

FRUITS USED IN TWO VARIETIES OF ICE CREAM

Bananas or Dates Make
Desserts Suitable for
Children.

There's something indescribable about the delicious flavor of real home-made ice cream. This delicacy, too, is easy to make with a good recipe.

The children are the ice cream addicts in most families, and for this reason the healthful fruit ice creams especially are recommended. Very popular with the youngsters is banana ice cream—and very good for them, too. In making it, select fruit which is fully ripe, when the yellow peel is flecked with brown and the green has disappeared entirely. At this stage the banana is completely digestible even for young children.

Banana Ice Cream
1 cup banana pulp 1½ cups light cream
½ cup sugar
2 eggs, lemon juice salt
Crush the bananas, add sugar, salt and lemon juice. Stir cream into mixture. Mix well, freeze in 8-1 ice and salt mixture or in trays of mechanical refrigerator.
Another delicious ice cream is made with that vitamin-rich fruit, dates. This is especially attractive in appearance, and the chewiness of the dates gives a new texture. Be

CURRENT MINT SAUCE

1 glass currant jelly
1 tablespoon grated orange rind
2 tablespoons mint leaves, chopped finely
Break up 1 glass of currant jelly into small pieces, add do not beat it. Add the finely chopped mint leaves and grated orange rind and stir carefully until well blended. Serve with roast shoulder of lamb.

sure to buy the clean, pasteurized dates for making this:

Date Ice Cream
1 cup milk, scalded 2 cups pasteurized
½ cup sugar 2 eggs
2 tbsps. flour 1 cup orange juice
¼ tbsps. salt 3 tbsps. lemon juice
2 eggs 1 qt. thin cream
Mix flour, sugar and salt; add scalded milk gradually, stirring until smooth paste is formed. Cook over hot water until mixture thickens, stirring constantly. Pour mixture over slightly beaten eggs; cook over hot water for one minute. Strain, add finely cut dates and cream. Cool. Add strained fruit juices.

MAKE UNUSUAL SALAD

Tomatoes and Alligator Pears Form Combination.

Tomatoes and alligator pears form an exotic combination with which to tempt an appetite or impress the bridge club. Cut the pear in horse-shoe shape pieces. Put a tomato slice in each.
Serve on any salad green with a very mild mayonnaise or salad dressing. The delicate flavor of alligator pear is completely masked by a too-flavorful dressing.

DESSERTS BOTH NOURISHING AND COOLING LIKED

Muscovite of Watermelon
Among Suggestions to
Combat Heat.

Summer menus that end with a dessert that cools the palate and indirectly provides food value are the ones that thoughtful hostesses are preparing to keep family and guests in good humor these devastating days.

Light frothy and ice-cold is the way most persons prefer hot weather nourishment. Here is where a frozen fruit dessert, sherbet, ice or muscovite hits the spot.
An ice cream rich with cream, eggs, nuts and chocolate furnishes lots of food value but also heat-producing calories. So, while it may be cold to the taste, it has the reverse effect on the body.

Lemon Ice

This can be used as the foundation for several inviting desserts and beverages.
Four cups water, 2 cups of sugar, 4 lemons, 1 large orange or 2 small ones, 1 tablespoon granulated gelatin.
Grate rinds of oranges and lemons and add to sugar and water. Bring to the boiling point and boil eight minutes. Add gelatin, which

has been softened in 4 tablespoons of cold water for five minutes. Stir until gelatin is dissolved, strain and cool. Squeeze juice from lemons and orange and strain. When syrup is cold, add strained juice and turn into freezer. Freeze as usual.

Muscovite of Watermelon

Four cups of shredded watermelon, 2 cups of powdered sugar, 4 tablespoons of nonalcoholic sherry. Break watermelon with a fork, removing seeds. Combine with sugar and sherry and turn into freezer.
Pack in four parts of ice to one part of ice cream salt and let stand two hours or longer. Serve in chilled sherbet glasses.

Chickens Lb. 9c
to Boil
Fancy Colored
Springers

FRYS Lb. 24c
LEGHORN FRYS
Plenty of Parking Space
Poultry at Lowest Prices
FREE DRESSING

City Poultry Market
LI. 4979
111-113 North New Jersey Street

FRESH EGGS

Small, 2 Doz. 31c
Standard, 2 Doz., 35c
Extra Large, 2 Doz., 43c
FRYS, Full Dressed, Lb., 27c

BOYER'S HATCHERY DELAWARE
RI. 5470

If You Want
Early morning delivery on quality milk, just phone
East End Dairies, Inc.
CHERRY 3319
571 So. Highland

EVANS
E-Z-BAKE
FLOUR
FOR ALL PURPOSES

"The Most Delicious SALADS"—

THAT'S what every one will say about your salads when prepared with Phoenix Mayonnaise or Diadem Salad Dressing. These two reliable products have been leaders in quality for many years. Ask for them by name at your independent grocery or delicatessen store.

PHOENIX MAYONNAISE

Rich, buttery consistency adds economy—PHOENIX can be mixed half cream or milk. Made in Indianapolis—delivered fresh and pure—in 5, 8, 16 and 32-oz. jars.

DIADEM SALAD DRESSING

Tasty and wholesome always. DIADEM is the salad dressing used and preferred on thousands of Indiana tables. Three most popular sizes—8, 16 and 32-oz. jars.

At Your Independent Grocers

Packed by

SCHNELL & CO.
INDIANAPOLIS

Always fresh! **GRENWALD'S**
LI. 5496-5497
Quality Meat Market
26-28 N. Delaware St.

Creamery Butter	26c
Fresh Eggs	Doz. 17c
Cheese, Cream or Brick	15c
Smoked Hams	19c
Smoked Beef	19c
Smoked Veal	19c
Smoked Lamb	19c
Smoked Pork	19c
Smoked Chicken	19c
Smoked Turkey	19c
Smoked Ham	19c
Smoked Beef	19c
Smoked Veal	19c
Smoked Lamb	19c
Smoked Pork	19c
Smoked Chicken	19c
Smoked Turkey	19c

BEER SPECIALS
Silver Edge \$1.50
Cook's Goldblum \$1.99
Ackerman's Old Rip \$1.99
Sterling
Falls City
Kamm's
Patrick Henry
\$2.10

The Best Summer Menu—
American
Graham
Crackers
Serve this simple, healthful, hot weather lunch . . . for children or adults . . . morning, noon or night . . . delicious, honey-flavored AMERICAN Graham's with rich milk or half-and-half! Get YOUR package today . . . find out why they are the "World's Best" value!

Ask YOUR Grocer for the BIG Red, White and Blue Package!

Century Biscuit Co.
INDIANAPOLIS

WINE BASTES CHICKEN

Recipe for Supreme De Volaille Includes Vegetables.

Cook breasts of chicken slowly until tender, using, as basting sauce, first butter, then white wine.
Fill the hollows of cooked artichokes with cooked vegetables cut small, potatoes, carrots, string beans and peas, moistened with mayonnaise. Cover with asparagus tips. Pour partly cooled gelatin over it and leave it to set. Serve this with the hot chicken breasts.

YOUR GROCER HAS THIS SUNNY WAY TO BETTER HEALTH

Check Common Constipation with a Delicious Cereal

Food has a lot to do with how you feel and how you look. For instance, you need plenty of "bulk" with your meals to avoid the risk of common constipation.
This ailment frequently causes headaches, loss of appetite and energy. Yet, in most cases, it can be overcome pleasantly and safely by eating a delicious cereal.

Kellogg's ALL-BRAN furnishes "bulk" in convenient and concentrated form. Laboratory tests show the "bulk" in ALL-BRAN is safe and effective. In fact, it is much like that found in leafy vegetables.

Within the body, the fiber of ALL-BRAN absorbs moisture, and forms a soft mass. Gently, this clears out the intestinal wastes.

In addition, ALL-BRAN provides vitamin B and iron.

Isn't this sunny way better than taking patent medicines—so often harmful? Two tablespoonsfuls of ALL-BRAN daily are usually sufficient. Chronic cases with each meal. If seriously ill, see your doctor. ALL-BRAN makes no claim to be a "cure-all."

Enjoy ALL-BRAN as a cereal, or cook into appetizing recipes. Be sure you get Kellogg's ALL-BRAN. It contains much more needed "bulk" than part-bran products. In the red-and-green package. Made by Kellogg in Battle Creek.

Jackson's Special Blend

COFFEE

Try this coffee and you'll appreciate why thousands of Indianapolis persons have enjoyed its appetizing aroma, delicious flavor, freshness and never-varying qualities for many years. Compare it to higher priced coffees and find which you like best.

1-Lb. Pkgs. **3 55c**
1-Lb. Pkg. **19c**

Soap Chips Crystal White 5 Lb. Pkg. **25c**

Flour KING OF WAYNE BRAND Uniform—Dependable Milled from the Country's Finest Wheat 24-Lb. Sack **79c**

Oleo Jackson's Finest Nut MARGARINE 2 1-Lb. Pkgs. **19c**

Cheese Mild Full CREAM Lb. **15c**

Lard HILGEMEIER'S Pure Kettle Rendered 3 Lbs. **25c**

Coffee Maxwell House "Good to the Last Drop" 1-Lb. Can **29c**

BOILING BEEF Short Ribs, Lb. **7 1/2c**
Chuck Roast Choice Cuts Lb. **12 1/2c**
Round Shoulder Roast Lb. **16c**
Veal Roast Boneless Lb. **17 1/2c**
Veal Cutlets Choice Quality Lb. **25c**
Veal Chops Rib **19c**
Pork Roast Fresh Cottage Lb. **16c**
Large Bologna, Lb., 15c
Pickle Loaf, Lb., 20c
Frankfurters, Lb., 12c
Minced Luncheon, Lb., 17c
Star Meat Loaf, Lb., 20c
Braunschweiler, Lb., 25c

FINEST QUALITY MEATS
The choicest cuts, appetizingly displayed and electrically refrigerated to safeguard your health, are offered at lowest prices in our 100 modern meat departments.

Peanut Butter 2 Lb. Jar **25c**
Pork & Beans Van Camp's 6 Cans **25c**
Tomatoes Indiana Pack 4 No. 203 Cans **25c**
Catsup Large 14-Oz. Bottle **10c**
Del Monte Sardines in Tomato Sauce, Can **10c**
Salmon Alaska Pack 2 Tall Cans **23c**
Sweet Pickles Quart Jar **19c**
Salad Dressing Quart Jar **23c**
Fruit Cocktail Tall No. 1 Can **15c**
Ginger Ale or Assorted Sodas Large 21-Oz. Bottle No Bottle Charge **10c**

CORN Garden Fresh Brand No. 2 Cans **23c**
PEAS SIFTED NEW PACK No. 2 Can— **10c**
POST'S Bran Flakes Package— **10c**

Crisp, Garden Fresh Fruits and Vegetables
Bananas Scientifically Ripened in Our Own Ripening Rooms 3 Lbs. **17c**
Grapes California Fancy Seedless 2 Lbs. **15c**
Oranges Sweet, Juicy California 2 Doz. **35c**
LEMONS Extra Large 360 Size, Doz. **25c**
PEACHES Fancy Freestone Elberta 3 Lbs. **17c**
NEW APPLES Fancy Transparent 4 Lbs. **19c**
TOMATOES Red Ripe 3 Lbs. **10c**
SWEET POTATOES New Fancy Alabama's 4 Lbs. **19c**

Del Monte Pineapple Sliced in Rich Syrup, No. 2 1/2 Can **19c**
Spaghetti Lover's Brand Cooked 3 Tall Giant Cans **25c**
Red Beets Largest No. 2 1/2 Can **10c**
Grapefruit Silver Bar Brand 2 No. 2 Cans **25c**
Old Reliable Coffee 1-Lb. Can **27c**
Libby's APPLE BUTTER Largest No. 2 1/2 Cans **15c**
Macaroni or Spaghetti Large 8-oz. Pkg. **5c**
Mother's Cocoa 2 Lb. Pkg. **19c**
Colman's Mustard 2-Oz. Cans **15c**
Grape-Nuts Package **17c**
Astor Mixed Tea 1/4-Lb. Pkg. **10c**

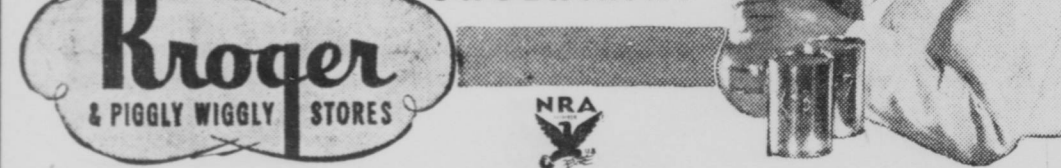
Old Gold Malt At 11c a 5-oz. malted drink only—2 1/2-oz. can— **45c**
Yummy Chocolate Malted Milk **10c**
Apple Jelly At 11c a 5-oz. jar— **10c**
Preserves Pure Fruit 16-Oz. Jar— **17c**
CRYSTAL WHITE SOAP, 10 Cakes **25c**
Cleanser 3 Large Cans **10c**
PIES Fresh Blackberry or Delicious Peach Baked by Butter Crust Pie Company **25c**

MONEY SAVING FOOD DISTRIBUTION
STANDARD
GROCERY CO.
FOOD STORES

Let's call a SPADE a SPADE!

Kroger Food Foundation experts do! When they say a food is not good enough for sale in Kroger stores they speak without bias or favoritism, for all identification marks are removed before any package enters the testing laboratories!

AT OUR THRIFTY PRICES CAN YOU AFFORD TO BE UNCERTAIN?



COUNTRY CLUB
Apple Sauce 3 NO. 2 Cans **25c**
Ready to serve! Tempting with meals or as a dessert! A special blend of delicious apples, economically priced!

Lipton's Tea 1-Lb. Pkg. **25c**
Orange Pekoe and Pekoe.
Bread 1-Lb. Loaf **6c**
Country Club.
Jewel Coffee Lb. **21c**
Smooth, Fragrant.
Layer Cake Each **25c**
Cocoanut Iced.
Saniflush Can **23c**
Keeps Toilet Spotless.
Melo **10c**
Softens Water.

Latonia Club
Ginger Ale 12 Bottle Case **90c**
Also Rocky River Lemon Lime, Lemon Soda, Orange, Lime Rickey, Root Beer and the new White Soda. 24-oz. bottles.
Plus 2c bottle charge
PURE CANE SUGAR 25-Lb. Bag **\$1.38**
10-Lb. Sack, 56c
Milk Country Club Vitamin D Added 3 Tall Cans **17c**
Pet. Wilson or Carnation Vitamin D Milk, 3 tall cans 19c

Mammoth 10-Cent Cookie and Cracker Sale
Country Club Soda **Dutch Cookies** Lb. **10c**
Crackers 1-Lb. Pkg. **10c** **Black Walnut Cookies** Lb. **10c**
Country Club Graham **Country Cookies** Lb. **10c**
Crackers 1-Lb. Pkg. **10c** **Spice Cookies** Lb. **10c**

Candy Lb. **15c**
Chocolate and Vanilla Fudge.
French Brand Lb. **25c**
Coffee, Full Bodied and Flavorsy.
Kidney Beans 3 for **17c**
Country Club, Large Cans.
Salad Dressing Each **25c**
Embassy Brand, Quart Jars.
Sealskin 3 Rolls **23c**
Bathroom Tissue.

Soap Chips 5 Lb. Box **25c**
Country Club
Pork & Beans 6 Cans **25c**
Large Cans, 2 for 15c
Country Club Roll 1/4 Lb. Prints, 28c Lb. **27c**
Butter **Camay SOAP** 3 Cakes **14c**
Country Club
Spinach No. 2 1/2 Cans 2 for **25c**

SMOKED
PICNICS Armour's Melrose Shankles Lb. **14 1/2c**
PEACHES Georgia Elberta Bushel \$2.19 5 Lbs. 25c **10 Lbs. 47c**
Veal Roast Boned and Rolled Lb. **17 1/2c**
Veal Chops Rib or Loin Lb. **19c**
Veal Cutlets Lb. **25c**
Chuck Roast Lb. **13c**
Ground Beef Lb., 12c
Sliced Bacon Lb., 25c
Fancy Sugar-Cured; Rind Off.
Frying Chickens Lb., 25c
Walters' 10-Lb. Fed; 1 1/2 & 2 Lb. Avg.

Bananas 4 Lbs. **23c**
Oranges Doz. **21c**
Gelery 3 Stalks **10c**
Green Corn 2 Doz. **25c**
Watermelons Each **45c**
Yellow Onions 3 Lbs. **13c**

KROGER STORES
& PIGGLY WIGGLY