

Dumplings Make Soup Nutritious

BY SISTER MARY
NEA Service Writer

Old world housekeepers have many recipes and ways of doing things pertaining to cooking that we who strive for efficiency and economy will find copy.

Soup to them does not mean half a cupful of delicately seasoned, carefully strained and clarified broth as it does to us. Soup as they serve it forms the most substantial part of the family meal, and is a hearty, nourishing dish.

The dumplings or "quenelles" the French and English put into their soups have great food value and are very different from our own kind of soup garnishings. They are really forcemeat, mixture poached in hot soup and are made large or small according to the mission of the dish.

Ham Ball Delicious

"Quenelles" made as tiny as a marble could be served in a cup of consommé for dinner, luncheon or "high tea." Ham balls are particularly delicious served in chicken or veal stock.

Liver balls made quite good sized and poached in beef stock would be ideal for the children's luncheon, needing little more than shredded lettuce or cabbage and a simple fruit dessert to complete the meal.

Noodle balls are popular and very easy to make. Little balls of forcemeat are wrapped in a square of noodle dough and simmered fifteen or twenty minutes in boiling stock.

LIVER BALLS

One-half pound veal liver, 2 eggs, 1 cup dried bread crumbs, 1 tablespoon flour, 1/2 teaspoon salt, 1/4 teaspoon nutmeg, 1/4 teaspoon pepper, few gratings lemon rind.

Parboil liver in boiling water. Put through fine knife of food chopper. Add bread crumbs, flour and seasonings. Mix well and add eggs well beaten. If not moist enough to hold together, add a little milk. Drop from tip of spoon into boiling stock. Cover and simmer for twenty minutes. Vigorous boiling when the balls are first put in might break them. Serve in plates with soup.

The stock should be well seasoned and strained through cheese cloth. If cooled and with fat removed the dish is more attractive. When wanted, it must be brought to the boiling point before the quenelles can be added.

CHICKEN QUENELLES

One-half cup white meat of chicken, 1 egg white, 4 tablespoons cream, 1/2 teaspoon salt, 1/4 teaspoon pepper, few gratings of nutmeg.

Pound meat with egg white until smooth. Add cream, salt, pepper and nutmeg. Chill on ice for several hours. Shape between 2 teaspoons and poach in salted water. Keep water simmering but not actively boiling.

Women's Club to Entertain for Candidates

Marion county candidates will be entertained by the Third Ward Women's Democratic Club at 8 Monday night, April 11, at the home of Mrs. John Donnelly, 1854 North Pennsylvania street.

Mrs. Thomas A. Carroll is chairman of the committee on arrangements, assisted by Mesdames Mary Knippenburg, John Cain and Badger Williamson.

Guests will be received by Mrs. John W. Kern, Mrs. John Donnelly and Miss Julia Landers.

At serving time the table will be laid with a gold cloth, centered with a plate of spring flowers. The room will be lighted with ivory tapers in crystal holders. Spring flowers will be used throughout the house.

Assisting in the dining room will be Mesdames Williamson, Knippenburg, Carl Wood, George E. Connelly, Timothy Sexton, Joseph Hoffman, A. A. Krueger, Miss Agnes Coleman and Miss Rosemary Fogarty.

Baked Grapefruit

Baked grapefruit makes a nice, new dish for most families. Use halves of raw grapefruit, core them, fill the place where the core was with sugar and bake slowly for a half hour. Baked oranges are good, too.

Daily Recipe BAKED EGGS AND RICE

- 1 cup uncooked rice
- 1 quart canned tomatoes
- 1-2 teaspoons salt
- 2 onions
- 1-4 cup melted butter or other fat
- 1-4 cup flour
- 7 eggs
- 2 cups bread crumbs

Cook the rice in a large quantity of lightly salted boiling water for about twenty minutes, or until tender; wash in water, drain and let steam and swell over hot water. Prepare a sauce by cooking the tomatoes and seasonings for ten minutes, strain and thicken with the blended fat and flour. Make a layer of the rice in a large shallow greased baking dish, drop the raw eggs carefully on the rice, pour on the sauce and sprinkle over the top the grated cheese mixed with the bread crumbs. Bake in a slow oven (about 375 degrees F.) until the eggs are set. Serve in the baking dish.

STAINLESS

Same formula... same price. In original form, too, if you prefer.

26¢ for COLD VICKS

OVER 17 MILLION JARS USED YEARLY

WHAT'S IN FASHION! Skirt-Blouse Outfits Win Cheers

Directed by AMOS PARRISH

NEW YORK, April 4.—Here's a fashion designed to make you stand up and cheer—the costume of separate skirt and separate blouse. It's going to all kinds of events and filling all kinds of costume needs.

If you have to "think practical"—and who doesn't these days?—you'll find in this costume the advantages of a one-piece dress, a two-piece dress, a jacket dress and a suit.

It's the smartest when the skirt has one of those "hug-the-ribs-tight" tops, built well up above the waistline. Because then it takes on the look of a one-piece dress with contrasting top. (If rather, a one-piece dress with many contrasting tops—as many as you have blouses.)

Made Two-Piece Dress

It can be built up in the manner of the skirt in the illustration (and notice the smart touch of the wrapped sash that matches the blouse) or—even more practical—a skirt that fastens at the normal waistline, but with a wide, detachable belt that builds it up high.

If you want to wear an over-belt, you simply drop off the belt. And then, you see, your skirt and blouse becomes a two-piece dress.

These costumes usually are worn with separate jackets. The jacket may match the skirt (as in a jacket dress) or contrast with it. (Have you noticed how many suits have two skirts—one that matches the jacket and one that contrasts with it?)

It's Versatile Outfit

Lightweight or sheer wools, heavily crinkled silk-and-wool mixtures, flannels—they're fashionable materials for the skirt.

And for blouses, silk or cotton plaids, candy stripes and polka dots in tailored styles make some of the best for general use.

Or to make a dressier costume, sheer crepes, lovely prints and eyelet batistes in soft dressmaker types are fine. While to turn it into a sportier outfit, nothing goes better than a sweater top of light wool or lisle or linen thread.

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Next—New raincoats steal styles from street coats.



Frolic Planned by Shortridge P-T-A. Group

Committees for the frolic to be given April 23 by the Shortridge high school Parent-Teacher Association in the Manufacturers building at the state fairground, have been appointed by the general chairman, Mrs. Harold W. Neeves.

Ticket sales will be in charge of Mrs. Eugene Wilder, assistant general chairman, and Mrs. Arthur Harvey, assisted by Mrs. Fred G. Marshall and Mrs. Frank B. Gaylord. Other committees follow:

Card prizes, Mrs. Cone Barlow and Mrs. Merrill J. Brown, chairmen, assisted by Mesdames H. L. Dickerson, Ellis Hall, Fred Jacobs, Frank C. Myers, Thomas Cassell, Bert Beasley, J. Pierce Landers, Harold Lash and Earl Shafer; equipment, Mesdames E. C. Belcher, chairman; J. Paul Johnson, E. J. Beyer, Jack Rhineler, Alfred W. Buschmann, Fred Case and E. S. Pearce.

Arrangements for the dance are in charge of: Mrs. Carl B. Shafer, assisted by Mesdames Harry W. Dracoo, David Pike, G. B. Taylor, John B. Compton and Willard Oster; refreshments, Mrs. F. L. Byrne, chairman; assisted by Mesdames Emory Cowley and C. R. Ramage, and publicity, Mrs. Dracoo, assisted by Mrs. Shafer and Mrs. Isidore Feilbman.

Card Parties

Patrol of the White Shrine will give a benefit card party Thursday night at Castle hall, 230 East Ohio street. Reservations may be made with the president, Mrs. Retta M. Halsey.

St. Catharines' Altar Society will hold the first of a series of card parties at 8:30 Tuesday night in the school hall on Taber street. Euchre and pinochle will be played.

Oakhill kindergarten will hold a euchre party at 8 Tuesday night at the building, Caroline street and Roosevelt avenue.

Division 5, L. A. A. O. H., will give a card, bunco and lotto party at 8 Tuesday night at Hamilton avenue hall, Hamilton avenue and East Washington street.

St. Mary's social club will hold a card party at the school hall, 315 North New Jersey street, Thursday afternoon.

Silent Workers Calendar Club will give a bunco and card party at 8 Tuesday at the Bond bakery, 326 West Vermont street.

DINNER-BRIDGE TO BE MAROTT EVENT

Marott hotel's dinner-bridge party Wednesday night will be in conjunction with the observation of bridge month, being celebrated in Indianapolis this month.

Dinner will be served in the crystal room from 5:30 to 8:30, followed by bridge in the ball room, at 9. Tables will be arranged for both auction and contract and prizes will be awarded to both men and women winners. Today is the last day for reservations, which may be made through the manager's office at the hotel.

Name Your Gem!

London jewelers have dug up ancient lore which states that particular gems are lucky for women with certain Christian names. Paulines and Paulas should wear pearls; blue sapphires are for Susans; garnets for Gertrudes; crystals for Constances; amber for Annas; emeralds for Elizabeths, and beryl for Berthas.

Blue Is Favorite

Blue is not only a favorite color this spring here in America, Paris likes it, too. Patou is one of its sponsors and he features three shades—blue, a medium shade and a pale tint. This color is even using dark blue for evening dresses.

Patterns.

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New Chapter of Chi Sigma Is Installed

Installation ceremonies for Psi chapter of Chi Sigma sorority were held Sunday at the Columbia club. Miss Mary Voyles, Little Rock, Ark., national president, conducted the installation. Omicron chapter of Indianapolis sponsored the initiation, with Miss Mildred Seftell assisting Miss Voyles.

Miss Naomi Mikesell is president of the new chapter. Members received the sorority pin. The services were followed by a dinner in the Harrison room. Decorations were in the sorority colors, black and gold.

Mrs. Paul Kramer, province treasurer, was in charge of the arrangements, assisted by Mrs. Paul J. Perrin, Mrs. Donald Murphy, and Miss Louise Murphy of the Omicron chapter. Members of the new chapter, with Miss Mikesell are: Mrs. Kathryn Walsh, vice-president; Miss Helen Korb, secretary; Miss Cora Packard, treasurer; Miss Thelma Starke, sergeant-at-arms; and Mesdames Elizabeth B. Walsh, De Poy, Thea Altherr; Misses Mabel Gearhart, Irene Parrish, and Amelia Foster.

Personals

Samuel R. Harrell, 3221 North Pennsylvania street, is in Chicago at the Edgewater Beach for a few days.

Mrs. Robert W. Long has returned to her apartment in the Marrott after a winter vacation in Miami, Fla.

Mr. and Mrs. Thomas M. Kaufman, West Fifty-sixth street, are vacationing in southern California. They are staying at the Huntington hotel in Pasadena.

Mr. and Mrs. A. J. De Graet, 4226 Cornelius avenue, are spending a few days at the Windermere in Chicago.

Richard Lieber, 3119 North Meridian street, is a guest at the Windermere in Chicago.

Dr. and Mrs. Carl B. Sputh, 5735 Central avenue, have returned from Iowa City, where Dr. Sputh visited the clinics at Iowa university.

Miss Betty Likely, a student in the Cincinnati Conservatory of Music, is spending the spring vacation with her parents, Mr. and Mrs. Fred A. Likely, 3145 Washington street.

Miss Elizabeth Oleschky is at home from Franklin college to spend the spring vacation with her parents, Mr. and Mrs. Tyler Oglesby, 5823 Lowell avenue.

Household Tools

You may not be a carpenter, but now is the time to survey your kitchen tool-chest to make sure that you have on hand all the hammers, screw-drivers, nails, nuts, bolts, etc., for those odds-and-ends of work that present themselves in the spring.

Mothers Club to Meet

Phi Delta Theta Mothers Club will meet Wednesday at the chapter house, 705 Hampton drive, for the April meeting. Hostesses will be Mesdames William Schumacher, Ann Schumacher, Grace Johnson, A. A. Anderson and Bess Coon. Mrs. Mabel Gardner will preside.

Dr. Kast Hostess

Members of the board of the Nature Study Club of Indiana will meet at 6 Tuesday at the home of Dr. Marie B. Kast, 615 North De Quincy street. A buffet supper will be served.

Delta Sigmas to Meet

Theta chapter, Delta Sigma Kappa sorority, will meet at 8:30 tonight at the home of Miss Claire Romine, 1710 Talbot street.

Society Will Meet

Major Robert Anderson W. R. C., 44, will meet at 1:30 Tuesday at Ft. Friendly, 512 North Illinois street.

500 Persons Will Attend Skate Party

More than five hundred reservations have been made for the annual Alpha Letaire skating carnival to be held tonight at the Riverside rink, according to Mrs. Oliver Godfrey, ticket chairman.

Proceeds will go to the children's nutrition camp at Bridgeport, which is supported in part by the Letaire clubs.

Prizes for the various games have been donated by friends of the club. Besides skating other entertainment to be provided will include four fortune tellers and a silhouette cutter. Mrs. Robert Badian is chairman of the entertainment committee.

A refreshment booth, equipped with candy, tobacco and soft drinks, will be in charge of Mrs. Francis Sommer.

Mrs. Charles L. Walker is general chairman for the carnival.

Additional patrons and patronesses, announced by Mrs. Hugh Carpenter, chairman, include:

Mr. and Mrs. Fred Hoke, Mr. and Mrs. Edgar Perkins, Mr. and Mrs. P. C. Kelly, Mr. and Mrs. Milo H. Stuart, Mr. and Mrs. Edgar B. Taggart, Dr. and Mrs. J. W. Picketts, Mrs. Charles P. Lesh and Dr. Edgar Kiser.

MANNERS AND MORALS BY JANE JORDAN

YOUNG girls are invited to bring their problems to Jane Jordan, who will help them to understand the situations they face. Maid or matron, write your letter now!

Dear Jane Jordan—I am a young girl 18 years old. In this day and age, it seems that if a girl is to be popular she must get, drink, and smoke. I do all three, although I don't particularly like any of them. The real reason I am writing to you is that I am confused in my own mind as to what's right and wrong. After all, is there any real harm in getting parties, drinking, and smoking, unless carried to the extreme? Haven't you seen to hurt me or haven't you?

THINKER.

Dear Thinker—Pettish parties are not a mortal sin. They're just an unsatisfactory substitute for a normal sex life. They're a very bad preparation for future married life, because they lead a girl to expect an oversupply of petting from her husband.

He is inclined to drop elaborate preliminaries after marriage, whereas she still places an over-emphasis on petting. She does not understand why her husband has not met his desire to spend hours in fondling her.

He does not understand that he has trained her to associate habitual petting with love, and that she is confused when he fails to keep it up. A normal amount of physical demonstration of affection has its place in every union, but no marriage is a perpetual petting party.

Many a girl forces herself to drink because she wants to be a good sport. She sees in it a way to popularity. Drinking is bad, because it furnishes an excuse for doing things for which the drinker refuses to accept the full responsibility.

A girl lacks the courage to let herself go when she is cold sober, but if she can say to herself, "I was tight at the time," she feels that it excuses her conduct, and a measure of anything lessens the individual's responsibility for his own conduct is bound to be bad. Smoking scarcely comes in the same category with petting and drinking, because it has less effect on the individual's mind and body.

It is not necessary for all contact between girls and boys to be amorous. Healthy friendships, teamwork in sports and school, shared interests and lively conversation, with some affection, is the best possible approach to co-operation in marriage later on. If other girls have questions on this subject that are not answered here, let them write!

Dear Jane Jordan—I am a girl of 17 and go with a boy 20. I am truly in love with him and he seems to be in love with me. I never ask him to do anything but what he does for me. We have been going together nine months, but he hasn't had work all the time. He is not lazy and will work when he can get a job. Would you quit him? Several are in love of this kind, including my parents. I need to get work somewhere, because I can't go along at home very well. I am a junior in high school and want to dress like lots of other girls and want to know how I feel. Shall I go ahead as I am, or go to a larger town and get work?

Dear Mescal—It seems unfair to me to turn a good boy down because he has no job when it is no fault of his. You are so young that you well can afford to wait for him if you think he is worth it. I am the last one to disparage the value of money, but I do think a woman makes a mistake to judge a man solely by his money-making capacities, particularly in this time of economic depression.

If you have a chance to go through high school, you'd better do so, even if it means two more years of sacrificing the things that are dear to every girl's heart. You can't go out into the world and earn a decent wage with no equipment. Today, more than ever, you have to have some ability to sell. Your high school education is an investment which you can not afford to refuse. It will yield you dividends, by and by. Get your teachers to help you decide in some form of work and study toward that end.

MISS CURRYER WILL ENTERTAIN PI PHIS

Miss Ethel Curryer, 3348 Guilford avenue, will entertain the Indiana Gamma alumnae of Pi Beta Phi at a bridge party at her home Monday night, April 11. Reservations must be made by Thursday with Mrs. Robert C. Schetter.

Members of the committee on arrangements are: Mrs. Betty Puett, chairman; Mrs. Cranston Muggs; Miss Ruth Omelvena and Miss Annabess Snodgrass.

Omega Phis to Meet

Beta chapter, Omega Phi Tau sorority, will meet at 8 tonight at the Spink-Arms.

Floral Co.

Store and Greenhouses—3837 E. 10th St.

THE DONNIE BONNIE BRIDE

THE SCOTTISH OUTFITS BELOW ARE A GAY SOLUTION TO A SPRING WEDDING. THE BRIDE WEARS A GOWN OF WHITE STARCHED CHIFFON WHICH HAS SUBTLE STRIPES WOVEN IN THE MATERIAL TO FORM A PLAID. THE FLOUNCE ON THE SKIRT IS PLEATED IN A KILTIE EFFECT.



THE HEADRESS IS A SCOTCH CAP OF THE CHIFFON WITH A NET VEIL GATHERED TO THE POINT AT CENTER BACK.

THE MUFF IS OF WHITE HEATHER.

THE BRIDESMAID'S FROCK IS ALSO OF STARCHED CHIFFON AND VERY SIMILAR TO THE BRIDES IN LINE. IT IS OF LAVENDER AND YELLOW PLAID WITH A CAP OF LAVENDER AND MUFF OF PURPLE HEATHER.

Children's Theater to Present 'Aladdin, His Wonderful Lamp'

Children's theater will present its most spectacular production, "Aladdin, His Wonderful Lamp," at the Civic theater at 2:30 Saturday, April 16, and again on April 23, under the direction of Arthur J. Beriault, assisted by Miss Rosamund Van Camp.

Costumes are in charge of Mrs. Francis Dunn, assisted by Mrs. Carl Vonnegut and production is in charge of Miss Genevieve Pickercell, assisted by Miss Eunice Disette.

Miss Helen Fleischer and Miss Helen Shepherd. Incidental music has been arranged by Miss Helen Sheerin.

The role of Scheherazade, the story teller, will be taken by Miss Ann Zimmerman and of Aladdin by Earl Williams. The cast includes: Aladdin's mother, Louise Rastenberg; Princess Badrabadur, Jane Sky; the Wizard, Beriault; a fruiterer, Alton Meunier; a silk merchant, Egan Lacy; a baker merchant, Francis Meunier; slave of the lamp, Egan Lacy; slave of the ring, Francis Meunier; beggar boy and girl, Bobo and Barbara Andrews; wicked wizard, Robert Oberhel; ladies-in-waiting to the Princess, Ruth Baker and Antoinette Philastre.

Miss Elinor Stoney will present a feature dance, and Bobbie Jean Johnson and Ruth Lewis, pupils of Myrna Celeste of Stockman studios, also will dance.

The play is in six scenes built around Bagdad. Scenery has been designed at the Civic theater under the direction of George Lehman Jr.

PLANNING SKATE

LONDON, April 4.—The "song-and-dance" fashion show is helping London couturiers sell more gowns. Instead of promenading with a regal air before the rich women buyers in magnificent salons, the mannequins are likely, at a given signal to break into a snappy tap-dance.

The idea is to show women how their dresses will look on the dance floor or stage," said one of the originators of the idea.

Each girl dances, or performs, according to the frock she displays. A slim blond in delicate white tulle is swept around the room to the strains of an old-fashioned waltz, or a bride in white satin, with a full train of bridesmaids, is paraded to a wedding march.

For a grand finale, all the mannequins join in a song and dance chorus, which invariably brings a burst of applause from the critical buyers.

Miss Margaret Menefee, April committee of the Little Flower church is sponsoring a skating party Monday night, April 11, at the Riverside rink. Miss Margaret Menefee is a member of the arrangements committee.

Wedding Announced

Mr. and Mrs. Fred H. Bowen, 515 East Twenty-fifth street, announce the marriage of their daughter, Miss Helen Buskirk, to Nelson Heinrichs, which took place Jan. 30. Mr. and Mrs. Heinrichs have been on an extended wedding trip, and returned Saturday to Indianapolis. They will make their home here.

Call Lodge Session

Indiana lodge No. 2, Cosmos Sisters, will celebrate its twenty-ninth anniversary Wednesday at the new hall, 210 East Ohio street. Luncheon will be served from 11:30 to 1 and a card party will follow. Mrs. John Heinlein is chairman, assisted by Mrs. August Fraul and Mrs. Albert Meise.

Price of KOTEX Down!

KOTEX prices are down! Women who value safe, modern sanitary protection will welcome this news. For Kotex assures that complete peace of mind so essential to comfort.

Ask yourself—ask doctors and nurses—why 24,000,000 Kotexpads were used in American hospitals alone last year. The answer is obvious. Kotex is safe... clean!

Be certain of highest standards of purity Kotex is made in spotless factories. Cut, folded and packed

Genuine Kotex Sanitary Napkins now cost less

Mrs. Fifer Is Head of Hostesses

Mrs. Orien W. Fifer will be chairman of hostesses for the Mary Washington tea to be given by the personal service committee of Central Y. W. C. A. from 2:30 to 4:30 Friday afternoon, in the social hall of Central building.

Program features arranged by Miss Willa Walker include a bi-centennial colloquy, "My Son George," given