

Refrigerator Hint

When storing left-overs in refrigerator, put a piece of parchment or waxed paper over top of container and fasten with rubber bands.

CALLS ALL-BRAN
NATIONAL NATURAL
LAXATIVE

Delicious Cereal Checked His Constipation

Here is an unsolicited letter from Mr. Daniels:

"For many years I have been habitually constipated, and have used all sorts of laxatives. So, in fairness to Kellogg's ALL-BRAN, I heartily claim it to be a most wonderful remedy for constipation."

"Need I tell you that I have long since ceased using laxatives? Kellogg's ALL-BRAN is the National Natural Laxative. If it were used by every family in the United States for breakfast, we would have a much healthier race of people."—Mr. John Daniels, 1093 Third St., North Bergen, N. J.

Tests show Kellogg's ALL-BRAN furnishes "bulk" to exercise the intestines and vitamin B to help tone the intestinal tract. ALL-BRAN also supplies iron for the blood.

The "bulk" in ALL-BRAN is much like that in leafy vegetables. Isn't this food much pleasanter than risking pills and drugs? Two tablespoonsfuls daily are usually sufficient. If not relieved this way, see your doctor.

Get the red-and-green package at your grocer's. Made by Kellogg in Battle Creek.

KEEP ON THE SUNNY SIDE OF LIFE

Century Biscuit Co.
INDIANAPOLIS

SPECIAL LOW PRICE

BEER
SILVER EDGE

Case of 24 Bottles \$1.49

Plus Case and
Bottle Charge

Miller's Export or Berghoff
3 12-Oz. Bottles 25c

Plus Bottle Charge

(In Licensed City A & P Beer Stores Only)

Pineapple

Sliced in Syrup 2 No. 2½ cans 35c

Cherries New Pack
Cake Red Pitted 10c

Black Walnut
Bar-Ann Page 25c

No. 2 Can 10c

Each 25c

10c

19c

Assorted

10c

19c

10c

19c