

Cooking in 1815 Was on Large Scale

Twenty Pounds of Flour Put in Cake, Book of Recipes Shows.

BY BEATRICE BURGAN
Times Woman's Page Editor

CURVES may have been the fashion 118 years ago, but cook books of that day would lead us to believe that there were a few who guarded their figures as jealously as 1933 moderns.

But as we read the recipe for the diet bread of 1815, we are somewhat doubtful of the soundness of the reducing theory propounded. This bread called for one pound sugar and nine eggs; beat for an hour. Add to fourteen ounces flour a spoonful rose water, one of cinnamon or coriander; bake quick."

I had the pleasure of reading the tiny 1815 edition cook book at one of the city's most fascinating homes. The owner is a charming hostess, who loves her antiques because of the family sentiment connected with them. She never has bought an antique; her home, with its old, inherited furnishings, is linked with much of America's early history.

This particular book is "calculated for the improvement of the rising generation of females in America." I detected a spirit of revolt. The authoress writes in the preface: "The world, and the fashion thereof, is so variable that old people can not accommodate themselves to the various changes and fashions which daily occur; they will adhere to the fashion of their day, and will not surrender their attachments to the good old way—while the young and the gay bend and conform readily to the taste of the times and fashions of the hour."

New Year's Was Big Day

New Year's apparently was the occasion for gathering together all the family and neighbors for celebration. For the "New Year's cake," fourteen pounds of flour, one quart of yeast, five pounds of sugar and four pounds of butter were just a few of the ingredients.

On election day, the cook must have been up to the elbows in dough. For her "election" cake she used thirty quarts of flour, ten pounds butter, fourteen pounds sugar twelve pounds of raisins, three dozen eggs, one pint wine, one quart brandy and so on and on.

Independence day obviously was celebrated in a great big way. The "independence" cake called for twenty pounds flour, fifteen pounds sugar, ten pounds butter, four dozen eggs, one quart wine, one quart brandy, five pounds each of numerous spices and one quart yeast.

Large Quantities Common

For just every day meal a "plain cake" sufficed with its nine pounds of flour, three pounds of sugar, three pounds of butter, three pints of milk, three eggs, one gill of rose water and one gill of wine.

Single recipes called for as many as six chickens and fourteen and fifteen pounds of meat. Herbs and quarts of wine gave flavor.

Conclusive proof that the base-meats, or their counterparts, served much the same dishes as today is given on the last page, which includes directions for making beer.

Club Meetings

FRIDAY

Guests will attend the meeting of the Friday Afternoon Reading Club at the Banner-Whitewell store. Musical program will be presented. Mrs. Inez Semper, in costume, will talk on Mexico.

Mrs. H. C. Stringer will review "The Daughter of the Snow" at the meeting of the Woman's Advance Club with Mrs. J. W. Bond entertaining at her home, 3710 Central avenue.

Chlo Club will meet with Mrs. Asher B. Evans, 1924 North New Jersey street.

Hawaiian chapter, I. T. S. Club, will meet at 10 at the Silver Cup tearoom with Mrs. Grace Frazier, Mrs. Jesse Behymer and Mrs. Cora Patterson, hostess. Mrs. S. R. Artman will talk on Italy.

Onion Study Club will meet with Mrs. Edward Metzger, 3037 Guilford avenue. Mrs. Dale DaVal will present "Heavenly Dishes." Mrs. Phil Lanson will discuss current events and Mrs. Elva Feller, Mrs. Cecil Bevis and Mrs. M. H. Williams will present the musical program.

SATURDAY

Butler Alumnae Literary Club will meet with Miss Maude Russell, 60 North Ritter avenue, hostess. Miss Irma Brayton, Mrs. Paul Iske and Mrs. Samuel M. Myers.

Altenheim to Meet

Following a business meeting of the Altenheim auxiliary at 2:30 tomorrow residents of the home will be entertained by a dancing program by Jac Broderick's pupils.

Mrs. Chambers of the **T**IMES COOKING SCHOOL RECOMMENDS

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coat of ermine, with sable yoke and collar. For the "conservative," a classic mink. For the smart, snappy woman, a real swagger in Hudson seal. For the school girl, business woman or suburbanite, a fox collar.

At the reception immediately following, a tiered wedding cake, circled with yellow and white parchment, centered the serving table. Ivory tapers in green holders lighted the room.

The couple left on a wedding trip.

Mrs. Casey traveling in an el gray ensemble with matching accessories. Mr. and Mrs. Casey will be at home at the Washington apartments.

The bride is a graduate of Western college and a member of Sigma Alpha Iota, national professional musical sorority. Mr. Casey attended Butler university.

Club Plans Dinner

Women's Athletic Club will have a Thanksgiving dinner for members at 6:30 Tuesday at the Green Hat cafe. Miss Marlan Bruck is chairman, assisted by Mesdames C. Dolly Gray, Charles C. Deitch, and Roger Schaub and Misses Marie Howard, Margaret Rudbeck and Naomi Fike.

Miss Sybil Stafford and William H. Stafford Jr., 3522 Central avenue, have gone to New York and Boston, and will attend the Harvard-Yale football game.

Mr. and Mrs. Robert K. McConnell and children, Northampton, Mass., will arrive Sunday to spend a week with Mrs. McConnell's parents, Mr. and Mrs. Fred C. Gardner, 4131 North Meridian street.

ASSAILS CURRICULUM IN WOMEN'S COLLEGE

Boston Professor Brands Some "Ologies" as "Trivial"

By United Press

BOSTON, Nov. 23.—Most of the instruction offered at women's colleges is "trivial" and leisure time is more important than learning a lot of "ologies," is the opinion of Professor Edwin M. Chamberlain, head of the psychology department of Boston university.

"It is difficult to see how a mother—and after all motherhood must be the primary interest of women—its better fitted for her important function in life by a knowledge of the history of the Jurassic period," Professor Chamberlain said.

Sorority to Meet

Theta Tau Psi, dramatic sorority, will meet tomorrow afternoon at the home of Mrs. Floyd Jones, 1033 Willow drive. Miss Jacque Lacker will be in charge of the program.

Called "Little Miss Dynamite" for years because of her unrelenting battle in the interest of women, Miss Mary H. Ward is Boston's new commissioner of immigration. She was Democratic national committeewoman from Massachusetts.

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