

# Meat From Cans Fills Many Needs

## Supplementing Leftovers Among Possibilities of Prepared Food.

Miss Ruth Chambers, whose articles start today as a daily feature of this paper, is a home economics lecturer and writer of wide experience. She is a member of the staff of the national livestock and meat board, has done considerable work in experimental cooking and is a dietitian of note. She will appear later in the city under the auspices of The Times.

**BY RUTH CHAMBERS**

The housewife who prides herself upon her cooking and who likes to have her meals marked by that distinct home-cooked flavor is apt to overlook the convenience and the variety presented by the excellent quality of prepared meats now offered in glass or tins.

She may consider that their use smacks too much of "cooking with a can-opener," not realizing that these foods need not be served just as they come from the can, but that they may be used in a variety of ways, sometimes to supplement leftovers of home-cooked meats or vegetables, in preparing a hurry-up meal or as a reserve in case guests arrive unexpectedly or prolong their stay till meal time.

These ready-cooked meats are frequently a real economy, not only of time but of fuel.

**Creamed Ham Dish**

Here is a way in which a can of deviled ham may form the basis of a delicious hot dish of creamed ham and cauliflower. Cook a head of cauliflower whole. If you prefer, use new cabbage, cutting the head in quarters and cooking it in boiling salted water until tender. In the meantime, melt 3 tablespoons of butter, smooth into it 3 tablespoons of flour. Add gradually 1 1/2 cups milk, season with a bit of pepper, a dash of paprika and 1 teaspoon minced parsley. When the cream sauce is smooth, add a can of deviled ham and stir until smooth and very hot. Pour over the cauliflower or cabbage and serve at once. This sauce may be served over vegetables, such as asparagus, or it may be served with creamed eggs.

Here is a cold dish made with prepared or left-over ham. To 1 cup chopped cooked ham add 2 cups cottage cheese which has been beaten until smooth. Shape into croquettes and roll in finely chopped nut meats. Serve on a salad plate with lettuce or curly endive.

**Frankfurters and Eggs**

Frankfurters are one kind of prepared meats which every one seems to like. They may be combined with scrambled eggs for a tempting breakfast dish.

Heat the frankfurters thoroughly in boiling water and then skin. Keep them not while you scramble the required number of eggs and place in a mound on a hot platter. Lay the frankfurters around the base of the mound. Sprinkle the eggs liberally with paprika to give color. Garnish the platter with sprigs of parsley or a bit of watercress.

**Serving Important**

Sometimes the way of serving cold meat makes a great deal of difference in its appeal. The cold meat platter may be as appetizing in appearance as it is easy to prepare. Here are some suggestions for tasty combinations of food.

In using corned beef—the canned variety is very good for this purpose—arrange the slices between rows of sliced beets which have been dipped in finely minced parsley. At each end of the platter put a cupped lettuce leaf, filled with Tartar sauce. A colorful plate consists of tongue slices placed in rows on the platter, alternating with rows of sliced tomatoes and sliced green peppers filled with cream cheese and sprinkled with paprika.

Stuffed celery makes an attractive addition. Roquefort cheese is one of the most popular fillings, but cream cheese mixed with chopped nuts or crushed pineapple is very appetizing.

## CHILDREN TO MODEL GUILD GARMENTS

At the Needlework Guild tea Wednesday, various garments contributed for the roundup will be modeled by children of Alpha Omicron Alpha sorority members, sponsors of the tea. Roberta Bland, 10, harpist, will play while the following children model: Patricia Ann Sentney, 12, Young, Sue Woodward, Alice Hanna, Jane and Jack Baker, Marjorie and Bob Hendrickson, Charles Ballman Jr., Don and Mary Ann Bush, Mary Catherine Koehne, Robert Crane and Jacqueline Frank.

The tea, to be held in the Meridian Heights Presbyterian church, will be from 3 to 6. Mrs. Charles E. Smith and Mrs. Clifford Earle will pour. The tea table will be decorated in black and gold, sorority colors. Mrs. Herbert Baker is chairman of the tea, and Mrs. John Sentney of the style show.

## MRS. ERMSTON IS NAMED BY BOARD

Mrs. James D. Ermston was elected first vice-president of the Woman's Department Club by directors yesterday at the club house. Mrs. Ermston will fill the unexpired term of Mrs. Madison Swadener, who died recently.

Mrs. Julius Hollander presented a self portrait of Miss Emma B. King to the club as a memorial to her aunt.

## KILLS A COLD "DEAD"!

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## MITES REVEALED



Miss Kathryn Peckinpaugh

Mr. and Mrs. C. M. Peckinpaugh announce the marriage of their daughter, Miss Kathryn Peckinpaugh, to Richard S. Newman, South Bend, son of Mr. and Mrs. Frank V. Newman, Madison, Wis. The ceremony took place June 3.

## Bride-Elect to Be Honored at Bridge Affair

Misses Eleanor Marshall and Clementine Casmere will entertain tonight at the home of the former, 2319 Gale, with a bridge party honoring Miss Wilma Leonard.

Miss Leonard, daughter of Mr. and Mrs. William Leonard, 4516 East Washington street, will become the bride of Everett B. Smith of Chicago in a ceremony Sunday.

Appointments will be carried out in gold, brown and mandarin. The hostesses will be assisted by their mothers, Mrs. J. J. Marshall and Mrs. Lyle J. Casmere.

Guests with Miss Leonard will include Misses Julia Shugart, Helen Johnston, Gwendolyn Coleman, Frances Jane Leonard, Ruth Voorhis, Josephine McElhaney, Mary Kettler, Vera Sudbrook, Mrs. Leonard and Mrs. Leslie Muesing.

## Mrs. Cowan Hostess

Wilson college alumnae will meet for luncheon Thursday with Mrs. William A. Cowen, 4532 Carrollton avenue.

## Mrs. Downey Is Head of White Cross Service

Committee chairmen and members in charge of the dedication of the White Cross Center headquarters at the Methodist Hospital Nurses' home Thursday are headed by Mrs. Brandt C. Downey, general chairman.

The program will include a luncheon at 12:30, speeches and reception at 4.

Mrs. Isaac Born is chairman of decorations and will be assisted by members of the Temple Sisterhood, Flower White Cross guild. Mrs. Will C. Hitz is music chairman and Mrs. Dwight S. Ritter, registration chairman.

Other committees are: hospitality, Mesdames Chauncey Meier, Ross Mitchell, C. S. Stewart, Charles E. Asbury, Ella Thomas, Charles T. Coy, J. K. Joyce, D. F. Wallace, Allan Ball, Arthur V. Brown, George Vestal, H. W. Krause, David Ross, Fred Hoke, W. E. Timney, S. M. Myers, Edgar Kiser, Frederick G. Balz, Dr. Adah Schweitzer, Miss Alta Roberts, Miss June Gray, Mrs. Born and Mrs. Hitz.

Tea hostesses include Mrs. Ross Mitchell, chairman; Mrs. Williamson, Mrs. Ball, Mrs. Wallace, Mrs. Coy and members of the Children's Cheer Guild, Mrs. John G. Benson, Mrs. Stewart and Mrs. Mitchell are in charge of furnishing the headquarters.

## GUILD FOUNDER



Mrs. Edgar Blake

Portrait of Mrs. Edgar Blake will be unveiled at services to be held Thursday at the Methodist hospital in connection with the dedication of the White Cross Center headquarters. Mrs. Blake was founder of the White Cross in Indiana.

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(GOLDSTEIN'S Second Floor)

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