

## Dumplings Make Soup Nutritious

BY SISTER MARY

NEA Service Writer

Old world housekeepers have many recipes and ways of doing things pertaining to cooking that we who strive for efficiency and economy well might copy.

Soup to them does not mean half a cupful of deliciously seasoned, carefully strained and clarified broth as it does to us. Soups as they serve it forms the most substantial part of the family meal, and is a hearty, nourishing dish.

The dumplings or "quenelles" the French and English put into their soups have great food value and are very different from our own kind of soup garnishes. They are really force meat mixtures poached in hot soup and are made large or small according to the mission of the dish.

## Ham Ball Delicious

"Quenelles" made as tiny as a marble could be served in a cup of consommé for dinner, luncheon or "high tea." Ham balls are particularly delicious served in chicken or meat stock.

Liver balls made quite good sized and poached in beef stock would be ideal for the children's luncheon, needing little more than shredded lettuce or cabbage and a simple fruit dessert to complete the meal.

Noodle balls are popular and very easy to make. Little balls of force meat are wrapped in a square of noodle dough and simmered fifteen or twenty minutes in boiling stock.

## LIVER BALLS

One-half pound veal liver, 2 eggs, 1 cup dried bread crumbs, 1 tablespoon flour,  $\frac{1}{2}$  teaspoon salt,  $\frac{1}{4}$  teaspoon nutmeg,  $\frac{1}{4}$  teaspoon pepper, few gratings lemon rind.

Parboil liver in boiling water. Put through fine knife of food chopper. Add bread crumbs, flour and seasonings. Mix well and add eggs well beaten. If not moist enough to hold together, add a little milk.

Drop from tip of spoon into boiling stock. Cover and simmer for twenty minutes. Vigorous boiling when the balls are first put in might break them. Serve in plates with soup.

The stock should be well seasoned and strained through cheese cloth. If cooled and with fat removed the dish is more attractive. When wanted, it must be brought to the boiling point before the quenelles can be added.

## CHICKEN QUENELLES

One-half cup white meat of chicken, 1 egg white, 4 tablespoons cream,  $\frac{1}{4}$  teaspoon salt,  $\frac{1}{4}$  teaspoon pepper, few gratings of nutmeg.

Round meat with egg white until smooth. Add cream, salt, pepper and nutmeg. Chill on ice for several hours. Shape between 2 teaspoons and poach in salted water. Keep water simmering but not actually boiling.

**Women's Club to Entertain for Candidates**

Marion county candidates will be entertained by the Third Ward Women's Democratic Club at 8 Monday night, April 11, at the home of Mrs. John Donnelly, 1854 North Pennsylvania street.

Mrs. Thomas A. Carroll is chairman of the committee on arrangements, assisted by Mesdames Mary Knippenberg, Mrs. Cain and Badger Williamson.

Guests will be received by Mrs. John W. Kern, Mrs. John Donnelly and Miss Julia Landers.

At serving time the table will be laid with a red cloth, centered with a plateau of spring flowers. The room will be lighted with ivory tapers in crystal holders. Spring flowers will be used throughout the house.

Assisting in the dining room will be Mesdames Williamson, Knippenberg, Carl Wood, George E. Connally, Timothy Sexton, John H. Man, A. A. Krueger, Miss Agnes Coleman and Miss Rosemary Fogarty.

## Baked Grapefruit

Baked grapefruit makes a nice new dish for most families. Use halves of raw grapefruit, core them, fill the place where the core was with sugar and bake slowly for a half hour. Baked oranges are good, too.

## Daily Recipe

## BAKED EGGS AND RICE

1 cup uncooked rice  
1 quart canned tomatoes  
1 1/2 teaspoons salt  
2 onions

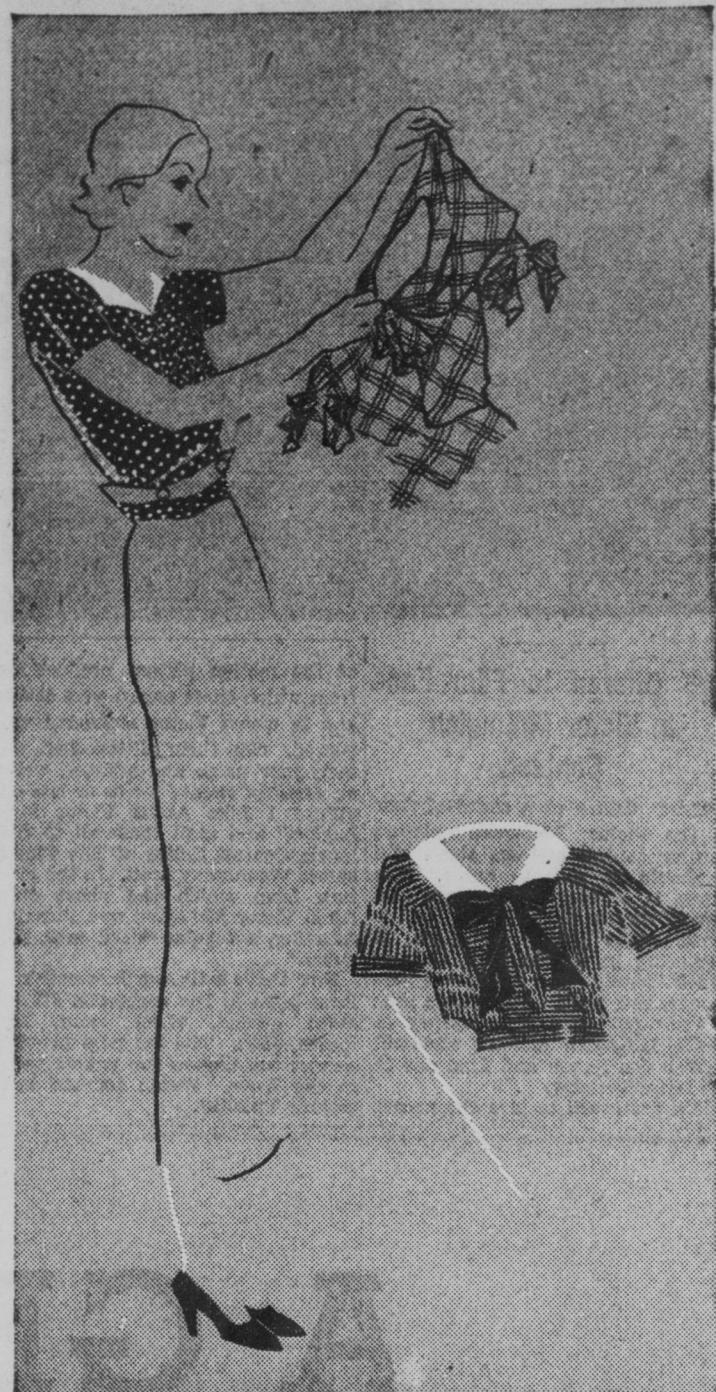
1-4 cup melted butter or other fat  
1-4 cup flour  
7 eggs  
2 cups bread crumbs

Cook the rice in a large shallow greased baking dish, drop the raw eggs carefully on the rice, pour on the sauce and sprinkle over the top the grated cheese mixed with the bread crumbs. Bake in a slow oven (about 375 degrees F.) until the eggs are set. Serve in the baking dish.

## —WHAT'S IN FASHION?—

### Skirt-Blouse Outfits Win Cheers

Directed by AMOS PARRISH



NEW YORK, April 4.—Here's a fashion designed to make you stand up and cheer—the costume of separate skirt and separate blouse. It's going to all kinds of events and fitting all kinds of costume needs.

If you have to "think practical"—and who doesn't these days?—you'll find in this costume the advantages of a one-piece dress, a two-piece dress, a jacket dress and a suit.

It's smartest when the skirt has one of those "hug-the-ribs-tight" tops, built well up above the waistline. Because then it takes on the look of a one-piece dress with contrasting top. (If rather, a one-piece dress with many contrasting tops—as many as you have blouses.)

## Made Two-Piece Dress

It can be built up in the manner of the skirt in the illustration (and notice the smart touch of the wrapped sash that matches the blouse) or—even more practical—a skirt that fastens at the normal waistline, but with a wide, detachable belt that builds it up high.

If you want to wear an overblouse, you simply drop off the belt. And then, you see, your skirt and blouse becomes a two-piece dress.

These costumes usually are worn with separate jackets. The jacket may match the skirt (as in a jacket dress) or contrast with it. (Have you noticed how many suits have two skirts—one that matches the skirt and one that contrasts with it?)

## It's Versatile Outfit

Lightweight or sheer wools, heavily crinkled silk-and-wool mixtures, flannels—they're fashionable materials for the skirt.

And for blouses, silk or cotton plaids, candy stripes and polka dots in tailored styles make some of the best for general use.

Or to make a dresser costume, sheer crepes, lovely prints and eyelet batistes in soft dressmaker types are fine. While to turn it into a sportier outfit, nothing goes better than a sweater top of light wool or lace or linen thread.

(Copyright, 1932, Amos Parrish)

Next—New raincoats steal styles from coat coats.

**Frolic Planned by Shortridge P.T.A. Group**

## Patterns.

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368.

MODEL WITH CROSS-OVER BODICE

Now the master model was in a well-covered pattern in printed crepe silk in navy and white, with vibrant red accents in buttons and belt buckle.

Its fluid lines give sinewiness and youthfulness to the figure. The bracelet length sleeves are especially nice for town wear.

Style No. 368 is designed for sizes 14, 16, 18, 20 years, 36, 38 and 40 inches bust.

Size 16 requires 3 1/2 yards of 30-inch material.

In plain flat or crinkle crepe, this model is equally lovely.

Order our new Fashion Magazine, to show you the way in design, colors, etc.

Price of book 10 cents.

Price of pattern 15 cents in stamps or coin (coin is preferred).

Wrap coin carefully.

Sorority to Meet

Alpha chapter, Phi Tau Delta sorority, will meet at 8 Friday night at the home of Mrs. Eugene R. Wilcox, 322 East Twenty-fourth street.

Society Will Meet

Major Robert Anderson W. R. C. 44, will meet at 1:30 Tuesday at the Friendly, 512 North Illinois street.

STAINLESS

Same formula... same price. In original form, too, if you prefer

26 for COLDS VICKS VAPORUM

OVER 15 MILLION JARS USED YEARLY

## 500 Persons Will Attend Skate Party

More than five hundred reservations have been made for the annual Alpha Latreian skating carnival to be held tonight at the Riverside rink, according to Mrs. Culver Godfrey, ticket chairman.

Proceeds will go to the children's nutrition camp at Bridgeport, which is supported in part by the Latreian club.

Prizes for the various games have been donated by friends of the club. Besides skating other entertainment to be provided will include four fortune tellers and a silhouette cutter.

Mrs. Robert Bastian is chairman of the entertainment committee.

A refreshment booth, equipped with candy, tobacco and soft drinks, will be in charge of Mrs. Francis Sommer.

Mrs. Charles L. Walker is general chairman for the carnival.

Additional patrons and patronesses, announced by Mrs. Hugh Carpenter, chairman, include:

Mr. and Mrs. Fred Hoke, Mr. and Mrs. Edgar Perkins, Mr. and Mrs. P. C. Reilly, Mr. and Mrs. Milo H. Stuart, Mr. and Mrs. Edgar B. Taggart, Dr. and Mrs. W. Pickets, Mrs. Charles P. Lesh and Dr. Edgar Kiser.

**MANNERS AND MORALS**  
By JANE JORDAN

YOUNG girls are invited to bring their problems to Jane Jordan, who will help them to understand the situations they face. Maid or matron, write your letter now!

Dear Jane Jordan—I am a young girl of 16. In my school it seems that if a girl is to be popular she must pet, drink, and smoke. I do all three of them. I am confused and don't know what to do. The real reason I am writing to you is that I am confused in my life. I am not sure what is right and what is wrong. After all, is there any real harm in petting, parties, drinking, and smoking? I am not carried into the extremes. They don't seem to hurt me, or haven't

THINKER.

Dear Thinker—Petting parties are not a mortal sin. They're just an unsatisfactory substitute for a normal sex life. They're a very bad preparation for future married life, because they lead a girl to expect an oversupply of petting from her husband.

He is inclined to drop elaborate preliminaries after marriage, whereas as she still places an over-emphasis on petting. She does not understand why her husband has lost his desire to spend hours in fondling her.

He does not understand that he has trained her to associate habitual petting with love, and that she is confused when he fails to keep it up. A normal amount of physical demonstration of affection has its place in every union, but no marriage is a perpetual petting party.

Many a girl forces herself to drink because she wants to be a good sport. She sees in it a way to popularity. Drinking is bad, because it furnishes an excuse for doing things for which the drinker refuses to accept the full responsibility.

A girl lacks the courage to let herself go when she is cold sober, but if she can say to herself, "I was tight at the time," she feels that it excuses her conduct, in a measure.

Anything which lessens the individual's responsibility for his own conduct is bound to be bad. Smoking scarcely comes in the same category with petting and drinking, because it is less effect on the individual's attitude toward life.

It is not necessary for all contact between girls and boys to be amorous. Healthy friendships, teamwork in sports and school, shared interests and lively conversation, with some affection, is the best possible approach to co-operation in marriage later on. If other girls have questions on this subject that are not answered here, let them write!

PERSONALS

Samuel R. Harrell, 3221 North Pennsylvania street, is in Chicago at the Edgewater Beach for a few days.

Mrs. Robert W. Long has returned to her apartment in the Marrott after a winter vacation in Miami, Fla.

Mr. and Mrs. Thomas M. Kaufman, West Fifty-sixth street, are vacationing in southern California. They are staying at the Huntington hotel in Pasadena.

Mr. and Mrs. A. J. De Graaff, 4426 Cornelius avenue, are spending a few days at the Windermere in Chicago.

Richard Lieber, 3119 North Meridian street, is a guest at the Winermere in Chicago.

Dr. and Mrs. Carl B. Sputh, 5735 Central avenue, have returned from Iowa City, where Dr. Sputh visited the clinics at Iowa university.

Miss Betty Likely, a student in the Cincinnati Conservatory of Music, is spending the spring vacation with her parents, Mr. and Mrs. Fred A. Likely, 3145 Washington street.

Miss Elizabeth Oglesby is at home from Franklin college to spend the spring vacation with her parents, Mr. and Mrs. Tyler Oglesby, 5823 Lowell avenue.

**Household Tools**  
You may not be a carpenter, but now is the time to survey your kitchen tool-chest to make sure that you have on hand all the hammers, screw-drivers, nails, nuts, bolts, etc., for those odds-and-ends of work that present themselves in the spring.

**MISS CURRYER WILL ENTERTAIN PI PHIS**  
Phi Delta Theta Mothers Club will meet Wednesday at the chapter house, 705 Hampton drive, for the April meeting. Hostesses will be Mesdames William Schumacher, Ann Schumacher, Grace Johnson, A. A. Anderson and Bess Coon, Mrs. Mabel Gardner will preside.

Members of the committee on arrangements are Mrs. Betty Puett, chairman; Mrs. Cranston Mugg, Miss Ruth Omelveny and Miss Abess Snodgrass.

**Dr. Kast Hostess**  
Members of the board of the Indiana Study Club of Indiana will meet at 6 Tuesday at the home of Dr. Marie B. Kast, 615 North De Quincy street. A buffet supper will be served.

**Delta Sigmas to Meet**  
Theta chapter, Delta Sigma Kappa sorority, will meet at 8 tonight at the Splinter Arms.

**Society Will Meet**  
Major Robert Anderson W. R. C. 44, will meet at 1:30 Tuesday at the Friendly, 512 North Illinois street.

**Price of Kotex Down!**  
Price of Kotex down! Women who value safe, modern sanitary protection will welcome this news. For Kotex assures that complete peace of mind so essential to comfort.

Ask yourself—ask doctors and nurses—why 24,000,000 Kotex pads were used in American hospitals alone last year. The answer is obvious: Kotex is safe... clean!

As certain of highest standards of purity Kotex is made in spotless factories. Cut, folded and packed

## The Bonnie Bride

THE SCOTTISH OUTFITS BELOW ARE A GAY SOLUTION TO A SPRING WEDDING.

THE BRIDE WEARS A GOWN OF WHITE STARCHED CHIFFON WHICH HAS SUBLT STRIPES WOVEN IN THE MATERIAL TO FORM A PLAID. THE FLOUNCE ON THE SKIRT IS PLEATED IN A KILTIE EFFECT.

THE HEADDRESS IS A SCOTCH CAP OF THE CHIFFON WITH A NET GATHERED TO THE POINT AT CENTER BACK.

THE MUFF IS OF WHITE HEATHER.

Mrs. Orien W. Fifer will be chairman of hostesses for the Mary Washington tea to be given by the personal service committee of Central Y. W. C. A. from 2:30 to 4:30 Friday afternoon, in the social hall of Central building.

Program features arranged by Miss Willis Walker include a bittersweet colloquy, "My Son George," given by Mrs. L. H. Millikan and Mrs. Joe Band Beckett; a minuet by Joan and Mark Freethie, junior pupils of the Y. W. C. A. dancing class; vocal solo by Mrs. Wilbur E. Gross, and a program of