

Woman Can Equal Men in Strength

Despite Athletic Power, Masculine Stamina Is Overrated.

BY GRETCHEN PALMER, Times Special Writer

NEW YORK. March 13.—Statistics on file at the Mayo clinic in Rochester, Minn., show that man is the weaker sex," said a paper, out of a clear sky. "Many will take exception to this statement," Dr. Allen said. "They will say that football players, track athletes, wrestlers and those who excel in feats of endurance are almost uniformly males. But physical prowess is but the outward habiment of physical superiority. A quality much better reflected is ability to withstand disease."

And a much harder quality to possess, we would add. For what good does superiority at pole vaulting do you if it is accomplished by a susceptibility to pneumonia?

The arch-feminists have always had a hard time trying to explain away athletic records in their efforts to prove that woman is in every way man's equal. You simply can not get away from the fact that the women champions at golf and tennis have never beaten the ranking men. You can not escape the incontrovertible evidence at the stopwatch that men do run faster than we ever shall. But this form of strength is balanced by weakness of another order.

There are more widows than widowers. Mortality among boy infants is higher than among girls. The myth of woman's physical frailty is therefore neatly knocked into a cocked hat. We have different sorts of strength, we men and women, but neither can claim all the honors.

Some Remain Silent

Nice men nowadays do not talk much about their alleged superiority of muscle or of mind, but it is fairly evident, from their doings, that they do not greatly fear any competition from us in either sports or business.

Their manifest disappointment when the babies come to bless their homes turn out to be girls is one give-away. Their willingness to give a woman all the breaks in the little niceties of social life is another—and very nice it is to them, too. "Just" is an adjective which, in its belittling sense, seems to the average man to naturally precede "a woman."

And in intellectual achievement, too, they can point to their records to clinch matters. They can, with entire justice, say that of the ten best painters and the ten best writers of the past not one was a woman. They can point out that science is largely the product of the educated mind and that our cities have been planned and built by men. And so they are, naturally, a little reluctant to grant our claim to equality—in their own minds, of course, if they are polite.

Overlook Outstanding Fact

The fact that women never were given a chance to achieve excellence in the arts until very recently men are inclined to overlook, except when the matter is pointed out to them. The fact that women are just beginning to grope toward some distinctive method of self-expression they largely disregard. For that, after all, is the way they have been taught to think from earliest childhood, and we can hardly blame them for doing so.

But it is just as well for us, as women, to face the fact that the men who draft our laws and the men who employ us are motivated, in all their dealings with us, with an inescapable sense of the superiority of the male.

And it will take some doing to rob them of it, too!

MISS RUSSELL IS PARTY HOSTESS

Miss Isabelle Russell, 5936 Forest lane, was hostess last night for a St. Patrick dinner bridge party given by members of Beta Sigma Phi sorority.

A shamrock served as a centerpiece for the dinner table, which was lighted with green tapers. Guests included Mrs. Rebeca Cole, Norma Mack, Alice Lee, Catherine Matin, Esther Carmine, Viner Chandler, Norma Jay, Betty Coffing, Jerry Gardner, Helen Marley, Marie Nielson, Dorothy Oakes, Elfrida Speckman, Dorothy and Virginia Stone and Mrs. Maurice Hegarty.

Chapters Will Meet
Alpina and Eidelweiss chapters, International Travel-Study Club, Inc., will meet at 6 tonight for a St. Patrick's day program. Mrs. S. R. Artman will talk on "The Golden Age of Alabama." Musical program will be presented by Mrs. Mildred Corman, Miss Elizabeth Duncan and Miss Dorothy Hoffman.

Benefit Party Set

Misses Frances Courtney and Marie Lauck, Indianapolis students at St. Mary-of-the-Woods in Terre Haute, are members of a committee for a card party to be given April 25 in LaFer Hall for the benefit of a scholarship fund.

Son Born to Steinbergs
Word has been received from New York of the birth of a son to Mrs. Milton Steinberg, wife of Rabbi Steinberg, now at the Park Avenue temple. Rabbi Steinberg formerly was rabbi at the Beth-El temple there.

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Enclosed find 15 cents for which send me Pattern No. 123.

Size
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Street
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I'm planning a little gardening this spring, why not blossom forth in a smock as charming and easy to make as this? The materials linen or cotton are most suitable. The designs may be had in sizes 14, 16, 18 and 20, with corresponding bust measures of 32, 34, 36 and 38, and also in 40 and 42. Size 18 requires four yards of 35-inch material, with three-eighths yard cut crosswise for the collar, belt and sleeve bands in contrast.

To obtain a pattern and simple sewing chart of this model, tear out the coupon and mail it to Julia Boyd, The Indianapolis Times, 214 West Maryland street, Indianapolis, together with 15 cents in coin.

A Woman's Viewpoint

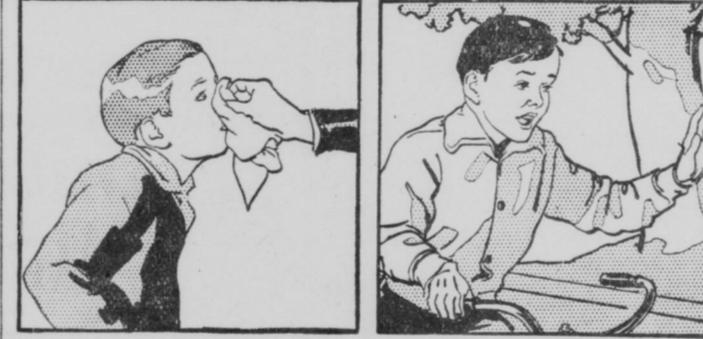
BY MRS. WALTER FERGUSON

A woman is always excited me is the sight of a woman doing a man's work, and yet remains feminine. Feature writers forever are calling our attention to the wonder of it. Tremendous emphasis is placed upon the fact that careers do not prevent their owners from a fondness for making cakes or dusting behind the piano. Just as if, by putting a cat into a cage, you could turn him into a canary!

A woman who spends her time in an office with men doing the same work they do would, it seems to me, be rather more feminine than in other surroundings. That is she would cling more tenaciously to those traits which set her apart from her companions. She would be almost sure to feel conscious of her differences and therefore to accentuate those differences in her thinking and in her approach to her job.

And so another bogey is laid. They die hard, but one by one they go. It was universally prophesied, you remember, that the minute women began working and competing with men they would become amorphous beings, quite devoid of softness and allure and wholly lacking in the gentler arts. Yet what do we find today? Offices, shops, stores, factories in which feminine influence is diffused and felt. Girls reign there, girls who keep their hair marcelled, their nails highly polished, their lips rouged and who dress in all the frills compatible with the performance of their jobs. Besides that a woman is really

Whose Fault?



Children who are Always Catching Cold

A boy or girl may be warmly clad, dry shod, and ever so careful, yet can one cold after another. Do you know what's to blame? *Low vitality*. A sluggish system makes any child an easy victim for colds. The youngster whose bowels haven't moved for two days will contract a cold quicker than the one who has forgotten his rubbers. A powerful cathartic that opens the child's very pores is just as bad. The proper treatment is described on the right:

Mrs. Artman to Speak

Mrs. Harry Downing, 2622 North Gale street, will be hostess Thursday night for a meeting of Valencia chapter, International Travel-Study Club, Inc. Assisting her will be Mrs. Marie Hennegar and Mrs. Ethel Pratt. Mrs. S. R. Artman will lecture.

Daily Recipe

MARINATED STEAK WITH STUFFED MUSHROOMS

Round steak cut 1 1/2 to 2 inches thick

1/2 pound large mushrooms

1 teaspoon prepared mustard

4 teaspoons chili sauce

4 tablespoons lemon juice

3 teaspoons melted butter

1 teaspoon Worcestershire sauce

1 tablespoon grated onion

1/4 teaspoon paprika

Salt and pepper

Brush steak with mustard. Make a sauce of the last seven ingredients and marinate the steak in it for two hours. Break the stems from the mushrooms and stuff the caps with a well-seasoned bread dressing. Chop the stems.

Remove steak from sauce, brown it on both sides in a hot frying-pan. Also brown the mushrooms. Mix the sauce with one cup hot water, pour it over the steak, and add the mushroom stems. Cover and cook slowly about forty-five minutes or until steak is tender. Serve off a hot platter, grouping the mushrooms around the steak.

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