

Simple Old Dishes Are Standbys

Bean Soup, Codfish in Chowder, Cabbage, All Stir Appetite.

BY SISTER MARY
NEA Service Writer

Simple, wholesome meals always are desirable and make for health, but especially after the holiday season carefully planned menus are of the utmost importance.

For centuries rich foods and feasts have been traditional with the holidays but too much sweet and rich food soon palls and plain, everyday fare must be forthcoming. You will find that the sumptuous festive dishes will be doubly appreciated if you later serve New England boiled dinner and sauerkraut suppers. Hearty soups, stews, plain salads and desserts also provide the necessary contrast.

Good and Nourishing

Navy bean soup, baked marrow-fat beans and dried beans of all varieties in various dishes and combinations offer much nourishment for winter meals.

Salt codfish is another possibility. In a chowder, made into balls and baked in the oven, or in a cream sauce, garnished with hard cooked egg, its salty tang furnishes an appetizing contrast with the flavor of other foods.

In place of regulation salads, shredded cabbage with a French or sour cream dressing, crisp celery, raw carrot straws and new onions and radishes as the market offers them, make a welcome change.

Homey Desserts Tasteful

Indian pudding, poor man's rice pudding and bread pudding are homey desserts that are very satisfactory. Apples prove acceptable in almost any fashion. Apple sauce with ginger bread, baked apples, apple snow, apple pie with cheese or one of the many apple puddings make an agreeable choice.

Meals of this sort are economical and very easy to prepare. They take but little of the cook's time and effort and give her extra hours for other interests and enjoyment.

Following are a few suggested menus:

New England boiled dinner, crisp celery, home-made pickles, apple pie with cheese, milk, coffee.

Roast spare-ribs, mashed potatoes, sauerkraut, carrot straws and radishes, apple snow with custard sauce, milk, coffee. Serve cornbread instead of wheat bread.

Salt codfish chowder, cole slaw, Indian pudding, milk, coffee.

Boston baked beans, steamed tomatoes and green peppers, graham bread, new onions and radishes, baked apple dumplings with cream, milk, coffee. If new onions are not available, use sliced Bermuda onions.

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Fiery Conductor Hailed With Praise and Cheers

Eugene Ormandy's Direction Has Advanced Minneapolis Symphony Orchestra Into a Commanding Position.

BY WALTER D. HICKMAN

A HALF-PINT conductor in size but a mountain of power and direction that causes a great symphony to respond to every mood has become a musical idol in Indianapolis.

An speaking of Eugene Ormandy and the Minneapolis Symphony orchestra's concert at Caleb Mills hall last night as a Civic Music Association offering.

There is no doubt that this fiery little man who appears to hold the orchestra in the hollow of his hand so to speak, has magically advanced this orchestra to a commanding position among symphonies in this country.

The thing that I marvel about is the common sense method this man has used in building a program. The first half was Brahms but the second part was Rimsky-Korsakov and Berlioz, followed by two encores which shattered all traditions if I remember correctly.

The fact is the audience became so insistent, and it was most sincere applause, that Ormandy after the two programmed numbers in the second part played two other numbers.

And he followed up his common sense idea by playing melodious numbers. That certainly was what "Capriccio Espagnol, Op. 34," by Rimsky-Korsakov and Berlioz's "The Damnation of Faust," three pieces, certainly are.

I am beginning to firmly believe that melody is the real basis of all concerts. And that I call common sense in building a program.

In "Capriccio Espagnol," the fine musical skill of individual members of the orchestra was revealed in a succession of solos by first violin (Harold Ayres), flute, clarinet, oboe and harp.

This individual work resulted in Ormandy bringing these players to their feet to share the tremendous ovation with him. Then the entire orchestra rose to greet the mounting wave of enthusiasm on part of the audience.

But the thing that is haunting me and is going to linger in my memory is the way Ormandy received such light and charming response from the strings in "Dance of the Sylphs," the second in "The Damnation of Faust."

This man has fire and power when needed but he knows when to use such methods. The shading was splendid from all sections, especially first violins and the basses.

The second Brahms' number, "Symphony No. 2, in D major, Op. 73," reflected Ormandy's tremendous power to get the right effects.

This is the type of a symphony concert that hits me hard and sends me home feeling like a million. And there must have been hundreds who felt the same way I did.

Last night was the most tremendously successful evening the Civic Music Association has ever given us.

LOOKING OVER LEHR'S NEW STAGE SHOW

Raynor Lehr is cast as a supposed comedy souse in his fourth stock stage show at the Lyric this week

and Lehr smears it on pretty thick. The lines are none too brilliant or clever. And that applies to the situations.

The theme is as ancient as the twin beds used in the scenes on an ocean liner. A cleverer use than formerly of the chorus is noticed this week. There always seems a reason to bring the chorus on and it is needed this week. Lehr's burlesque on different types of dancing with the chorus in a stateroom number but he overdoes the souse stuff and it gets tiresome, at least to me. Lehr hits his stride at the end of the show when he sings a sentimental number. His finale is funny and clever. He announces that the Tiller Girls are waiting to dance but he will bring his own dancing chorus on first. This he does and the girls do nicely. Then the men of his company come out as "beautiful chorus girls" and this is good for many laughs. Not too much, just enough, and the stunt clicks with Lehr sitting near the footlights and wise cracking about the "girls."

As usual it is the quartet that stands out and they have a good routine this week, especially their last nifty. The two brothers, one singing and the other at the piano, repeat their good impression of last week.

The opening scene on deck of the ship gives the show a good start, but there is too much souse work on the part of Lehr in the farce proper.

The vaudeville acts which opens the bill includes the Five Wonder Girls; Jerome, always a good xylophonist, and Frank Melino and company.

The movie, "No Other Woman," features Irene Dunne and Charles Bickford.

Now at the Lyric.

Other theaters today offer: "The Mummy" at the Apollo, "The Kid from Spain" at the Palace, "Hard to Handle" at the Indiana, "Bitter Tea of General Yen" at the Circle, and burlesque at the Rialto and Colonial.

A BOOK A DAY

BY BRUCE CATTON

JEALOUSY is an evil which can destroy all the happiness of love. But it isn't a deeply instinctive trait which all lovers are bound to feel; on the contrary, people of good sense can eradicate it completely if they will only try.

These fruits of knowledge are plucked from "Jealousy," a novel by Norah C. James.

This story tells how Catherine, gently-born and sensitive, marries Michael, who owns a prospering printing shop in London.

Catherine is a widow; her first husband, Bill, was wildly and insanely jealous of her, and finally shot himself to death after brooding over this and that a bit too much.

So when Catherine discovers that Michael, too, has a strong jealous streak, she decides she had better stay single. She loves Michael, but she insists on preserving her own individuality.

She won't have even a husband inquiring into her comings and goings, her friendships and her private interests. So Michael gets the air.

And then Michael gets on to himself. He goes off to Sweden to meditate, and concludes that jealousy is all wrong. If you love someone enough, he tells himself, anything that makes that person happy makes you happy.

Jealousy is only a combination of vanity and selfishness. So, at last, purged of jealousy, Michael comes back. Catherine forgives him, they chase off to Gretna Green to get married—and there we are.

"Jealousy" is published by Covici-Friede and retails at \$2.50.

DIPHTHERIA RATE LOW

Marion County Outstanding With Six Deaths in Last Year.

Marion county, with six deaths from diphtheria during 1932, was listed as "outstanding" in Indiana by the Journal of the Indiana State Medical Association, issued Monday.

During 1932, according to the Journal, 172 persons in Indiana died from diphtheria, a record about equal to 1927 and 1928, but higher than 1930 and 1931.

The magazine predicts a high death rate for 1933.

"Marion county's low diphtheria death rate is due to the work of school nurses," said Dr. Herman G. Morgan, secretary of the board of health.

LIONS TO HEAR MAJOR

Officer to Tell of Bonus Army Scenes in Washington.

Experiences while in Washington during the stay of the bonus army will be related by Major J. H. Davidson, chief of staff of the Indiana military area, Wednesday at the weekly meeting of the Lions' Club in the Washington.

Officers from Ft. Harrison will be guests of the club and will take part in the annual bowling tournament Wednesday afternoon at the Antlers.

CITY WOMAN TO GET SHARE IN OVER \$1,000,000

Estate of Boston Man to Go to Widow, Five Other Relatives.

Large portion of an estate said to be valued at more than \$1,000,000, left by her slain brother, will be received by Mrs. Anna Tamler, 830 Union street, according to dispatches received here from Boston, Mass.

The estate is that of Charles (King) Solomon, Boston racketeer, who was slain last Tuesday night by four men when he was cornered in a washroom of his exclusive Boston night club.

Although dispatches placed value of the estate at from one to two million, relatives of Mrs. Tamler here said they had received information it may total \$10,000,000. Most of this is real estate, they said they were informed.

The victim's widow, Mrs. Bertha (Billie) Solomon, was named administratrix Monday in a Norfolk (Mass.) probate court.

In addition to the widow and Mrs. Tamler, three brothers and another sister, living in other parts of the world, will receive portions of the property.

Solomon, who is said to have gained the title "king" because of his power in rackets, visited his sister here on several occasions, although he never was a resident of this city. His last visit here was two years ago, Mrs. Tamler said.

Solomon was a Lithuanian by birth, coming to this country thirty-four years ago. For some time he was engaged in the fish business, but later operated theaters in the east. He kept his financial affairs secret, relatives said.

Mrs. Tamler, who is mother of a 5-year-old son, is the wife of Nathan Tamler, manager of the Savoy theater, 1223 Oliver avenue. His brothers also operate theaters here, including the Tacoma, Tuxedo and the Garfield.

FIGHT ROBBERY CHARGE

Four Youths Plead Not Guilty to Indictment in Criminal Court.

Four youths, alleged by police to have committed twenty or more robberies in the last few months, pleaded not guilty to several indictments at arraignment in criminal court Monday.

They are: Richard Dickerson, Edward Sanders, Edward Laughlin and Alfred Linne, all charged with robbery.

An indictment charging infliction of physical injury by shooting in an attempt to rob Isaac Covington, 354 West Twenty-sixth street, also is pending against the four.

Today's Almanac:
January 31st
1801-John Marshall appointed Chief Justice of Supreme Court and becomes famous for his work at the bar.
1846-Milwaukee incorporated as a city and becomes famous for its work at the bar.

Cuts Costs of COLDS

VICKS
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...to Prevent many colds

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Put your family on Vicks Plan for better Control-of-Colds. In extensive clinical tests, this unique Plan has reduced the number, duration, and costs of colds by half!

CUTS YOUR "COLDS-TAX"

STATE TO ENTER SUIT

\$30,000 Case Is Filed Against Highway Department for Injury.

Philip Lutz Jr., attorney-general, today announced that the state, through his office, will enter a \$30,000 suit brought against members of the state highway department, as individuals, at Rockport.

The suit grows out of the loss of an eye by Charles Thompson Jr. on a Crawford county farm, where the highway department had leased a quarry. The land had been released and turned back for farming, and Thompson, a young boy, playing in the abandoned quarry, exploded a dynamite cap left there.

Do you want a \$56 cedar chest? If you have a radio to trade, see The Times Swap ads, or call Swap Bureau, Riley 5551.

HEALTHY STOMACHS— and Vigor, Vitality, Personality

Ambition, popularity, success—all the things that make life worth while come to those who are fortunate enough to be in good physical condition. Such people are sought after in business and social circles. They go forward up the ladder without much effort.

Many others who are really superior in many ways lag far behind. Why? The reason is often not hard to find. Thousands of capable men and women are woefully retarded because they are in unfit condition due to stomach disorders. Ulcers, Acidosis, Gastritis and the accompanying headache, fatigue, dizziness, sleeplessness and upset nerves are drawbacks to brilliant and efficient people who have the desire to be leaders but are held back by system disorders that sap strength and activity. With the stomach functioning properly, many of those who are disappointed would forge ahead quickly. Tell some friend in this predicament of the new Etlin Stomach formula, which is designed to appeal to people of intelligence and foresight. It is a scientifically perfected tablet, tested and approved by leading technical experts and made from the highest standard ingredients.

It is ethically compounded—not to be confused with any of the commercial preparations offered for stomach troubles today. Real economy is not found in the low price of a stomach preparation but in its high effectiveness. It is safe. Free from Narcotics or harmful drugs. Non-habit forming.

We make only restricted and common sense claims for it. We use no testimonials. We stand by what our tablet does for you. Our money back guarantee proves our faith in it. Sold only by mail from us to you insuring freshness and against substitution. One size, one price everywhere in America \$5.00 (100 tablets). Postage paid. Avail yourself of the opportunity of securing the benefits of this remarkable preparation. Send check or money order; currency by registered mail. By filling out the coupon below and mailing today you can secure free the new treatise "The Stomach—Serious Disorders and Functional Symptoms," a valuable analysis and guide to correction of stomach ailments.

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I also noticed that the cigarettes were well-filled, seemed to be the right length and the right circumference, and burned uniformly—not up one side and down the other.

I liked the aroma—very pleasing. I liked the appearance of the cigarette—the paper, dead white. The package rather appealed to me.

I don't know exactly what it is, but I just like 'em. It's about the only luxury that I enjoy; so I think it's all right for me to have a good cigarette, and I believe Chesterfield is just about the best.

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