

WARNS GOLFERS TO BE CAREFUL ON HOT DAYS

Exercise and Eat Lightly in
Summer Months, Says
Dr. Morgan.

At last a "remedy" has been found for the common summer ailment of "golf-widowhood."

Wives and sweethearts who regularly are deprived of the companionship of their men folk on the plea of "needing exercise" have the word of Dr. Herman G. Morgan, secretary of the city board of health commissioners, that playing golf in a temperature hovering around 100 is far less beneficial than sitting on the front porch or in the shade of the old apple tree.

Golf still holds its high place in Dr. Morgan's esteem as an ideal exercise, but "cow-pasture pool," like any other activity, must be taken in moderation to reap the greatest benefit, he says.

"Summer should be the healthiest time of the year, and the period in which we lay up reserve strength for the hard work and cold weather of winter," states Dr. Morgan. "If we fatigue ourselves unduly by unusual exercise, especially in intense heat throughout the summer, winter, with all its ailments, finds us below par in reserve strength."

"Little at a Time"

"Speaking of intense heat brings up the question of exposure to the sun. If it is your desire to acquire a deep mahogany tan, do it a little at a time. Not only is sun burn extremely painful, but a severe case gives a shock to the nervous system, prevents acquiring adequate rest at night and, in fact, makes sick people for us for several days.

"On your first several ventures into the swimming pool at the start of the season, limit your exposure to not more than half an hour, and less if the sun is extremely hot. Increase the exposure period the next day, and so on until the skin has become toughened to the sun rays.

"If your skin is very tender, an application of cold cream or olive oil before entering the water will protect the skin.

"It's just a question of moderation. Children should be permitted to play in clothing which will allow the sun rays to reach as much of the body as possible. After the first week they can be exposed to the sun with little danger of suffering from burn."

Don't Drink Cold Water

On the matter of summer diet, Dr. Morgan limits his instructions to the appetite and inclination of each individual.

"The amount of food and the kind eaten in hot weather should be governed by your desires. If you are hungry, eat moderately of foods that agree with you. If you don't feel hungry, then don't overload your stomach," he said.

"Many adults blame their diet for summer stomach complaints, when 90 per cent of all cases are due to the stomach becoming chilled, either by a cold drink or exposure. If you are very warm and perspiring, don't load your stomach with ice cold water or soft drink. And don't go to bed without some covering, no matter how light, across the abdomen.

"This sensitive portion of the anatomy is very susceptible to chill, and the pain, nausea and upset feeling next morning, which many times is blamed on the diet, is, in reality, due to sudden cooling."

Stress Chills Peril

Prevention of chill is doubly important in the case of small children, asserts Dr. Morgan. Infants and small children do not have the resistance of old persons, and consequently are apt to suffer more in summer.

"In the diet of the infant and small child, raw fruits and uncooked vegetables would be included very sparingly," advises Dr. Morgan. "Proper milk refrigeration is essential for bottle fed infants."

"All of the care taken by the board of health and other sanitary agencies to preserve the purity of baby's milk is nullified if the bottle is permitted to set on the steps in the sun for several hours. Even the comparatively slight heat of early morning often is enough to sour the milk."

SISTERS TURN FOES
IN CITY COURT FIGHT

Former Husband of One Convicted on Assault Charge.

Two sisters aired their troubles in municipal court Thursday and, as a result, the former husband of one of them was sentenced to thirty days in jail and fined \$25 and costs.

Philip Broeckel, 47, of 324 McPherson avenue, faced the court on an assault and battery charge filed by his former wife, Mrs. Bertha Broeckel, 2325 Bellefontaine street.

Mrs. Broeckel told the story that her ex-husband had beaten her in his auto body building shop, and showed Judge William Sheaffer head and arms wounds to prove it. Broeckel was supported in his story by his wife's sister, Mrs. Martha Baits of the McPherson avenue address.

"But she is the one who caused all the trouble," Mrs. Broeckel testified.

"I own part of that company and worked day and night to help my husband build up the business. If it weren't for my sister there would not be any trouble," Mrs. Broeckel testified.

Broeckel appealed the case to criminal court.

Demand Cash for Tuition

By United Press

CHICAGO, June 24.—Chicago public school teachers who had planned to study at the University of Wisconsin during the summer vacation, will be unable to do so unless they pay cash. The university announced it could not accept scrip which many instructors received from the city in lieu of cash.

Carries Hopes of City



Billy Dyer, Indianapolis marble champion, who leaves today for Ocean City, N. J., to play for the national title.

TWO FIGHTING MEN!

Shouse, Farley Unlike—Yet Rule

By RAY BLACK
United Press Staff Correspondent

CHICAGO, June 24.—Sporting blood characterizes the two men, otherwise different as they could be, who play big roles in scene that next week will develop into the Democratic national convention.

One is the man arranging the convention—the "man who never forgets"—Jouett Shouse, chairman of the arrangements committee for the party. None would guess that Shouse, who looks like a professor of mathematics, is a lover of horses, that one of his horses ran this week at Washington park track, that he would rather play penny ante poker than politics.

The other is big booming-voiced James A. Farley, six feet and 200 pounds of Irish fighting man, manager of the Governor Roosevelt for President campaign.

Farley, a member of the New York state athletic commission, a former baseball player, a veteran political strategist, gives the impression of being a battler, whether the battle be of wits or blows.

A political fight of championship caliber would ensue should the two clash. Farley missed the Sharkey-Schmeling fight—the first major contest he has missed since becoming a member of the New York commission in 1923.

"This is going to be a bigger fight out here," he said, speaking in a vigorous but mellow tone. "We are going to put Governor Roosevelt through as the nominee."

Shouse was not so ready to talk. "There is nothing interesting about me," he said. "I am just a busy man with many things to do and many things to remember."

Probably no other personage connected with the party has a more diverse and interesting makeup.

Shouse was head over heels in detail today, yet he appeared cool to detachment, and the thought lines above his nose appeared no more than his quick, quizzical smile.

Shouse is a little more than medium size, with hair still dark despite middle age, and firm, aggressive features. He wears plain neat spectacles and medium dark clothes. The sharpest touch in his garb today was a dark green necktie.

"The most remarkable thing about Jouett Shouse is his uncanny memory," said Ewing La Porte, secretary of the arrangements committee, who has been a close friend for many years.

"Incidents that happened ten and twelve years ago, which we both experienced, he can reproduce accurately to the last detail. He can tell what we did on any given day, and reconstruct the happening in chronological order," he said down almost to the second.

CITY MARBLES CHAMPION GOES TO TITLE PLAY

Billy Dyer Leaves Today for
Ocean City and National
Tournament.

"So long, Billy, have a good time and we surely hope you can win."

Those will be the parting words of many friends to Billy Dyer, 13, of 287 West Thirty-third street, Indianapolis marble champion, this afternoon, when he boards the B. & O. train for the east, where he will represent the Hoosier capital in the national marble championship on the beach at Ocean City, N. J., next week.

Still suffering a bit from a sun-burn he took on in an effort to get himself acclimated to the blistering rays he will encounter on the beach sand, Billy smiled and assured his friends that the bottle of olive oil mother was sending along would take care of the remaining soreness and he would be in, there battling when the "mubs" action gets under way the first of the week.

Beats Strong Field

Billy, one of 3,000 boys and girls from all over the city who sought the 1932 Indianapolis Times city marble championship and the trip to the national games, with all expenses paid by The Times, captured the laurels at Willard park last Friday from a field of twenty-one sectional champions.

During the last two months, city recreation department and Times officials held sectional marble championships on playgrounds, city park tennis courts and school grounds, ferreting out the best marble shooters in every section of the city. Billy won the Riverside park sectional.

Today Billy joins with the DeCatur (Ill.) champion and his champion and the first leg of the trip east will end when they reach Cincinnati for an overnight stop. Saturday morning Billy will board a Pullman, east bound, for a big week of fun and excitement.

Champions from all over the country will arrive at Ocean City Sunday night. Roll call will be held at 9 p. m. and an official picture will be taken in Convention hall.

Champions to Parade

Credentials will be issued that will assure each champion all the amenities of a vacation, including bathing, deep sea fishing, a banquet at the Ocean City Yacht Club Wednesday night, amusements and sightseeing trips to points of historical interest.

The trip back home will start at 4 next Friday afternoon with Billy Dyer and other champions from over the country crammed full of a week of fun and sightseeing that only a marble champion could receive.

The Indianapolis Times has sponsored the local championship for several years and sent the champion east with all expenses paid to compete in the national games.

Several of the local champs have made creditable showings and confidence is held that Billy Dyer will well represent the city in the big classic.

So—So long, Billy, have a good time and we surely hope that you can win.

Buffalo Meat on Menu

TOPEKA, Kan., June 24.—Kansas attending the Fourth of July roundup and rodeo will have a chance getting to be so rare it has almost vanished. This buffalo have been brought here for the feast.

Born at Litchfield, Conn., June 24, 1813, a brother of Harriet Beecher Stowe. Starting as pastor of a little church in Indiana, he was finally transferred to Brooklyn where he built up America's largest congregation of that time. A wonderful speaker and capable writer, he quickly won nation-wide fame.

Achievement is always to be had at the price of hard work; yet all that fame has to offer can not equal the blessings that a contented mind brings.

We shall keep the public confidence we have achieved.

Glory Flags

Stars and Stripes Selling
at 'Two Bits' Here With
No Takers.

SHADES of Betsy Ross!

Fo, American flags have crawled off their flag-staffs at homes and are selling at "two bits" in the Salvation Army store, 127 West Georgia street.

Fourth of July is on the city's doorstep, and yet Old Glory, heaped in a pile on a bench in the store, is forced to battle such bargain-counter specialties as "coats, 5 cents," "straw hats, a dime."

A visitor picked a bedraggled emblem out of the pile and asked the clerk, "How much?"

The clerk measured the flag like buying yard-goods in a department store and with "two bends" she replied "25 cents."

The visitor's "too much" interrupted a bent woman's purchase of a pocketbook for "5 cents."

THE man who was trying on shoes to supplant the sock islands in the pair he'd worn to the store stamped approval of his right foot with, "H-mm that's a good fit."

The flags lay ignored.

"Rubber" collars were of more interest to the motley buyers.

Lawn-mowers meant jobs to unemployed persons, they got a testing, but the Stars and Stripes still lay hunched lonesomely among the hodge-podge of articles on sale.

"What could you use them for?" questioned a sun-tanned wanderer who did a "hitch" in the A. E. F. No one replied.

"How much are these pair of pants?" I'll take this shirt. Here's 5 cents for the coat. The hubbub grew louder.

The flags faded forlornly in the background at "two-bits" and no takers.

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LURE OF GOLD LAUNCHES TWIN RUSH IN YUKON

Prospectors Speed to Nuka
Bay When Rich Strike
Is Reported.

By United Press

SEWARD, Alaska, June 24.—Gold fever lured two separate groups of

prospectors over unknown Yukon trails today.

Visions of wealth were revived with a reported strike at Nuka bay, sixty miles southwest of Seward. A fifteen-pound sample of gold quartz, estimated to assay between \$15,000 and \$30,000 a ton, was displayed here by Tom Babcock and Dave Downey, veteran prospectors.

News of the discovery spread rapidly. Prospecting parties formed overnight. A few, sensing a potential bonanza, left for the district immediately after the announcement.

The Eastman-Mitchell exploration party in southeastern Alaska was believed to have started mining along Scully creek.

The race for possession of rich

claims was won by the Detroit (Mich.) group when Stampede John Stenbraten, picturesquely Yukon character, was unable to get transportation at Carcross, north of Juneau.

While miners already were believed digging, the exploration party, led by J. A. Fastman, was making arrangements to transport more men and supplies over the Yukon trail.

Frantic efforts to charter airplanes were being made by other prospectors, but it appeared that practically all of the available planes in this section had been chartered.

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