjoyable the preparation of a well planned, appetizing and wholesome meal can be made.

Each day you will receive a Foods on Parade program folder which contains a score of tested recipes. Each day you will see many of these recipes actually prepared by the lecturer

—will see them in their finished state as they take their bows in the spotlight at the end of the lesson. You will KNOW just how to prepare them, and just how they should look, after you have seen a Foods on Parade demonstration.

This paper brings you Foods on Parade as a special service to its thousands of housewife readers and friends. Don't miss a single session of this truly different Cooking School.

Plan now to attend every day. Get up a party of friends to come with you. After it is over you'll say it was the most interesting, instructive and enjoyable school you have ever attended.

free... TO EVERYONE PRESENT ON THE OPENING DAY

A valuable, new meat recipe book, containing 100 recipes on the preparation of all kinds of meat, will be given FREE to everyone attending the Foods on Parade Cooking School on the opening day.

Exact directions for cooking and serving beef, pork, lamb, and veal are to be found in this recipe book, just off the press. It will help you solve the troublesome

problem of what meat to buy, whether for pre-pay day meals or party occasions. It will tell you how to cook each cut to its full tempting flavor and tenderness.

Every housewife should have this book. With it you can plan and prepare your meals easier and more economically. Be sure to be there and get your FREE copy.



FOODS ON PARADE
To Feature Meat Cookery

Because the meat dish is the dish around which most meals are planned, the Foods on Parade Cooking School will give special attention to meat cookery on each of its programs.

Miss Ruth Chambers, Director of Foods on Parade, is a nationally recognized authority on meat cookery. Her interesting and practical instruction on this phase of meal planning and preparation will be of especial interest to every housewife.

There have been many changes in the methods of preparing meats in recent years. Every day she will demonstrate these new methods of meat preparation. You will want to know about them. Don't fail to attend every session.

DOORS OPEN AT NOON
FOODS ON PARADE

at 2 P. M. Sharp
Each Afternoon
and 8 P. M. Thursday

Admission Free